

Proposal:

Hope for New Hampshire and Groups Recover Together propose a transportation system to allow people with Substance Use Disorders access to treatment and recovery-based activities. Public transportation is limited or nonexistent everywhere except Concord, Manchester, Nashua, and the seacoast.

Justification:

When polled on the barriers to treatment, transportation is listed as one of the top priorities by every treatment professional and individual with an SUD in New Hampshire. Due to the minimal population in many NH towns, treatment providers and recovery agencies have to be located in a centralized area to be sustainable. As a result, many people who could benefit from attending group therapy and actively participating in their recovery through Hope for New Hampshire live too far away and cannot find reliable transportation. I have personally seen hundred of Groups: Recover Together members discharge from all our New Hampshire locations because of a lack of transportation and many rely on a carpool to come every week.

Studies have found lack of transportation has an impact on those with chronic disease in up to 67% of cases, which likely contributes to the cycle that correlates chronic disease with low socio-economic status.

New Hampshire is rated 42nd in public transportation out of 50 states and has some of the worst road conditions, as well.

[Proposal of Need for Public Transportation with supporting numbers](#)

Design of Program:

A van with a route would pick people up in a nearby town and bring them to their group or individual therapy session.

The van driver would bring those people then from their groups/individual therapy to a recovery agency such as Hope for a few hours

The van picks up a batch in another town and then comes back for the first group.

This would provide transportation for people with SUDs and, additionally, give them a half day of recovery based interventions each week strengthening their recovery reducing the chance of

relapse

If the van can transport 24 people a day from various areas, each van driver will be able to open up access to treatment to 120 people a week.

For Example:

12:00 Van picks up 6 people in Tilton center
12:30 6 people are dropped at Groups in Laconia
1:00 Van picks up 6 people Gilford
1:30 Van drops off Gilford people at Groups and also picks up the 6 people from Tilton
2:00 Van drops 6 people from Tilton at Hope for NH in Franklin
2:30 Van picks up 6 people from Belmont
3:00 Van stops at Groups, drops Belmont people and picks up Tilton people
3:30 Tilton People brought to Franklin Hope for NH
4:00 6 people from Belmont picked up at Groups
4:30 Belmont group dropped at Hope for NH in Franklin
4:30 6 people from Gilford brought back to Gilford
5:30 6 people from Tilton brought back to Tilton
6:30 6 people from Belmont brought home

Cost:

Expenditure	Amount	Total Amount 1st year
40 hours a week by 15 dollars/hr for driver	31,200	31,200
Maintenance and Gas	10,000	41,200
Cost of Van	32,000	73,200

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