

What support can HOPE provide for youth?

- Case management (including monthly visits with a Child Protective Service Worker (CPSW) or Juvenile Probation and Parole Officer (JPPO), case planning, in-home therapeutic support or other services).
- Access to Lifeset, a program of Youth Villages Inc. This evidence informed national program supports youth in their transition to adulthood. Visit <https://www.youthvillages.org/services/lifeset/> for more information.
- Assistance with housing options, which could include foster homes, group homes, apartments, on-campus housing, or other shared living arrangements (based on need and availability).
- Financial stipend (if eligible).

Next Steps

Young adults interested in the HOPE program can reach out to their local District Office.

Individuals currently working with DCYF can request information through their assigned CPSW or JPPO.

Program Administrator	(603) 419-0312
Berlin	(603) 752-7800
Claremont	(603) 542-9544
Concord	(603) 271-6202
Conway	(603) 447-3841
Keene	(603) 357-3510
Laconia	(603) 524-4485
Littleton	(603) 444-6786
Manchester	(603) 668-2330
Rochester	(603) 332-9120
Seacoast	(603) 433-8300
Southern	(603) 883-7726

Scan the QR code below for more information on the HOPE program:



Housing & Opportunities to Personally Excel (HOPE)

Title IV-E extended foster care for young adults ages 18-21.



State of New Hampshire
Department of Health and Human Services
Division for Children, Youth and Families

HOPE Comes to NH

In 2020, the Department of Health and Human Services, Division for Children, Youth and Families (DCYF), launched the Housing and Opportunities to Personally Excel (HOPE) program, which extends foster care for young adults beyond the age of 18.

Through the HOPE program, young adults may voluntarily remain in or return to foster care from ages 18 to 21.

HOPE provides eligible youth with ongoing support, guidance, and access to housing and other resources as they make their way toward adulthood.

“They’ve helped me through some challenging times navigating life and helped me apply for jobs, get into safe housing and get through school.”

Belle, age 19



Photo by Edgar Castrejon on Unsplash

Eligibility Criteria

HOPE provides support that is inclusive of all races, abilities, religions, genders and sexual orientations.

To be eligible for the program, participants must have been in the custody of DCYF upon turning 18. All participants must meet one or more of the following criteria:

- Attending a secondary educational program or a program leading to high school equivalency (GED/HISET).

- Enrolled in an institution that provides post-secondary or vocational education for a minimum of six (6) hours (credits) per semester.
- Participating in a program or activity designed to promote or remove barriers to employment, for a minimum of 15 hours per week.
- Employed for at least 80 hours per month.
- Incapable of participating in any of the activities above due to a medical or mental health condition.

“I have my own apartment and attend school. Being in the HOPE program has truly given me the extra support that I need. Being on your own at a young age is hard. Especially if you hate asking for help because you feel like you have a lot to prove.”

Lauren, age 20