

Substance Use Disorder Benefit's Categories of Services

Screening

Alcohol and/or drug screening, done by Behavioral Health practitioners: A brief process designed to identify an individual who has an alcohol and/or drug use problem, or is at risk for developing one, by using a screening instrument and evaluating responses to questions about alcohol and/or drug use.

Screening, brief intervention, and referral to treatment (SBIRT), done by SBIRT-trained medical professionals: An evidence based practice used to identify, reduce and prevent substance use. Further information on Screening, Brief Intervention and Referral to Treatment program services can be found on line at http://www.integration.samhsa.gov/SBIRT_Issue_Brief.pdf. The goal of SBIRT is to identify individuals who are at risk for substance use problems in order to provide them with information; conduct brief interventions; and provide referrals to services, as needed.

Assessment

A clinical evaluation completed by a substance use disorders professional to determine the level of care that is most appropriate for the client as well as other areas to be addressed in the treatment plan.

Outpatient SUD Services

Individual, Family, and Group Counseling for Alcohol and/or drug use disorders. These services are provided by a clinician to assist individuals and their families to achieve treatment objectives through the exploration of substance use disorders and their ramifications, including an examination of attitudes and feelings, and consideration of alternative solutions and decision making with regard to alcohol and other drug related problems.

Intensive Outpatient Services (IOP)

Intensive and structured individual and group alcohol and/or other drug treatment services and activities that are provided at least 3 hours a day and at least 3 days a week according to an individualized treatment plan that includes a range of outpatient treatment services and other ancillary alcohol and/or other drug services.

Partial Hospitalization, done at an Outpatient Clinic

Outpatient Clinic includes intensive and structured individual and group treatment, recovery support, medication management and other ancillary services, to individuals with substance use disorders and moderate to severe co-occurring mental health disorders, for a minimum of 20 hours a week.

Substance Use Disorder Benefit's Categories of Services, *continued*

Residential SUD Services

Twenty-four hour, non-acute care in a non-hospital, residential treatment program where a planned program of professionally directed evaluation, care and treatment for the restoration of functioning for persons with substance use disorders.

****Low-Intensity Managed Residential Services** in a clinical milieu include a minimum of 5 hours of direct clinical services per week. Residents are typically able to go out into the community to work, attend recovery meetings, and other activities of daily living.

****High-Intensity Managed Residential Services** in a clinical milieu include a minimum of 20 hours of direct clinical hours per week. Residents are not typically able to go out into the community except for planned recovery activities that are monitored by program staff.

Opioid Treatment Programs

Treatment for opioid use disorders using a combination of methadone or buprenorphine and behavioral health services, delivered by an agency certified as an opioid treatment program.

Office-Based Medication Assisted Treatment

Medication prescription and monitoring by a licensed prescriber for the purpose of treating a SUD, including clinically appropriate referral to, and coordination with, SUD treatment providers within the prescriber's practice or externally. Medications used include, but are not limited to, Suboxone, Naltrexone, and Vivitrol.

Withdrawal Management

A combination of clinical and/or medical services utilized to stabilize the client while they are undergoing withdrawal.

Recovery Support Services

Non-clinical services that reduce or remove barriers to a client entering and/or sustaining recovery. Peer recovery support services are delivered by individuals with lived experience in recovery and may include, but are not limited to, Recovery Coaching and Telephone Recovery Support services. Non-Peer recovery support services are not specifically delivered by individuals with lived experience in recovery and include services such as parenting classes, vocational services, transportation and child care.

Case Management/Continuous Recovery Monitoring

On-going follow-up services with clients to identify and address any barriers or threats to recovery.