Keeping us safe: that's how public health touches our lives every day.

Public health helps reduce injuries by increasing awareness of the importance of bike helmets, child car safety seats and seat belts.

A bike helmet costs $30; a hospitalization for a traumatic brain injury in New Hampshire costs approximately $700,000 per person.

By promoting laws, providing education, promoting healthy lifestyles, and researching injury prevention, public health helps to improve health and reduce costs for all.

the face of NH public health

NH Public Health

IMPROVING HEALTH,
PREVENTING DISEASE,
REDUCING COSTS FOR ALL

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