

# The Health Plans in the Premium Assistance Program

Ambetter from New Hampshire Healthy Families	Anthem Blue Cross Blue Shield	Community Health Options	Harvard Pilgrim Health Care of New England - ElevateHealth	Harvard Pilgrim Health Care of New England - New Hampshire Network	Minuteman Health
<p>Ambetter from New Hampshire Healthy Families offers <i>My Health Pays</i> – a benefit that offers cash benefits for completion of certain healthy behavior programs. Members could earn up to \$200 annually.</p>	<p>Anthem's Enhanced Personal Health Care program helps your doctor understand your needs so you can get the appropriate care.</p>	<p>Community Health Options has a broad network and welcomes providers who meet our credentialing and participation standards.</p>	<p>HPHC plans being offered are HMOs and require the member to pick a Primary Care Provider (PCP). If the member does not pick a PCP, one will be assigned. Referrals from the PCP for most specialty care is required.</p>	<p>HPHC plans being offered are HMOs and require the member to pick a Primary Care Provider (PCP). If the member does not pick a PCP, one will be assigned. Referrals from the PCP for most specialty care is required.</p>	<p>Minuteman Health provides comprehensive preventive services and wellness offerings that encourage our members to work on adopting healthy lifestyle practices throughout the course of their lives.</p>
<p>The Ambetter Balanced Care 8 network includes 22 hospitals. Ambetter from New Hampshire Healthy Families Plans do not offer out-of-network coverage in New Hampshire. Always consider a provider's network status before utilizing their services.</p>	<p><u>The Anthem Silver Pathway network includes 21 hospitals. Anthem's Find a Doctor Tool, available at <a href="http://www.anthem.com">www.anthem.com</a>, is updated daily and allows you to search for participating providers that are available for your plan and benefit type.</u></p>	<p>The Community Assist network includes 26 hospitals. Provider network information is available at <a href="http://www.healthoptions.org">www.healthoptions.org</a>. Our members may also call us at 1-855-624-6463 to receive a current list of providers. Our lists are regularly updated.</p>	<p>The ElevateHealth network includes 17 hospitals and offers coverage throughout most of New Hampshire, excluding Carroll County.</p>	<p>The New Hampshire Network includes 26 New Hampshire hospitals and Harvard Pilgrim participating doctors, clinicians and facilities.</p>	<p>The My Doc HMO network includes 13 hospitals. When you join Minuteman, you will choose a Primary Care Provider (PCP) who is part of our New Hampshire In-Plan provider network to manage your care.</p>
<p>Ambetter from New Hampshire Healthy Families enrollees can receive a 30 day supply of their medications at a local retail pharmacy or a 90 day supply through our Rx mail order program.</p>	<p>Anthem's 24/7 Nurseline offers you 24/7 access to our registered nurses who will provide help &amp; support for your health care needs.</p>	<p>We provide disease management for hypertension and diabetes.</p>	<p>Members should always refer to the online directory to identify participating providers and facilities.</p>	<p>Members should always refer to the online directory to identify participating providers and facilities.</p>	<p>Members should use our online provider directory located at <a href="https://www.minutemanhealthdirect.org/Provider_Search/Default.aspx">https://www.minutemanhealthdirect.org/Provider_Search/Default.aspx</a> to determine if their current doctors, therapists, and other providers are in our network. Coverage is only provided for services received from contracted In-Plan providers in New Hampshire and Massachusetts.</p>
<p>Ambetter from New Hampshire Healthy Families offers disease management programs for:</p> <ul style="list-style-type: none"> <li>• Asthma</li> <li>• Heart disease</li> <li>• Depression</li> <li>• Diabetes</li> <li>• Hyperlipidemia</li> <li>• High Blood Pressure</li> <li>• High Cholesterol</li> <li>• Low back pain</li> <li>• Pregnancy</li> <li>• Tobacco cessation</li> </ul>	<p><i>Condition Care</i> – Anthem's case managers are available to help with any ongoing or complex health problems to help you manage your health, answer questions and provide emotional support services.</p>	<p>We provide medication adherence support for:</p> <ul style="list-style-type: none"> <li>• hypertension,</li> <li>• diabetes,</li> <li>• asthma and</li> <li>• cholesterol medications</li> </ul>	<p>Harvard Pilgrim is a nationally recognized leader in disease management.</p>	<p>Harvard Pilgrim is a nationally recognized leader in disease management.</p>	<p>Chronic care management programs which are available to Minuteman Health members include:</p> <ul style="list-style-type: none"> <li>• Asthma Management Program</li> <li>• COPD Management Program</li> <li>• Heart Failure Management Program</li> <li>• Diabetes Management Program</li> <li>• Healthy Heart Program for Coronary Artery Disease (CAD)</li> </ul>
<p>Ambetter from New Hampshire Healthy Families offers telecare management.</p> <p>NH Healthy Families offers a Tele-Care Monitoring Program which provides devices to assist with monitoring blood pressure, weight, blood sugar and pulse using web-based technology combined with telephonic disease management coaching for high risk members.</p>	<p><i>BlueCard</i> - Members and their covered families can have emergency room coverage from coast to coast.</p>	<p>We provide care coordination support for physical and behavioral health transitions in care to include:</p> <ul style="list-style-type: none"> <li>• complex care management (catastrophic/highest risk)</li> <li>• complex health needs (multiple comorbidities, high utilization: ER/admissions, polypharmacy, multiple specialists, etc.)</li> <li>• behavioral health (acute inpatient, intensive outpatient, residential)</li> <li>• point-of-service barriers (finding network providers/services, durable medical equipment, pharmacy, out-of-state, etc.).</li> </ul>	<p>All care and disease management programs include focused educational sessions conducted by specialized clinicians. Programs are available to all members with relevant diagnoses, and include combinations of the following components:</p> <ul style="list-style-type: none"> <li>• Guidelines for effective clinical care</li> <li>• Patient identification and outreach to inform patients and their physicians of current programs, their benefits, and referral procedures</li> <li>• Identification of high-risk patients who are most in need of intensive management</li> <li>• Patient education emphasizing self-management skills</li> <li>• Care management and outreach focused on support for high-risk patients</li> <li>• Cost reduction</li> <li>• Member education and provision of resources that will prevent acute deterioration</li> <li>• Proactive identification of members at risk for complex, costly, or long-term health care services</li> </ul>	<p>All care and disease management programs include focused educational sessions conducted by specialized clinicians. Programs are available to all members with relevant diagnoses, and include combinations of the following components:</p> <ul style="list-style-type: none"> <li>• Guidelines for effective clinical care</li> <li>• Patient identification and outreach to inform patients and their physicians of current programs, their benefits, and referral procedures</li> <li>• Identification of high-risk patients who are most in need of intensive management</li> <li>• Patient education emphasizing self-management skills</li> <li>• Care management and outreach focused on support for high-risk patients</li> <li>• Improvement of utilization trends</li> <li>• Cost reduction</li> <li>• Member education and provision of resources that will prevent acute deterioration</li> <li>• Proactive identification of members at risk for complex, costly, or long-term health care services</li> </ul>	<p><b>New for 2016:</b> Adults can get a routine eye exam every calendar year, and urgent care is now covered when you need it anywhere in the country outside of our 9-county New Hampshire service area.</p>