

New Hampshire WIC Policy & Procedure Manual

Chapter 2. NUTRITION SERVICES & BREASTFEEDING SERVICES B. Food Package Design

Food Package Tailoring

Purpose	To provide participants alternate food choices as allowed by the Federal regulations to the base food package established for each participant category.
Policy	Only the nutritionist/Competent Professional Authority (CPA) shall be responsible to prescribe and tailor the Food Package taking into consideration the maximum amounts allowed, the participant's age, nutritional needs and living accommodations.
Authority	CFR 246.10 (b)(2)(ii)(C) and Final Food Rule CFR 246 03/04/14
Procedure	The nutritionist/CPA, after a thorough nutrition assessment and consultation with a participant's healthcare provider as needed, shall offer the standard tailoring options available to participants. Refer to Food Package Tailoring Options attachment.

The nutritionist/CPA shall tailor the food package as directed per medical documentation or when a participant indicates that they refuse or cannot use the maximum amount available in the food package. When foods are omitted* or reduced in quantity**, the nutritionist/CPA shall inform the participant, and identify the reason on the tailored note screen.

*The food package would be reduced in quantity/omitted when the food package supports another programs contribution to fill a medical prescription, as with the Medicaid Program's provision of formula for dually enrolled participants. **For participants selecting the non-standard juice option for their category, the nutritionist/CPA shall inform them of the decreased amount juice they will be getting as a result.

Substitution may be made partial (i.e. a mix of evaporated and fluid milk or a mix of refrigerated carton juice and frozen/liquid concentrate juice) or as a total replacement. When providing a partial substitution of foods, the total amount may not exceed the maximum amount allowed for the respective participant category.

The following are some possible food tailoring options for homeless participants, participants who lack access to refrigeration and/or a stove. Provide: UHT milk, powdered milk, peanut butter, bread, cereal, or tortillas. For non-breastfed infants provide powder formula when the formula can be properly prepared. The Nutritionist/CPA shall provide one month of benefits at a time. The Nutritionist/CPA shall at each Follow-up Nutrition appointment reassess the on-going need and living situation, making appropriate changes to the food package as

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needed. (See Nutrition Education for Homeless Individuals policy)

Exception

See related milk and milk alternatives policy.

Best Practice

WIC staff shall ask participants at FUN appointments if there are any changes needed to the participant's food package.