

# Parenting Tips for Fathers

Children tend to be more well adjusted when their fathers take an active part in their daily lives. It is not easy being a father. Children don't need perfect fathers; they need caring and involved fathers.

## Show that You Care

- Give your children hugs and kisses often.
- Tell them how much they mean to you: "You're really important to me."
- Praise their efforts, especially if they don't succeed.

## Give Guidelines for Conduct

- Give your children rules and make sure your rules are clear to them.
- Explain your rules; it's important that children understand why they need to follow those rules.
- Be consistent with your rules; children get confused when you seem to change your mind without any reason.

## Communicate with Care

- Listen to your children when they come to you with a problem.
- Be honest with your children; admit your mistakes.
- Look directly at your children when they talk to you.

## Become Your Children's Teacher

- Remember that you are your children's role model.
- Do household chores with your children.
- Encourage your children to think for themselves; guide and help them with their decision-making process.



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