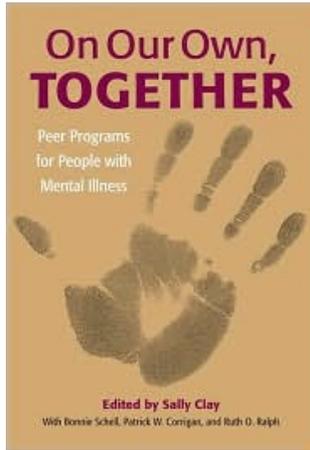


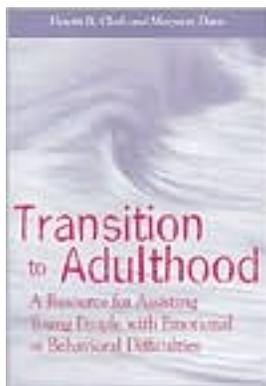
Featured Titles Available at the OCFA Resource Center

March 2012



On Our Own, Together: Peer Programs for People with Mental Illness, edited by Sally Clay. “. . . The various examples of peer programs weave together to tell the larger story of how and why peer programs do work.”--William Anthony, Ph.D., Director, Center for Psychiatric Rehabilitation, Boston University.

Treatment Planning for Person-Centered Care: The Road to Mental Health and Addiction Recovery, by Neal Adams, MD, and Diane Grieder, with a prologue by leading consumer advocate Wilma Townsend. According to Ms. Townsend, “providers should consider this book one of the most important instructional tools in the field of mental health and addictive disorders.”



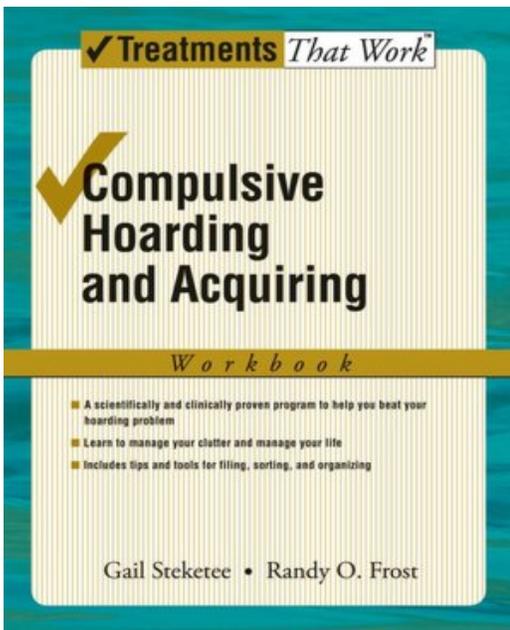
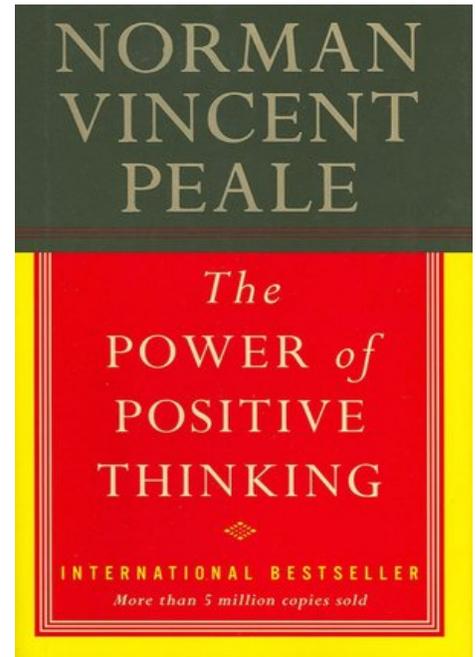
Transition to Adulthood: A Resource for Assisting Young People with Emotional or Behavioral Difficulties by Hewitt Clark and Maryann Davis. A product of the growing systems of care movement for children’s mental health, it promotes core values of community-based services, family-centeredness, and collaboration.

Contact or visit The OCFA Resource Center, NH BBH, Main Building, 2nd Floor South, 105 Pleasant Street, Concord, NH 03301-3852 · mbilson@dhhs.state.nh.us

1-800-852-3345, X5045 or 271-5045

Many Free Materials Are Available

Read Norman Vincent Peale's *The Power of Positive Thinking* and *The Amazing Results of Positive Thinking* to find out how to live well despite challenges and disappointments. These books are filled with helpful suggestions on how to maintain a healthy and realistic perspective in troubling times, as well as many personal stories of faith and resiliency.



Compulsive Hoarding and Acquiring—Therapist Guide, and its companion *Workbook*, by Gail Steketee and Randy Frost. The problem of compulsive hoarding and acquiring is more widespread than commonly believed. The *Guide* and *Workbook* contain case examples and strategies for dealing with problems that arise in the treatment of hoarding.