

How your child may be hurt by violence in your home

If you are experiencing domestic violence in your home, whether it's physical, emotional, verbal, or sexual abuse, it's affecting your child!



- Infants and preschoolers living in violent homes can be affected in a number of ways. These include trouble bonding with others, sleep disturbances, depression, anxiety, and violence towards peers.
- Teens who live in a violent home are at increased risk of becoming an abuser or a victim. They also face a higher risk of abusing drugs and alcohol, attempting suicide, and committing crimes.
- Even if your abusive partner does not intend to harm your child, children are often hurt during attacks. A child may be hurt while attempting to protect you. Or, a batterer may injure a child in an effort to hurt his/her partner.
- Studies show that up to 50% of men who abuse their partners also abuse the children.

YOU have options for escaping an abusive relationship, including emergency shelter. YOU and YOUR CHILDREN deserve to be safe!

For more information, contact the domestic violence crisis center nearest you at 1-866-644-3574. The call is free, confidential, and you need not be in crisis to call.



For more Fact Sheets please go to www.ParentHelpNH.org

Children's Hospital at Dartmouth, Injury Prevention Center, NH Department of Health and Human Services, NH Department of Education, NH Pediatric Society, SAFE KIDS NH & Partnership for a DrugFreeNH.org