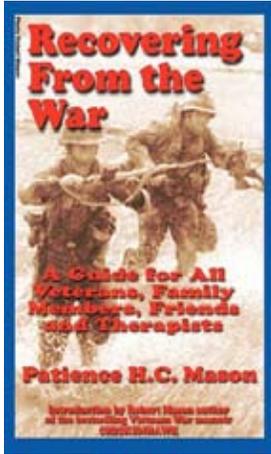


Featured Titles Available at the OCFA Resource Center

September 2012

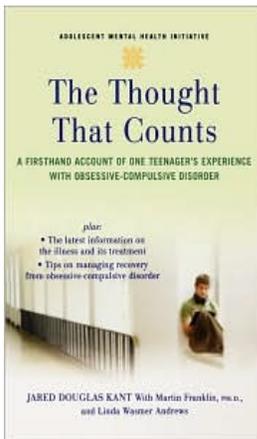


Recovering from the War: A Guide for All Veterans, Family Members, Friends and Therapists, by Patience H.C. Mason.

A systematic investigation of the costs of war for soldiers and their families including information on how to recover: every veteran will want to give this book to his or her spouse and every spouse will want to give it to his or her veteran.

Shared Decision-Making in Mental Health Care, by SAMHSA. This is a step-by-step guide that describes the concepts, components and goals of Shared Decision-Making (SDM), especially as it applies to complex medication decisions where the consumer’s voice needs to be heard.

Shared Decision-Making
in Mental Health Care



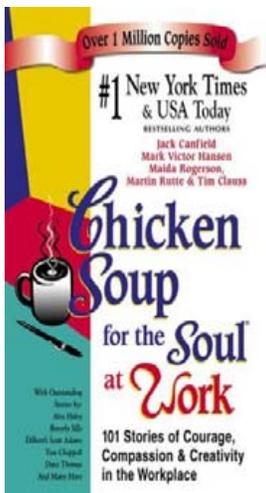
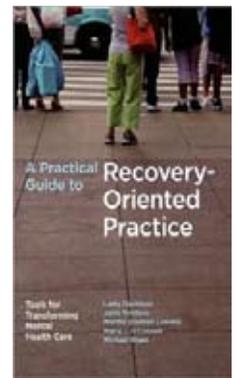
The Thought That Counts: A Firsthand Account of One Teenager’s Experience with Obsessive-Compulsive Disorder, by Jared Douglas Kant with Martin Franklin, Ph.D and Linda Andrews. An absorbing memoir and a useful guide that offers hope to young people and to those who care for them, reassuring them that, with commitment and hard work, they can overcome this illness.

Contact or visit The OCFA Resource Center, NH BBH, Main Building, 2nd Floor South,
105 Pleasant Street, Concord, NH 03301-3852 · mbilson@dhhs.state.nh.us

1-800-852-3345, X5045 or 271-5045

Many Free Materials Are Available

A Practical Guide to Recovery-Oriented Practice by Larry Davidson, Janis Tondora and others, describes the steps necessary to make the vision of recovery a reality while setting and meeting realistic standards in mental health care. The book sets forth a framework for consumer-directed mental health care that is based on hope and transformation.



Chicken Soup for the Soul at Work: 101 Stories of Courage, Compassion and Creativity in the Workplace by Jack Canfield, Mark Victor Hansen and others. Read inspiring stories of people at work who stay true to themselves under difficult circumstances. The book offers tips on how people can be productive, effective, and successful while being human.

Motivational Interviewing: Preparing People for Change by William R. Miller and Stephen Rollnick shows how to use evidence-based techniques to help others make desired changes in their lives. It examines how to help others overcome ambivalence and make choices that move them forward toward their life goals. For those interested in the science that underlies Motivational Interviewing, the book includes a scholarly reference section.

