Treatment RESOURCE GUIDE

NH Department of Health and Human Services
Division for Behavioral Health
Bureau of Drug and Alcohol Services
dhhs.nh.gov/dcbcs/ bdas/index.htm
drugfreenh.org

Call 603.271.6738 or 800.804.0909 (toll-free in NH)

This Treatment Resource Guide provides a listing of state-funded alcohol and drug abuse treatment programs. For statewide referrals and information, dial 211 or visit http://nh treatment.org.

If you or someone you know is experiencing an addiction-related crisis, call the NH Statewide Addiction Crisis Line at: 1.844.711.HELP (4357).

To join individuals, families and communities in reducing the misuse of alcohol and drugs thereby increasing opportunities for citizens to achieve health and independence.

NHBDAS Mission

dhhs.nh.gov/dcbcs/ bdas/

October 2016
Go to the New Hampshire Treatment Locator to find information about additional services at: http://nhtreatment.org/

By location

Every community in New Hampshire is included in a Regional Public Health Network System. Turn to the page associated with your region or click the map on the PDF to automatically access the correct page with services in or near your community.

Providers are listed by location for convenience, but they all accept New Hampshire residents regardless of where they live in state.

By Service

Outpatient (OP) .............................................................. 6
Medication-Assisted Treatment (MAT) ...................................... 6
Intensive Outpatient (IOP) .................................................. 6
Outpatient Withdrawal Management (OWM) .......................... 6
Partial Hospitalization (PH) .............................................. 6
Low Intensity (LI) ............................................................ 6
High Intensity (HI) ......................................................... 6
Pregnant & Parenting Women (PPW) ................................. 6
Withdrawal Management (WM) .......................................... 6
Residential Medication-Assisted Treatment (RMAT) .............. 6
Specialty Open Doors Program (SPOD) .............................. 6

On electronic version: Click name to go to service.

Go to the New Hampshire Treatment Locator to find information about additional services at: http://nhtreatment.org/
This Treatment Resource Guide provides a listing of state-funded substance use disorder or alcohol and drug use disorder treatment options.

Substance use disorders (SUDs) are preventable and treatable, and the state is implementing a comprehensive and lasting response to address this epidemic. Additional resource guides providing resources for Prevention, Crisis Services, and Recovery will be available soon.

To receive an electronic version of this guide, please visit http://www.dhhs.nh.gov/dcbcs/bdas/guide.htm or e-mail Health Promotion Advisor Randy Moser at Randolph.Moser@dhhs.nh.gov.

To receive the Bureau of Drug and Alcohol Services’ e-newsletter, please also e-mail Randy Moser at: Randolph.Moser@dhhs.nh.gov.

Disclaimer: We have provided, to the best of our ability, the most accurate information that we have. Names and addresses sometimes change, so please contact Health Promotions Advisor Randy Moser at 603-271-4972 or email: Randolph.Moser@dhhs.nh.gov with any new information.

Go to the New Hampshire Treatment Locator to find information about additional services at: http://nhtreatment.org/
Treatment Facilities by Locations

**NORTH COUNTRY**

**BERLIN**
Tri-County CAP
610 Sullivan Street
Suite 303
Berlin, NH
Phone: 603-752-7941
Website: www.tccap.org
Services: OP, IOP, MAT
Residential Services: LI, HI, RMAT

**GILFORD**
Horizons Counseling Center
25 Country Club Rd # 705
Gilford, NH 03249
Phone: 603-524-8005
Fax: 603-524-7275
Website: horizonsnh.org/index.html
Outpatient Services: OP (Gilford / Plymouth), IOP, MAT

**WEBSTER PLACE (MEN)**
27 Holy Cross Rd.
Franklin, NH 3235
Phone: 603-622-3020
Website: farnumcenter.org
Outpatient Services: OP, IOP, PH
Residential Services: TL, LI, HI, WM

**LEBANON**
HALO Educational Systems, LLC
1 School Street
Lebanon, NH 03741
Phone: 603-359-3321
Fax: 603-523-8804
Website: haloeducationalsystems.com
Outpatient Services: OP

**GILFORD**
Horizons Counseling Center
25 Country Club Rd # 705
Gilford, NH 03249
Phone: 603-524-8005
Fax: 603-524-7275
Website: horizonsnh.org/index.html
Outpatient Services: OP (Gilford / Plymouth), IOP, MAT

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1 School Street
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1 School Street
Lebanon, NH 03741
Phone: 603-359-3321
Fax: 603-523-8804
Website: haloeducationalsystems.com
Outpatient Services: OP

**LEBANON**
Headrest
14 Church St, Lebanon, NH 03766
Phone: (603) 448-4400
Outpatient Services: OP, IOP
Residential Services: LI

**WINNIPESAUKEE AREA**

**FRANKLIN**
Farnum Center North

*Ray House (Women)*
14 Holy Cross Rd.
Franklin NH, 03235

**DOVER**
Southeastern NH Alcohol and Drug Abuse Services (Dover)
272 County Farm Road
Dover, NH 03820
Crisis Center: 603-516-8181
Phone: 603-516-8160
Fax: 603-749-3983
Website: dovernhhospital.org
Outpatient Services: OP, IOP, PH, WM
Residential Services: TL, LI, HI

**CONCORD**
Concord Hospital
Substance Use Services
250 Pleasant Street, Suite 5400
Concord, NH 03301
Phone: 603-225-2711 ext. 2521
Website: www.concordhospital.org
Fax: 603-227-7169
Outpatient Services: OP, IOP

Go to the New Hampshire Treatment Locator to find information about additional services at: http://nhtreatment.org/
Riverbend Community Mental Health
278 Pleasant St.
Concord, NH 03302-2032
Phone: 603-228-1600
Website: www.riverbendcmhc.org
Outpatient Services: IOP, MAT

Greater Manchester

Manchester
Families in Transition / Family Willows Substance Use Treatment Center
161 South Beech Street
Manchester, NH 03103
Phone: 603-641-9941 Ext. 401
Fax: 603-641-1244
Website: www.fitnh.org/familywillows
Outpatient Services: OP, IOP

Farnum Outpatient Services
140 Queen City Avenue
Manchester, NH 03101
Phone: 603-622-3020
Fax: 603-621-4295
Website: farnumcenter.org
Outpatient Services: OP, IOP, PH
Residential Services: HI, WM

Serenity Place
101 Manchester Street
Manchester, NH 03101
Phone: 603-625-6980
Fax: 603-625-6982
Website: serenityplace.org
Outpatient Services: OP, IOP, OWM, PH
Residential Services: TL, LI, HI

Seacoast Mental Health Center
Portsmouth facility
1145 Sagamore Ave
Portsmouth, NH 03801
Phone: 603-431-6703
Website: www.smhc-nh.org

Exeter facility
30 Prospect Ave
Exeter, NH 03833
Phone: 603-772-2710
Website: www.smhc-nh.org
Outpatient Services: OP, MAT (Co-occurring disorders)

SOMERSWORTH
Goodwin Community Health
311 NH-108
Somersworth, NH 03878
Phone: (603) 749-2346
Fax: 603-749-2748
Website: goodwinch.org
Outpatient Services: OP, IOP, MAT

Greater Monadnock

Dublin
Phoenix House Comprehensive Addiction Treatment Services
3 Pierce Road
Dublin, NH 03444
Phone: 603-563-8501 option 1
Website: www.phoenixhouse.org
Outpatient Services: IOP
Residential Services: TL, LI, HI, RMAT

Keene
Phoenix House Comprehensive Addiction Treatment Services
106 Roxbury Street
Keene, NH 03431
Phone: 603-358-4041 option 1
Website: www.phoenixhouse.org
Outpatient Services: OP, IOP

Go to the New Hampshire Treatment Locator to find information about additional services at: http://nhtreatment.org/
Greater Nashua Council on Alcoholism: Keystone Hall
12 & 1/2 Amherst Street
Nashua, NH 03063
Phone: 603-943-7971 Ext. 3
Fax: 603-943-7969
Website: keystonehall.org
Outpatient Services: OP, IOP, PH, MAT
Residential Services: TL, LI, HI, PPW, RMAT

Greater Nashua Open Doors Program
615 Amherst Street
Nashua, NH 03063
Phone: 603-881-4848
Fax: 603-598-3644
Website: www.keystonehall.org
Residential Services: SPOD

The Youth Council
112 W. Pearl Street
Nashua, NH 03060
Phone: 603-889-1090
Fax: 603-598-1703
Website: www.theyouthcouncil.org
Outpatient Services: OP (Adolescents)

Free Statewide Crisis, Intervention, and Referral Services

The NH Alcohol and Drug Treatment Locator is a website directory where visitors can locate alcohol and drug treatment service providers in New Hampshire who offer assessments, withdrawal management, outpatient counseling, residential treatment, recovery supports and other services. Visit: http://nhtreatment.org/

The NH Statewide Addiction Crisis Line (1-844-711-HELP (4357)) is a free, anonymous service that help callers:

- determine what level of treatment would be appropriate for them,
- understand the different types of treatment available, and
- identify local services and options.

The Crisis Line’s staff are trained to provide support and advice to callers when they are experiencing an alcohol, drug use or addiction-related crisis.

2-1-1 is an easy-to-remember telephone number that connects callers, at no cost, to information about critical health and human services available in their community. Visitors to 211’s website can search its online database of community services that contains information for over 1,800 health and human service providers and 4,500 service locations.
## Treatment Facilities by Services

### OUTPATIENT

**Outpatient**
- Concord Hospital
- Families First of the Greater Seacoast
- Families in Transition
- Farnum Outpatient Services (Manchester / Franklin)
- Goodwin Community Health
- Greater Nashua Council on Alcoholism
- HALO Educational Systems, LLC
- Headrest
- Horizons Counseling Center (Gilford / Plymouth)
- Phoenix House Comprehensive Addiction Treatment Services (Keene)
- Seacoast Mental Health Center
- Serenity Place
- Southeastern NH Alcohol and Drug Abuse Services
- The Youth Council
- Tri-County CAP

**Intensive Outpatient**
- Concord Hospital
- Families in Transition
- Farnum Outpatient Services (Manchester / Franklin)
- Goodwin Community Health
- Greater Nashua Council on Alcoholism
- Headrest
- Horizons Counseling Center
- Phoenix House Comprehensive Addiction Treatment Services (Keene / Dublin)
- Serenity Place
- Southeastern NH Alcohol and Drug Abuse Services
- The Youth Council
- Tri-County CAP

**Medication-Assisted Treatment**
- Families First of the Greater Seacoast
- Goodwin Community Health
- Greater Nashua Council on Alcoholism
- Horizons Counseling Center
- Tri-County CAP

**Outpatient Withdrawal Management**
- Serenity Place
- Southeastern NH Alcohol and Drug Abuse Services

**Partial Hospitalization**
- Farnum Outpatient Services (Franklin)

### RESIDENTIAL

**Transitional Living**
- Farnum Outpatient Services (Manchester / Franklin)
- Greater Nashua Council on Alcoholism
- Headrest
- Phoenix House Comprehensive Addiction Treatment Services (Dublin)
- Serenity Place
- Southeastern NH Alcohol and Drug Abuse Services

**Low Intensity**
- Farnum Outpatient Services (Franklin)
- Greater Nashua Council on Alcoholism
- Headrest
- Phoenix House Comprehensive Addiction Treatment Services (Dublin)
- Serenity Place
- Southeastern NH Alcohol and Drug Abuse Services
- Tri-County CAP

**High Intensity**
- Greater Nashua Council on Alcoholism
- Farnum Outpatient Services (Manchester / Franklin)
- Serenity Place
- Phoenix House Comprehensive Addiction Treatment Services
- Southeastern NH Alcohol and Drug Abuse Services
- Tri-County CAP

**Pregnant & Parenting Women**
- Greater Nashua Council on Alcoholism

**Residential Medication-Assisted Treatment**
- Greater Nashua Council on Alcoholism
- Phoenix House Comprehensive Addiction Treatment Services (Dublin)
- Tri-County CAP

**Withdrawal Management**
- Farnum Outpatient Services (Manchester / Franklin)

**Specialty Open Doors Program (SPOD)**
- Greater Nashua Open Doors Program

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Go to the New Hampshire Treatment Locator to find information about additional services at: [http://nhtreatment.org/](http://nhtreatment.org/)
Description of Services

**OUTPATIENT**

- **Outpatient:** Outpatient (OP) programs typically require regular counseling services at a clinic or facility and allow clients to return to their homes or other living arrangements during non-treatment hours.

- **Medication-Assisted Treatment:** Medication-Assisted Treatment (MAT) combines behavioral therapy and medications to treat substance use disorders

- **Intensive Outpatient:** Intensive Outpatient (IOP) programs typically require participants to have a minimum of nine hours of therapeutic contact per week. An IOP may be structured for individual and / or group services and activities, according to an individualized treatment plan.

- **Outpatient Withdrawal Management:** Outpatient Withdrawal Management (OWM) is often provided by a physician’s office, addiction treatment facility, or by home health care agency. Although the service is medically supervised, clients are permitted to return to their homes or other living arrangements during non-treatment hours. It is important that clients are motivated for treatment and have adequate in-home and community supports.

- **Partial Hospitalization:** Partial hospitalization is a combination of 20 or more hours per week of group and individual sessions in conjunction with medical and psychiatric services, psychopharmacological services, medication-assisted treatment, recovery support services and 24-hour crisis services.

**RESIDENTIAL**

- **Low Intensity:** Low-Intensity (LI) residential treatment is designed to prepare clients to become self-sufficient in the community. Services include at least five hours of clinical services per week. Adult residents typically work in the community and may pay a portion of their room and board.

- **High Intensity:** High-Intensity (HI) residential treatment is designed to assist individuals who require a more intensive level of service in a structured setting including individual and/or group counseling, educational sessions, psychiatric, medical and medication management, as needed.

- **Pregnant & Parenting Women:** Pregnant & Parenting Women (PPW) treatment is specifically designed for expectant and parenting women with residential facilities that have been developed using a family-centered approach, and many times allow mothers to care for their young children on-site.

- **Withdrawal Management:** Residential Withdrawal Management (WM) is designed for clients who require 24-hour monitoring of their withdrawal symptoms, a structured, safe environment, and ongoing clinical and / or medical supervision. The length of stay is determined by an individual’s needs and the severity of his or her withdrawal symptoms.

- **Residential Medication-Assisted Management:** Residential Medication-Assisted Treatment (RMAT) combines behavioral therapy and medications to treat substance use disorders in a supervised clinical facility.

- **Specialty Open Doors Program:** The Open Doors Program (SPOD) provides a wide range of services – including residential treatment services, outpatient treatment with supportive housing services, outpatient treatment with housing stabilization services, weekly individual or group counseling, case management and wrap-around services – to assist families reduce and remove barriers preventing them from fully participating in the work force and in the larger community.