

2016 Schedule

NH Department of Health and Human Services
NH Bureau of Drug & Alcohol Services

Initial Training on Addiction & Recovery

2016 Dates

February 24
May 25
August 24
November 9

The same training is offered 4x per year. Please choose 1 date.

Time: 8:30 am—4 pm
1 hr. lunch "on your own"

Location:
DMV Auditorium
23 Hazen Dr.
Concord, NH

This is an introductory, **FREE** workshop on addiction and recovery designed to raise awareness and understanding of the dynamics and impact of addiction on people whom we serve. It will cover the neurological basis of addiction; mental, behavioral, emotional and spiritual dimensions; stages of change; recovery; motivational techniques and resources.

Learning Objectives

- Describe the neurological process of addiction
- Explain how addiction manifests in various aspects of the whole person (mental, physical, emotional, spiritual)
- Identify the 5 stages of change
- Match intervention strategies to stages
- Access appropriate resources for addressing alcohol and other drug (AOD) concerns

Families & Addiction

2016 Dates

February 25
May 26
August 25
November 10

The same training is offered 4x per year. Please choose 1 date.

Time: 8:30 am—Noon

Location:
DMV Auditorium
23 Hazen Dr.
Concord, NH

This **FREE** workshop explores how the addiction of the individual affects the entire family system. Special attention will be paid to the effects on the children in the family and discussion will center on strategies and resources to help increase their resiliency and coping skills.

Learning Objectives

- Describe the effects of addiction on the family
- Recognize roles within a family with addiction
- Identify strengths and needs associated with particular behavioral patterns of children in families with addiction
- Make appropriate interventions and referrals to community-based resources

It is strongly recommended that participants complete the "Initial Training on Addiction & Recovery" prior to taking this workshop.

Pre-registration is required as seating is limited.

LADC, Certified Prevention Specialist, and Social Worker CEU's are available at no cost for these workshops.

To register or for more information please contact Shannon Quinn, Training Coordinator

Phone: 603-271-5889

E-mail: AODTrainingCoordinator@dhhs.state.nh.us

If accommodations are needed for communication access such as interpreters, CART (captioning), assistive listening devices, or other auxiliary aids and/or services, please contact Shannon Quinn (contact info above).

5 business days advance notice is requested in order to assure availability; requests made fewer than 5 days prior to the event will attempt to be accommodated, but cannot be guaranteed.