

Transition Checklist and Timeline for Health Care Providers

Name: _____

DOB: _____

| | Ages 11-13 (begin) | Ages 14-16 (update progress) | Age 17 and UP (final steps) |
|---|-----------------------|------------------------------------|--|
| Reintroduce the practice transition policy or introduce idea of transition to family if policy is not available | | | |
| Youth carries and presents payment and insurance cards | | | |
| Youth given choice in medical decisions/decision making (assent to consent) | | | Youth makes all decisions and signs if capable |
| Youth prepares 3-5 questions for office visit (increasing ownership of medical condition) | | | |
| Youth knows wellness baseline ~ Provide youth assessment tool | | | |
| Youth knows when to call health care provider for change in illness status-has an emergency plan | | | |
| Complete a portable medical record with youth and family | | | Prepare summary of medical illness info for new adult health care provider |
| Youth makes own appointments and calls in own refills | | | |
| Youth can describe his or her illness correctly (what it is, how it affects them) and knows meds and dosages | | | |
| Youth seen alone for part of the visit | | | Youth seen alone at age 18 unless signed release for parents to be present |
| Youth seen without parents if legally able to make own medical decisions | | | |
| Assist in locating adult healthcare providers working with family | | | |
| One year before leaving home or transfer to adult provider, youth are encouraged to handle their health care without parent involvement | | | |
| Assess: Insurance, SSI, Vocational Rehabilitation | | | |
| Gather disability documentation if needed | | | |