



WIC Formula and Foods Documentation Quick Guide

Contract Standard/Alternate formulas

The NH WIC Program provides **Abbott's Similac Advance and Similac Soy Isomil*** as the standard iron-fortified milk and soy-based formula for healthy infants during the first year of life, per parental choice. (*a medical note/approval is needed to provide to premature infants.) **Abbott's Similac Sensitive, Total Comfort and Spit-Up** are offered as alternate contract milk-based formulas; they contain 19 calories/oz. at standard dilution and will require medical documentation--USDA requires standard infant formula provided by WIC to contain 20 calories/oz. A Request for 19 calorie form (RSF-19) has been created for this purpose. [See RSF-19 form.](#) Other standard milk or soy-based infant formulas will not be provided by the NH WIC Program.

WIC food packages and formula amounts

The amount of formula provided by WIC is linked to the age of the infant and feeding choice of the parent, i.e. breastfeeding, partial breastfeeding or formula fed. WIC is a supplemental nutrition program and the amount of formula provided is authorized by federal regulations. This amount may not meet all of the requirements of the participant. See [NH WIC Formulas/Foods Detailed Overview— See NH WIC Supplemental Food Packages and Maximum Quantities for Women, Infants and Children receiving Contract/Standard and Special Formula Chart.](#) (page 3)

Infants 6-12 months of age with a medical documentation requiring the delay of supplemental foods may be provided additional formula in lieu of infant foods normally provided at this time. See [Request for Standard Formula No Foods Form.](#)

Special formulas Special formula is for an infant who has medical or dietary problems such as inborn errors of metabolism, low birth weight or prematurity. Special formulas may also be prescribed for children or women. See [Approved NH Formulary List.](#)

Qualifying conditions Medical documentation is federally required to ensure that the patient under your care has a medical condition that requires the use of special formula (or additional standard formula—see standard-contract formulas above) and if WIC foods are precluded, restricted, or inadequate to meet their special nutritional needs. As the health care provider (HCP), you are verifying you have seen and evaluated the patient's nutrition and feeding problem(s) and symptoms determining he/she has a serious medical condition. There are non-qualifying conditions that will not be accepted for the provision of special formulas. [See NH WIC Formulas/Foods Detailed Overview—Qualifying and Non-Qualifying Conditions for the WIC Approved Special Formulas Fact Sheet.](#) (page 2)

Request for Special Formula Form (RSF)

Documentation requirements are included on the *Request for Special Formula and Authorization for WIC Supplemental Foods Form* including the allowance of the WIC nutritionist to determine the supplemental foods, amount and length of issuance unless directed otherwise by the prescribing HCP. Medical documentation is valid for up to 12 months. Request for Special formula are subject to WIC approval and the continued need for a special formula will be re-evaluated on a periodic basis. See [Request-Special Formula and Foods-Medicaid/WIC Form.](#)

WIC and Medicaid/NH Medicaid/Managed Care Organization (MCO)

WIC continues to coordinate with the New Hampshire Medicaid Program for the provision of special formulas for dually enrolled participants of both programs. For dually enrolled participants on WIC and Medicaid, NH Medicaid/Managed Care Organization (MCO) determines and provides special formulas. Healthcare providers should work directly with the participant's MCO for the requirements/additional forms/prior authorization for the provision of special formulas. Because WIC may need to provide the special formula prescribed temporarily, a completed [Request-Special Formula and Foods-Medicaid/WIC Form](#) is needed.

Additional Food Package options

Whole milk may be provided per nutritionists' assessment to children 2-5 years old and women needing the extra calories of whole milk when they also receive a special formula due to a qualifying condition through the WIC or Medicaid Program.

Soymilk/tofu may be provided as a substitute for milk for women/children participants per request and a nutritionists' assessment. For children 12 to 24 months of age, Similac Soy Isomil infant formula may be provided per HCPs request and completion of an RSF. (There are no other milk substitutes federally allowed at this time.)

Infant foods are available for adult/child participants on a special formula for whom solid foods are contraindicated. Jarred infant foods may be substituted for the fruit and vegetable voucher. Infant cereal may also be substituted for regular cereals.

For more information call, email or visit our website at:

1-800-942-4321 or 603-271-4546; wic@dhhs.nh.gov
www.dhhs.nh.gov/dphs/nhp/wic