

What do we mean by State Plan?

State Plan refers to services provided under the Medicaid State Plan. All state Medicaid agencies are required to have a plan that is approved by the Title XIX/Medicaid State Plan. Title XIX is the part of the Social Security Act and provides grants to states for medical assistance programs. The state plan describes the programs. It also gives promises that the state's Medicaid program will follow federal Medicaid rules. State's Medicaid Programs must have an approved state plan to receive matching federal funds.

<https://www.dhhs.nh.gov/ombp/medicaid/state-plan.htm>

What do we mean by Waivers?

Under Home and Community Based Services (HCBS) states can get an exception to Medicaid rules that oversee institutional care. It allows a State to offer home and community-based services helping Medicaid recipients live in the community, and not an institution. The State builds its waiver program to meet the needs of those receiving services. Waiver services add to the Medicaid State plan and other federal, state, and local systems.

- ◆ **In Home Support (IHS)** The IHS waiver serves children, teenagers, or young adults (ages 0-21) with Autism, an Intellectual Disability, or Developmental Disability who have a significant medical or behavioral challenge. The goal is to support living at home with their family and being actively involved with their community. The IHS Waiver offers enhanced personal care, supports, and services. Services may be consultations, environmental and vehicle alterations, family support/ service coordination, and respite care. The purpose of the services is to help with greater independence and skill training.
- ◆ **Developmental Disabilities (DD)** The IHS waiver serves children, teenagers, or young adults (ages 0-21) with Autism, an Intellectual Disability, or Developmental Disability who have a significant medical or behavioral challenge. The goal is to support living at home with their family and being actively involved with their community. The IHS Waiver offers enhanced personal care, supports, and services. Services may be consultations, environmental and vehicle alterations, family support/ service coordination, and respite care. The purpose of the services is to help with greater independence and skill training.



- ◆ **Acquired Brain Disorder (ABD)** The ABD Waiver serves people living with brain injury from ages 22 - no max age who are found eligible. The injury must have happened after the age of 21 and before the age of 60. The ABD Waiver provides supports and services to expand the ability and decision-making of people living with an acquired brain disorder (ABD). The purpose is to encourage personal development, independence, and quality of life in a way that is decided by the individual. Services may include community participation services (CPS), residential habilitation/personal care services, respite, service coordination, supported employment, assistive technology services, community support services (CSS), crisis response services, environmental and vehicle modification services, participant directed and managed services (PDMS), specialty services, and wellness coaching.
- ◆ **Choices for Independence (CFI)** The CFI Waiver serves eligible elders and adults with disabilities (who meet nursing facility level of care) to live independently in the community. It provides services for individual's ages 65 years - no max age, as well as individuals with physical disabilities and other disabilities ages 18-64. The CFI Waiver provides supports and services through a network of community-based provider agencies. The CFI waiver provides adult medical day services, home health aide, homemaker, personal care, respite, supported employment, financial management services, adult family care, adult in-home services, community transition services, and environmental accessibility services. Other services offered are home-delivered meals, non-medical transportation, participant directed and managed services (PDMS), personal emergency response system, residential care facility services, skilled nursing, and specialized medical equipment services.
<https://www.dhhs.nh.gov/dcbcs/bds/hcbs-waiver.htm>