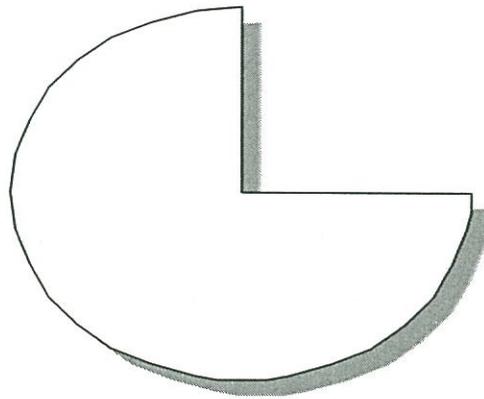


“WHAT DO YOU THINK?”

New Hampshire 2017
Peer Support Outcomes Survey



State Report

January 2018

New Hampshire Bureau of Behavioral Health

105 Pleasant Street

Concord, NH 033301

(603) 271-5007

The NH 2017 Peer Outcomes Survey is designed, conducted, and analyzed by the New Hampshire Bureau of Behavioral Health in collaboration with state-funded Peer Support Agencies operating in the state mental health regions.

The Alternative Life Center, Conway NH (Region I)

H.E.A.R.T.S., Nashua, NH (Region VI)

Lakes Region Consumer Advisory Board, Laconia, NH (Regions III & IV)

Monadnock Peer Support Agency, Keene, NH (Region V)

On the Road to Recovery, Manchester, NH (Regions VII & X)

Seacoast Consumer Alliance, Portsmouth, NH (Region VIII)

Stepping Stone, Claremont, NH (Region II)

Tri-City Cooperative, Rochester, NH (Region IX)

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OVERVIEW

Background

Peer Support Agencies (PSAs) provide certain community-based, consumer-run, public mental health services, described and governed by state rules under contracts with the Bureau of Mental Health Services (BMHS). Services are provided at no cost to consumers. In 2017, eight not-for-profit agencies, operating fourteen physical locations in the state's ten mental health regions, provided an array of on-site supports, several mobile outreach teams, a transitional living program, and, four peer-run Planned Respite Programs. Over 2000 adults with serious mental illness (SMI) were served statewide. The agencies serve adults only.

In New Hampshire, the Intentional Peer Support¹ model (IPS), developed by Shery Mead, is selected as the foundational approach to peer support interactions. Peer staffs at every agency have been trained in IPS. Additionally, the Wellness Recovery Action Plan (WRAP)², an evidence-based practice developed by Mary Ellen Copeland has been established for use in New Hampshire via PSA staff who are trained as Advanced Facilitators. In turn, they train WRAP Group Facilitators from every PSA around the state. For the purpose of this report, the term "peer support", regarding New Hampshire PSAs, explicitly includes IPS and WRAP as core practices at all agencies.

Peer support occurs when people provide knowledge, experience, emotional, social, or practical help to each other.³

Members and participants at PSAs differ only by member privileges. Participants are not registered members of the PSA. Participants engage in all activities except they do not have member voting privileges and cannot serve on the agencies' consumer-run boards. For the purpose of the survey and this report, the terms "consumers", "members", "participants", and "peers" are used interchangeably. Staffs are also peers. Guests or visitors to the agencies are not included in the survey or in the unduplicated count of peers.

The Executive Directors of New Hampshire state-funded Peer Support Agencies (PSAs) met with the Bureau of Mental Health Services' State Planner to develop an annual online consumer survey. The first "What do you think?" survey was conducted in 2009. The survey is conducted using Survey Monkey but consumers can also submit paper responses for later data entry. Computer access is provided at all PSA locations and consumers are strongly encouraged to participate.

¹ <http://intentionalpeersupports.org/>

² <http://www.mentalhealthrecovery.com/>

³ Shery Mead, David Hilton, Laurie Curtis, "Peer Support: A Theoretical Perspective". <http://mentalhealthpeers.com/pdfs/peersupport.pdf>

Purpose of the Survey

The purpose of the survey is to receive feedback from participants in peer support that may be used to enhance planning, financing, service delivery, and development of consumer-operated services and programs within a recovery-oriented behavioral health care system throughout New Hampshire.

New Hampshire's PSA Executive Directors, as a group, decided to create a new survey of members that would enable them to assess outcomes and program satisfaction over time. The survey now includes research-based questions about the peer support experience.

The survey includes indicators that measure recovery supports in the priority areas of HEALTH, PURPOSE, COMMUNITY, and GENERAL SATISFACTION. There are 14 indicators measured by 41 survey items. An additional item indicates which PSA the respondent is affiliated with, and is not included in the report. Individuals that did not respond to this item are included in the overall report. Each PSA received their individual results along with the overall report for their own internal quality improvement efforts.

New Hampshire PSAs are primarily funded by the NH Mental Health Block Grant and, as such, data on selected priority areas is collected and reported to the Substance Abuse and Mental Health Services Administration (SAMHSA), which issues the block grant funds.

Positive outcomes in these domains, associated with peer support, are commonly believed to result in the reduction and prevention of hospitalization, and increased wellbeing. A primary area of interest is to support the reduction or prevention of psychiatric hospitalization while providing practical supports for life in the community. Specific survey items measure the effectiveness of these goals.

The Peer Outcomes Protocols (POP)⁴ instrument and the Mental Health Statistical Improvement Project (MHSIP) survey that includes certain National Outcomes Measures (NOMS) for block grant reporting were used to select the Peer Support Recovery outcomes and identify the survey items to be included, such as General Satisfaction which is embedded within the section for Community. New Hampshire PSAs now have four domains that may be surveyed annually, to help inform the self-directed activities of these consumer-operated services and programs.

Input from members of PSAs is important for shaping the planning process for state-funded peer support programs in New Hampshire. The survey supports the mental health block grant's National Outcome Measure (NOM) #8- Increased Social Support/Social Connectedness. It supports the President's New Freedom Commission Goal #2: Mental Health Care is Consumer and Family Driven, and SAMHSA's Strategy #4: Recovery Supports. The State Mental Health Authority (SMHA) selected Consumer Operated Services and Programs (COSP) for Peer-to-Peer Recovery Supports as the State priority for the block grant.

⁴ <http://www.cmhsrp.uic.edu/nrtc/pophome.htm>

Individual agencies are able to use the data to inform their own discussions and decisions, guided by the input of the members, to shape future practices. See the Director's Comments for specific examples of how the survey responses are used to benefit the peer support participants.

The data supports the associated cost/benefit and effective State utilization management of the mental health block grant funds, to provide an alternative or adjunct to clinical services that would otherwise not exist in the state. Having outcome measures strengthens the rationale for the state to continue to allocate funds from the NH mental health block grant for contracts with these agencies. The PSAs are funded 60% by NH's mental health block grant and 40% by State general funds. The majority of the mental health block grant is directed to maintaining peer support in NH. At this time there are no other funding sources for the provision of these services.

The state report will be available on selected websites that serve the peer-to-peer recovery community and interested others. Individual agency reports are provided to each PSA. The agencies' contact information is at <http://www.dhhs.nh.gov/dcbcs/bbh/peer.htm>.

Survey Description

The survey is a non-scientific, non-random sample of people who are members of Peer Support Agencies. This year, all eight PSAs chose to participate in the survey and we had a record number of responses. Percentages are based on 100.00% (two decimal points) of responses, and rounded to whole numbers. The survey was open October through December of 2014.

Participation in the survey is voluntary but strongly encouraged. There is no respondent identification in the survey. Although the electronic survey is anonymous and confidential, anonymity and confidentiality cannot be guaranteed when the paper instrument is used. Individual comments are not solicited as they may identify staff, agency, and/or respondent. Data from paper surveys is entered on line by PSA or BBH staff from the Office of Consumer and Family Affairs.

There are 41 items in the four sections of the 2017 "What Do You Think?" NH peer support survey. The sections are:

- (1) Demographics
- (2) Health
- (3) Purpose
- (4) Community

The majority of items are from the Peer Outcomes Protocol (POP). The POP was a project of the University of Illinois at Chicago, National Research and Training Center on Psychiatric Disability directed by Judith A. Cook, Ph.D., director of the Program in Consumer Studies of the Program in Consumer Studies and Training at the Missouri Institute of Mental Health.

The POP was selected as the basis for the NH survey because: "The outcomes protocol can be used by peer support and consumer provider organizations to gauge the results of rehabilitation services delivered by and for peers with psychiatric disabilities. Widespread adoption of the protocol will (1)

assist the consumer self-help filed to assess its own outcomes; (2) present service outcomes to public funding authorities and managed care organizations; (3) improve the organization and delivery of peer support programs”.⁵

Survey General Summary⁶

The survey was begun by 288 people and completed by 276. It is likely the 288 figure includes some false starts that were later completed. For comparison, the 2016 survey was completed by 292 respondents. The unduplicated count of PSA members is estimated to be 1900⁷ thus providing a 14% response rate compared to 15% in 2016.

The survey was taken by an almost equal number of males (45%) and females (50%). More than 45% of respondents are between the ages of 45 and 64 and 8% are under the age of 25. Veteran’s make up 7% of respondents and 83% of respondents are white⁸.

Peer Support Director’s Comments

“The survey is an invaluable tool that we can use to reach out to individuals who could use our services”

“This survey plays a very important role in the ongoing assessment of our agency’s effectiveness in specific areas. We utilize the data collected in the survey as the basis for internal conversations with staff and membership to see ways to improve our programming”

“The results derived from this survey have been very helpful in determining what areas, as an agency, may need strengthening on behalf of its members”.

⁵ Peer Outcomes Protocol (POP): Psychometric Properties of the POP, Jean Campbell, Ph.D. et al., Missouri Institute of Mental Health, University of Missouri-Columbia, 2004, p. 3.

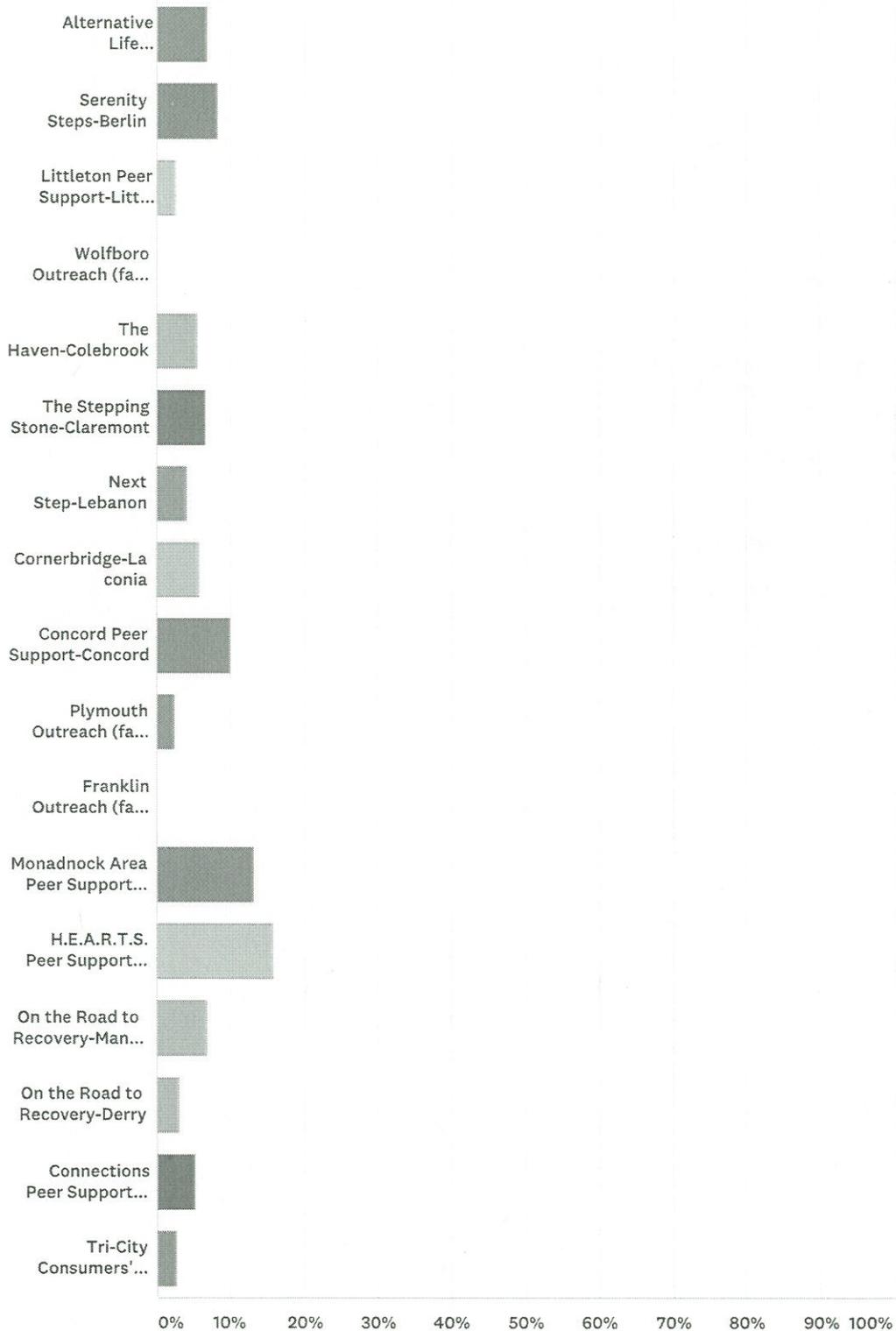
⁶ Calculations are based on 100.00% of the cohort being reported. Most items do not include “not applicable” or “no response”. Percentages are rounded. Incomplete surveys are not included.

⁷ Calculations based on SFY2013 monthly unduplicated onsite participation.

⁸ The US Census 2013 estimate for the White population of the state is 94%.

Q1 Which Peer Support Center do you use? (Drop down menu)

Answered: 288 Skipped: 0



ANSWER CHOICES

RESPONSES

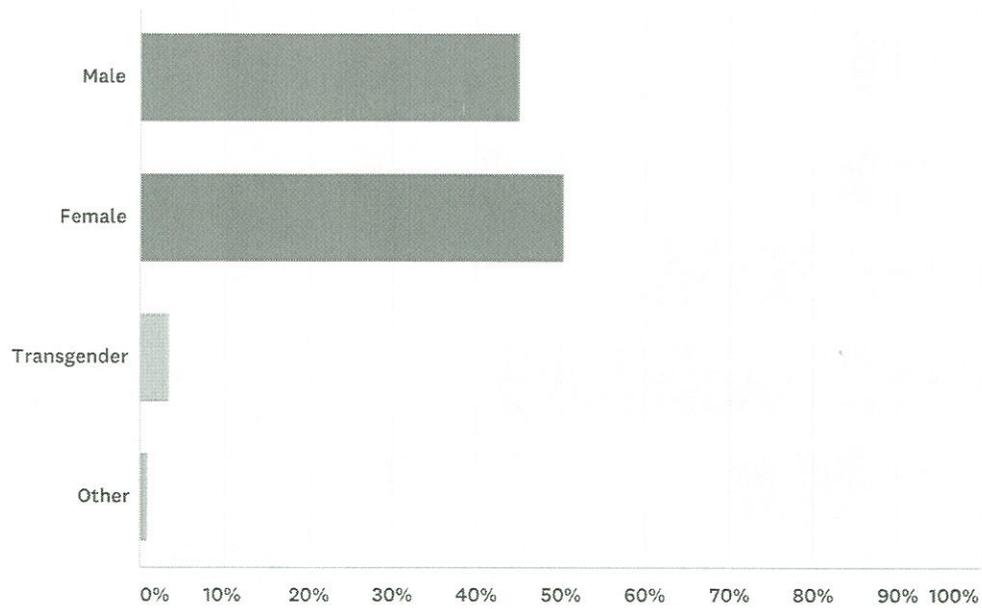
NH Peer Support Outcomes Survey 2017

SurveyMonkey

Alternative Life Center-Conway	6.94%	20
Serenity Steps-Berlin	8.33%	24
Littleton Peer Support-Littleton	2.78%	8
Wolfboro Outreach (face to face)	0.00%	0
The Haven-Colebrook	5.56%	16
The Stepping Stone-Claremont	6.60%	19
Next Step-Lebanon	4.17%	12
Cornerbridge-Laconia	5.90%	17
Concord Peer Support-Concord	10.07%	29
Plymouth Outreach (face to face)	2.43%	7
Franklin Outreach (face to face)	0.00%	0
Monadnock Area Peer Support Agency-Keene	13.19%	38
H.E.A.R.T.S. Peer Support Center of Greater Nashua	15.97%	46
On the Road to Recovery-Manchester	6.94%	20
On the Road to Recovery-Derry	3.13%	9
Connections Peer Support Center-Portsmouth	5.21%	15
Tri-City Consumers' Action Cooperative-Rochester	2.78%	8
TOTAL		288

Q2 What gender do you identify as?

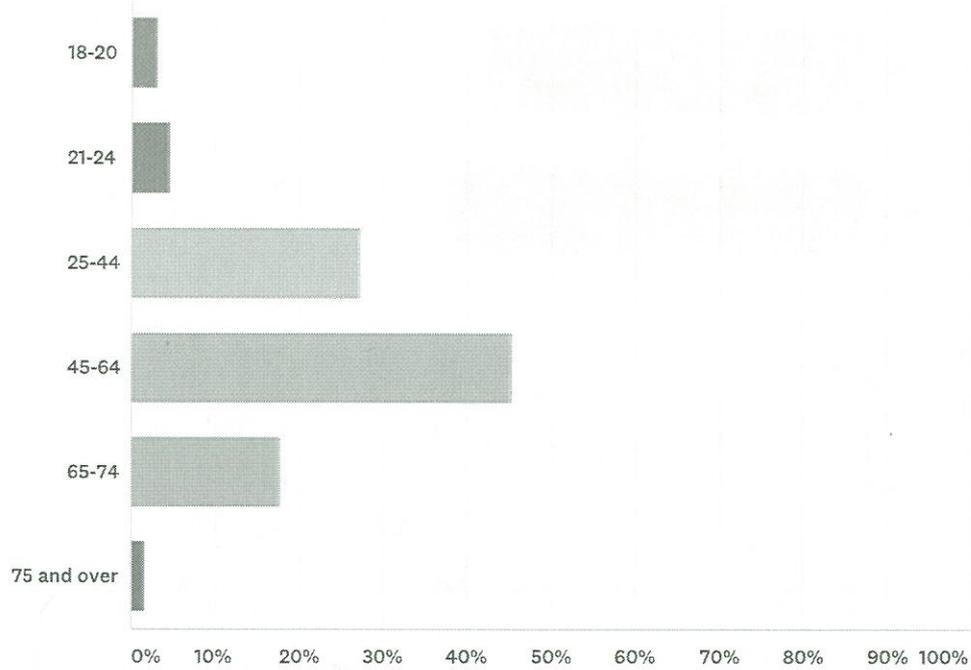
Answered: 288 Skipped: 0



ANSWER CHOICES	RESPONSES	
Male	45.14%	130
Female	50.35%	145
Transgender	3.47%	10
Other	1.04%	3
TOTAL		288

Q3 What is your age, in years?

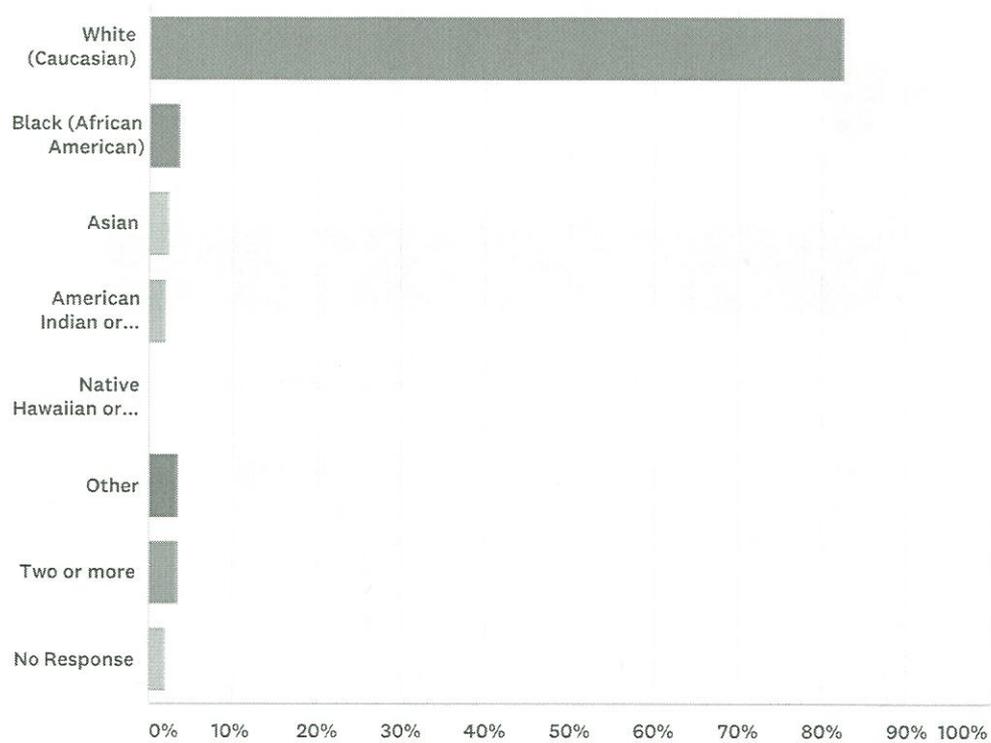
Answered: 288 Skipped: 0



ANSWER CHOICES	RESPONSES	
18-20	3.13%	9
21-24	4.51%	13
25-44	27.43%	79
45-64	45.49%	131
65-74	17.71%	51
75 and over	1.74%	5
TOTAL		288

Q4 What race do you consider yourself to be?

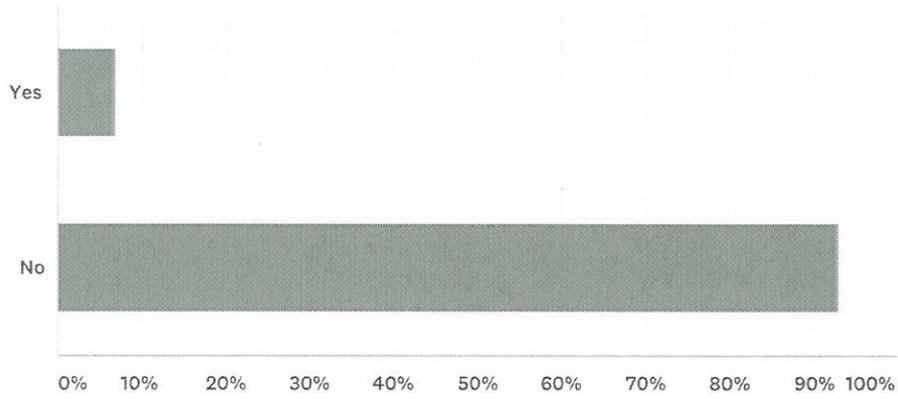
Answered: 288 Skipped: 0



ANSWER CHOICES	RESPONSES	
White (Caucasian)	82.64%	238
Black (African American)	3.82%	11
Asian	2.43%	7
American Indian or Alaska Native	2.08%	6
Native Hawaiian or Other Pacific Islander	0.00%	0
Other	3.47%	10
Two or more	3.47%	10
No Response	2.08%	6
TOTAL		288

Q5 Are you a veteran of the Armed Forces?

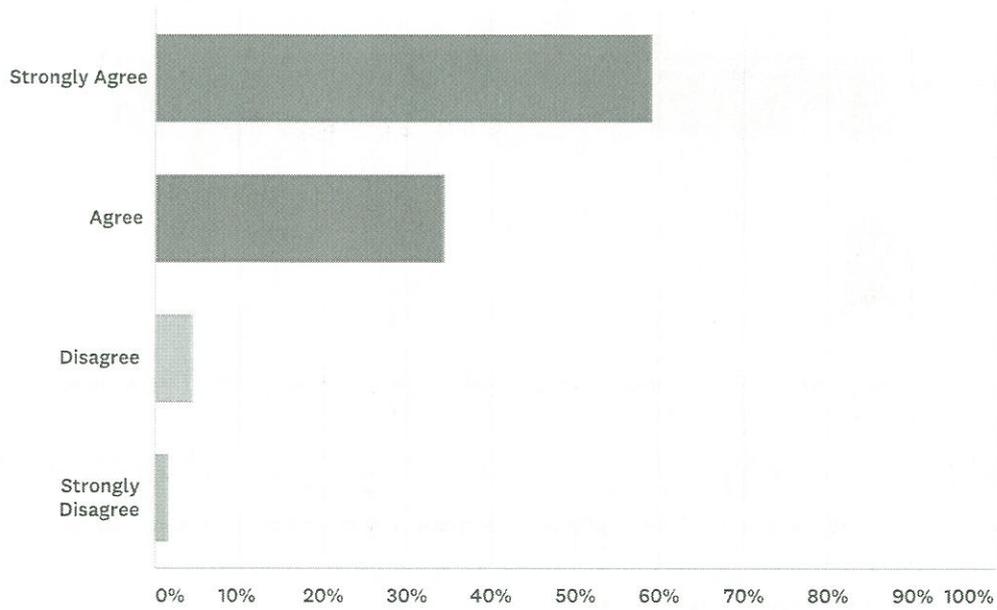
Answered: 288 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	6.94%	20
No	93.06%	268
TOTAL		288

Q6 I take an active role in decisions about my mental health care.

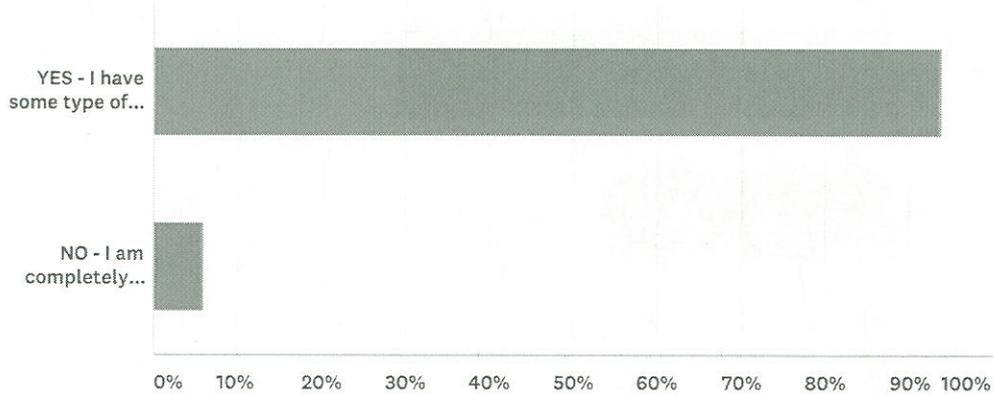
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
Strongly Agree	59.15%	168
Agree	34.51%	98
Disagree	4.58%	13
Strongly Disagree	1.76%	5
TOTAL		284

Q7 Do you have any health insurance coverage?

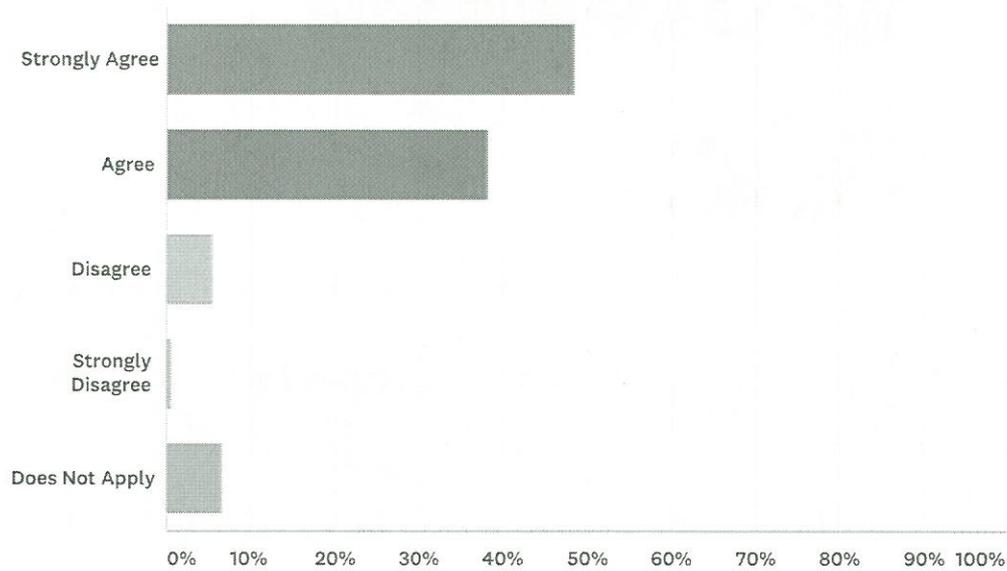
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES
YES - I have some type of health insurance, such as private, self-pay, employer-sponsored, Medicaid, Medicare, military, or other coverage.	94.01% 267
NO - I am completely without any kind of health insurance coverage; I am uninsured.	5.99% 17
TOTAL	284

Q8 Do you think this peer support center helped prevent emotional difficulties from turning into a psychiatric crisis during the past six months?

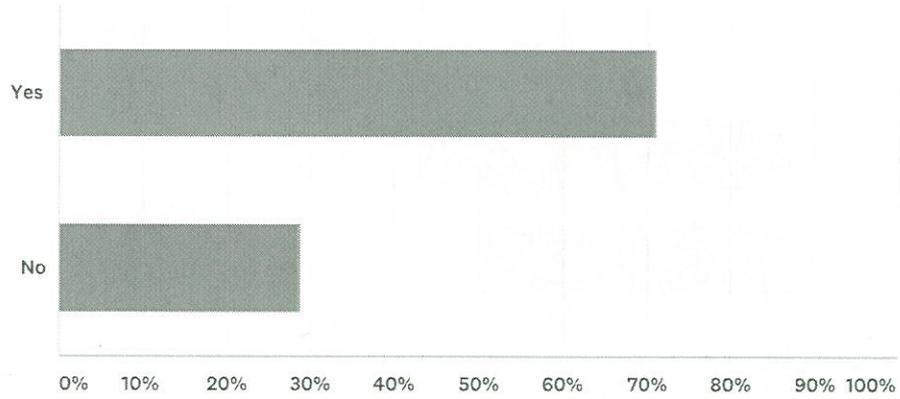
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
Strongly Agree	48.59%	138
Agree	38.38%	109
Disagree	5.63%	16
Strongly Disagree	0.70%	2
Does Not Apply	6.69%	19
TOTAL		284

Q9 Have you ever been in the hospital for psychiatric reasons?

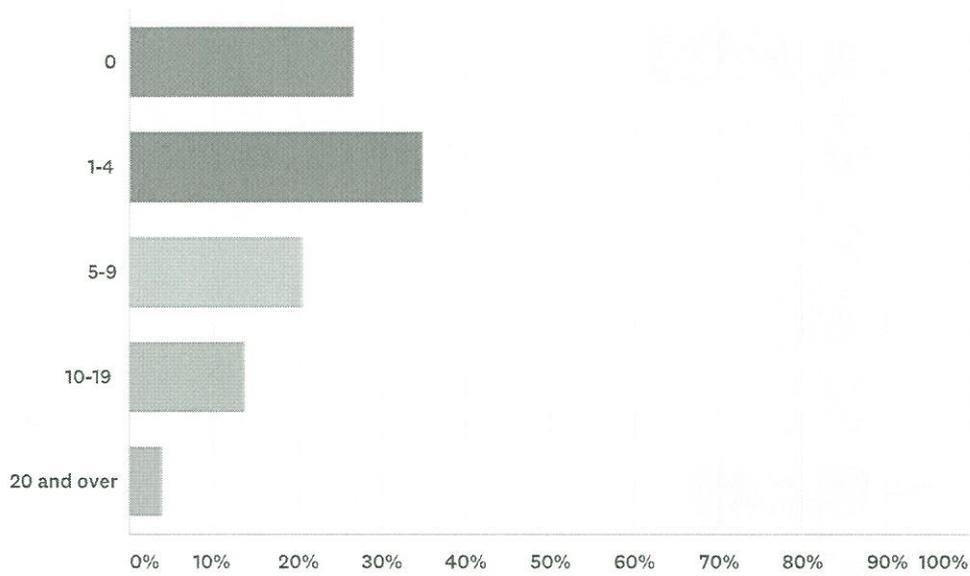
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
Yes	71.13%	202
No	28.87%	82
TOTAL		284

Q10 How many times in your life have you been in the hospital for psychiatric reasons?

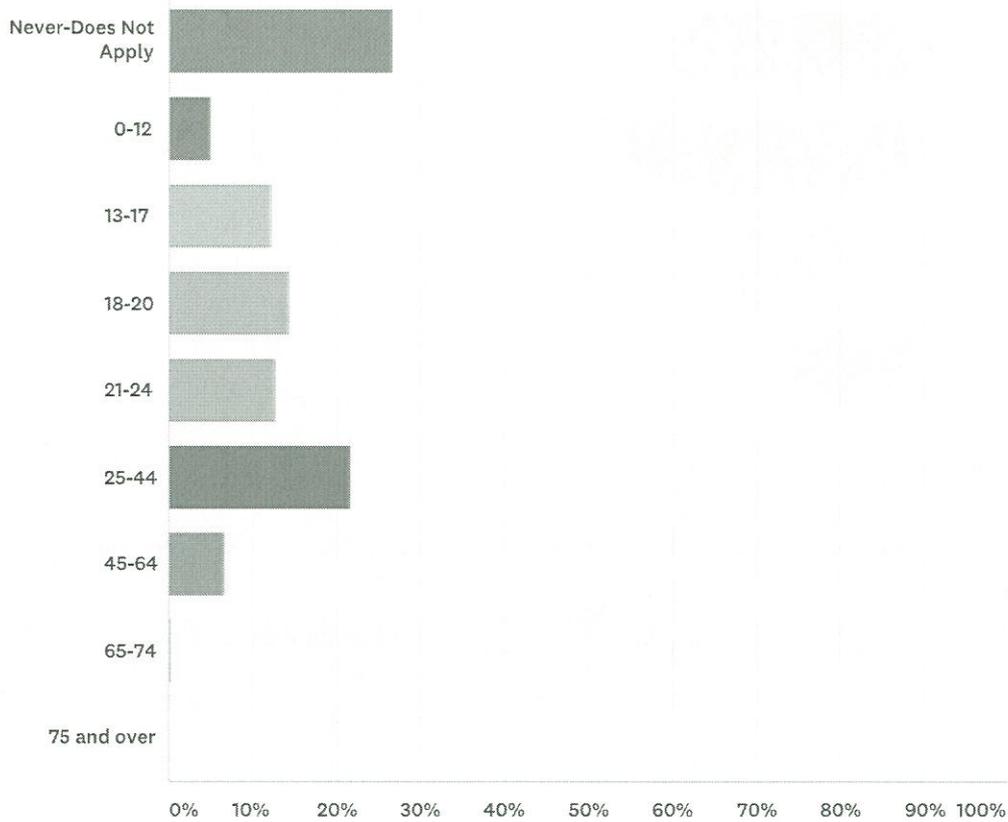
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
0	26.76%	76
1-4	34.86%	99
5-9	20.77%	59
10-19	13.73%	39
20 and over	3.87%	11
TOTAL		284

Q11 How old were you the first time you were in the hospital for psychiatric reasons?

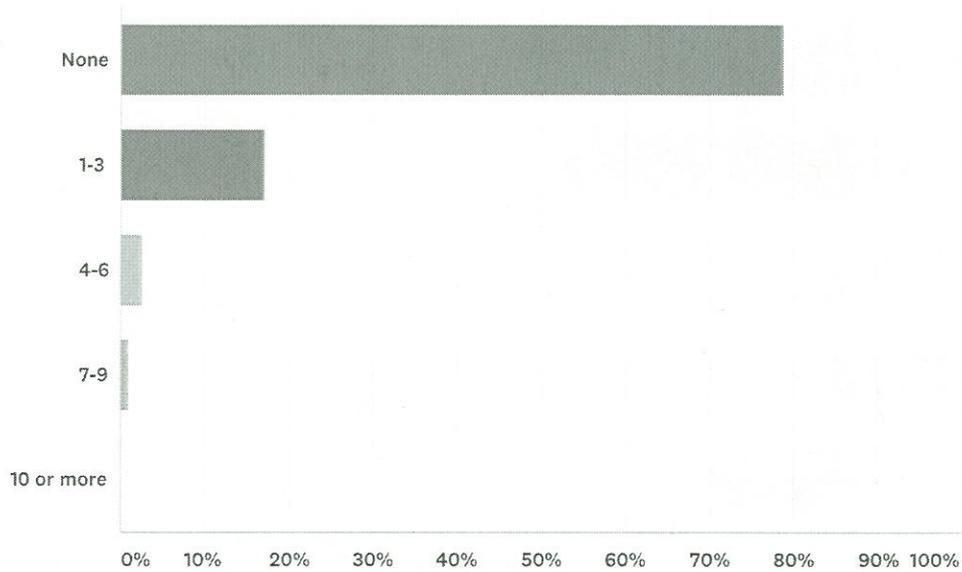
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
Never-Does Not Apply	26.76%	76
0-12	4.93%	14
13-17	12.32%	35
18-20	14.44%	41
21-24	12.68%	36
25-44	21.83%	62
45-64	6.69%	19
65-74	0.35%	1
75 and over	0.00%	0
TOTAL		284

Q12 How many times have you been in the hospital for psychiatric reasons during the past 12 months?

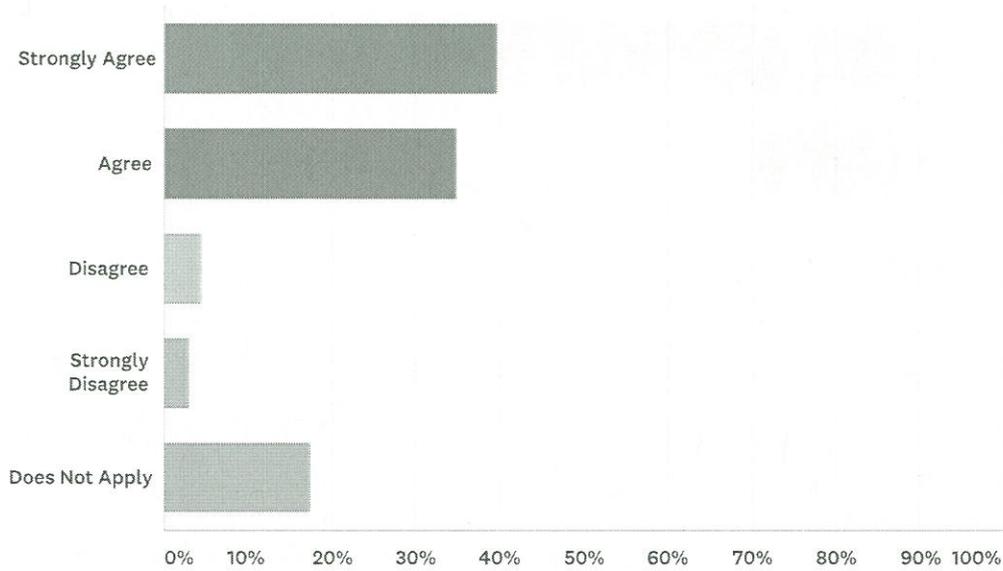
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
None	78.87%	224
1-3	17.25%	49
4-6	2.82%	8
7-9	1.06%	3
10 or more	0.00%	0
TOTAL		284

Q13 This peer support center helped me to stay out of the hospital for psychiatric reasons during the last 6 months.

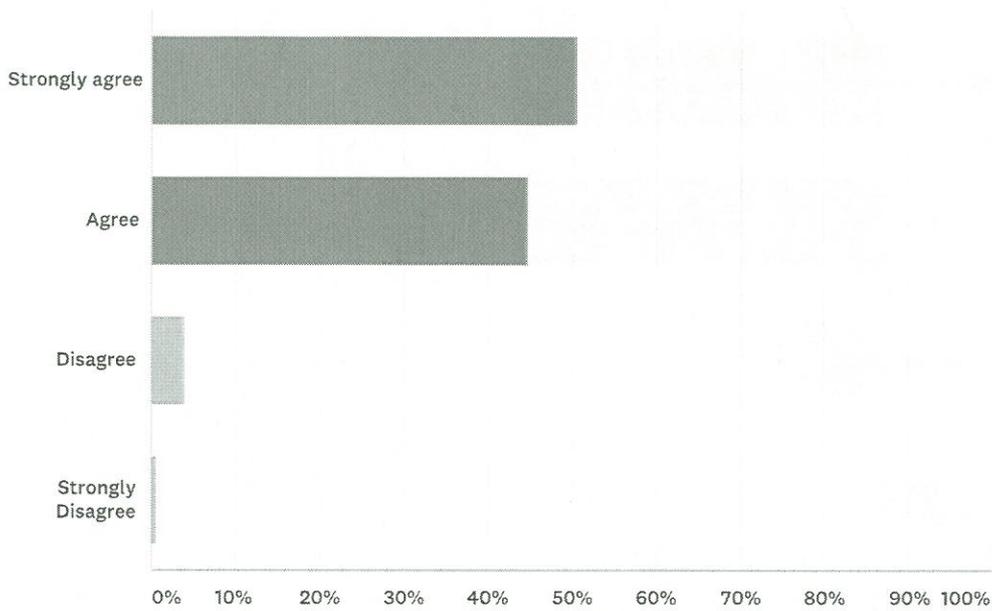
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
Strongly Agree	39.79%	113
Agree	34.86%	99
Disagree	4.58%	13
Strongly Disagree	3.17%	9
Does Not Apply	17.61%	50
TOTAL		284

Q14 This peer support center helps me understand what recovery involves for me.

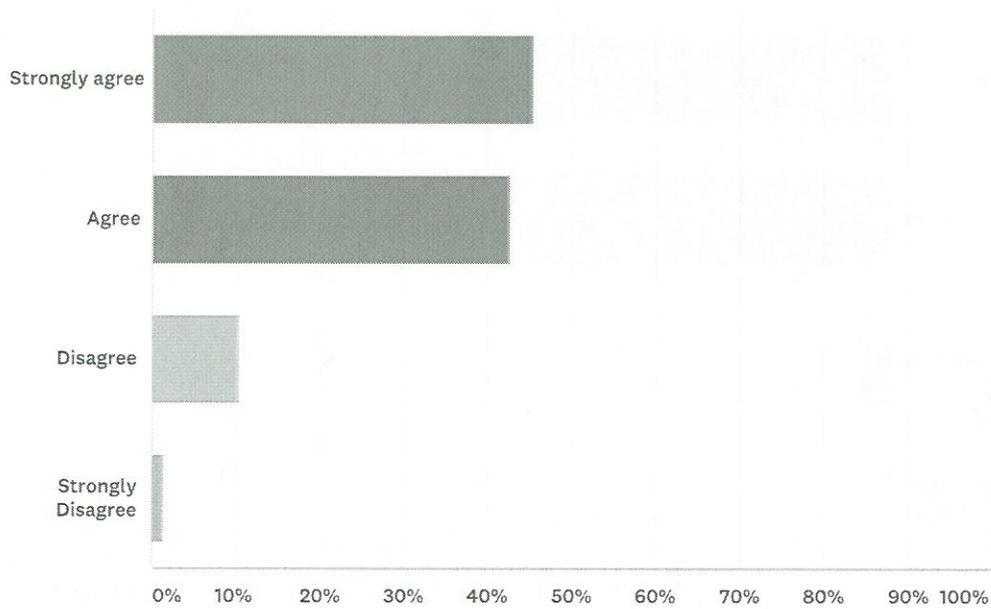
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
Strongly agree	50.70%	144
Agree	44.72%	127
Disagree	3.87%	11
Strongly Disagree	0.70%	2
TOTAL		284

Q15 This peer support center gives me hope that I will recover from mental illness.

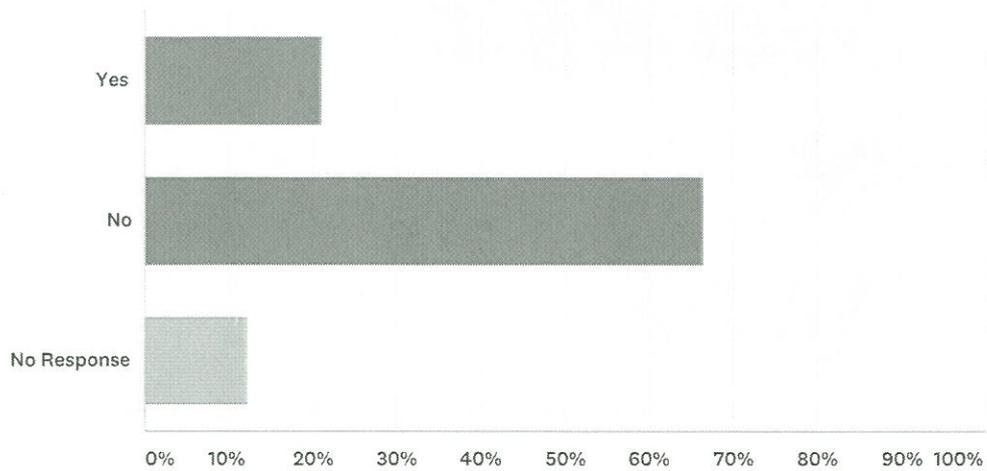
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
Strongly agree	45.42%	129
Agree	42.61%	121
Disagree	10.56%	30
Strongly Disagree	1.41%	4
TOTAL		284

Q16 Have you had any problems associated with alcohol or drug use in the past year?

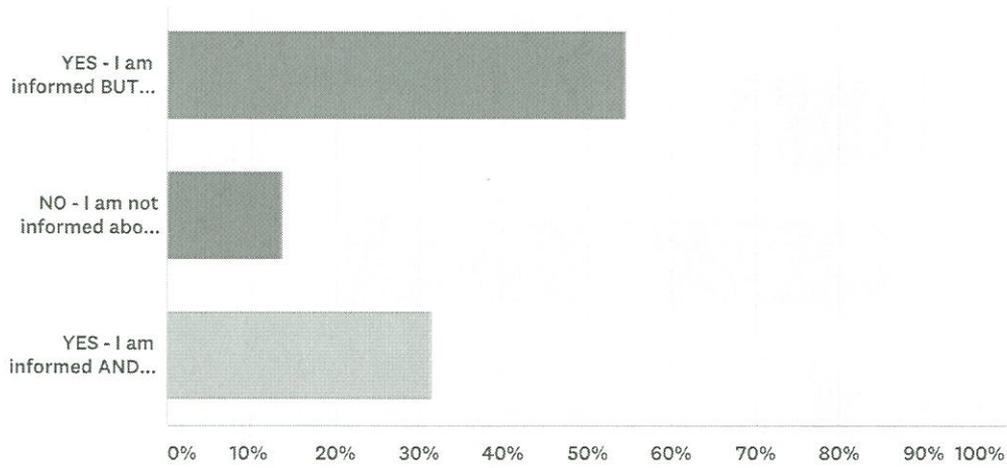
Answered: 283 Skipped: 5



ANSWER CHOICES	RESPONSES	
Yes	21.20%	60
No	66.43%	188
No Response	12.37%	35
TOTAL		283

Q17 Are you informed about Peer-Run Crisis Respite?

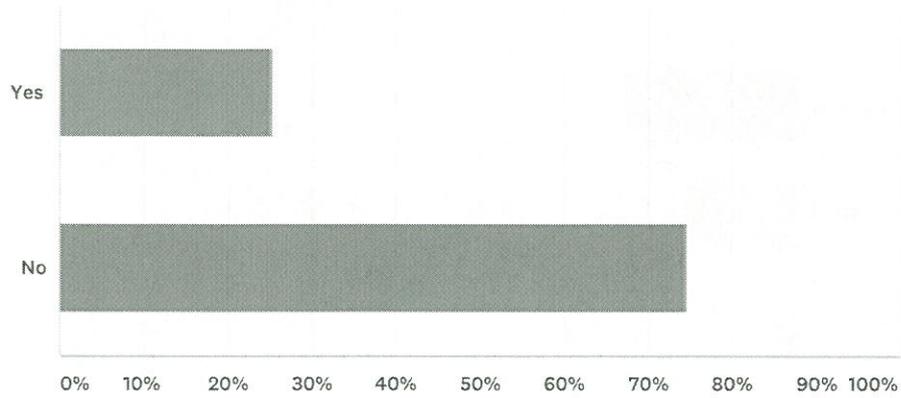
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
YES - I am informed BUT I do not have a pre-crisis plan.	54.58%	155
NO - I am not informed about Crisis Respite	13.73%	39
YES - I am informed AND I have set up a pre-crisis plan.	31.69%	90
TOTAL		284

Q18 Have you used crisis respite?

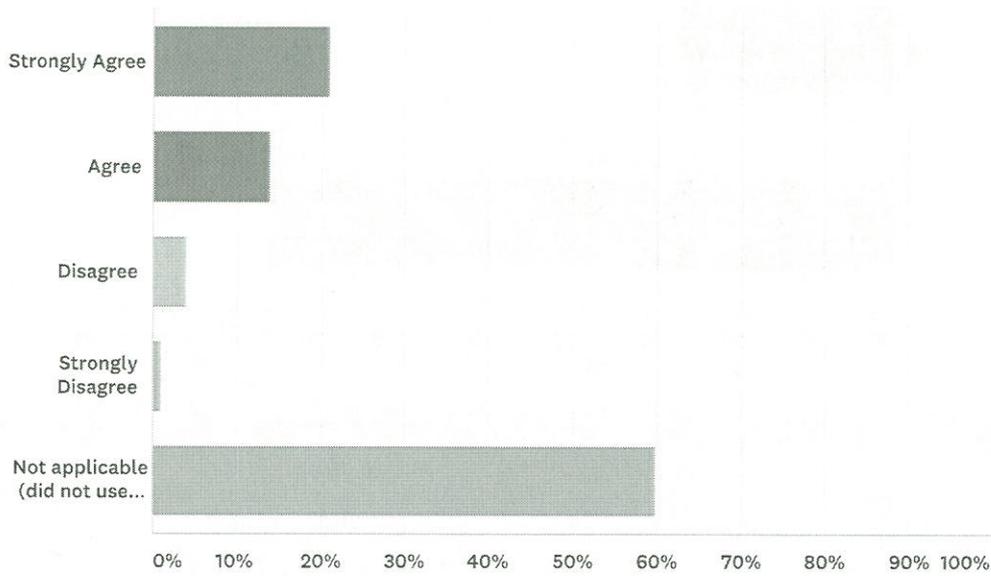
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
Yes	25.35%	72
No	74.65%	212
TOTAL		284

Q19 Crisis respite prevented my emotional difficulties from turning into a psychiatric crisis

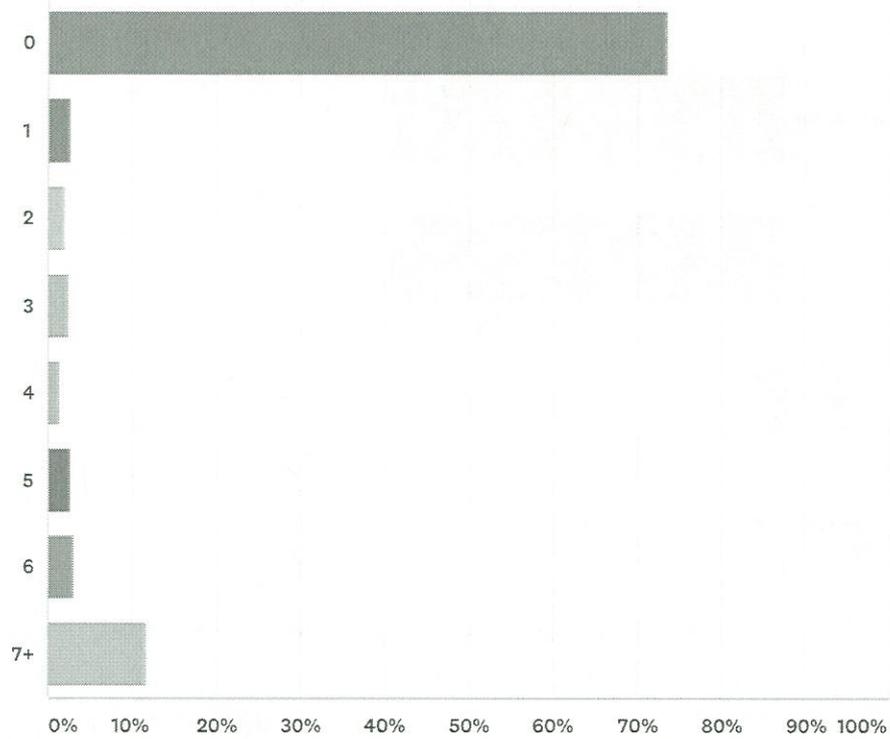
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
Strongly Agree	21.13%	60
Agree	14.08%	40
Disagree	3.87%	11
Strongly Disagree	1.06%	3
Not applicable (did not use crisis respite)	59.86%	170
TOTAL		284

Q20 I spent ____ days at crisis respite.

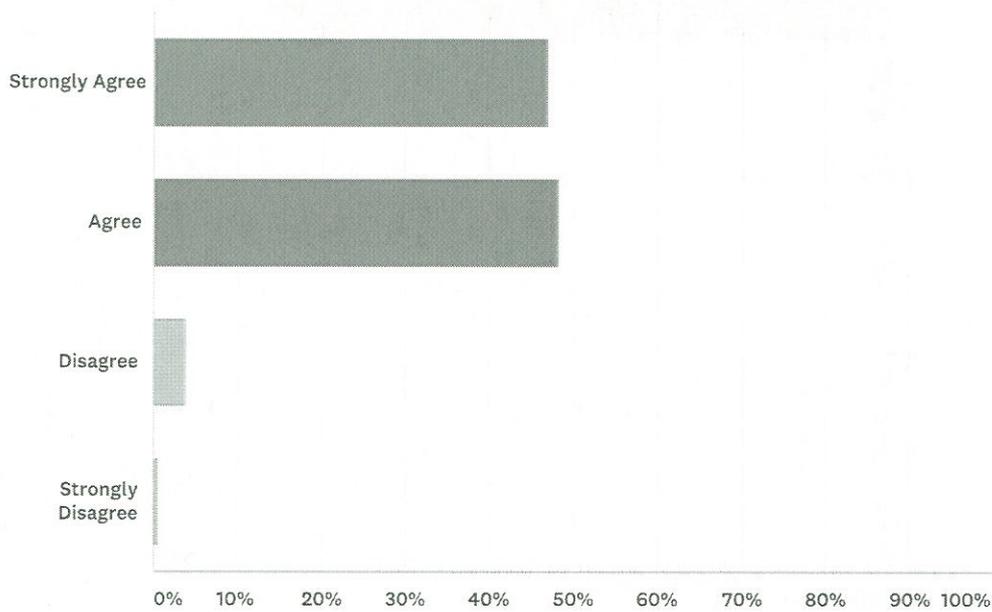
Answered: 284 Skipped: 4



ANSWER CHOICES	RESPONSES	
0	73.59%	209
1	2.82%	8
2	2.11%	6
3	2.46%	7
4	1.41%	4
5	2.82%	8
6	3.17%	9
7+	11.62%	33
TOTAL		284

Q21 Because of this peer support center I am better able to take care of my needs.

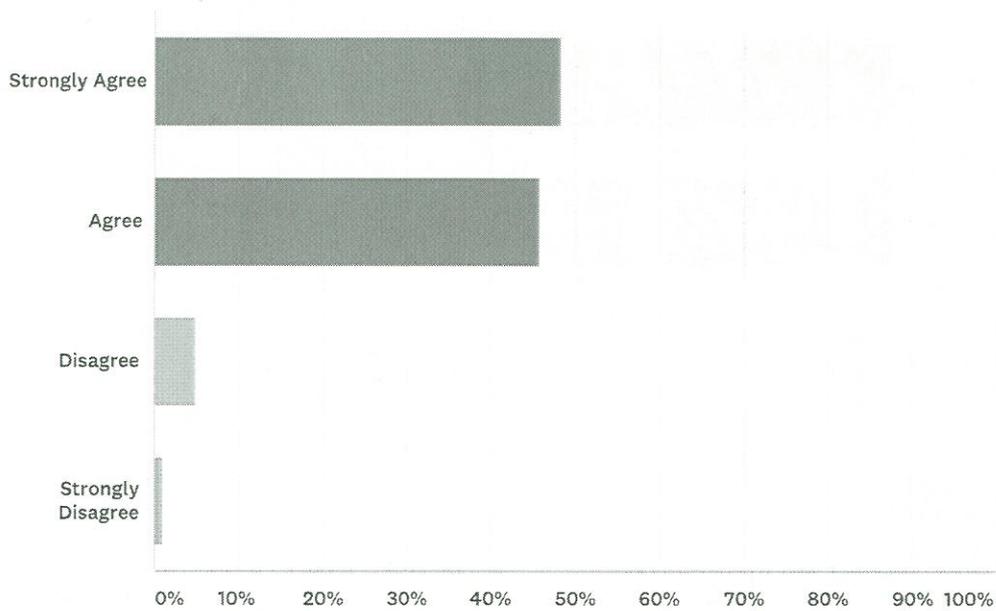
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
Strongly Agree	47.16%	133
Agree	48.23%	136
Disagree	3.90%	11
Strongly Disagree	0.71%	2
TOTAL		282

Q22 Because of this peer support center I am better able to handle things when they go wrong.

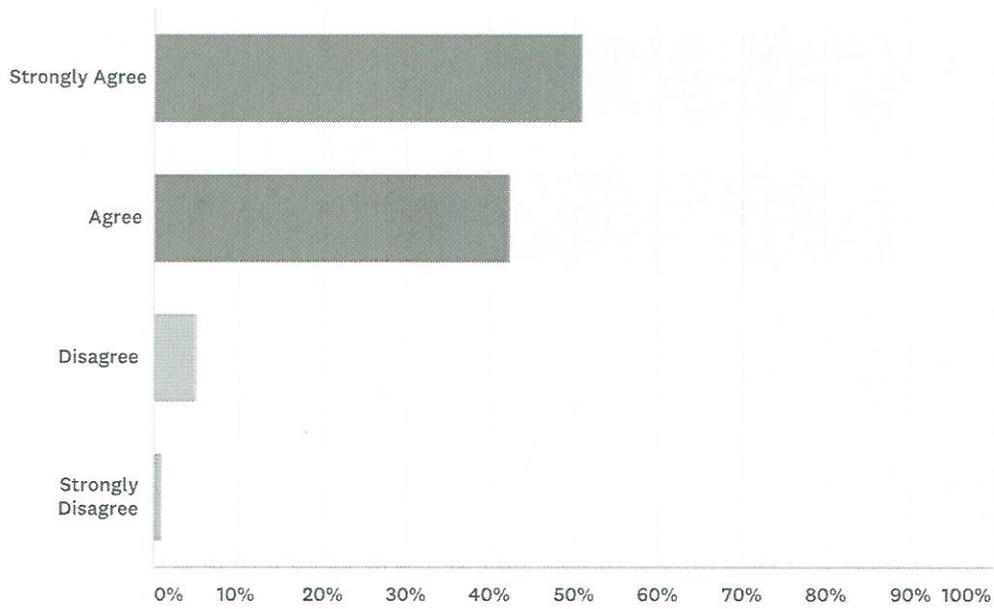
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
Strongly Agree	48.23%	136
Agree	45.74%	129
Disagree	4.96%	14
Strongly Disagree	1.06%	3
TOTAL		282

Q23 Because of this peer support center I do things that are more meaningful to me.

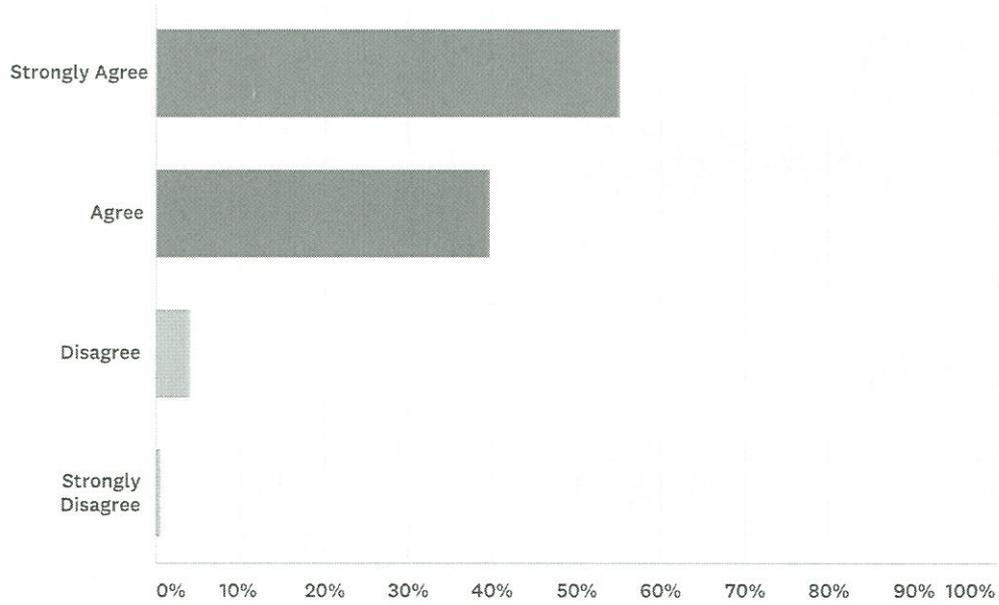
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
Strongly Agree	51.06%	144
Agree	42.55%	120
Disagree	5.32%	15
Strongly Disagree	1.06%	3
TOTAL		282

Q24 I feel that I have contributions to make in life.

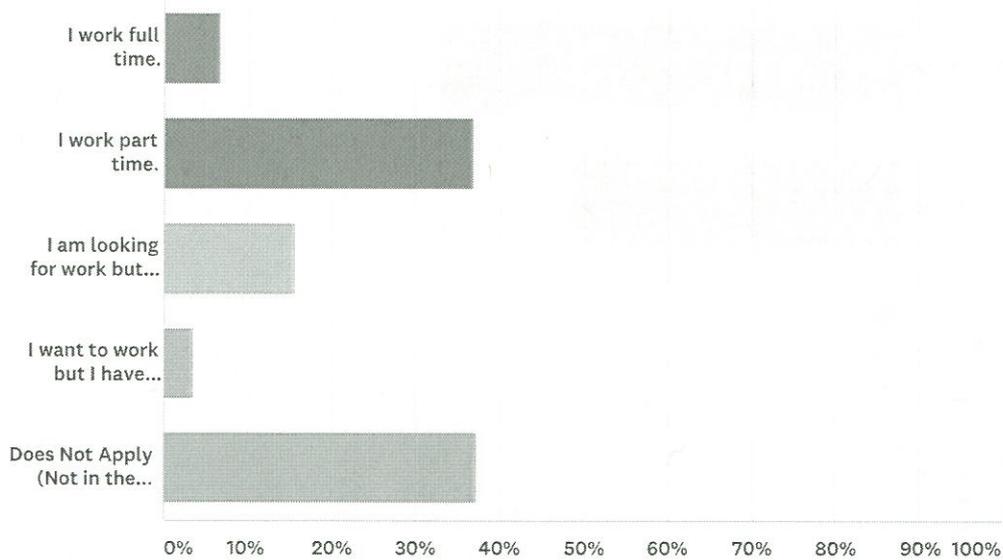
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
Strongly Agree	55.32%	156
Agree	39.72%	112
Disagree	4.26%	12
Strongly Disagree	0.71%	2
TOTAL		282

Q25 Are you currently working for pay?

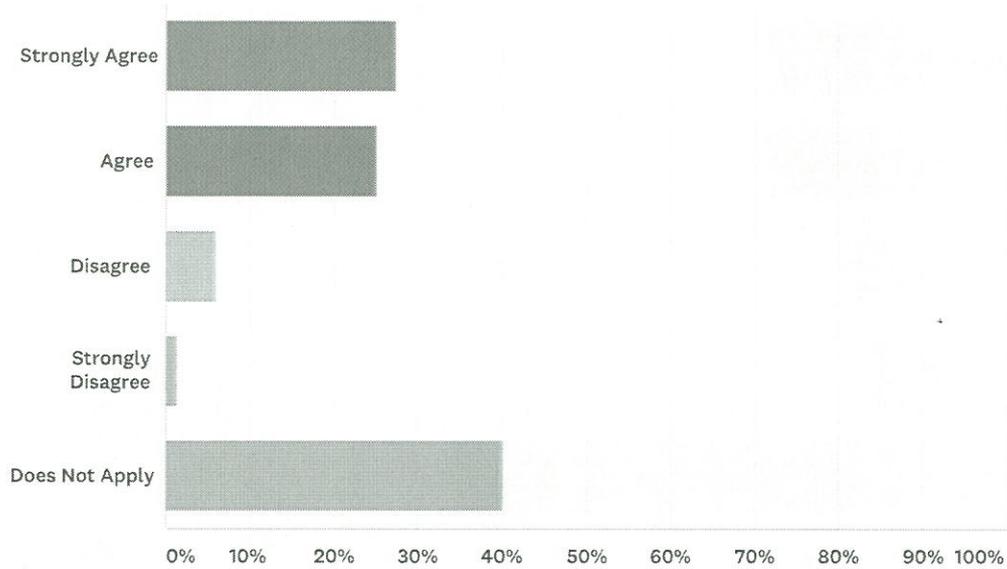
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
I work full time.	6.74%	19
I work part time.	36.88%	104
I am looking for work but not working .	15.60%	44
I want to work but I have stopped looking.	3.55%	10
Does Not Apply (Not in the labor force)	37.23%	105
TOTAL		282

Q26 This program is helpful with my employment needs.

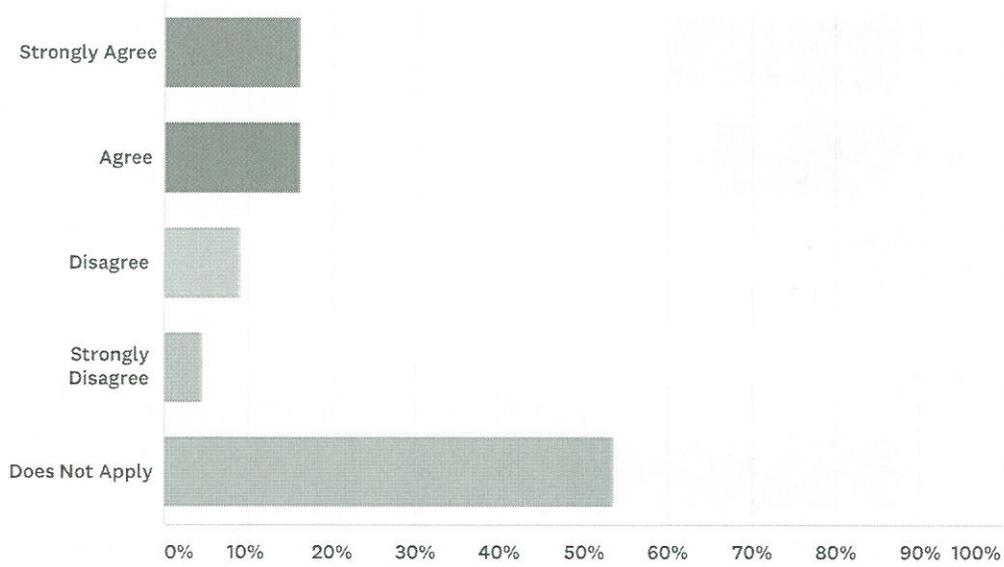
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
Strongly Agree	27.30%	77
Agree	25.18%	71
Disagree	6.03%	17
Strongly Disagree	1.42%	4
Does Not Apply	40.07%	113
TOTAL		282

Q27 This peer support center helps me with my housing needs.

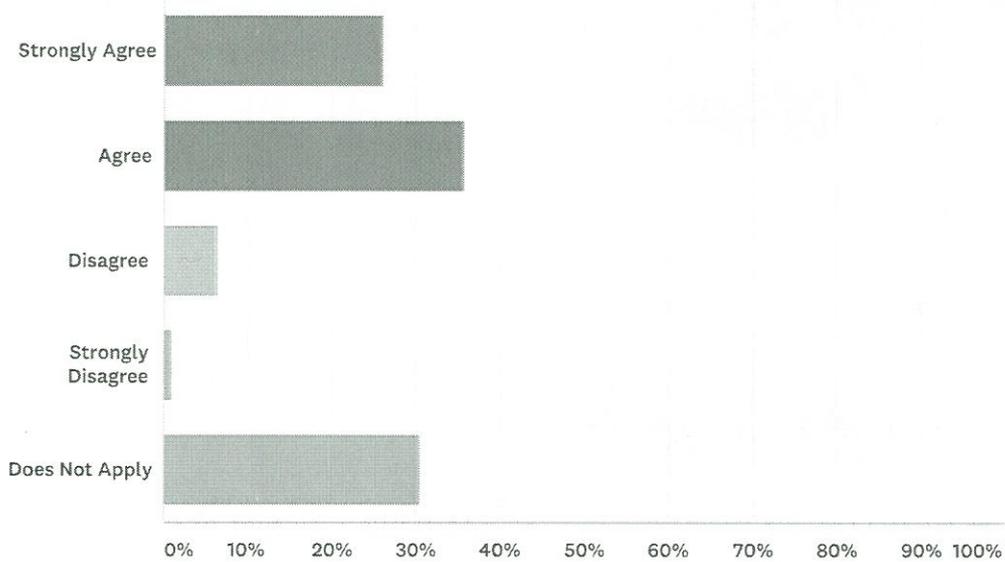
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
Strongly Agree	16.31%	46
Agree	16.31%	46
Disagree	9.22%	26
Strongly Disagree	4.61%	13
Does Not Apply	53.55%	151
TOTAL		282

Q28 This peer support center helps me conduct important personal business (for example, appointments, applications, navigating an appeal, managing or organizing things I need to do.)

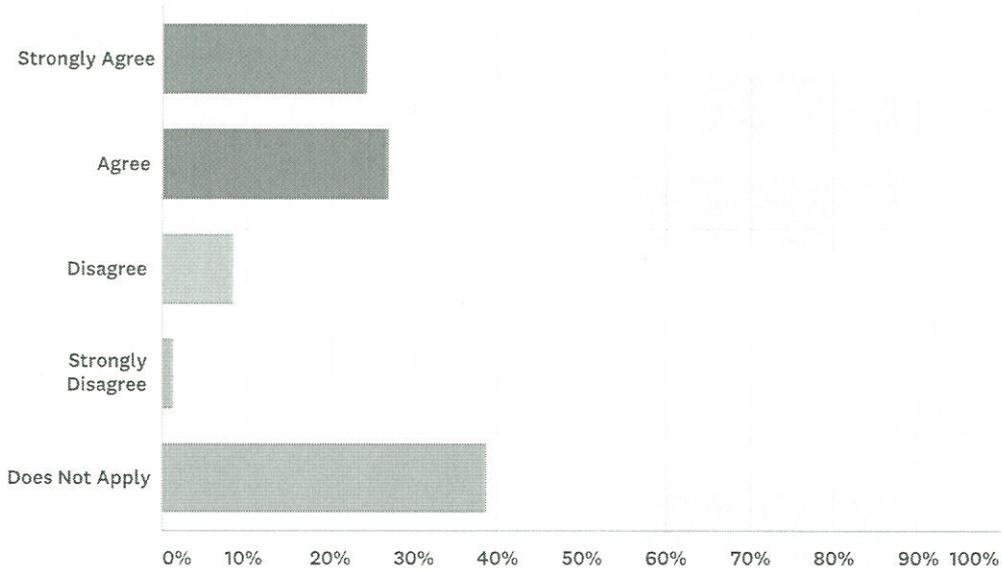
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
Strongly Agree	26.24%	74
Agree	35.82%	101
Disagree	6.38%	18
Strongly Disagree	1.06%	3
Does Not Apply	30.50%	86
TOTAL		282

Q29 This peer support center helps me with my educational or training needs.

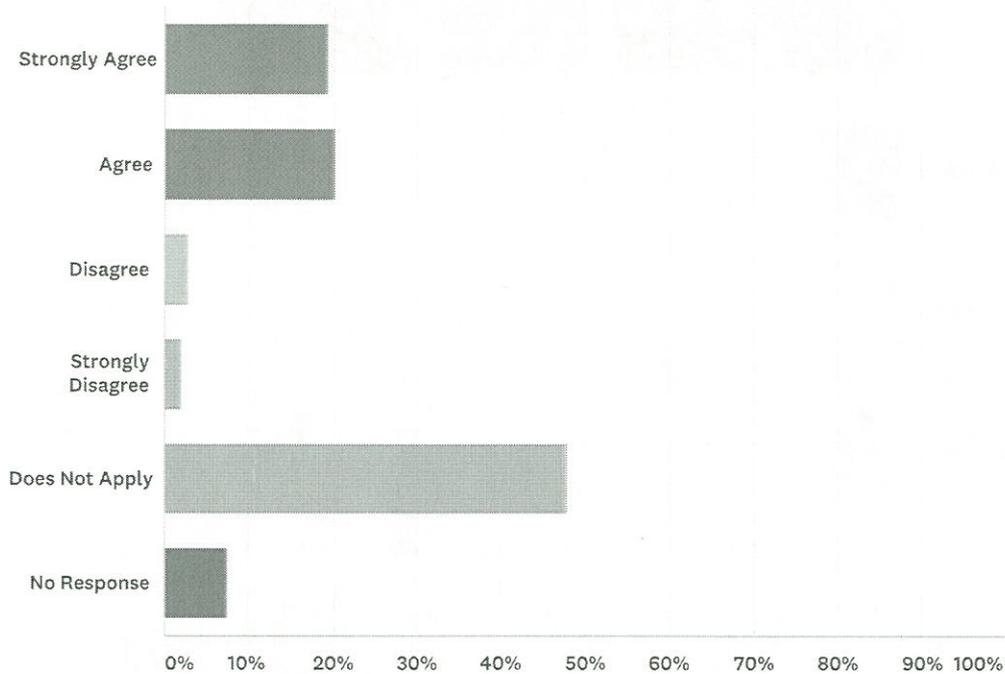
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
Strongly Agree	24.47%	69
Agree	26.95%	76
Disagree	8.51%	24
Strongly Disagree	1.42%	4
Does Not Apply	38.65%	109
TOTAL		282

Q30 This peer support center helps me find resources for dealing with an alcohol or drug problem.

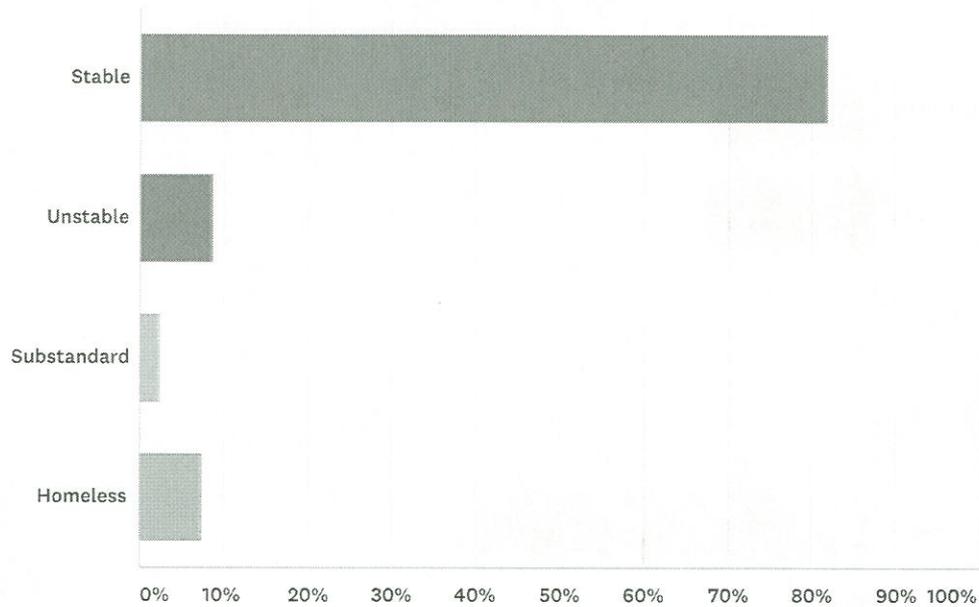
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
Strongly Agree	19.50%	55
Agree	20.21%	57
Disagree	2.84%	8
Strongly Disagree	2.13%	6
Does Not Apply	47.87%	135
No Response	7.45%	21
TOTAL		282

Q31 My current housing situation is:

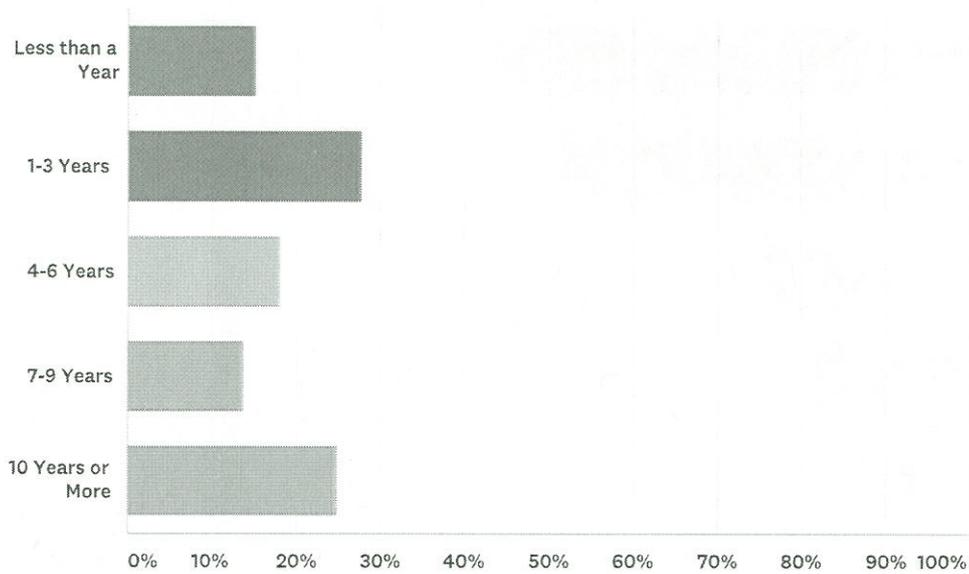
Answered: 282 Skipped: 6



ANSWER CHOICES	RESPONSES	
Stable	81.91%	231
Unstable	8.87%	25
Substandard	2.48%	7
Homeless	7.45%	21
Total Respondents: 282		

Q32 How long have you been coming to this peer support agency? (Or participate via Outreach)

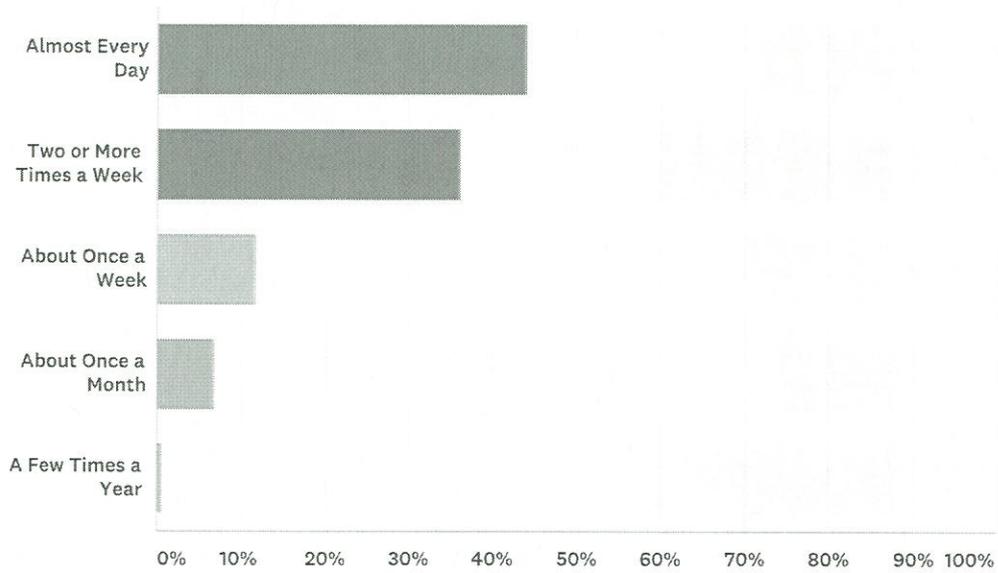
Answered: 276 Skipped: 12



ANSWER CHOICES	RESPONSES	
Less than a Year	15.22%	42
1-3 Years	27.90%	77
4-6 Years	18.12%	50
7-9 Years	13.77%	38
10 Years or More	25.00%	69
TOTAL		276

Q33 During a typical week, how often to you come to the peer support center? (Or participate via Outreach)

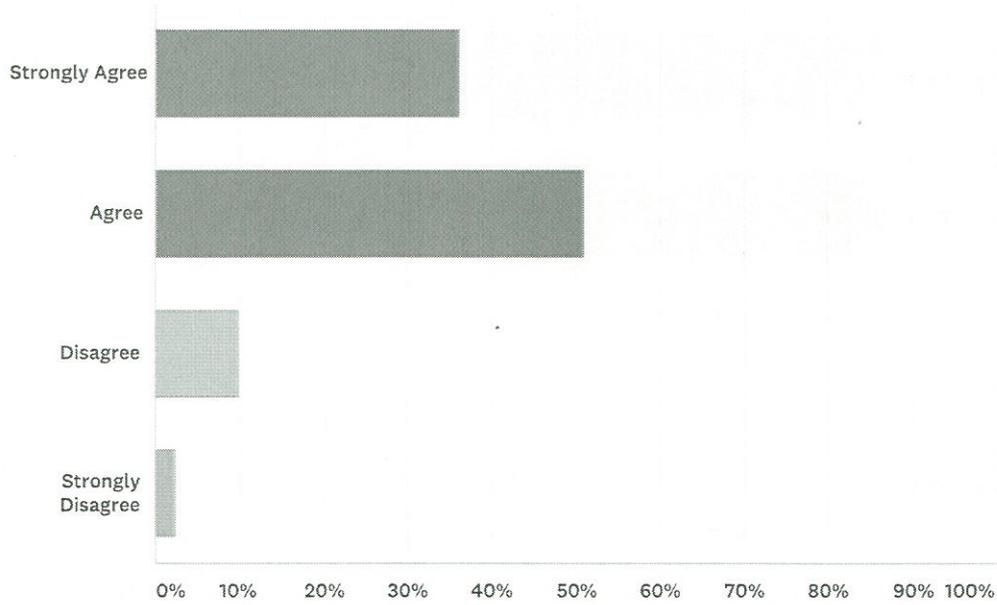
Answered: 276 Skipped: 12



ANSWER CHOICES	RESPONSES	
Almost Every Day	44.20%	122
Two or More Times a Week	36.23%	100
About Once a Week	11.96%	33
About Once a Month	6.88%	19
A Few Times a Year	0.72%	2
TOTAL		276

Q34 I feel that I am involved in the planning for this peer support center.

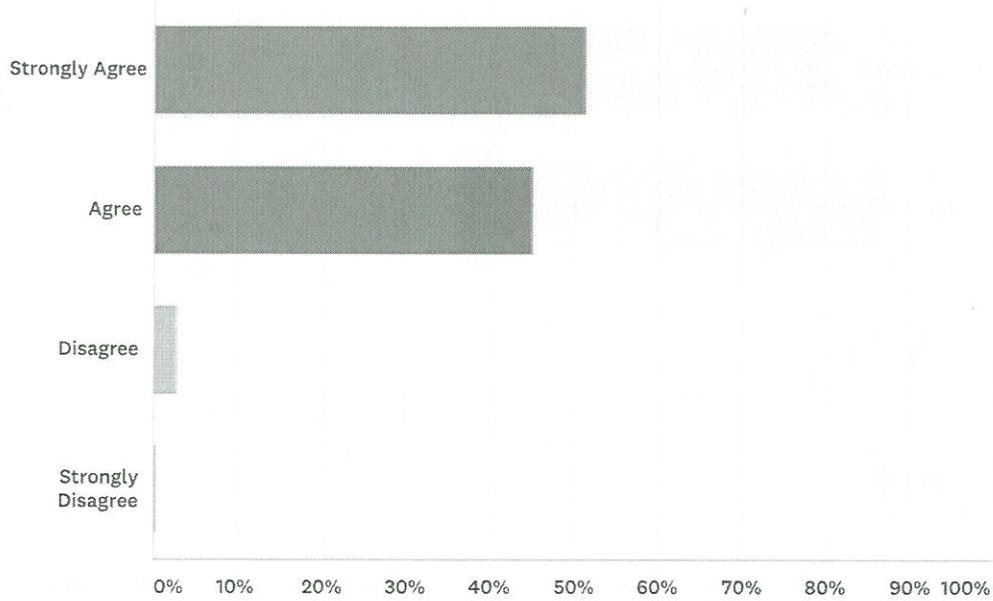
Answered: 276 Skipped: 12



ANSWER CHOICES	RESPONSES	
Strongly Agree	36.23%	100
Agree	51.09%	141
Disagree	10.14%	28
Strongly Disagree	2.54%	7
TOTAL		276

Q35 The peer support program services are useful to me.

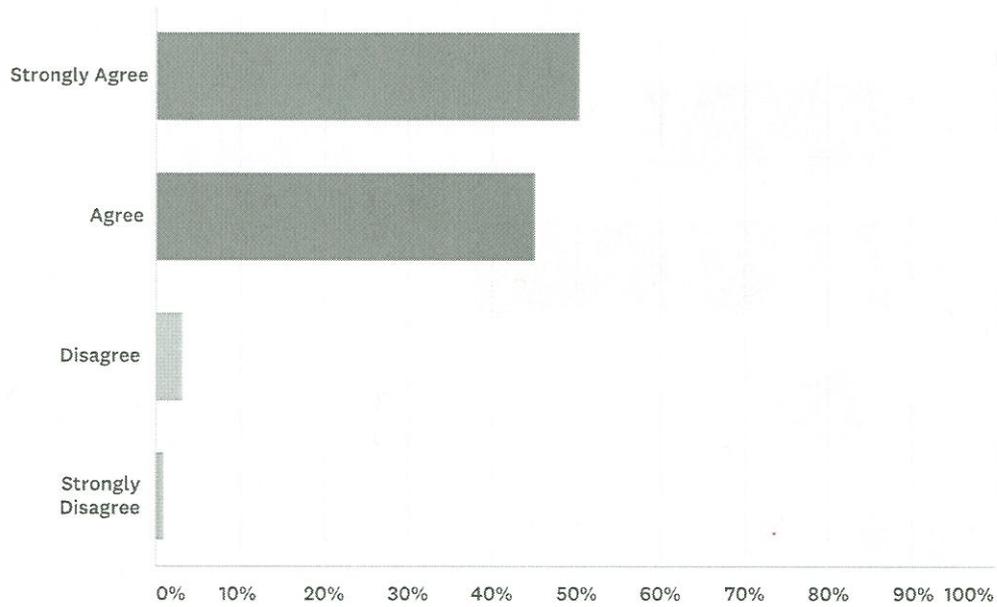
Answered: 276 Skipped: 12



ANSWER CHOICES	RESPONSES	
Strongly Agree	51.45%	142
Agree	45.29%	125
Disagree	2.90%	8
Strongly Disagree	0.36%	1
TOTAL		276

Q36 I am happy with the friendships I have.

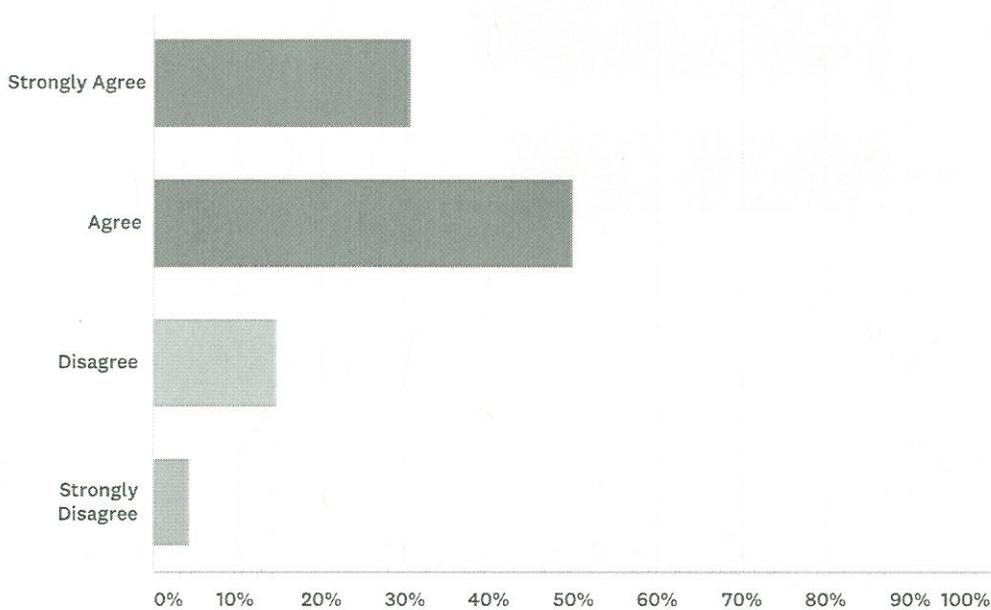
Answered: 276 Skipped: 12



ANSWER CHOICES	RESPONSES	
Strongly Agree	50.36%	139
Agree	45.29%	125
Disagree	3.26%	9
Strongly Disagree	1.09%	3
TOTAL		276

Q37 The social relationships I have with my neighbors are what I want them to be.

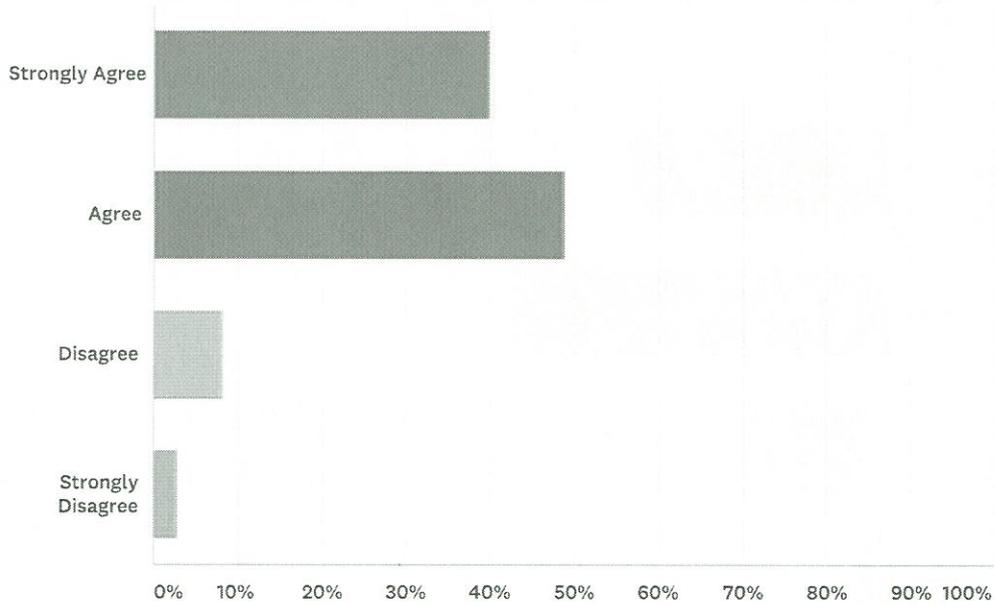
Answered: 276 Skipped: 12



ANSWER CHOICES	RESPONSES	
Strongly Agree	30.80%	85
Agree	50.00%	138
Disagree	14.86%	41
Strongly Disagree	4.35%	12
TOTAL		276

Q38 I feel I belong in my community.

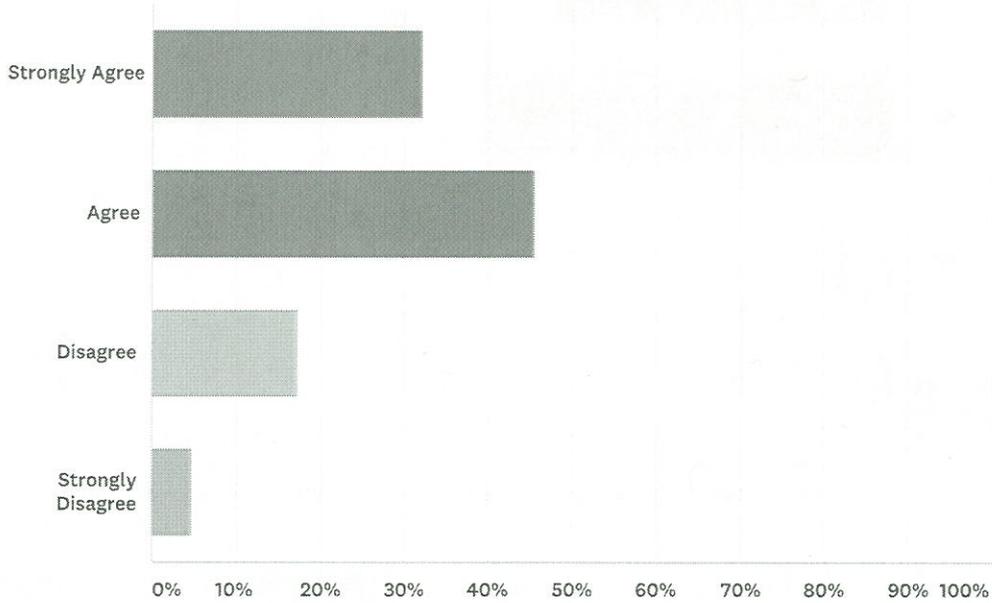
Answered: 276 Skipped: 12



ANSWER CHOICES	RESPONSES	
Strongly Agree	39.86%	110
Agree	48.91%	135
Disagree	8.33%	23
Strongly Disagree	2.90%	8
TOTAL		276

Q39 I am involved in activities that are not connected to being a participant in the peer support center, like sports, volunteer work, clubs, church events, or other types of community life.

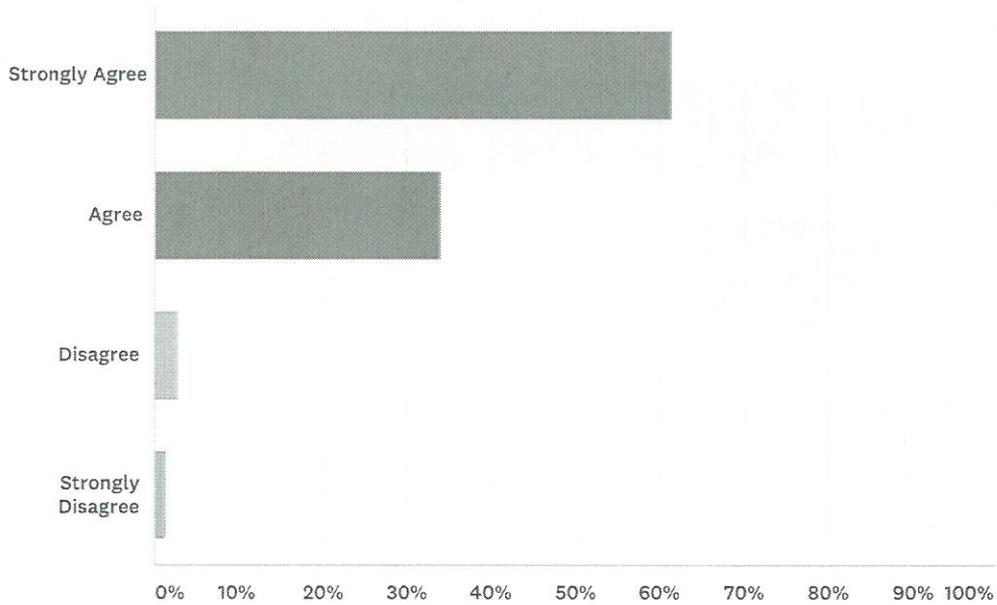
Answered: 276 Skipped: 12



ANSWER CHOICES	RESPONSES	
Strongly Agree	32.25%	89
Agree	45.65%	126
Disagree	17.39%	48
Strongly Disagree	4.71%	13
TOTAL		276

Q40 Overall, I am satisfied with this peer support center.

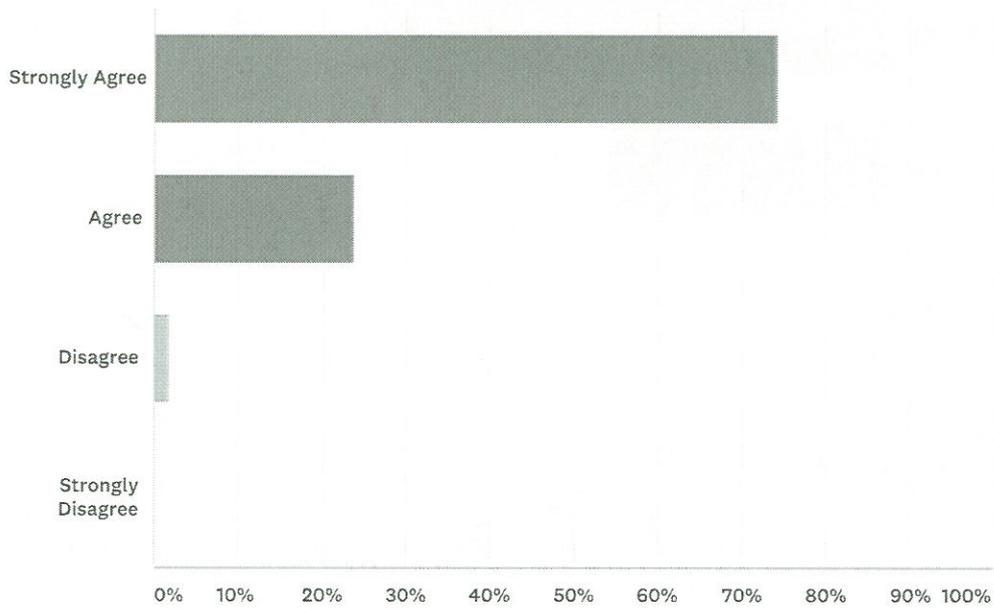
Answered: 276 Skipped: 12



ANSWER CHOICES	RESPONSES	
Strongly Agree	61.59%	170
Agree	34.06%	94
Disagree	2.90%	8
Strongly Disagree	1.45%	4
TOTAL		276

Q41 I would recommend this peer support center to others dealing with serious mental health issues.

Answered: 276 Skipped: 12



ANSWER CHOICES	RESPONSES	
Strongly Agree	74.28%	205
Agree	23.91%	66
Disagree	1.81%	5
Strongly Disagree	0.00%	0
TOTAL		276

SAMHSA STRATEGY #4: RECOVERY

This strategy, particularly the elements of Health, Purpose, and Community, inform the NH State priority areas for the MHBG and the indicators for data collection via the annual “What Do You Think?” Peer Support Outcomes survey for New Hampshire’s grant funded peer support agencies. Below is the text from the FY14-FY15 MHBG Guidance for this strategy:

State authorities are encouraged to implement, track, and monitor recovery-oriented, quality behavioral health care services within their states as authorized under the SABG and MHBG.

Behavioral health care recovery support services include the following four major dimensions that support a life in recovery (the dimensions of recovery):

- 1. Health: Overcoming or managing one’s disease(s) or symptoms- for example, abstaining from use of alcohol, illicit drugs, and non-prescribed medications if one has an addiction problem- and for everyone in recovery, making informed, healthy choices that support physical and emotional wellbeing.**
 - Promote health and recovery support services for individuals with mental and/or substance use disorders
 - Promote health, wellness, and resiliency
 - Promote recovery-oriented service systems
 - Engage individuals in recovery and their families in self-directed care, shared decision-making, and person centered planning.
 - Promote self-care alternatives to traditional care
- 2. Home: Stable and safe place to live (This item is not part of the State PSA measures)**
 - Ensure that supported independent housing, and recovery housing are available for individuals with mental and/or substance use disorders
 - Improve access to mainstream benefits, housing assistance programs, and supportive services for people with mental and/or substance use disorders
 - Build leadership, promote collaborations, and support the use of evidence-based practices related to permanent supportive housing and recovery housing
 - Increase knowledge of the behavioral health field about housing and homelessness among people with mental and/or substance use disorders
- 3. Purpose: Meaningful daily activities, such as job, school, volunteerism, family caretaking, or creative endeavors, and the independence, income, and resources to participate in society.**
 - Increase gainful employment and educational opportunities for individuals with or in recovery from mental and/or substance use disorders
 - Increase the proportion of individuals with mental and/or substance use disorders who are gainfully employed and/or participating in self-directed educational services
 - Develop employer strategies to address national employment and education disparities among people with identified behavioral health problems

- Implement evidence-based practices related to employment and education for individuals with mental and/or substance use disorders

4. Community: Relationships and social networks that provide support, friendship, love, and hope

- Promote peer support and the social inclusion of individuals with or in recovery from mental and/or substance use disorders
- Increase the number and quality of consumer/peer recovery support specialists and consumer-operated/peer-run recovery support service provider organizations
- Promote the social inclusion of people with mental and/or substance use disorders

These elements – health, home, purpose, and community – are central to recovery from mental and/or substance use disorders. Recovery support services include efforts such as self-directed care, shared decision making, peer-operated services, peer specialists and recovery coaches, wellness activities, supported housing, recovery housing, self-care, supported employment, supported education, warm lines, person-centered planning and family support, social inclusion, and rights protection.

TECHNICAL INFORMATION

Representation of Peer Participants

It is important to note that while the survey respondents are believed to be representative of the larger PSA population, this is not a random sample. Opinions of non-respondents may differ from those of survey respondents.

Agency Non-participation

With strong encouragement, all agencies participated this year unlike in previous years.

Early Exits

Two hundred seventy-six (276) respondents completed the survey to the end. All statistics are calculated from the completed surveys. There is no information as to why people exited or the survey before finishing it, or exiting when they did. It is possible that some of the exits indicate false starts before returning to complete the survey.

Cross Tabbed Data

The survey contained 41 discrete items. Agency directors may request cross tabbing for items of interest, providing there are sufficient numbers of respondents to protect identity. Agency directors also receive individualized reports with the results for their agency, again, assuming there are sufficient numbers of respondents to protect identity.

A Note About Research

This is neither a scientific survey nor a research paper. The reader interested in learning more about peer support is encouraged to contact the Office of Consumer and Family Affairs at (603) 271-5045 or at 105 Pleasant St., Concord, NH 03301.

PEER SUPPORT AGENCIES OF NEW HAMPSHIRE

Region I

Conway Peer Support Center

Executive Director: Laura Mekinova
6 Main Street
PO Box 241
Conway, NH 03818
Phone: (603)447-1765
Website: www.alccenters.org/conwayctr
Email: alccenters@gmail.com

The Haven

Team Leader: Joanne Hill
27 Lombard Street
Colebrook, NH 03576
Phone: (603)237-4353
Website: www.alccenters.org/colebrookctr
Email: colebrookhaven@gmail.com

Littleton Peer Support

267 Main Street
Littleton, NH 03561
Website: www.alccenters.org/littletonctr
Email: littletonpsc@gmail.com

Region II

Stepping Stone

Executive Director: Susan Seidler
108 Pleasant Street
Claremont, NH 03743
Phone: (603)543-1388

Website: www.stepsingstonenextstep.org

Warm Line: 1-888-582-0920

Wolfeboro Outreach Program

Team Leader: Robin Liakos
Wolfeboro, NH 03896
Phone: (603)662-2140
Email: wolfeboroutreach@gmail.com

Serenity Steps

Team Leader: Ellen Tavino
567 Main Street
Berlin, NH 03570
Phone: (603)752-8111
Website: www.alccenters.org/berlinctr
Email: serenitysteps@gmail.com

Main Website: www.alccenters.org

Warmline: 1-866-447-1765

Next Step

Program Director: Mark Nichols
109 Bank Street
Lebanon, NH 03766
Phone: (603)448-6941

Region III and IV

Concord Peer Support

(Lakes Region Consumer Advisory Board)

Executive Director: Patt Fancy

55 School Street

Concord, NH 03301

Phone: (603)224-0083

Website: www.nhcornerbridge.org

Email: lrcab1@metrocast.net

Cornerbridge of Laconia

Program Director:

328 Union Ave

Laconia, NH 03247

Phone: (603)528-7742

Email: cornerbridge@comcast.net

Region V

Monadnock Area Peer Support Agency

Executive Director: Peter Starkey

64 Beaver Street

PO Box 258

Keene, NH 03431

Phone: (603)352-5093

Website: www.monadnockpsa.org

Email: pstarkey@monadnockpsa.org

Warm Line: 1-866-352-5093

Region VI

HEARTS Peer Support Center of Greater Nashua

Executive Director: Ken Lewis

5 Pine Street Extension

PO Box 1564

Nashua, NH 03061

Phone: (603)882-8400

Website: www.heartspsa.org

Email: kenl-hearts@comcast.net

Warm Line: 1-800-306-4334

Region VII

On The Road To Wellness
Executive Director, David Blacksmith
13 Orange Street
Manchester, NH 03104
Phone: (603)623-4523
Website: www.otrtr.org
Email: Manchester@otrtr.org
Warm Line: 1-800-306-4334

Region VIII

Connections

544 Islington Street
Portsmouth, NH 03801
Phone: (603)427-6966
Warm Line: 1-800-809-6262

Region IX

Tri-City Consumers' Action Alliance

Executive Director: Martha Jo Hewitt
36 Wakefield Street
Rochester, NH 03867
Phone: (603)948-1046
Website: www.tricitycoop.org
Email: tricitycoop@metrocast.net

Region X

On The Road To Wellness

12 Birch Street
Derry, NH 03038
Phone: (603)552-3177
Website: www.otrtr.org
Email: derry@otrtr.org

New Hampshire 2016 Mental Health National Outcome Measures (NOMS): SAMHSA Uniform Reporting System

Utilization Rates/Number of Consumers Served	U.S.	State	U.S. Rate	States
Penetration Rate per 1,000 population	7,399,821	32.88	22.73	59
Community Utilization per 1,000 population	7,166,128	32.88	22.01	59
State Hospital Utilization per 1,000 population	134,301	1.12	0.41	54
Other Psychiatric Inpatient Utilization per 1,000 population	392,410	-	1.53	38

Adult Employment Status	U.S.	State	U.S. Rate	States
Employed (Percent in Labor Force)*	838,510	55.7%	50.1%	58
Employed (percent with Employment Data)**	838,510	38.3%	24.5%	58

Adult Consumer Survey Measures	State	U.S. Rate	States
Positive About Outcome	47.7%	75.7%	50

Child/Family Consumer Survey Measures	State	U.S. Rate	States
Positive About Outcome	46.5%	73.5%	47

Readmission Rates:(Civil "non-Forensic" clients)	U.S.	State	U.S. Rate	States
State Hospital Readmissions: 30 Days	7,715	10.8%	8.8%	50
State Hospital Readmissions: 180 Days	17,365	28.0%	19.7%	51
State Hospital Readmissions: 30 Days: Adults	7,260	11.6%	9.2%	49
State Hospital Readmissions: 180 Days: Adults	16,200	29.7%	20.4%	50
State Hospital Readmissions: 30 Days: Children	393	8.6%	5.0%	18
State Hospital Readmissions: 180 Days: Children	1,027	23.5%	13.1%	20

Living Situation	U.S.	State	U.S. Rate	States
Private Residence	4,074,919	90.7%	82.5%	58
Homeless/Shelter	191,204	3.8%	3.9%	53
Jail/Correctional Facility	85,835	0.1%	1.7%	53

Adult EBP Services	U.S.	State	U.S. Rate	States
Supported Housing	86,206	-	3.1%	35
Supported Employment	64,987	19.7%	2.1%	43
Assertive Community Treatment	68,820	6.7%	2.1%	40
Family Psychoeducation	31,676	-	1.9%	15
Dual Diagnosis Treatment	204,574	-	10.5%	26
Illness Self Management	295,788	4.2%	19.0%	21
Medications Management	467,273	84.6%	32.0%	19

Child/Adolescent EBP Services	U.S.	State	U.S. Rate	States
Therapeutic Foster Care	10,730	-	1.5%	19
Multisystemic Therapy	28,138	-	3.6%	19
Functional Family Therapy	26,027	2.9%	6.9%	13

Change in Social Connectedness	State	U.S. Rate	States
Adult Improved Social Connectedness	59.7%	74.4%	50
Child/Family Improved Social Connectedness	74.8%	86.4%	44

*Denominator is the sum of consumers employed and unemployed.

**Denominator is the sum of consumers employed, unemployed, and not in labor force.

SAMHSA Uniform Reporting System - 2016 State Mental Health Measures

STATE: New Hampshire

Utilization	State Number	State Rate	U.S.	U.S. Rate	States
Penetration Rate per 1,000 population	43,733	32.88	7,399,821	22.73	59
Community Utilization per 1,000 population	43,733	32.88	7,166,128	22.01	59
State Hospital Utilization per 1,000 population	1,492	1.12	134,301	0.41	54
Medicaid Funding Status	15,987	51%	4,575,093	70%	56
Employment Status (percent employed)	8,500	38%	838,510	24%	58
State Hospital Adult Admissions	1,327	1.30	101,635	0.83	52
Community Adult Admissions	11,477	0.36	9,890,419	2.31	50
Percent Adults with SMI and Children with SED	20,408	47%	4,979,257	67%	59

Utilization	State Rate	U.S. Rate	States
State Hospital LOS Discharged Adult patients (Median)	10 Days	77 Days	50
State Hospital LOS for Adult Resident patients in facility <1 year (Median)	10 Days	71 Days	50
Percent of Client who meet Federal SMI definition	37%	71%	56
Adults with Co-occurring MH/SA Disorders	13%	27%	56
Children with Co-occurring MH/SA Disorders	2%	6%	51

Adult Consumer Survey Measures	State Rate	U.S. Rate	States
Access to Services	73%	87%	50
Quality/Appropriateness of Services	79%	90%	50
Outcome from Services	48%	76%	50
Participation in Treatment Planning	70%	85%	50
General Satisfaction with Care	76%	90%	50

Child/Family Consumer Survey Measures	State Rate	U.S. Rate	States
Access to Services	76%	86%	47
General Satisfaction with Care	66%	89%	48
Outcome from Services	47%	73%	47
Participation in Treatment Planning	83%	91%	47
Cultural Sensitivity of Providers	90%	95%	47

Consumer Living Situations	State Number	State Rate	U.S.	U.S. Rate	States
Private Residence	24,514	90.7%	4,074,919	82.5%	58
Jail/Correctional Facility	36	0.1%	85,835	1.7%	53
Homeless or Shelter	1,023	3.8%	191,204	3.9%	53

Hospital Readmissions	State Number	State Rate	U.S.	U.S. Rate	States
State Hospital Readmissions: 30 Days	213	10.8%	7,715	8.8%	50
State Hospital Readmissions: 180 Days	554	28.0%	17,365	19.7%	51
Readmission to any psychiatric hospital: 30 Days	-	-	24,829	13.1%	23

State Mental Health Finance (FY2015)	State Number	State Rate	U.S.	U.S. Rate	States
SMHA Expenditures for Community MH *	\$142,529,869	69.9%	\$28,514,735,678	75.5%	50
SMHA Revenues from State Sources **	\$32,714,085	16.2%	\$14,822,947,003	39.3%	50
Total SMHA Expenditures	\$203,992,488	-	\$37,767,897,721	-	50

Adult Evidence-Based Practices	State Number	State Rate	U.S.	U.S. Rate	States
Assertive Community Treatment	808	6.7%	68,820	2.1%	40
Supported Housing	-	-	86,206	3.1%	35
Supported Employment	2,364	19.7%	64,987	2.1%	43
Family Psychoeducation	-	-	31,676	1.9%	15
Integrated Dual Diagnosis Treatment	-	-	204,574	10.5%	26
Illness Self-Management and Recovery	501	4.2%	295,788	19.0%	21
Medications Management	10,150	84.6%	467,273	32.0%	19

Child Evidence Based Practices	State Number	State Rate	U.S.	U.S. Rate	States
Therapeutic Foster Care	-	-	10,730	1.5%	19
Multisystemic Therapy	-	-	28,138	3.6%	19
Functional Family Therapy	276	2.9%	26,027	6.9%	13

Outcome	State Number	State Rate	U.S.	U.S. Rate	States
Adult Criminal Justice Contacts	62	6.7%	24,254	3.7%	35
Juvenile Justice Contacts	10	6.1%	4,730	2.5%	34
School Attendance (Improved)	54	27.7%	10,645	33.5%	24

* Includes Other 24 -Hour expenditures for state hospitals.

** Revenues for state hospitals and community MH

Mental Health Community Services Block Grant: 2016 State Summary Report

New Hampshire

State URS Contact Person	State Revenue Expenditure Data	Amount
Beth Anne Nichols	FY 2015 Mental Health Block Grant Revenues	\$1,609,223
105 Pleasant St. Concord, NH 03301	FY 2015 SMHA Community MH Expenditures	\$142,529,869
603-219-0562	FY 2015 Per Capita Community MH Expenditures	\$107.25
beth.nichols@dhhs.nh.gov	FY 2015 Community Percent of Total SMHA Spending	69.87%
	FY 2015 Total SMHA Mental Health Expenditure	\$203,992,488
	FY 2015 Per Capita Total SMHA Mental Health Expenditures	\$153.49

Statewide Mental Health Agency Data*

Measure	Number of Clients	Utilization Rate Per 1,000 Population
Total Clients Served by SMHA System	43,733	32.9
Clients Served in Community Settings	43,733	32.9
Clients Served in State Hospitals	1,492	1.1

Gender	Percent
Female	55.0%
Male	44.6%
Not Available	0.4%

Race/Ethnicity	Percent
American Indian or Alaska Native	0.4%
Asian	0.4%
Black or African American	1.4%
Native Hawaiian or Other Pacific Islander	0.0%
White	82.5%
Hispanic or Latino	3.7%
More Than One Race	2.0%
Not Available	13.3%

Employment With Known Status (Adults)	Percent
Employed	38.3%
Unemployed	30.4%
Not In Labor Force	31.3%

Medicaid Funding Status of Consumers	Percent
Medicaid Only	40.5%
Non-Medicaid	48.6%
Both Medicaid and Other Funds	10.9%

Consumer Perception of Care: (Adults)	Percent
Access to Services	73.1%
Quality/Appropriateness of Services	79.5%
Outcome from Services	47.7%
Participation in Treatment Planning	69.7%
Overall Satisfaction with Care	76.0%

Implementation of Evidence-Based Practices	Percent
Assertive Community Treatment	6.7%
Supported Housing	-
Supported Employment	19.7%
Family Psychoeducation	-
Integrated Dual Diagnosis Treatment	-
Illness Self-Management and Recovery	4.2%
Medications Management	84.6%
Therapeutic Foster Care	-
Multisystemic Therapy	-
Functional Family Therapy	2.9%

Age	Percent
0 to 12	13.5%
13 to 17	12.7%
18 to 20	5.3%
21 to 24	5.8%
25 to 44	28.9%
45 to 64	26.8%
65 to 74	4.7%
75 and over	2.3%
Not Available	-

Living Situation (with Known Status)	Percent
Private Residence	90.7%
Foster Home	0.5%
Residential Care	1.5%
Crisis Residence	0.1%
Residential Treatment Center	-
Institutional Setting	0.6%
Jail (Correctional Facility)	0.1%
Homeless (Shelter)	3.8%
Other	2.7%
Not Available	-

Consumer Perception of Care: (Children/Adolescents)	Percent
Access to Services	75.6%
Overall Satisfaction with Care	66.0%
Outcome from Services	46.5%
Participation in Treatment Planning	82.9%
Cultural Sensitivity of Providers	90.1%

Outcome Measures Developmental	Percent
Adults Arrested this Year	6.7%
Youth Arrested this Year	6.1%
Improved School Attendance	27.7%

Hospital Readmissions (Civil Status Patients)	Percent
State Hospital Readmissions: 30 Days	10.8%
State Hospital Readmissions: 180 Days	28.0%
Readmission to any psychiatric hospital: 30 Days	-

* Based on 2016 URS data provided by US States and Territories per annual reporting guidelines.



The Community Mental Health Block Grant is administered by the Center for Mental Health Services within the Substance Abuse and Mental Health Services Administration of the US Department of Health and Human Services

Access Domain: Persons Served in Community Mental Health Programs by Age and Gender, FY 2016

New Hampshire

Demographic	Served in Community				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	11,438	26.2%	1,989,283	27.8%	43.3	27.0	59
Age 18-20	2,333	5.3%	321,871	4.5%	40.6	25.1	59
Age 21-64	26,884	61.5%	4,511,889	63.0%	34.0	24.1	59
Age 65+	3,078	7.0%	336,068	4.7%	14.1	6.5	59
Age Not Available	-	-	7,017	0.1%	-	-	23
Age Total	43,733	100.0%	7,166,128	100.0%	32.9	22.0	59
Female	24,068	55.0%	3,762,160	52.5%	35.8	22.8	59
Male	19,489	44.6%	3,393,535	47.4%	29.6	21.2	59
Gender Not Available	176	0.4%	10,433	0.1%	-	-	35
Total	43,733	100.0%	7,166,128	100.0%	32.9	22.0	59

Note:

US totals are based on states reporting.

This table uses data from URS Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
 Gender None
 Overall See General Notes.

Access Domain: Persons Served in State Psychiatric Hospitals by Age and Gender, FY 2016

New Hampshire

Demographic	Served in State Psychiatric Hospitals				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	472	31.6%	9,491	7.1%	1.8	0.2	40
Age 18-20	63	4.2%	5,541	4.1%	1.1	0.4	54
Age 21-64	892	59.8%	111,618	83.1%	1.1	0.6	54
Age 65+	65	4.4%	7,649	5.7%	0.3	0.2	53
Age Not Available	-	-	2	0.0%	-	-	1
Age Total	1,492	100.0%	134,301	100.0%	1.1	0.4	54
Female	684	45.8%	44,694	33.3%	1.0	0.3	54
Male	803	53.8%	89,442	66.6%	1.2	0.6	54
Gender Not Available	5	0.3%	165	0.1%	-	-	14
Total	1,492	100.0%	134,301	100.0%	1.1	0.4	54

Notes:

US totals are based on states reporting.

This table uses data from URS Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
 Gender None
 Overall See General Notes.

Access Domain: Demographic Characteristics of Adults with SMI and Children with SED Served by the State Mental Health Authority, FY 2016
New Hampshire

Demographics	Total Served				Penetration Rates			States Reporting
	State		US		(per 1,000 population)			
	n	%	n	%	State	Northeast	US	
Total	20,408	100.0%	4,979,257	100.0%	15.3	19.8	15.3	59
0-12	4,681	22.9%	769,252	15.4%	25.8	17.8	14.6	56
13-17	3,725	18.3%	639,492	12.8%	45.3	35.9	30.6	58
18-20	965	4.7%	205,480	4.1%	16.8	18.9	16.0	57
21-64	10,221	50.1%	3,143,936	63.1%	12.9	21.6	16.8	59
65-74	676	3.3%	162,995	3.3%	5.2	10.7	5.9	57
75 and over	140	0.7%	56,810	1.1%	1.6	6.1	3.1	56
Age Not Available	-	-	1,292	0.0%	-	-	-	15
Female	10,823	53.0%	2,568,128	51.6%	16.1	19.3	15.5	59
Male	9,467	46.4%	2,407,025	48.3%	14.4	20.3	15.0	59
Gender Not Available	118	0.6%	4,104	0.1%	-	-	-	33
American Indian/Alaskan Native	104	0.5%	59,621	1.2%	26.8	12.1	14.9	53
Asian	100	0.5%	70,332	1.4%	2.9	4.6	3.9	55
Black/African American	360	1.8%	993,826	20.0%	18.2	32.2	23.3	53
Native Hawaiian/Pacific Islander	7	0.0%	13,171	0.3%	11.0	28.0	17.3	53
White	17,263	84.6%	3,017,387	60.6%	13.8	14.8	12.2	55
Hispanic or Latino Race	*	*	31,915	0.6%	*	-	0.6	11
Multi-Racial	540	2.6%	129,446	2.6%	24.8	17.2	15.7	52
Race Not Available	2,034	10.0%	663,559	13.3%	-	-	-	52
Hispanic or Latino Ethnicity	952	4.7%	738,467	15.7%	20.9	26.4	13.0	54
Not Hispanic or Latino Ethnicity	15,381	75.4%	3,508,996	74.5%	12.0	18.0	13.3	57
Ethnicity Not Available	4,075	20.0%	464,666	9.9%	-	-	-	47

* Reported under Hispanic Ethnicity.

Note:

This table uses data from URS Table 14a, Table 14b and from the US Census Bureau. All denominators use US Census data from 2015

US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

State Notes:

Table 14a

Age None
 Gender None
 Race None
 Overall None

Table 14b

Age None
 Gender None
 Race None
 Overall None

Access Domain: Adults with SMI and Children with SED Served in Community Mental Health Programs by Age and Gender, FY 2016

New Hampshire

Demographic	Served in Community				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	8,406	41.2%	1,314,030	28.5%	31.8	17.9	57
Age 18-20	965	4.7%	190,440	4.1%	16.8	14.9	56
Age 21-64	10,221	50.1%	2,908,286	63.1%	12.9	15.6	58
Age 65+	816	4.0%	198,484	4.3%	3.7	3.9	55
Age Not Available	-	-	1,174	0.0%	-	-	15
Age Total	20,408	100.0%	4,612,414	100.0%	15.3	14.2	58
Female	10,823	53.0%	2,400,200	52.0%	16.1	14.6	58
Male	9,467	46.4%	2,208,302	47.9%	14.4	13.8	58
Gender Not Available	118	0.6%	3,912	0.1%	-	-	33
Total	20,408	100.0%	4,612,414	100.0%	15.3	14.2	58

Note:

US totals are based on states reporting.

This table uses data from URS Table 15a.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
 Gender None
 Overall None

Access Domain: Adults with SMI and Children with SED Served in State Psychiatric Hospitals by Age and Gender, FY 2016

New Hampshire

Demographic	Served in State Psychiatric Hospitals				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	-	-	6,784	7.1%	0.0	0.2	33
Age 18-20	-	-	4,096	4.3%	0.0	0.3	48
Age 21-64	-	-	80,100	83.4%	0.0	0.4	49
Age 65+	-	-	5,099	5.3%	0.0	0.1	48
Age Not Available	-	-	2	0.0%	-	-	1
Age Total	-	-	96,081	100.0%	0.0	0.3	49
Female	-	-	32,511	33.8%	0.0	0.2	49
Male	-	-	63,537	66.1%	0.0	0.4	49
Gender Not Available	-	-	33	0.0%	-	-	8
Total	-	-	96,081	100.0%	0.0	0.3	49

Notes:

US totals are based on states reporting.

This table uses data from URS Table 15a.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
 Gender None
 Overall None

Appropriateness Domain: Percent of Adults and Children Served Who Meet the Federal Definition for SMI/SED and Percent of Adults and Children Served Who Have Co-Occurring MH/AOD Disorders, FY 2016

New Hampshire

Adults and Children who meet the Federal Definition of SMI/SED	State	US Average	US Median	States Reporting
Percent of Adults served through the SMHA who meet the Federal definition for SMI	37.2%	70.6%	71.0%	56
Percent of Children served through the SMHA who meet the Federal definition for SED	73.5%	70.9%	71.5%	56

Co-occurring MH and Substance Abuse Consumers	State	US Average	US Median	States Reporting
Percent of Adults served through the SMHA who had a co-occurring MH and AOD disorder	13.4%	26.9%	22.0%	56
Percent of Children served through the SMHA who had a co-occurring MH and AOD disorder	1.8%	5.9%	3.0%	55
Percent of Adults served through the SMHA who met the Federal definitions of SMI who also have a substance abuse diagnosis	18.7%	25.1%	20.0%	53
Percent of Children served through the SMHA who met the Federal definitions of SED who also have a substance abuse diagnosis	1.9%	7.9%	3.0%	52

Note

This table uses data from URS Table 12.

State Notes

See General Notes.

ACCESS DOMAIN: Persons Served by SMHA System through Medicaid and Other Funding Sources by Race, Gender, and Ethnicity, FY 2016

STATE: New Hampshire

Demographic	State						US Averages						States Reporting	
	Number Served			Total Served with Known Funding Status	% Served		Number Served			Total Served with Known Funding Status	% Served			
	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other		Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Medicaid Only	Non-Medicaid Only		Both Medicaid & Other			
Female	6,802	8,695	1,834	17,331	39%	50%	1,909,924	966,326	520,030	3,396,280	56%	28%	15%	55
Male	5,726	6,377	1,502	13,605	42%	47%	1,662,646	977,936	478,814	3,119,396	53%	31%	15%	55
Gender Not Available	80	38	43	161	50%	24%	2,915	4,785	764	8,464	34%	57%	9%	37
Total	12,608	15,110	3,379	31,097	41%	49%	3,575,485	1,949,047	999,608	6,524,140	55%	30%	15%	55
American Indian or Alaska Native	51	75	24	150	34%	50%	51,376	24,989	14,003	90,378	57%	28%	15%	51
Asian	49	77	15	141	35%	55%	54,217	23,220	11,123	88,560	61%	26%	13%	52
Black or African American	285	167	56	508	56%	33%	676,582	333,666	201,346	1,211,594	56%	28%	17%	51
Native Hawaiian or Other Pacific Islander	5	1	1	7	71%	14%	8,571	5,455	2,896	16,922	51%	32%	17%	50
White	9,855	12,700	2,885	25,440	39%	50%	2,067,579	1,295,507	650,123	4,003,209	51%	32%	16%	53
Hispanic or Latino	*	*	*	*	*	*	31,391	23,711	3,758	56,860	53%	40%	6%	10
More Than One Race	438	227	44	709	62%	32%	92,905	49,056	29,363	171,324	54%	29%	17%	51
Race Not Available	1,925	1,863	354	4,142	46%	45%	602,864	193,433	86,996	883,293	68%	22%	10%	50
Total	12,608	15,110	3,379	31,097	41%	49%	3,575,485	1,949,047	999,608	6,524,140	55%	30%	15%	55
Hispanic or Latino	793	401	113	1,307	61%	31%	497,268	243,660	178,100	919,028	54%	27%	19%	52
Not Hispanic or Latino	9,160	11,392	2,264	22,816	40%	50%	2,284,555	1,510,964	762,760	4,538,279	50%	33%	17%	54
Ethnicity Not Available	2,655	3,317	1,002	6,974	38%	48%	529,629	126,506	58,655	714,790	74%	18%	8%	45
Total	12,608	15,110	3,379	31,097	41%	49%	3,291,452	1,881,130	999,515	6,172,097	53%	30%	16%	54

* Reported under Hispanic Ethnicity.

Note:

This table uses data from URS tables 5a and 5b.

Type of Medicaid Data Reported

Data based on Medicaid Paid Services

People Served by Both includes people with any Medicaid

State Notes

- 5a Age None
- 5a Gender None
- 5a Overall None
- 5b Overall None

APPROPRIATENESS DOMAIN: NUMBER OF ADMISSIONS DURING THE YEAR TO STATE HOSPITAL INPATIENT AND COMMUNITY-BASED PROGRAMS, FY 2016

STATE: New Hampshire

Setting	Demographic	State			US			Admission Rate		States Reporting
		Admissions During Year	Total Served At Start of Year	Total Served During Year	Admissions During Year	Total Served At Start of Year	Total Served During Year	State	US	
State Psychiatric Hospitals	Total	1,930	143	1,492	110,487	41,403	132,199	1.29	0.84	52
	Children	603	26	472	8,846	1,359	9,448	1.28	0.94	34
	Adults	1,327	117	1,020	101,635	40,043	122,707	1.30	0.83	52
	Age NA	-	-	-	6	1	-	-	-	3
Other Inpatient	Total	-	-	-	375,696	39,465	345,122	-	1.09	35
	Children	-	-	-	50,451	2,292	43,605	-	1.16	29
	Adults	-	-	-	325,059	37,062	301,225	-	1.08	35
	Age NA	-	-	-	186	111	152	-	1.22	4
Residential Treatment Centers	Total	-	-	-	44,290	12,640	45,151	-	0.98	36
	Children	-	-	-	18,951	5,325	15,287	-	1.24	36
	Adults	-	-	-	25,283	7,312	26,035	-	0.97	28
	Age NA	-	-	-	56	3	51	-	1.10	1
Community Programs	Total	16,451	27,282	43,733	17,194,175	3,246,618	5,925,206	0.38	2.90	50
	Children	4,974	6,464	11,438	7,276,054	803,624	1,645,733	0.43	4.42	50
	Adults	11,477	20,818	32,295	9,890,419	2,439,440	4,272,467	0.36	2.31	50
	Age NA	-	-	-	27,702	3,554	6,478	-	4.28	16

Note:

Admission Rate= number of admissions divided by total served during the year

US Admissions During Year uses data from states reporting data only. States are only included in "US Total Served" if they also reported data on admissions.

US Total Served During Year is calculated using data in URS Table 3.

This table uses data from URS Table3 and 6.

Table 3 State Notes:

Age None
Overall See General Notes.
Gender None

Table 6 State Notes:

Hospital None
Other Inpatient None
Residential None
Community None
Overall None

APPROPRIATENESS DOMAIN: Length of Stays in State Psychiatric Hospitals, Other Psychiatric Inpatient and Residential Treatment Centers for Children Settings, FY 2016

STATE: New Hampshire

Setting	Demographic	State						US						States Reporting
		Length of Stay (Days)						Length of Stay (Days)						
		Discharged Clients		Resident Clients in Facility 1 year or less		Resident Clients in Facility more than 1 year		Discharged Clients		Resident Clients in Facility 1 year or less		Resident Clients in Facility more than 1 year		
		Average	Median	Average	Median	Average	Median	Average	Median	Average	Median	Average	Median	
State Hospitals	All	19	9	20	9	399	399	180	60	105	79	1,692	1,074	15
	Children	12	9	12	9	-	-	78	65	70	61	539	555	27
	Adults	23	10	23	10	399	399	242	77	95	71	1,579	1,057	51
	Age NA	-	-	-	-	-	-	88	92	6	6	-	-	1
Other Inpatient	All	-	-	-	-	-	-	38	13	47	36	922	758	6
	Children	-	-	-	-	-	-	17	7	31	25	602	590	20
	Adults	-	-	-	-	-	-	28	12	40	30	894	715	30
	Age NA	-	-	-	-	-	-	13	9	95	111	-	-	2
Residential Treatment Centers	All	-	-	-	-	-	-	168	117	142	146	615	548	5
	Children	-	-	-	-	-	-	185	156	137	128	622	660	27
	Adults	-	-	-	-	-	-	251	207	115	117	1,213	1,069	17
	Age NA	-	-	-	-	-	-	13	10	59	8	541	541	1

Note:

Resident clients are clients who were receiving services in inpatient settings at the end of the reporting period.

This table uses data from URS Table 6.

Table 6 State Notes:

Hospital	None
Other Inpatient	None
Residential	None
Community	None
Overall	None

Appropriateness Domain: Evidence-Based Practices Reported by SMHAs, FY 2016

New Hampshire

	State			US			Penetration Rate: % of Consumers Receiving EBP/Estimated SMI			Measuring Fidelity		States Reporting
	EBP N	SMI N	EBP N	SMI N	EBP N	SMI N	State	US Average	State	US		
Adult EBP Services												
Supported Housing	-	-	86,206	3,487,105	3,487,105	3,487,105	-	3.1%	-	7	35	
Supported Employment	2,364	12,002	64,987	3,487,105	3,487,105	3,487,105	19.7%	2.1%	Yes	18	43	
Assertive Community Treatment	808	12,002	68,820	3,487,105	3,487,105	3,487,105	6.7%	2.1%	Yes	26	40	
Family Psychoeducation	-	-	31,676	3,487,105	3,487,105	3,487,105	-	1.9%	-	2	15	
Dual Diagnosis Treatment	-	-	204,574	3,487,105	3,487,105	3,487,105	-	10.5%	-	10	26	
Illness Self Management	501	12,002	295,788	3,487,105	3,487,105	3,487,105	4.2%	19.0%	No	5	21	
Medication Management	10,150	12,002	467,273	3,487,105	3,487,105	3,487,105	84.6%	32.0%	No	1	19	

	State			US			Penetration Rate: % of Consumers Receiving EBP/Estimated SED			Measuring Fidelity		States Reporting
	EBP N	SED N	EBP N	SED N	EBP N	SED N	State	US Average	State	US		
Child/Adolescent EBP Services												
Therapeutic Foster Care	-	-	10,730	1,244,995	1,244,995	1,244,995	-	1.5%	-	4	19	
Multi-Systemic Therapy	-	-	28,138	1,244,995	1,244,995	1,244,995	-	3.6%	-	9	19	
Family Functional Therapy	276	9,407	26,027	1,244,995	1,244,995	1,244,995	2.9%	6.9%	No	4	13	

Note:

US totals are based on states reporting.

This table uses data from URS Tables 16 and 17.

US averages are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Table 16: None

Table 17: See General Notes.

**Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Age and Gender, FY 2016
New Hampshire**

Demographics	State			Employed as Percent of those in Labor Force		Employed as Percent of Known Employment Status		States Reporting	
	Employed	Unemployed	In Labor Force*	With Known Employment Status**	State	US	State		US
Age 18 to 20	521	308	829	1,429	63%	53%	36.5%	22.3%	58
Age 21 to 64	7,635	6,066	13,701	18,902	56%	50%	40.4%	25.7%	58
Age 65 and over	344	382	726	1,877	47%	43%	18.3%	10.4%	58
Age Not Available	-	-	-	-	-	62%	-	22.6%	7
Age TOTAL	8,500	6,756	15,256	22,208	56%	50%	38.3%	24.5%	58
Female	4,871	3,986	8,857	13,063	55%	53%	37.3%	26.0%	58
Male	3,618	2,759	6,377	9,109	57%	46%	39.7%	22.5%	58
Gender Not Available	11	11	22	36	50%	43%	30.6%	17.3%	28
Gender TOTAL	8,500	6,756	15,256	22,208	56%	50%	38.3%	24.5%	58

What populations are reported? All Clients Number of States Reporting All Clients: 40 Number of States Reporting Some Clients: 18

When is Employment Status Measured?	At Admission	At Discharge	Monthly	Quarterly	Other
NH	-	-	-	Yes	-
US	43	28	3	7	26

Note:

*In Labor Force is the sum of consumers employed and unemployed.

**With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data from URS Table 4.

State Notes:

Age None
 Gender None
 Overall None

Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Diagnosis, FY 2016
New Hampshire

Diagnosis	State			Employed as a % of Labor Force		Employed as % of Known Employment Status		% of Consumers with Dx		States Reporting	
	Employed	Unemployed	In Labor Force*	With Known Employment Status**	State	US	State	US	State		US
Schizophrenia and Related Disorders	206	417	623	894	33.1%	31.2%	23.0%	7.2%	4.0%	11.3%	51
Bipolar and Mood Disorders	2,229	2,034	4,263	6,252	52.3%	47.6%	35.7%	17.2%	28.2%	39.5%	52
Other Psychoses	131	129	260	401	50.4%	31.3%	32.7%	8.5%	1.8%	2.7%	49
All other Diagnoses	2,462	2,103	4,565	6,573	53.9%	54.9%	37.5%	18.8%	29.6%	31.8%	52
No Diagnosis and Deferred Diagnosis	3,472	2,073	5,545	8,088	62.6%	63.8%	42.9%	25.1%	36.4%	14.7%	46
TOTAL	8,500	6,756	15,256	22,208	55.7%	51.1%	38.3%	17.5%	100.0%	100.0%	52

Note:

*In Labor Force is the sum of consumers employed and unemployed.

**With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data for URS Table 4a.

State Notes:

None

APPROPRIATENESS DOMAIN: Living Situation of Consumers Served by State Mental Health Agency Systems, FY 2016

STATE: New Hampshire

Age Group	Setting	State			US			States Reporting
		Living Situation	Percent in Living Situation	Percent with Known Living Situation	Living Situation	Percent in Living Situation	Percent with Known Living Situation	
All Persons Served	Private Residence	24,514	56.1%	90.7%	4,074,919	62.5%	82.5%	58
	Foster Home	135	0.3%	0.5%	68,166	1.0%	1.4%	49
	Residential Care	404	0.9%	1.5%	180,763	2.8%	3.7%	53
	Crisis Residence	32	0.1%	0.1%	9,835	0.2%	0.2%	31
	Residential Treatment Center	-	-	-	10,342	0.2%	0.2%	33
	Institutional Setting	165	0.4%	0.6%	72,817	1.1%	1.5%	52
	Jail (Correctional Facility)	36	0.1%	0.1%	85,835	1.3%	1.7%	53
	Homeless (Shelter)	1,023	2.3%	3.8%	191,204	2.9%	3.9%	53
	Other	721	1.6%	2.7%	247,917	3.8%	5.0%	47
	Not Available	16,703	38.2%	-	1,574,845	24.2%	-	49
	Total	43,733	100.0%	100.0%	6,516,643	100.0%	100.0%	58
Children under age 18	Private Residence	6,501	56.8%	95.5%	1,132,155	65.4%	90.1%	57
	Foster Home	125	1.1%	1.8%	47,446	2.7%	3.8%	48
	Residential Care	61	0.5%	0.9%	15,014	0.9%	1.2%	44
	Crisis Residence	3	0.0%	0.0%	1,813	0.1%	0.1%	24
	Residential Treatment Center	-	-	-	7,541	0.4%	0.6%	31
	Institutional Setting	3	0.0%	0.0%	6,087	0.4%	0.5%	49
	Jail (Correctional Facility)	1	0.0%	0.0%	7,872	0.5%	0.6%	50
	Homeless (Shelter)	50	0.4%	0.7%	5,789	0.3%	0.5%	47
	Other	62	0.5%	0.9%	33,295	1.9%	2.6%	41
	Not Available	4,632	40.5%	-	474,668	27.4%	-	47
	Total	11,438	100.0%	100.0%	1,731,680	100.0%	100.0%	58
Adults over age 18	Private Residence	18,013	55.8%	89.1%	2,940,611	61.5%	79.9%	58
	Foster Home	10	0.0%	0.0%	20,661	0.4%	0.6%	47
	Residential Care	343	1.1%	1.7%	165,509	3.5%	4.5%	53
	Crisis Residence	29	0.1%	0.1%	8,021	0.2%	0.2%	30
	Residential Treatment Center	-	-	-	2,798	0.1%	0.1%	20
	Institutional Setting	162	0.5%	0.8%	66,582	1.4%	1.8%	51
	Jail (Correctional Facility)	35	0.1%	0.2%	77,835	1.6%	2.1%	53
	Homeless (Shelter)	973	3.0%	4.8%	185,220	3.9%	5.0%	53
	Other	659	2.0%	3.3%	214,465	4.5%	5.8%	47
	Not Available	12,071	37.4%	-	1,096,179	22.9%	-	49
	Total	32,295	100.0%	100.0%	4,777,881	100.0%	100.0%	58

This table uses data from URS Table 15.

State Notes:

None

APPROPRIATENESS DOMAIN: Persons Who were Homeless by Age, Gender, Race, and Ethnicity, FY 2016

STATE: New Hampshire

Demographic	Homeless or Living in Shelters				Percent of Total with Known Living Situation		States Reporting
	State		US		State	US	
	N	%	N	%	%	%	
Age 0 to 17	50	4.9%	5,789	3.0%	0.7%	0.5%	47
Age 18 to 64	960	93.8%	180,635	94.5%	5.2%	5.3%	53
Age 65+	13	1.3%	4,585	2.4%	0.8%	1.8%	50
Age Not Available	-	-	195	0.1%	-	6.3%	8
Age Total	1,023	100.0%	191,204	100.0%	3.8%	3.9%	53
Female	440	43.0%	74,423	38.9%	3.0%	2.9%	51
Male	581	56.8%	116,536	60.9%	4.8%	4.9%	53
Gender Not Available	2	0.2%	245	0.1%	3.6%	4.9%	21
Gender Total	1,023	100.0%	191,204	100.0%	3.8%	3.9%	53
American Indian or Alaska Native	14	1.4%	3,368	1.8%	10.9%	4.8%	46
Asian	-	-	1,845	1.0%	-	2.6%	46
Black or African American	36	3.5%	56,428	29.5%	8.1%	5.7%	50
Native Hawaiian or Other Pacific Islander	1	0.1%	701	0.4%	10.0%	4.7%	39
White	858	83.9%	99,486	52.0%	3.6%	3.3%	49
Hispanic or Latino	*	*	2,193	1.1%	*	2.6%	11
More Than One Race	25	2.4%	11,619	6.1%	3.6%	4.1%	44
Race Not Available	89	8.7%	15,564	8.1%	4.4%	4.1%	43
Race Total	1,023	100.0%	191,204	100.0%	3.8%	3.9%	53
Hispanic or Latino	47	4.6%	34,797	18.2%	4.1%	3.4%	48
Not Hispanic or Latino	765	74.8%	141,780	74.2%	3.6%	3.9%	52
Not Available	211	20.6%	14,627	7.6%	4.5%	4.8%	43
Ethnicity Total	1,023	100.0%	191,204	100.0%	3.8%	3.9%	53

* Reported under Hispanic ethnicity.

Note:

US totals are based on states reporting.

This table uses data from URS Table 15.

US totals are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

None

CONSUMER SURVEY RESULTS, FY 2016

STATE: New Hampshire

Indicators	Children: State	Children: U.S. Average	States Reporting	Adults: State	Adults: U.S. Average	States Reporting
Reporting Positively About Access	75.6%	85.2%	47	73.1%	85.6%	50
Reporting Positively About Quality and Appropriateness				79.5%	88.2%	50
Reporting Positively About Outcomes	46.5%	73.5%	47	47.7%	68.5%	50
Reporting on Participation in Treatment Planning	82.9%	90.3%	47	69.7%	81.7%	50
Family Members Reporting High Cultural Sensitivity of Staff	90.1%	94.8%	47			
Reporting positively about General Satisfaction with Services	66.0%	88.5%	48	76.0%	88.3%	50

Note: U.S. Average Children & Adult rates are calculated only for states that used a version of the MHSIP Consumer Survey

This table uses data from URS Table 11.

Children/Family	State	U.S.
Type of Survey Used	YSS-F	YSS-F=39

Type of Adult Consumer Survey Used	28-Item MHSIP	Other MHSIP	Other Survey
state	Yes	-	-
U.S.	23	24	3

Sample Size & Response Rate	Children: State	Children: U.S.	States Reporting	Adults: State	Adults: U.S. Average	States Reporting
Response Rate	42.0%	40.7%	38	45.0%	41.2%	40
Number of Surveys Attempted (send out)	1,209	178,843	38	2,510	246,834	40
Number of Surveys Contacts Made	1,025	131,494	35	2,144	175,587	37
Complete Surveys	430	70,121	45	960	136,253	47

Populations covered in survey	Children: State	Children: U.S.	Adults: State	Adults: U.S.
All Consumers	-	2	-	2
Sample	Yes	44	Yes	48

Sample Approach	Children: State	Children: U.S.	Adults: State	Adults: U.S.
Random Sample	-	10	-	8
Stratified Sample	Yes	13	Yes	16
Convenience Sample	-	20	-	22
Other Sample	-	3	-	5

Who is Sampled?	Children: State	Children: U.S.	Adults: State	Adults: U.S.
Current Clients	Yes	47	Yes	48
Former Clients	-	15	-	17

Populations included in sample: (e.g., all adults, only adults with SMI, etc.)	Children: State	Children: U.S.	Adults: State	Adults: U.S.
All Children or Adults Served	-	28	-	29
SMI Adults or SED Children	Yes	22	Yes	22
Persons Covered by Medicaid	Yes	13	Yes	14
Other	-	6	-	8

State Notes:

None

OUTCOMES DOMAIN: Consumer Survey Results, by Race/Ethnicity FY 2016

STATE: New Hampshire

Race/Ethnicity	Adult Consumer Survey Indicators: Reporting Positively About...														
	Access		Quality & Appropriateness		Outcomes		Participation in Tx Planning		General Satisfaction		Social Connectedness		Improved Functioning		
	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	
Total	73%	86%	79%	90%	48%	72%	70%	83%	76%	89%	60%	71%	54%	72%	40
American Indian or Alaska Native	80%	83%	79%	86%	47%	70%	74%	79%	83%	86%	58%	70%	76%	70%	36
Asian	60%	86%	60%	88%	25%	75%	75%	81%	60%	89%	75%	73%	50%	73%	35
Black or African American	61%	87%	83%	89%	72%	74%	69%	83%	72%	89%	65%	74%	72%	75%	36
Native Hawaiian or Other Pacific Islander	-	86%	100%	86%	-	80%	-	78%	-	85%	-	77%	-	76%	26
White	75%	86%	81%	90%	47%	72%	71%	84%	77%	89%	61%	71%	54%	70%	36
Hispanic or Latino	69%	89%	74%	92%	51%	76%	69%	87%	73%	92%	69%	76%	52%	74%	34
More Than One Race	67%	82%	69%	87%	52%	70%	55%	79%	67%	87%	56%	66%	50%	67%	28
Not Available	60%	86%	63%	90%	47%	74%	64%	83%	69%	89%	45%	71%	44%	72%	36

Race/Ethnicity	Family of Children Survey Indicators: Reporting Positively About...														
	Access		General Satisfaction with Services		Outcomes		Participation in Tx Planning		Cultural Sensitivity of Staff		Social Connectedness		Improved Functioning		
	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	
Total	76%	87%	66%	87%	47%	70%	83%	89%	90%	95%	75%	87%	49%	71%	37
American Indian or Alaska Native	100%	83%	100%	85%	50%	68%	100%	86%	100%	92%	50%	88%	50%	68%	31
Asian	100%	84%	100%	88%	50%	73%	100%	89%	100%	94%	50%	86%	50%	77%	26
Black or African American	71%	87%	67%	87%	38%	66%	86%	89%	86%	94%	43%	87%	43%	67%	32
Native Hawaiian or Other Pacific Islander	-	83%	-	86%	-	71%	-	90%	-	92%	-	85%	-	71%	21
White	75%	86%	65%	86%	46%	70%	83%	90%	89%	95%	75%	87%	49%	70%	32
Hispanic or Latino	89%	89%	71%	89%	44%	74%	89%	90%	94%	96%	69%	89%	47%	75%	31
More Than One Race	70%	84%	55%	86%	50%	67%	85%	88%	95%	94%	90%	86%	50%	70%	23
Not Available	90%	87%	79%	87%	48%	74%	79%	88%	93%	95%	79%	87%	45%	76%	32

Notes:

This table uses data from URS Table 11a.

State Notes:

None

Outcomes Domain: Change in Social Connectedness and Functioning, FY 2016

New Hampshire

Indicators	Children				Adults			
	State	US Average	US Median	States Reporting	State	US Average	US Median	States Reporting
Percent Reporting Improved Social Connectedness from Services	74.8%	86.4%	84.5%	44	59.7%	74.4%	69.4%	50
Percent Reporting Improved Functioning from Services	48.7%	73.4%	64.6%	44	53.9%	73.8%	69.5%	49

Note:

This table uses data from URS Table 9.

US State Averages and Medians are calculated only with states which used the recommended Social Connectedness and Functioning questions.

Adult Social Connectedness and Functioning Measures	State	US
Did you use the recommended new Social Connectedness Questions?	Yes	47
Did you use the recommended new Functioning Domain Questions?	Yes	46
Did you collect these as part of your MHSIP Adult Consumer Survey?	Yes	47

Children/Family Social Connectedness and Functioning Measures	State	US
Did you use the recommended new Social Connectedness Questions?	Yes	43
Did you use the recommended new Functioning Domain Questions?	Yes	43
Did you collect these as part of your YSS-F Survey?	Yes	42

State Notes:

None

OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 30 Days by Age, Gender, and Race, FY 2016

STATE: New Hampshire

Demographic	Readmissions within 30 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients						Readmissions within 30 days to state psychiatric hospitals: Forensic Patients							
	State			US			State			US				
	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting
Age 0 to 12	19	169	11.2%	98	1,876	5.2%	10	-	-	-	25	-	-	0
Age 13 to 17	28	375	7.5%	295	5,946	5.0%	18	-	-	-	594	594	2.7%	4
Age 18 to 20	5	85	5.9%	366	4,516	8.1%	29	-	-	-	874	874	3.8%	12
Age 21 to 64	155	1,266	12.2%	6,688	71,284	9.4%	47	-	-	-	21,619	21,619	3.3%	38
Age 65 to 74	6	70	8.6%	174	2,707	6.4%	30	-	-	-	684	684	4.7%	15
Age 75 and over	0	12	0.0%	32	789	4.1%	11	-	-	-	153	153	3.3%	5
Age Not Available	0	-	-	62	926	6.7%	1	-	-	-	186	186	7.0%	1
Age Total	213	1,977	10.8%	7,715	88,044	8.8%	50	-	-	-	802	24,135	3.3%	41
Female	97	941	10.3%	2,988	36,173	8.3%	49	-	-	-	194	4,928	3.9%	29
Male	116	1,034	11.2%	4,725	51,821	9.1%	46	-	-	-	608	19,183	3.2%	38
Gender Not Available	0	2	0.0%	2	50	4.0%	1	-	-	-	-	24	-	0
Gender Total	213	1,977	10.8%	7,715	88,044	8.8%	50	-	-	-	802	24,135	3.3%	41
American Indian or Alaska Native	0	2	0.0%	210	1,838	11.4%	16	-	-	-	10	292	3.4%	9
Asian	2	20	10.0%	85	1,116	7.6%	20	-	-	-	12	462	2.6%	6
Black or African American	9	59	15.3%	1,878	19,967	9.4%	41	-	-	-	283	8,944	3.2%	26
Native Hawaiian or Other Pacific Islander	0	-	-	56	417	13.4%	5	-	-	-	-	129	-	0
White	192	1,802	10.7%	4,918	57,753	8.5%	47	-	-	-	407	11,440	3.6%	34
Hispanic or Latino	3	42	7.1%	52	545	9.5%	7	-	-	-	23	1,000	2.3%	4
More Than One Race	7	26	26.9%	141	1,934	7.3%	22	-	-	-	27	580	4.7%	9
Race Not Available	0	26	0.0%	375	4,474	8.4%	25	-	-	-	40	1,288	3.1%	12
Race Total	213	1,977	10.8%	7,715	88,044	8.8%	50	-	-	-	802	24,135	3.3%	41
Hispanic or Latino	5	57	8.8%	689	8,616	8.0%	28	-	-	-	90	3,373	2.7%	16
Not Hispanic or Latino	207	1,887	11.0%	5,161	60,743	8.5%	44	-	-	-	613	17,891	3.4%	32
Not Available	1	33	3.0%	1,865	18,685	10.0%	26	-	-	-	99	2,871	3.4%	13
Ethnicity Total	213	1,977	10.8%	7,715	88,044	8.8%	50	-	-	-	802	24,135	3.3%	41

Forensics included in "non forensic" data? No

Note:

US totals are based on states reporting.
This table uses data from URS Tables 20a and 20b.

State Notes:

The SMHA does not monitor or manage forensic patients. These are administered by the NH Department of Corrections.

OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 180 Days by Age, Gender, and Race, FY 2016

STATE: New Hampshire

Demographic	Readmissions within 180 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients										Readmissions within 180 days to state psychiatric hospitals: Forensic Patients									
	State					US					State					US				
	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	States Reporting	
Age 0 to 12	45	169	26.6%	246	1,876	13.1%	12	-	-	-	4	25	16.0%	3	-	-	-	-		
Age 13 to 17	83	375	22.1%	781	5,946	13.1%	19	-	-	-	47	594	7.9%	8	-	-	-	-		
Age 18 to 20	11	85	12.9%	778	4,516	17.2%	37	-	-	-	108	874	12.4%	26	-	-	-	-		
Age 21 to 64	396	1,266	31.3%	14,943	71,284	21.0%	50	-	-	-	2,482	21,619	11.5%	45	-	-	-	-		
Age 65 to 74	19	70	27.1%	406	2,707	15.0%	38	-	-	-	79	684	11.5%	22	-	-	-	-		
Age 75 and over	0	12	0.0%	73	789	9.3%	15	-	-	-	9	153	5.9%	6	-	-	-	-		
Age Not Available	0	-	-	138	926	14.9%	1	-	-	-	31	186	16.7%	1	-	-	-	-		
Age Total	554	1,977	28.0%	17,365	88,044	19.7%	51	-	-	-	2,760	24,135	11.4%	46	-	-	-	-		
Female	268	941	28.5%	6,842	36,173	18.9%	51	-	-	-	614	4,928	12.5%	39	-	-	-	-		
Male	286	1,034	27.7%	10,518	51,821	20.3%	51	-	-	-	2,144	19,183	11.2%	45	-	-	-	-		
Gender Not Available	0	2	0.0%	5	50	10.0%	1	-	-	-	2	24	8.3%	2	-	-	-	-		
Gender Total	554	1,977	28.0%	17,365	88,044	19.7%	51	-	-	-	2,760	24,135	11.4%	46	-	-	-	-		
American Indian or Alaska Native	0	2	0.0%	488	1,838	26.6%	23	-	-	-	43	292	14.7%	17	-	-	-	-		
Asian	6	20	30.0%	167	1,116	15.0%	25	-	-	-	46	462	10.0%	10	-	-	-	-		
Black or African American	16	59	27.1%	4,268	19,967	21.4%	46	-	-	-	1,032	8,944	11.5%	37	-	-	-	-		
Native Hawaiian or Other Pacific Islander	0	-	-	76	417	18.2%	10	-	-	-	12	129	9.3%	3	-	-	-	-		
White	512	1,802	28.4%	11,230	57,753	19.4%	49	-	-	-	1,315	11,440	11.5%	44	-	-	-	-		
Hispanic or Latino	6	42	14.3%	115	545	21.1%	8	-	-	-	89	1,000	8.9%	5	-	-	-	-		
More Than One Race	13	26	50.0%	304	1,934	15.7%	24	-	-	-	71	580	12.2%	13	-	-	-	-		
Race Not Available	1	26	3.8%	717	4,474	16.0%	31	-	-	-	152	1,288	11.8%	20	-	-	-	-		
Race Total	554	1,977	28.0%	17,365	88,044	19.7%	51	-	-	-	2,760	24,135	11.4%	46	-	-	-	-		
Hispanic or Latino	14	57	24.6%	1,486	8,616	17.2%	36	-	-	-	318	3,373	9.4%	25	-	-	-	-		
Not Hispanic or Latino	538	1,887	28.5%	11,653	60,743	19.2%	45	-	-	-	2,031	17,891	11.4%	39	-	-	-	-		
Not Available	2	33	6.1%	4,226	18,685	22.6%	31	-	-	-	411	2,871	14.3%	20	-	-	-	-		
Ethnicity Total	554	1,977	28.0%	17,365	88,044	19.7%	51	-	-	-	2,760	24,135	11.4%	46	-	-	-	-		

Forensics included in "non forensic" data? No

Note:
US totals are based on states reporting.
This table uses data from URS Tables 20a and 20b.

State Notes:
The SMHA does not monitor or manage forensic patients. These are administered by the NH Department of Corrections.

**Structure Domain: Federal Mental Health Block Grant Expenditures for Non-Direct Service Activities, FY 2016
New Hampshire**

Service	Non-Direct Block Grant Expenditures	% Total	US % Total
Technical Assistance Activities	-	-	30.1%
Planning Council	\$3,845	4.1%	4.3%
Administration	\$90,957	95.9%	25.8%
Data Collection/Reporting	-	-	9.4%
Other Activities	-	-	30.4%
Total	\$94,802	100.0%	100.0%

Note: This table use data from URS Table 8.

State Notes:

See General Notes.

STRUCTURE DOMAIN: State Mental Health Agency Controlled Expenditures for Mental Health, FY 2015

STATE New Hampshire

	Expenditures: State	Percent of Total Expenditures: State	Expenditures: U.S.	Percent of Total Expenditures: U.S.
State Hospitals-Inpatient	\$59,756,859	29%	\$8,340,684,868	22%
Other 24-Hour Care	\$35,605,593	17%	\$6,326,751,257	17%
Ambulatory/Community	\$106,924,276	52%	\$22,187,984,421	59%
Total	\$203,992,488	-	\$37,767,897,721	-

Note:

Other 24-Hour Care includes state psychiatric hospital and community based other 24-hour as well as community based inpatient expenditures. Ambulatory/Community includes expenditures for less than 24-hour care services provided at state psychiatric hospitals. It excludes community based other-24 hour and community based inpatient expenditures.

Total also includes additional SMHA Expenditures for research, training, administration, and other central and regional office expenditures. Data from NRI's Funding Sources and Expenditures of State Mental Health Agencies, FY 2015 reports - Table 18 "SMHA-Controlled Expenditures for Mental Health Services."

U.S. totals are based on 50 states reporting.

More information on the State Mental Health Agency's Revenues & Expenditures as well as State Footnotes can be found on the NRI website: <http://www.nri-incdata.org/>

STRUCTURE DOMAIN: State Mental Health Agency Controlled Revenues by Funding Sources, FY 2015
STATE New Hampshire

Funding Source	Ambulatory/Community			State Hospital		
	State Revenues	Percent Total (State)	Percent Total (US)	State Revenues	Percent Total (State)	Percent Total (US)
Medicaid	\$100,451,490	78.1%	62.1%	\$34,826,000	47.3%	14.3%
Community MH Block Grant	\$1,530,114	1.2%	1.3%	-	-	-
Other SAMHSA	\$2,470,309	1.9%	0.5%	-	-	-
other Federal(non-SAMHSA)	\$14,581,406	11.3%	1.3%	\$8,683,000	11.8%	3.6%
State	\$9,617,973	7.5%	28.0%	\$23,096,112	31.4%	76.4%
Other	-	-	4.3%	\$7,030,323	9.5%	4.6%
Total	\$128,651,292	100.0%	100.0%	\$73,635,435	100.0%	100.0%

Note:

Data from NRI's Funding Sources and Expenditures of State Mental Health Agencies, FY 2015 reports - State Mental Health Agency Controlled Expenditures and Revenue, Table 24, 25, and 26.

This table does not show Revenues for state central office including Research, Training, and Administration expenses.

More information on the State Mental Health Agency's Revenues & Expenditures as well as State Footnotes can be found on the NRI website: <http://www.nri-incdata.org/>

Structure Domain: Mental Health Programs Funded By the Federal Mental Health Block Grant, FY 2016

New Hampshire

Total Programs = 8

Adult Total: \$1,591,236

Total: \$1,591,236

Agency Name	Address	Area Served	Block Grant for Adults with SMI	Block Grant for Children with SED
The Alternative Life Center	6 Main Street, Conway, NH 03818	Sub-State	\$300,868	\$0
Stepping Stone Drop-In Center Association	108 Pleasant Street, Claremont, NH 03743	Sub-State	\$218,908	\$0
Lakes Region Consumer Advisory Board dba/Cornerbridge	328 Union Avenue, PO Box 304, Laconia, NH 03247	Sub-State	\$196,871	\$0
Monadnock Area Peer Support Agency	64 Beaver Street, PO Box 258, Keene, NH 03431	Sub-State	\$145,434	\$0
H.E.A.R.T.S. Peer Support Center of Greater Nashua Region 6	5 Pine Street Extension Unit 2K, PO Box 1564, Nashua, NH 03060	Sub-State	\$221,019	\$0
On The Road To Recovery, Inc.	13 Orange Street, PO Box 1721, Manchester, NH 03105	Sub-State	\$255,390	\$0
Seacoast Consumer Alliance Peer Support Center, Inc.	544 Islington Street, Portsmouth, NH 03801	Sub-State	\$143,399	\$0
Tri-City Consumers' Action Co-operative	36 Wakefield Street, Rochester, NH 03867	Sub-State	\$109,347	\$0

General Notes FY 2016

New Hampshire

URS Table Number	General Notes
3	Last year, the State Psychiatric Hospital client totals on table 3 were not de-duplicated for the 12/1/15 submission. When we responded to NRI's follow up questions about the changes in data from year to year, we de-duplicated & resubmitted the NHH data which brought the clients served from 1999 down to 1698.
8	This year, we have included our financial support of NH's Peer Support Agencies in the non-direct service category. To keep data congruent, we've removed this data from Table 8. The difference now will be in Administration. There was an FTE associated with the State Planner position for this reporting period. SFY 2015 report reflects that position only having been filled for half of the period.
12	In NH, in response to need as well as MH insurance parity changes, we are in the process of increasing our ability to identify and serve clients with co-occurring disorders.
16	We've successfully increased our implementation of Supported Employment across the Community Mental Health system in the past year. This was largely in response to goals imposed upon us by the Settlement Agreement consent decree resulting from the Olmstead lawsuit.
17	As part of our continuing quality improvement efforts, we work to increase the accuracy our reporting. In the case of Family Psychoeducation, we discovered that we were counting services for 2015 that did not strictly adhere to the SAMHSA service definitions for this EBP. In the case of Illness Management & Recovery, we have plans to train staff in this practice in order to increase its delivery. When we researched the difference in Medication Management client counts, we found that two of our providers had updated two of their monthly client service data reports. This raised the service count considerably, from 8,503 to 9,478. From SFY 2015 to 2016, this change results in a 7.1% increase in clients receiving Medication Management.