

Young Adult Strategies Grid

Region	SBIRT Strategy	Workplace Strategy	College Strategy	Wellness Approach	Evidence-based Strategy	Source of evidence-base (Example: NREPP, Peer-reviewed literature, etc.)	Recruitment Strategy	TA Needs
<p>Capital</p> <p>Program description:</p> <ul style="list-style-type: none"> • Providing evidence-informed services for young adults, ages 18-25, to positively impact healthy decisions around the use of substances and increase knowledge of the consequences of substance misuse • Implementing individual, group and campus-wide strategies, including: AlcoholEdu/Have n for freshmen, StrengthsQuest for sophomores, 			X		X		Self-referrals, open invites, Bridges (freshmen), sophomores with conduct violations	<ul style="list-style-type: none"> • Would like access to national BASICS data for online assessment comparison

and CHOICES/BASICS for identified students								
<p>Carroll County</p> <p>Program description: The Carroll County Coalition for Public Health is partnering with the Central NH VNA to implement SBIRT in a home visiting setting, targeting the young adult population. This initiative will address some of the barriers faced by young adults at risk for substance misuse, including isolation as well as lack of access to screening and services to address substance use disorders.</p>	X				<p>X</p> <p>SBIRT has not been researched in a home visiting setting.</p>		Home visits	<ul style="list-style-type: none"> Needs estimate for cost of SBIRT training Partners need to be made aware of reporting and other expectations

<p>Central</p> <p>Program description:</p> <p>To provide substance misuse prevention strategies for 18-25 year olds in order to reduce risk factors and positively impact healthy decisions and increase awareness around the use of substances, CADY is collaborating with Plymouth State University Michael L. Fischler Counseling Center to implement SBIRT into daily practice with all clinical staff to advance identification and intervention strategies with binge drinking at PSU. We are hoping this project will not only benefit students by broadening and strengthening clinician Brief Intervention and</p>	<p>X</p>		<p>X</p>		<p>X</p> <p>(BASICS, SBIRT)</p>		<p>PSU Michael L. Fischler Counseling Center</p>	<ul style="list-style-type: none"> • Need SBIRT training (Currently being scheduled for week of January 22); may need follow-up training once implemented at start of PSU Spring 2018 semester
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<p>Motivational Interviewing skills as it relates to AOD, but also bring all clinicians to the same level of comfort and competency in this area. We anticipate the program will be expanded in offering more preventative work with all PSU students and create an awareness and good decision-making skills that will impact not only the PSU students, but the entire Plymouth community in the future.</p>								
<p>Manchester Program description:</p>		<p>X</p>			<p>X (Team Resilience)</p>			<ul style="list-style-type: none"> Contract management support needed to determine how proposed strategies will roll out in practice/reality
<p>North Country Description: Collecting information on area employers</p>		<p>X</p>		<p>X</p>	<p>X (Healthy Worklife)</p>	<p>NREPP</p>	<p>Regional employer research and targeted recruitment</p>	<ul style="list-style-type: none"> Nothing identified at this time

<p>to better understand the landscape. Engaging select (3-4) employers year one to perform onsite Healthy Work Life Sessions, followed by needs assessments and facilitation of business specific action plans.</p>								
<p>Seacoast Program description: The SPHN Young Adult strategies will description:0 Often the first job a young adult (18-25 yrs.) works in is a restaurant or hospitality business, an industry that has inherent occupational and behavioral health risks. The Seacoast Public Health has chosen an evidence base program called Team Resilience (Dr. Joel Bennett) (OWLS) for young adults 18-25 yrs. olds who are often attracted to the vibrant seacoast restaurant and</p>		X			X (Team Resilience)		<p>Use Incentives (Gas cards etc.)</p> <p>Partner with Catapult Seacoast Young Professional org.</p> <p>Use a survey tool to determine YA who work in the hospitality/restaurant Business</p> <p>Partnership with Austin 17 House that has emerging adult participants (18-21)</p> <p>Use SPHN interns in the target age who will invite their peers</p>	<ul style="list-style-type: none"> ● Help with planning/pilot/to implementation (Done- Spoke To Jill Burke ● Recruitment strategies ● Data collection ● Surveys (Need TA to develop survey to gather Intel from young adults in seacoast. ● Promotional ideas for this group. <p>More specific strategies on how to navigate business</p>

<p>Bar scene. The program focuses on developing a culture that fosters peer team work/communication, education that is fun by fostering a climate that increase protective factors that mitigate the risk of high stress environment and substance misuse.</p>							<p>to participate in surveys and groups.</p> <p>Recruit from Chamber of Commerce events (SPHN is members of Portsmouth, Exeter and Hampton)</p> <p>Identify The right restaurants that hire this target range. Work with Business consultant will help us navigate this sector.</p> <p>Connect with UNH Cooperative Extension, YMCA, Dover Y2Y and others to help identify young adults in target age range.</p>	<p>sector and millennial culture at the workplace. Tips, guidance in planning activities for this target populations.</p>
<p>South Central</p> <p>Program description: <i>Young Adult Strategies will promote the health and well being of young adults, by addressing barriers, supporting needs, and offering short and long term</i></p>		X		X	X		<p>If referral, internal programs at TUR, Community Partners</p>	<p>Data entry Evaluation</p>

<p>support for those who are concerned about their substance use, mental health and connectedness to the services they need. YAS will assess concerning behaviors, provide educational and group support, and make appropriate and thoughtful referrals for those services we do not provide, by bridging and assisting those seeking our help. YAS will foster personal growth and skill building, as well as develop support for those caring for a person with SUD.</p>								
<p>Strafford Program description:</p>			X		X Innovative			Service to Science (?)
<p>Upper Valley and</p>		X	X	X	X	NREPP	Community Based	<ul style="list-style-type: none"> Challenges: referrals,

<p>Sullivan</p> <p>Program description: The <i>YourTurn</i> pilot program aims to increase self-sufficiency, future orientation, and hopefulness in those 18-25 living in the Upper Valley. The two components of this program are InShape, an evidence-based prevention program, and the ability of young adults to receive continued support from a community health worker in addressing their social determinants of health.</p>					In Shape		Organizations, Businesses, High Schools and Community College	<p>workplace</p> <ul style="list-style-type: none"> • Population – universal with emphasis on at-risk • UV – program development • Sullivan – evaluation, what measures
<p>Winnepesaukee</p> <p>Program description: will be accessing and implementing SBIRT to young adults 18-25</p>	X		X				Engaging with stakeholders at Lakes Region Community College (LRCC) & aiding them with incorporating	<ul style="list-style-type: none"> • Research on the use of SBIRT in community college setting • Determine how to get buy-in from college counseling staff &

<p>within the local community college (LRCC) by first establishing a collaborative working relationship with the college and then connecting them to education and training with SBIRT experts.</p>							<p>SBIRT into their counseling practices for young adult students</p>	<p>administration</p> <ul style="list-style-type: none"> ● Discern target population at the community college with emphasis on at-risk students ● Make stakeholders & SBIRT partners aware of the expectations for overseeing and reporting SBIRT implementation ● Determine what tools &/or processes are needed for monitoring & measuring SBIRT implementation ● Explore how to access & involve non-college young adults (higher risk group) in SBIRT outside of an academic setting
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