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Distributed by the NH Health Alert Network
Health.Alert@dhhs.nh.gov
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Zika Virus Outbreak, Update #7: ***Updated Guidance Relative to Zika Transmission in Southeast Asia and Florida***

Key Points and Recommendations:

- CDC recommendations to protect pregnant women and their infants from Zika continue to be dynamic. Pregnant women should continue to avoid all non-essential travel to areas with active Zika virus transmission. This currently includes:
 - Countries in Southeast Asia, and bordering countries for which Zika transmission data is limited: <https://wwwnc.cdc.gov/travel/page/zika-virus-southeast-asia>.
 - Two areas in Florida including Miami Beach and a new 1-square-mile area in Miami-Dade County: <https://www.cdc.gov/zika/intheus/florida-update.html>.
 - Multiple other countries in the Americas and other parts of the world: <https://www.cdc.gov/zika/geo/active-countries.html>.
- These guidelines will change according to the epidemic evolution. Healthcare providers should stay updated on areas with active Zika virus transmission using the CDC resources above; we will no longer utilize our HAN mechanism for routine travel updates.
- The New Hampshire Division of Public Health Services, Bureau of Infectious Disease Control, continues to recommend that
 - All pregnant women who have traveled to an area of active Zika virus transmission while pregnant or who became pregnant within 12 weeks of travel be tested for Zika virus infection.
 - Men returning from an affected area who have a pregnant partner should either abstain from sexual activity or use condoms with their partner for the duration of the pregnancy.
 - Men returning from an affected area who have a non-pregnant partner should use condoms or abstain from sex for at least 6 months to avoid pregnancy and prevent transmission of Zika to their sex partner.
 - Non-pregnant women returning from an affected area should avoid pregnancy for at least 8 weeks.
- To test patients for Zika, healthcare providers must call and confirm the testing indication with the NH DPHS. **To facilitate appropriate counseling, please do not direct your patients to call NH DPHS directly.** NH DPHS's number is 603-271-4496 (after hours 603-271-5300).

Background Information:

For more information about the Zika virus outbreak, please review our past HAN notifications and information on the DHHS website: <http://www.dhhs.nh.gov/dphs/cdcs/zika/index.htm>

Additional information and recommendations can be found on the CDC website: <http://www.cdc.gov/zika/index.html>

For any questions regarding the contents of this message, please contact NH DHHS, DPHS, Bureau of Infectious Disease Control at 603-271-4496 (after hours 1-800-852-3345 ext.5300).

To change your contact information in the NH Health Alert Network, contact or email Thom Flynn at 603-271-7499 or Thomas.Flynn@dhhs.nh.gov

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Attachments: None

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