Therapeutic Cannabis Medical Oversight Board November 4, 2020, Remote Meeting (Zoom) Meeting Minutes

Members Present: Virginia Brack, Heather Brown, Corey Burchman, Jerry Knirk, Richard Morse, Seddon Savage, Molly Rossignol, Lisa Withrow

Members Absent: Jonathan Ballard, Bert Fichman, Cornel Stanciu

DHHS Staff: Michael Holt, DPHS Program Administrator

Meeting convened at 5:35 p.m.

Minutes

Meeting minutes from 10/7/20 were approved, with amendment. Motion, Rossingnol; Second, Burchman; Vote: 7-0 (Morse not yet present)

2020 Workplan - Therapeutic Cannabis 101 Slide Deck

Board reviewed and discussed slides prepared and distributed prior to meeting.

General comments (throughout meeting)

- Slide template
 - o Cannabis leaf in slides to be removed (at least from most pages)
 - White background, black lettering to be used
 - o Some "design" should be incorporated
 - o "Final" template due to be sent out to Board within a week
- Chair and Department will conduct an "editorial" review of entire slide deck
- Some redundancy of information throughout slide deck is not a problem.

Savage's slides (cannabis basics)

- Live edits made to slides (not all captured here), and Savage will fine tune and resend.
- Discussion included:
 - o Removing images of products types not available in NH
 - Questioning need to describe endogenous cannabinoid system; and simplifying some of the technical information
 - Distinguishing between oral/edible products and mucosal products (tinctures)
 - Potential result of emphasizing risks and side effects is decreased provider participation; adding "potential" to lists of risks and side effects.
 - Fine-tuning neurobehavioral vs medical side effects, including separating out information about children, adolescents, and pregnancy
 - o Clarifying that "limited" means limited evidence

Savage's slides (cannabis use disorder)

• Live edits made to slides (not all captured here), and Savage will fine tune and resend.

- Discussion on slide showing graph of drug treatment trends:
 - Old data, "marijuana" not "cannabis"; includes 12 year olds and older; Savage to review, edit, resend
 - No differentiation in recreational and therapeutic use.

Brack's slides (special population – adolescents; pregnancy)

- Live edits made to slides (not all captured here), and Brack will fine tune and resend.
- Discussion on quality of sources cited, and language of "no known safe amount"
- Differentiation in recreational and therapeutic use.
 - This was a recurring theme throughout the meeting, how this issue needs to be addressed; suggestion for a general note in an introductory slide; suggestion to review use of these terms throughout in context of available evidence; suggestion to use "use" and not distinguish between recreational and therapeutic.

Withrow and Burchman's slides (conditions; certification process; ATC role)

- Substantive work needed; Holt will work with Withrow and resend to Board
- Discussion included:
 - Updated certification document
 - Better alignment with program rules
 - Use of "prescribe"
 - o Consolidated resources/links page
 - Telehealth allowed only during state of emergency
 - Satellites
 - o Referral to other providers
 - Additional requirements for minors
- ATC role discussion included
 - Add info on cultivation, product quality control, testing, labeling
 - o Add info on ATC education

Slides originally discussed in October

- Updated slides prepared by Knirk and Rossignol were not discussed, due to time constraints.
- Updated slides prepared by Savage were not shared in advance of the November meeting.

Work product deadlines

2-week deadline (November 18) for updated slides to be sent out to the Board via email

Member Updates

• Rossignol addressed need for Board members participating in the Behavior Health Summit in December to meet separately and assign roles and responsibilities for the presentation. This meeting and presentation is intended to be an extra-Board function.

• Holt reminded Board of need for the 2020 Annual Report to be drafted, sent out for review, so that it can be voted on at the December meeting. Knirk agreed to draft report.

Next meeting: December 2, 2020.

Meeting adjourned at 7:30 p.m. All in favor, by voice vote