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Get Connected. Get Help.™
An Initiative of Granite United Way

YOUR LINK TO RESOURCES.
GET HELP, GIVE HELP. DISCOVER OPTIONS.



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IS THE NUMBER TO DIAL WHEN YOU NEED HELP OR DON'T KNOW WHERE TO CALL.

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MAKES INFORMATION MUCH EASIER TO FIND.

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- ✓ A FREE AND CONFIDENTIAL CALL FROM ANYWHERE IN NH
- ✓ PERSON-TO-PERSON ASSISTANCE
- ✓ AVAILABLE 24/7 WITH TRANSLATION ASSISTANCE IN OVER 150 LANGUAGES

JUST DIAL **2·1·1**

TOLL FREE OUTSIDE OF NEW HAMPSHIRE:

1.866.444.4211

www.211nh.org  

powered by:



EVERSOURCE



The State of
New Hampshire



New Hampshire Housing
Bringing You Home

FOR EVERYDAY NEEDS AND DIFFICULT TIMES,

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IS YOUR CONNECTION TO THOUSANDS
OF RESOURCES AVAILABLE IN NH

The service that 211 NH provides is information and referrals. The 211 NH team can help connect you with:

- ✓ Clothing and thrift shops
- ✓ Community services & organizations
- ✓ Consumer services
- ✓ Crisis services
- ✓ Discrimination assistance
- ✓ Domestic & sexual violence services
- ✓ Education - GED instruction, computer classes
- ✓ Employment services
- ✓ Food pantries & nutrition programs
- ✓ Health care services
- ✓ Housing - homeless prevention, shelter, tenant's rights
- ✓ Legal assistance
- ✓ Mental health care & counseling
- ✓ Mentoring
- ✓ Military, family & community network
- ✓ Parenting programs
- ✓ Smoking cessation programs
- ✓ Substance misuse prevention, treatment and recovery services
- ✓ Support groups
- ✓ Transportation
- ✓ Utility assistance
- ✓ Youth & family services
- ✓ Veterans services
- ✓ Volunteer opportunities
- ✓ Wellness programs

AND MUCH MORE

JUST DIAL 

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