

New Hampshire WIC Policy & Procedure Manual

Chapter 2 NUTRITION & BREASTFEEDING SERVICES

B. Food Package Design

Food Package IV Children 1 through 5 years of age

Purpose	To provide WIC participants with supplemental food benefits according to their WIC category and nutritional needs.
Policy	<p>Food Package IV is provided to children ages 1 through 5 years of age. The base food package for each participant's category, including maximum amounts of supplemental foods allowed, are found in the attachment called NH StarLINC Base Food Package Quick Guide. WIC Approved Foods list provides detail of which foods per food category are allowed and not allowed.</p> <p>The nutritionist or Competent Professional Authority (CPA) shall assign a participant's food package in accordance with federal regulations and State policy. The nutritionist/CPA shall provide the full maximum monthly allowance of all foods for WIC participants, unless reduced quantities are requested by the participant or by the healthcare provider.</p>
Authority	CFR 246.10 (e)
Procedure	The Nutritionist shall assign the food package for the participant on the Assign Food Package Screen. The nutritionist/CPA, after a thorough nutrition assessment, may tailor the participant's base food package to address nutritional concerns or preferences not requiring medical documentation. See related Food Package III, Milk and milk alternatives, and Food Package Tailoring policies.
Exception	Children 1 through 5 years of age with a qualifying medical condition receive a Food Package III.
Best Practice	Work with families to expand their selection of new food options available in the WIC food package. Provide recipes using the WIC foods. Identify allowed WIC CVB purchases from local area store sale flyers that use the participant's full CVB amount.