

Diabetes Today 2009
Seven Ways to ...
Transition from Novice to Expert
11th Statewide Conference

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Transition from Novice to Expert

11th Statewide Conference
Friday, November 6, 2009
7:45 AM to 4:30 PM
North Conway Grand Hotel, North Conway, New Hampshire

Pre-Conference Presentations Thursday

- ◆ Registration: 2:30–6:30 PM ◆
- ◆ Pre-Dinner Presentation: 3:00 – 5:00 PM ◆
“Safe at School - A Practical Session for School Nurses and Educators”
Ann Christiano, MS, APRN
- ◆ Pre-Dinner Presentation: 3:30 – 5:00 PM ◆
“CDE Wannabe – Update on the Certification Process” Patti Duprey, MSN, APRN, CDE
- ◆ Hors d'oeuvres and Networking: 5:30 – 6:30 PM ◆
- ◆ Dinner: 6:30 – 7:00 PM ◆
- ◆ Dinner Presentation: 7:00 – 8:45 PM ◆
“A Novel Approach to the Care of Older Adults with Diabetes”
Medha Munshi, MD

Pre-Conference Presentations

Thursday, November 5th 3:00 – 8:45 PM

2-5 PM Conversation Map Program sponsored by Healthy Interactions. *Conversation Map* tools engage people with an interactive verbal and visual group learning experience, which can enable them to better internalize information. Get trained and receive your complimentary set of conversation map tools on Thursday from 2-5 pm. There is no charge for this program.

This program is NOT sponsored by Diabetes Today: you must register online at: www.healthyinteractions.com/training)

Diabetes Today - Thursday Agenda:

2:30–6:30 PM Registration

3:00-5:00 PM “Safe at School - A Practical Session for School Nurses and Educators” Ann Christiano, MS, APRN

3:30- 5:00 PM “CDE Wannabe – Certification Update” Patti Duprey, MSN, APRN, CDE

5:30-6:30 PM Hors d’Oeuvres and Networking

6:30–7:00 PM Dinner

7:00–8:45 PM Dinner Presentation: “A Novel Approach to the Care of Older Adults with Diabetes” -Medha Munshi, MD

The Thursday registration fee includes the CDE Certification or School Nurse session, networking, hors d'oeuvres, dinner, and evening keynote presentation. Continuing education credits will be provided for physicians, nurses, and dietitians. On Thursday 2.0 credits will be earned for the 3:00–5:00 PM presentation, 1.5 for the 3:30-5:00PM session, and 1.5 for the 7:00–8:30 PM dinner presentation. **Cost: \$55.00**

✂ ◆◆◆◆◆◆◆◆◆◆ **PLEASE REGISTER EARLY AS SPACE IS LIMITED** ◆◆◆◆◆◆◆◆◆◆ ✂

Registration Form - Please Print Clearly

PRE-REGISTRATION IS REQUIRED - Deadline: OCTOBER 5, 2009

Name _____ Credentials _____

Title _____

Organization/Address _____

Home Phone _____ Work Phone _____

Fax _____ E-mail _____

- I am registering for November 5th (**Thursday only**) Pre-Conference Sessions @ \$55/\$40 Student Rate
- I am registering for November 6th (**Friday only**) Diabetes Today Conference @ \$145/ \$80 Student Rate
- I am registering for Both Days @ \$185/ \$100 Student Rate

Please make check payable to: SNHAHEC / Diabetes Today

**Please send check and registration to: SNHAHEC, Attention Tracie Holmes
128 State Route 27
Raymond, NH 03077**

<u>Please pick one AM and one PM session:</u>	<u>AM Breakout Session:</u>	<u>PM Breakout Session:</u>
	<input type="checkbox"/> A.	<input type="checkbox"/> A.
	<input type="checkbox"/> B.	<input type="checkbox"/> B.
	<input type="checkbox"/> C.	<input type="checkbox"/> C.
	<input type="checkbox"/> D.	<input type="checkbox"/> D.
	<input type="checkbox"/> E.	<input type="checkbox"/> E.

No telephone registrations accepted. NO REFUNDS FOR NON-ATTENDANCE—NO EXCEPTIONS!
Please call (603) 895-1514 x4 with questions FAX (603) 895-1312

Diabetes Today

Seven Ways to...Transition from Novice to Expert

Friday ♦ November 6, 2009 ♦ 7:00 AM to 4:30 PM

7:00 AM-7:45 AM	Registration/Exhibits/Continental Breakfast
7:45 AM-8:00 AM	Welcome/Opening Remarks
8:00 AM -9:00 AM	Family Dynamics: Key to Diabetes Mastery <i>Paul Madden, M. Ed</i>
9:00 AM-10:00 AM	Pre-diabetes, Diabetes and Cardiovascular Disease: Can We Do More? <i>Richard Nesto, MD</i>
10:15 AM -10:45 AM	Break/Exhibits
10:45 AM -11:45 AM	Breakout Sessions <i>A. "Celiac Disease" - Melanie Rhoades, MS, RD, LD, CDE</i> <i>B. "In-Patient Carb Counting" - Barbara Smith, MS, RD, LD, CDE</i> <i>C. "Making the Best Use of Patient Teaching Time" - Della Flanagan, M.Ed., RD, LD, CDE, BC-ADM, Rita Ketay, M.Ed., RN, CDE, BC-ADM</i> <i>D. "In-patient Management of Diabetes and Hyperglycemia" Jeanne Jacoby, MSN, APRN</i> <i>E. "Diabetes Overview: The Basics and More" -William Dudley, MD, FACE, CDE</i>
11:45 AM - 1:00 PM	Lunch/Exhibits
1:00 PM - 2:00 PM	Breakout Sessions <i>A. "Improving Diabetes Self-Management with Mindful Eating" - Megrette Hammond, M.Ed., RD, LD, CDE</i> <i>B. "In-Patient Carb Counting" - Barbara Smith, MS, RD, LD, CDE</i> <i>C. "Making the Best Use of Patient Teaching Time" - Della Flanagan, M.Ed., RD, LD, CDE, BC-ADM; Rita Ketay, M.Ed., RN, CDE, BC-ADM</i> <i>D. "Care and Education for the Patient with Cystic Fibrosis Related Diabetes" - Mary Wood, MS, RN, CDE, BC-ADM</i> <i>E. "Using Physical Activity to Improve Diabetes Control, General Health and Quality of Life" Diane Bilotta, MSN, APRN, CDE</i>
2:10 PM - 3:10 PM	"Anti- diabetic Agents- Welcome to the age of mono, combo and injectables" <i>William Hsu, MD</i>
3:15 PM – 4:15 PM	Program from the Humor Project <i>Jim Snack</i>
4:15 PM – 4:30 PM	Closing Remarks

Faculty

Diane Bilotta, MSN, APRN, CDE

Dartmouth Hitchcock Medical Center, Lebanon, NH

Ann Christiano, MS, APRN

Dartmouth Hitchcock Medical Center, Lebanon, NH

William Dudley, MD, FACE, CDE

The Diabetes Center at Memorial Hospital, N. Conway, NH

Patti Duprey, MSN, APRN, CDE

The Diabetes Center at Memorial Hospital, N. Conway, NH

Della Flanagan, M.Ed., RD, LD, CDE, BC-ADM

Concord Hospital, Concord, NH

Megrette Hammond, M.Ed., RD, LD, CDE

Wentworth- Douglass Hospital, Dover, NH

William Hsu, MD

Director of Asian Clinic, Joslin Diabetes Ctr., Boston, MA

Jeanne Jacoby, MSN, APRN

Nurse Practitioner, Lebanon, NH

Rita Ketay, M.Ed, RN, CDE, BC-ADM

Dartmouth Hitchcock Medical Center, Lebanon, NH

Paul Madden, M.Ed

Director of Advocacy and Education, Nutrition Education and Empowerment, PEPSICO, Purchase, NY

Medha Munshi, MD

Director of Joslin Geriatric Diabetes Program, Assistant Professor of Medicine, Harvard Medical School, Boston, MA

Richard Nesto, MD

Associate Professor of Medicine, Harvard Medical School, Boston, MA

Melanie Rhoades, MS, RD, LD, CDE

Endocrinology and Diabetes Consultants, Dover, NH

Barbara Smith, MS, RD, LD, CDE

The Diabetes Center at Memorial Hospital, N. Conway, NH

Jim Snack

The Humor Project, Saratoga Springs, NY

Mary Wood, MS, RN, CDE, BC-ADM

Dartmouth Hitchcock Medical Center, Lebanon, NH

Target Audience

Primary care physicians, nurse practitioners, physician assistants, diabetes educators, dietitians, nurses in all settings, pharmacists, podiatrists, ophthalmologists, optometrists, psychologists, long term care providers, case managers, legislators and insurers

Conference Objectives

At the conclusion of the program participants will be able to:

- Discuss the physical, emotional and economic challenges resulting from the expanding problem of diabetes
- Identify effective diabetes educational strategies to improve patient outcomes
- Determine aspects of diabetes education and management that need improvement in the (your) practice setting

Conference Fees

Pre-conference dinner presentations Thursday: \$55/\$40 Student

Diabetes Today Conference Friday: \$145/\$80 Student Rate

Or both days for \$185/\$100 Student Rate

Continuing Education Units

Nursing

The Southern New Hampshire Area Health Education Center is an approved provider of continuing nursing education by the New Hampshire Nurses Association Commission on Continuing Education (NHNACCE), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This continuing education activity has been approved for up to 9.5 contact hours: The activity number is 0971

Dietitians

The Southern NH Area Health Education Center has requested up to 9.5 contact hours from the Commission on Dietetic Registration, the Credentialing Agency for the American Dietetic Association.

Physicians

The Southern New Hampshire Area Health Education Center (AHEC) is accredited by the New Hampshire Medical Society (NHMS) to provide continuing medical education for physicians. The AHEC designates this educational activity for up to 9.5 hour(s) per session in Category 1 credit towards the AMA Physician's Recognition Award.

Certificates will be awarded at the end of each day

Registration Deadline

Conference registration deadline is October 5, 2009.

Register early; limited space! **No** refunds for non-attendance.

Hotel Information

North Conway Grand Hotel

Rte. 16 at Settlers' Green Outlet Village, N. Conway, NH

Phone: 603-356-9300 or 800-655-1452

Web: www.northconwaygrand.com

Please visit the web site for driving directions from your area.

A block of reserved rooms will be held until **October 5, 2009.**

Please call the hotel directly to reserve your room.

RESERVE EARLY to obtain the reduced conference rate of \$119.00 per single/double room per night.