



# Candle Safety!

Many people forget that the warm glow and scent of candles come from an open flame. Candles can easily start a fire if anything burnable is nearby. The increasing use of candles has resulted in more home fires.

## Did you know?

- On average, a candle fire in a home is reported to a U.S. fire department every 30 minutes.
- Nearly two-fifths of home candle fires start in the bedroom.

## Safety Tips if Using Candles:

1. Put out all candles when leaving the room or going to sleep.
2. Keep candles at least 1 foot away from burnable things.
3. Always use sturdy candle holders that won't tip easily, can't burn and are large enough to catch dripping wax.
4. Keep candle wicks trimmed to ¼ inch.
5. Put candles out before the melted wax gets too close to the holder.
6. Never use a candle if oxygen is used in the home.
7. During power outages, don't carry lit candles. Use flashlights.
8. Do not use candles in bedrooms and other sleeping areas.
9. Never leave children alone near a burning candle and keep matches and lighters out of their reach.
10. Consider using flameless candles, they are a safer substitute for the real thing.

Adapted from a fact sheet from the National Fire Protection Association



For more Fact Sheets please go to [www.ParentHelpNH.org](http://www.ParentHelpNH.org)

Children's Hospital at Dartmouth, Injury Prevention Center, NH Department of Health and Human Services, NH Department of Education, NH Pediatric Society, SAFE KIDS NH & Partnership for a DrugFreeNH.org