

ITS Trauma Informed Care Training Group

3/23/2018

Training Work Group Participants

Jill Fitzgerald

Lenore Sciuto

Jonathan Routhier

Steve Tuck

The Trauma Informed Group met for an abbreviated meeting to prepare for the Summit Meeting. We discussed the few more topics as follows;

1. Jill reported she would be willing to provide trainings in person in the northern agencies and ITS facilities.
2. It was determined as the Trauma Informed Care Trainings progress new members would need to participate in the original training.
3. The content of the report was discussed with the need to present to the Summit Group with ideas of implementation not a final determination.
4. We will facilitate a discussion with the idea the Summit Group will recognize the need and how it could enhance ITS organizations clinical treatment goals.
5. We determine it would be best to present with a member of the Trauma Informed and the Training Group.

The meeting was adjourned with a plan in place for the Summit. We look forward to future developments of implementing Trauma Informed Care in New Hampshire.

ITS Trauma Informed Care Training Group

3/19/2018

Training Work Group Participants

John Capuco

Dr. Laura Guidry

Maureen Rose Julian

Sofia Hyatt

Lenore Sciuto

Jonathan Routhier

Steve Tuck

The Trauma Informed and Training Work groups met to combine both groups perceptions on how to proceed with a single vision. Several possible options were presenting with a theme of understanding this will be a long-term project and will not be implemented after the upcoming summit meeting.

Options of moving forward:

1. Potential trainers-Dr. Laura Guidry, Greg Steelman and Jill Fitzgerald. Other trainers will be considered as they are identified.
2. A training curriculum is near completion developed by the Trauma Informed Group.
3. To disseminate the training a basic model of a one day in person group training with monthly follow up on with supervision via Skype.
4. The possibility of extending the above model with a train the trainer component.
5. Utilizing a past training format used at the Moore Center under the direction of Dr. Guidry.

Each of the above possibilities were discussed at length and it was determined at this time all options will be left on the table for discussion at the Summit meeting. The group felt confident that we had accomplished our intended goals of providing a curriculum and a means of training Trauma Informed care statewide.

It was also determined it was not in our role now to be concerned with the financial aspect of how to implement the above plan. It was noted there would have to funding for the trainers along with expenses for people to attend. Individual Area Agencies would need to review their training needs and associated costs.

In summary I would like to thank all group participants with their active interest in pursuing a way forward to providing the best possible clinical services for all our ITS clients. We will continue to press forward with the project and look forward to working with all interested parties in the future.

Refining the Therapeutic Approach Meeting January 5, 2018

Participants: John Capuco, Laurie Guidry, Greg Steelman, and Jill FitzGerald

Discussion:

- Reviewed the last group's joint meeting with the training group and the decision to develop two subcommittees - 1). A group focused on the development of the clinical training and 2). A group focused on the framework/logistical rollout. This group moving forward will be focused on the development of the clinical training and making adjustments based on the audience.
- Discussed components of training and needing to have a cohesive effort between clinical and administration to develop a rollout.
- Discussed the need for an ongoing consultation process to support knowledge retention.

Tasks to be Done:

- Greg will join the Framework group to discuss potentially using the Moore Center proposal to BDS and how to utilize that framework for a Trauma Informed Care training rollout.
- Moore Center will revise training proposal and present to BDS.
- Greg, Laurie, and Jill will meet to review existing training curriculum in person. John will attend if possible.
- John will connect with Barb Drotos to invite her to join the development of the training to ensure no duplication of efforts with the START Center.

Redefining the Therapeutic Approach

August 29, 2017

Participants – John, Jill, Nancy, Gail, Michelle

- Discussed upcoming ITS Summit in September – our group needs to report out recommendations and next steps – primary goal is to roll out a Trauma Informed Care training statewide (a combination of Greg and Jill’s curriculum) and develop a plan for sustainability.
- Greg and Jill will develop the curriculum, and then we will reach back out to the ITS training group (previously met jointly) to develop a roll out plan statewide. Training will be tailored appropriately to each audience.
- Discussed need for ongoing training, supervision, and consultation as a part of the training model for the AA system. Discussed creating certificate, CEU program. Jill will explore CEU application.
- John discussed need for this training with the Bureau. Discussed outcomes with Easterseals and Moore Center pilots. Bureau is interested in determining how to continue this – Jill will send updates outcomes to John to determine if there is ongoing funding for this.
- Discussed that there may be some resistance to Trauma Informed Care as this moves away from a traditional behavioral approach to our population. There is a concern that the AA system may be concerned about cost implications and taking on the mental health aspect of serving this population. Discussed how to present the importance of comprehensive clinical intervention and resulting positive outcomes, starting with the AA EDs. Nancy will send her thoughts on how AAs can collaborate on this.
- Discussed needing to develop a verbal presentation for the ITS summit and what we would like to include in addition to the final report.

Trauma Informed Care Sub Committee Meeting

06.02.2017

Attendees: John Capuco, Nancy Morse, Lenore Sciuto, Greg Steelman, Jill FitzGerald

Materials for Review: Greg and Jill's curriculums for Trauma Informed Care

Discussion –

- Group discussed connecting with the Training Committee to potentially getting together with that committee since there seem to be parallel processes occurring surrounding Trauma Informed Care
- Group discussed importance of educating the work force (DSPs to administrators). Group discussed challenges associated with Trauma Informed training in the mental health system. Discussed how the system tends to address concerns from a strictly behavioral perspective and how that does not meet the needs of this clinically complex population.
- Group discussed idea of tool kits for direct care professionals to support them in providing trauma informed care. Discussed social role valorization and the connection to trauma informed care.
- Discussed how beyond a training to develop a mentoring network to support ongoing Trauma Informed Care approach.
- Discussed available curriculum and how there is a need to identify expert trainers in the state and then to develop a training plan for each audience. Discussed levels of training and identifying need – discussed importance of identifying an individual within the mental health system to partner with as a part of the training team.
- Discussed challenge of finding clinicians and prescribers willing to work with the population. Discussed where therapeutic services working well and how we can build upon that.

Action Steps –

- John will connect with Training Committee about making a connection between the groups.
- Jill and Greg will review curriculum and identify potential for tool kit items for staff to take home post training.
- For further discussion – Identify steps for developing a strong relationship with the mental health system on the issue of Trauma Informed Care.
- Sub-Committee will review Trauma Informed Care curriculum and discuss at next meeting.

Next Meeting – June 16th 2017 at 1pm at BDS in Concord

Refining the Therapeutic Approach - Meeting minutes

Date: 5/9/2017

Attendees: Greg Steelman, Jill FitzGerald, Ellen Denoncour, John Capuco, Sofia Hyatt, Nancy Morse, Gayle Tondreau

Initial Discussion:

- Discussed possibility of sending out a survey to Area Agencies about what they are doing.
 - Reviewing trainings in trauma informed care that are currently available
 - Two proposals for statewide trauma informed care training on systemic level-Moore Center and Easter Seals.
1. Team agreed that we should establish a sub-committee that can evaluate curriculum that has been put together re: trauma informed care trainings. Sub-committee will come to a consensus on curriculum and method of delivery state wide. John, Jill, Greg and any others who would like to participate may participate in this. Jill will be sending out dates to the group for whoever would like to attend this.
 2. Jill will contact area agency and vendor clinical directors for what they are doing right now for trauma informed care.
 3. Group discussed differences between horizontal and vertical approaches to rolling out training. Group agreed that a Trauma Informed summit would be a good way to roll this out to higher level bureau staff and administrators.
 4. The Forensic Coordinator group, the COP and the statewide risk management team are the three groups that cut across area agencies and vendors to address needs of part of the highly traumatized population served. This may be a good time to look at what role the forensic coordinator group may take in the future.
 5. Group agreed that the next summit scheduled for September would be a good goal for delivery of day long training on trauma informed care.
 6. Discussed spectrum of trainings and difficulty of establishing effective prerequisite training for direct care staff.
 7. John brought up need to establish how this sits within the bureau structure.

Action Steps:

1. Time will be established for the subcommittee to meet and begin work on formatting training. Jill to organize.
2. Full group will meet in person at the bureau on 6/2 at 1pm to review sub-committee's work.
3. Jill and Greg will share training materials with group for review prior to small group meeting.

Agenda:

Identify Leader: Jill

Establish goals:

What information is required?

Schedule for future meetings

Attendance: Jill Fitzgerald, Greg Steelman, Sofia Hyatt, Nancy Morse, Gayle Tondreau

PURPOSE OF THE COMMITTEE

Discussion/ questions:

How do we create an overarching trauma informed perspective throughout the DD system?

How do we integrate treatment and services? How do we weave Trauma Informed Care into individual services?

What are the current approaches that are being utilized by different providers throughout the state?

What are the best practices? Do we want to agree to one approach throughout the system or multiple approaches?

Evaluating what we are doing. Requires better definitions of what we are doing. Much variation throughout the system

Part the problem with outcome data is a lack of consistency in approaches. Requires a focused approach to evaluations

What we are doing is not working: relies on a very behavioral approach that does not include the client. Antithetical to individuals with trauma history.

Outcomes: find a case where things are going very well and use them as a template(s)

Easter Seals has developed a Trauma Informed training which it has implemented in many programs. May want to look at those programs that have had the training and see how they are functioning.

What kind of services best meet the needs of the individual. Who is in the best position to make these decisions? Financial considerations may undercut the process.

Do we have the infrastructure and staffing needed to provide these services. Do we have the clinical resources?

EMDR

COSA model

Goals:

Important to have a good understanding of each other's areas of knowledge and expertise and share that information. What is happening throughout the state? Who are the experts? Establish a user network for exchange of ideas, a place to go to get feedback and suggestions, identify who has materials, i.e. training packet. "Have access to success."

Develop a plan to roll out Trauma Informed care. Develop a plan to get this information out.

Develop a document/manual for evidence based trauma informed care. Provide a 3000 foot view; identifying other more specific skills that are utilized on a daily basis, i.e. DBT, breathing on a daily basis

What are the different trainings that are available do we want consistency of trainings.

Identify what each area agency and provider agency is doing in this area.

How do you build a paraprofessional workforce? Is there a process? Competency based trainings. Examination of the workforce.

COSA Model. Having regular conversations with staff/ clinician

Needs

Meet again summarize and outline. Once we identify goals then put together a work plan.

Jill Fitzgerald volunteered to be the Committee Chair. Thank you!