

TREATMENT SAVES LIVES

OPIOID USE DISORDER



NH DEPARTMENT OF
CORRECTIONS

JANUARY 2022

Commissioner Helen E. Hanks
Director Paula Mattis

NHDOC — COMPREHENSIVE CONTINUUM OF SERVICES



NHDOC — FOCUS PROGRAM

Northern NH Correctional Facility and the NH Correctional Facility for Women operate modified therapeutic communities for people assessed by licensed alcohol drug counselors for American Society of Addiction Medicine (ASAM) 3.5 Clinically Managed Medium-Intensity Residential Services Level of Care.

The Focus Unit integrates evidence-based practices through group treatment and peer mentoring to help those struggling with substance use disorder work toward recovery. Important themes of the curriculum include motivational strategies, alcohol/drug refusal skills, relationship repair, communication skills, anger management, problem-solving and long-term abstinence and recovery skills.

More details can be reviewed in the Department's Annual Report at:

[annual-report-2020-final-5-24-21.pdf \(nh.gov\)](#)

Post Release Feedback



Hí Diane, hope all is well for you and that your holidays were nice.

Since all I did was bug you in the past RE: [name removed] I thought I'd pass along something more user friendly :-). [name removed] was picked up by me in Berlin almost 90 days ago. I could not be more happy for him and his progress. He's clean, has a good attitude towards life-work-his place in society as a young man rebuilding. He's a building block for my company.

I got real lucky and found him a 2 bedroom apartment. He's doing all the right things. Both him and I will serve as a reference that you manage one heck of a good program !!!

Take care :-)



Great work being done in the FOCUS Program!

NHDOC — MEDICATION ASSISTED TREATMENT

- Medicated-Assisted Treatment (MAT) is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of substance use disorders.

NHDOC MAT

Treatment values:

- Teamwork
- Patient-centered care
- Whole-person approach



MAT PROCESS

- Patients request to see a Licensed Drug and Alcohol Counselor (LADC).
- An assessment will be conducted to determine readiness for change and treatment recommendations.
- The patient is referred to our MAT Coordinator.
- An appointment with a provider is scheduled.
- The patient is screened by the provider to determine if medication, and which medication, will be prescribed.
- If prescribed MAT medication, the patient is now part of the MAT program. If medication is contraindicated, psychosocial treatments will be continued.

MEDICATIONS USED IN MAT



Oral naltrexone and buprenorphine

- Vivitrol, Suboxone, and Sublocade are not currently used.



MEDICATION FOR OPIOID USE DISORDER

Medication for Opioid Use Disorder (MOUD) is a different model for treatment of OUD where medication is the primary treatment.

MAT implies that medication plays a secondary role in treatment. As practiced at the NHDOC, medication is part of a holistic approach to OUD treatment.

DATA ELEMENTS

Adult Parole Board	Revocation Hearing Outcome Reasons				
	Revoked-Community Failure	Revoked-Criminal Behavior	Revoked-Exhausted Alternatives	Revoked-Repeated Parole Violator	Revoked-Substance Abuse
Calendar Year					
2015	422	175	9	16	293
2016	462	193	9	9	320
2017	468	184	158	160	303
2018	502	228	385	205	338
2019	550	258	549	245	340
2020	415	250	304	177	300
2021	413	255	51	50	240

EMR-Mental Health	January 2021 through January 2022 (3rd)	
	Appointment Category Totals	Distinct Clients by Category*
Behavioral Health-Addiction Services	603	448
Behavioral Health-Interview	1,568	891
Behavioral Health-Sex Offender Treatment	266	134
Behavioral Health-Sick Call	1,966	878
Behavioral Health-Psychiatric	8,796	1,523
Behavioral Health-Clinician	7,090	1,415

Residents prescribed MAT as of July 2nd 2021:

Location	# of MAT Participants
NHSP Men	50
Community Corrections	20
NHCF Women	23
NNHCF	49
Total Across Locations	142

JANUARY 10, 2022

MAT Patients Total: 170

▪ NCF 61 NHSPM 72 NHSPW 23 Community Corrections 14

Active SUD Patients, All Facilities: 312

Total Number of LADC Assessments to Date: 300+

Total Residents, All Facilities: 1,927

▪ NCF 518 NHSPM 1,055 NHCFW 109 Community Corrections 186
SPU 59

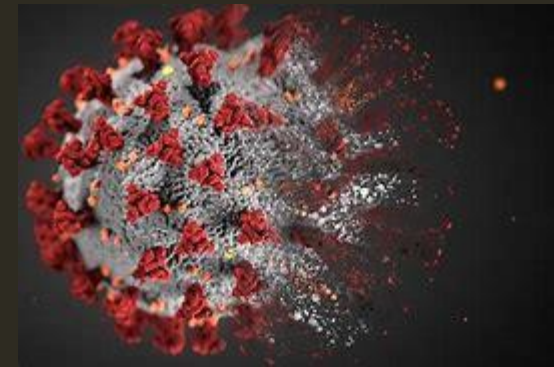


HEALTHCARE RIGHTS OF THOSE INCARCERATED

- The Eighth Amendment of the U.S. Constitution prohibits excessive bail, excessive fines, or cruel and unusual punishment.
- Court law, or case law, has occurred to determine that those who are incarcerated are the only U.S. citizens who are guaranteed healthcare.
- Estelle v. Gamble (1976) Supreme Court case is seen as the origin of prisoner's rights in our country.
- Helling v. McKinney (1993) Supreme Court found that correctional facilities are now held responsible if "deliberate indifference" occurs in their system.
- Those who are incarcerated have the right to refuse treatment.

RECOVERY COACHES

- In 2019—two-week training to residents (20) and staff(6) in recovery coaching.
- Two residents were released and became CRSWs (Certified Recovery Support Worker), obtaining employment in the community.
- The other 18 residents were supervised by LADCs to provide group peer support.
- We had the goal (and funding) to train another 40 residents in recovery coaching and to get the six staff certified to be instructors by the end of summer in 2020.
- Our plans were changed...



THANK YOU!

Helen E. Hanks, Commissioner

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