Initial Training on Addiction & Recovery

This INTRODUCTORY workshop on addiction and recovery is designed to raise awareness and understanding of the dynamics and impact of addiction on people whom we serve. It will cover the neurological basis of addiction; mental, behavioral, emotional and spiritual dimensions; stages of change; recovery; motivational techniques and resources. This course is pre-approved for 6 CEUs.

Learning Objectives
- Describe the neurological process of addiction
- Explain how addiction manifests in various aspects of the whole person (mental, physical, emotional, spiritual)
- Identify the 5 stages of change
- Match intervention strategies to stages
- Access appropriate resources for addressing alcohol and other drug concerns

Time:
8:30 am—4 pm
1 hr. lunch “on your own”

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<td>February 20</td>
<td>Training Institute</td>
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<td>May 6</td>
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<td>August 19</td>
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Families & Addiction

This INTRODUCTORY workshop explores how the addiction of the individual affects the entire family system. Special attention will be paid to the effects on the children in the family and discussion will center on strategies and resources to help increase their resiliency and coping skills. This course is pre-approved for 3 CEUs.

Learning Objectives
- Describe the effects of addiction on the family
- Recognize roles within a family with addiction
- Identify strengths and needs associated with particular behavioral patterns of children in families with addiction
- Make appropriate interventions and referrals to community-based resources

Participants are strongly encouraged to attend the “Initial Training on Addiction & Recovery” prior to taking the Families & Addiction workshop.

Time:
8:30 am—Noon

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<tr>
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Pre-registration is required as seating is limited.

To register, or for more information, please contact
Olivia Afshar
Phone: 603-271-6822
E-mail: AODTrainingCoordinator@dhhs.nh.gov

Pre-approved continuing education credits through the NH Board of Licensing for Alcohol and Other Drug Use Professionals, the NH Prevention Certification Board, and the Collaborative of NASW-MA Boston College and Simmons College Schools of Social Work are included at no cost.

The same training is offered 4x per year.
Please choose 1 date for each training when registering.

If accommodations are needed for communication access such as interpreters, CART (captioning), assistive listening devices, or other auxiliary aids and/or services, please contact Olivia Afshar (contact info above).

5 business days advance notice is requested in order to assure availability; requests made fewer than 5 days prior to the event will attempt to be accommodated, but cannot be guaranteed.