



**STATE OF NEW HAMPSHIRE
DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION OF PUBLIC HEALTH SERVICES**

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**New Hampshire Health-Care Provider Guidelines
For TB Testing**

A tuberculin skin test or blood assay for mycobacterium tuberculosis (BAMT) is done to find persons with tuberculosis disease or latent tuberculosis infection (LTBI) who would benefit from treatment. Only people who are at risk for tuberculosis (TB) need testing. If a skin test is needed, a Mantoux (not multi-puncture such as Tine) skin test should be given because it is the most accurate test available. A history of BCG vaccination (unless given in the previous 6 months) should not influence the need for or interpretation of a test. Persons who test positive should have a chest x-ray and medical evaluation to rule out active disease and determine if eligible for treatment of LTBI. The following questions can be used to determine the risk of exposure to TB.

Have you ever had a positive TB test in the past? *(There is no need to repeat the test if documentation can be supplied.)* Yes No

Date: _____ Place: _____

If any of the following are answered "yes", a tuberculin skin test should be considered.

Do you have persistent (≥ 3 weeks) signs or symptoms of active TB? Yes No

- | | | |
|--------------|-------------------------|----------------------|
| Cough | Fever | Loss of appetite |
| Hemoptysis | Chest Pain | Overwhelming fatigue |
| Night sweats | Unexplained weight loss | |

Have you lived with or spent time with anyone who possibly has or had tuberculosis? Yes No

Were you or anyone living in your household born in or have you worked or traveled extensively in a high-risk country (countries other than the United States, Canada, Australia, New Zealand, or Western European countries) ? Yes No

TB rates by country are available from the World Health Organization at <http://www.who.int/tb/country/en/>

Do you have any medical conditions (e.g. HIV, dialysis, transplants) or are you being treated with any medications (e.g. steroids, cancer chemotherapy, Embrel or Remicaid) that might affect your body's ability to fight TB (immune system disorder)? Yes No

