Take **care** of **yourself**

Start *the* **Conversation...**

as part of your **routine health care**, talk with your health care provider about the **immunizations** you need.

Photo courtesy of the Mt. Washington Observatory

New Hampshire Immunization Program
Vaccinate for Life!
NH DEPARTMENT OF HEALTH & HUMAN SERVICES

New Hampshire MEDICAL SOCIETY

New Hampshire Nurse Practitioner Association

NHNA NEW HAMPSHIRE NURSES ASSOCIATION

"**Start** *the* **Conversation...**"

Talk with your health care provider about the immunizations you need.

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