

**State of New Hampshire
Department of Health and Human Services**

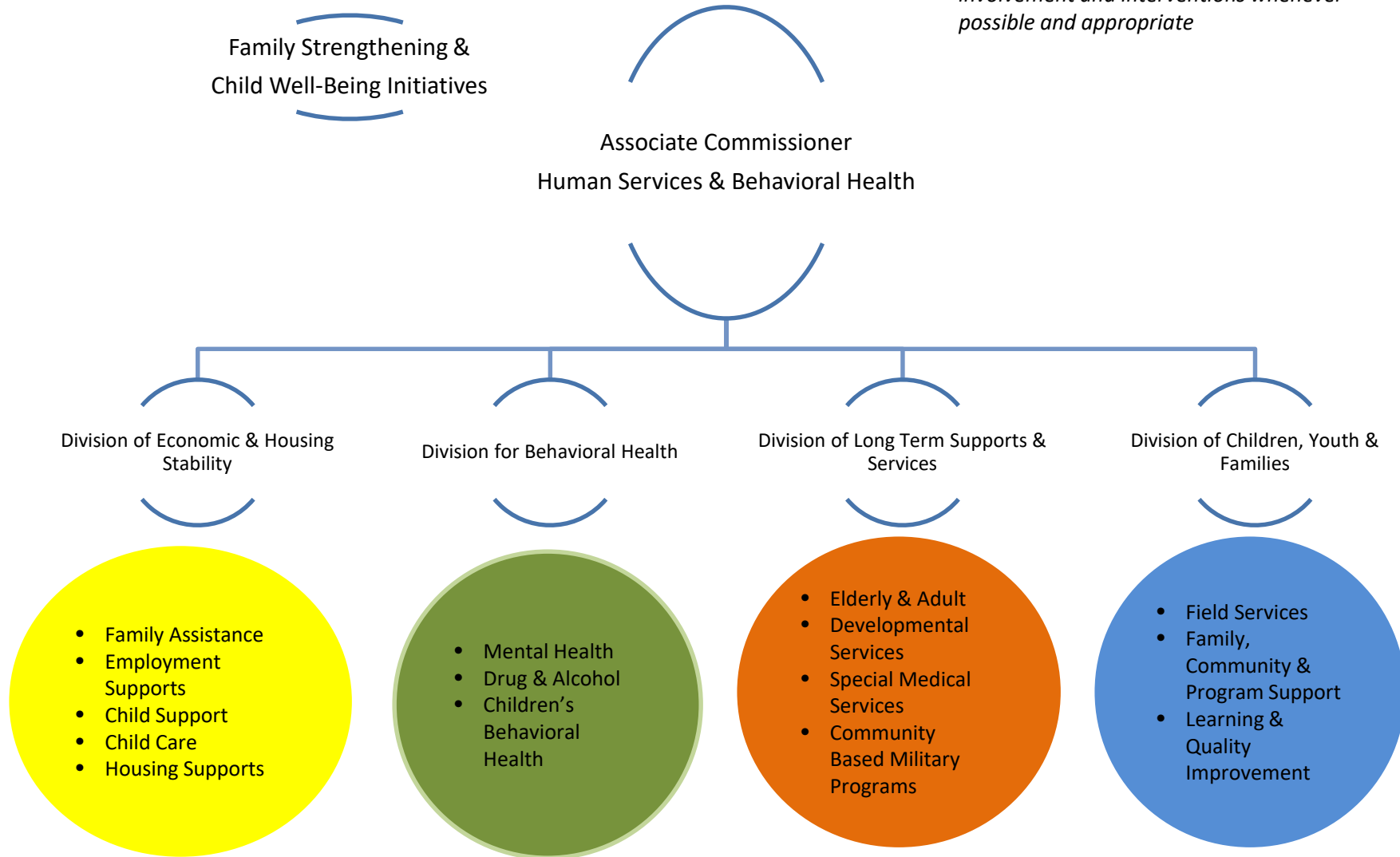
10 - Year Mental Health Plan

*April 29, 2019
Representatives Hall
Legislative Office Building*

NH DHHS

Operational Area: HS & BH

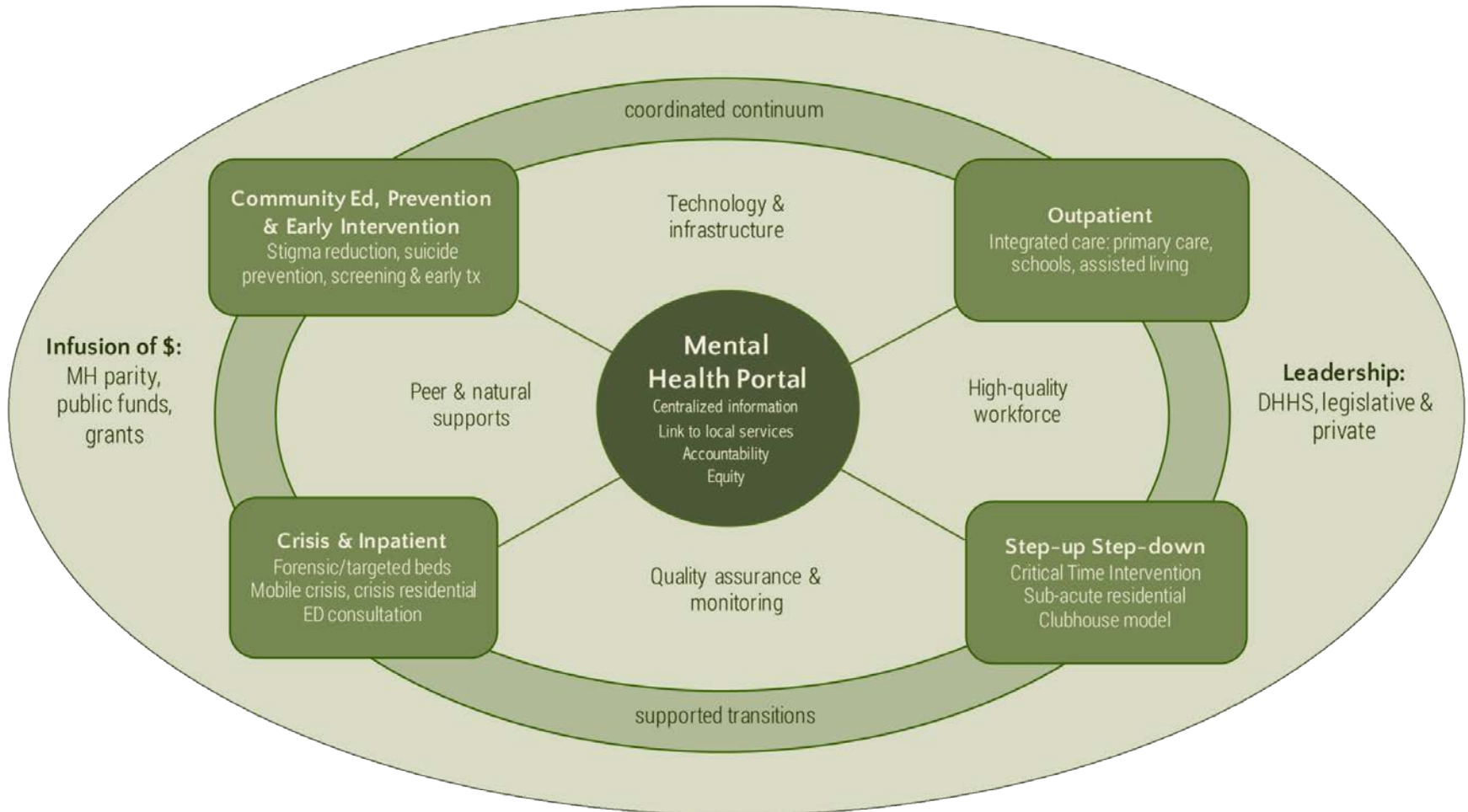
**From left to right - Emphasis on rapid and holistic engagement with integrated, targeted supports and services to prevent deeper involvement and interventions whenever possible and appropriate*



DHHS Efforts to Improve Behavioral Health Systems

- Transformation Waiver (DSRIP)
- Medicaid Benefit for Children
- System of Care (RSA 135-F)
- Community Mental Health Agreement (Amanda D.)
- State Opioid Response: The Doorways
- Transitional Housing Beds
- Behavioral Health Crisis Treatment Center
- Medicaid Rate Increases

A Coherent, High Functioning System of Care



Recommendations for SFY20 & SFY21

#	Recommendation
1	Medicaid Rates for Mental Health Services:
2	Action Steps to Address Emergency Department Waits
3	Renewed and Intensified Efforts to Address Suicide Prevention
4	Enhanced Regional Delivery of Mental Health Services
5	Community Services and Housing Supports
6	Step-up/Step-down Options
7	Integration of Peers and Natural Supports

Recommendations for SFY20 & SFY21

#	Recommendation
8	Establish a Commission to Address Justice-Involved Individuals
9	Community Education
10	Prevention & Early Intervention
11	Workforce Coordination
12	Quality Improvement & Monitoring/DHHS Capacity
13	Streamlining Administration Requirements
14	Reporting on Implementation

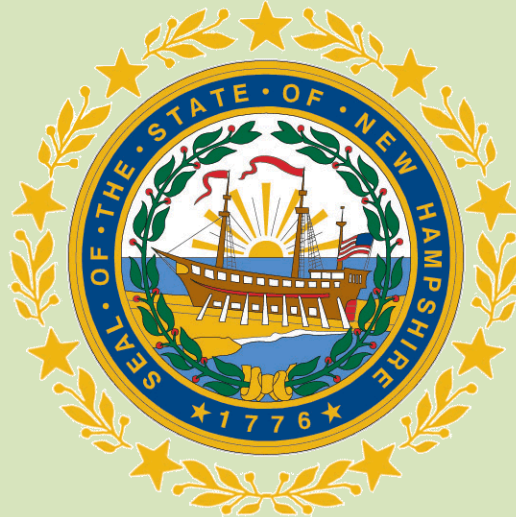
Milestones 2018-2028

Phase I: Build Foundation	Phase II: Establish the System	Phase III: Reflect, Look Forward
<p>Leadership</p> <ul style="list-style-type: none"> • Foster champions • Disseminate to public 	<p>Leadership</p> <ul style="list-style-type: none"> • Continued prioritization • Review and adapt • Social marketing and public information 	<p>Leadership</p> <ul style="list-style-type: none"> • Review and disseminate results • Identify problems and gaps • Maintain success
<p>Resources and Infrastructure</p> <ul style="list-style-type: none"> • Grant funding • MH Portal plan • Workforce adequacy 	<p>Resources and Infrastructure</p> <ul style="list-style-type: none"> • Alternative payment models • Compensation and workforce strategies 	<p>Resources and Infrastructure</p> <ul style="list-style-type: none"> • Reallocate costs offsets • Integrate MH portal with other systems • Workforce strategies
<p>System Strategies</p> <ul style="list-style-type: none"> • Review rules and administration • Coordinated continuum • Add peer support to Medicaid State Plan 	<p>System Strategies</p> <ul style="list-style-type: none"> • Enhance DHHS data systems • Create intentional pathways • Integrate peer supports at every point 	<p>System Strategies</p> <ul style="list-style-type: none"> • Reinforce DHHS capacity • Refine service/support pathways • Demonstrate peer support outcomes
<p>Practice Strategies</p> <ul style="list-style-type: none"> • Public information campaigns • Early intervention strategies • Primary care integration 	<p>Practice Strategies</p> <ul style="list-style-type: none"> • Fully deploy stigma and suicide prevention campaign • Supported housing expansion • Expansion of EBP and other effective services 	<p>Practice Strategies</p> <ul style="list-style-type: none"> • Continue to refine and expand success • Re-examine gaps in services array and need for beds • Incorporate new knowledge/practices

Legislators as Champions

Compelling vision, strong shared leadership, strategic advocacy and grassroots support creates commitment among law and policymakers to resource and restore New Hampshire's mental health system.

- Read and share the plan
- Keep up-to-date on legislation, progress reports
- Engage in discussions with community members, providers and other officials in your district
- Cultivate other champions



NH DHHS Presenter Contact Information

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