

# The Truth about “CLUB DRUGS”

HOME BOY  
truck driver  
XTC adam  
doctor  
Acid Liquid X  
co-pilot  
crank  
(STREET NAMES  
FOR CLUB DRUGS)

## **Club drugs refer to a wide variety of drugs.**

The most common club drugs used by teens and young adults are MDMA (“Ecstasy”), Rohypnol, GHB, and Ketamine (“Special-K”). They are often used at all-night dance parties (“raves”), alcohol-free nightclubs, and concerts.

## **Club drugs affect your brain.**

Club drugs damage the neurons in your brain, impairing your senses, memory, judgment and coordination.

## **Club drugs affect your body.**

Different club drugs have different effects on your body. Some common effects include loss of muscle and motor control, blurred vision, and seizures. Club drugs like “Ecstasy” are stimulants that increase your heart rate and blood pressure and can lead to dehydration, and heart or kidney failure. Other club drugs, like GHB, are depressants that can cause drowsiness, unconsciousness, or breathing problems.

## **Club drugs affect your self-control.**

Club drugs like GHB and Rohypnol are used in “date rape” and other assaults because they are sedatives that can make you unconscious and immobilize you. Rohypnol can cause a kind of amnesia – users may not remember what they said or did while under the effects of the drug.

## **Club drugs are not always what they seem.**

Because club drugs are illegal and are often produced in makeshift laboratories, it is impossible to know exactly what chemicals were used to produce them. Drugs, like GHB, are depressants that can cause drowsiness, unconsciousness, or breathing problems.

## **Club drugs can kill you.**

Higher doses of club drugs can cause severe breathing problems, coma or even death.

### **For more information:**

[www.nida.nih.gov](http://www.nida.nih.gov) • [www.DrugFreeNH.org](http://www.DrugFreeNH.org)  
1-800-804-0909 or 603-271-2677

For more Fact Sheets please go to [www.ParentHelpNH.org](http://www.ParentHelpNH.org)



Children’s Hospital at Dartmouth, Injury Prevention Center, NH Department of Health and Human Services, NH Department of Education, NH Pediatric Society, SAFE KIDS NH & Partnership for a DrugFreeNH.org