



Upcoming Trainings and Events

March 2019 – June 2019

*This is an education and training resource guide published by the
NH Department of Health and Human Services
Bureau of Developmental Services
105 Pleasant Street
Concord, New Hampshire 03301*

*This calendar can also be accessed through
NH Department of Health & Human Services website*

<http://www.dhhs.nh.gov/dcbcs/bds/documents/trainingcalendar.pdf>

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
March 8	9:00 am to 4:00 pm	Dual Diagnosis: Dilemmas In Diagnosis and Treatment	Dual diagnosis, also called “co-occurring disorders”, is a term for the simultaneous experience of a mental illness and a substance use disorder. Either disorder- substance use or mental illness- can develop first. People experiencing a mental health condition may turn to alcohol or other drugs as a form of self-medication to improve the mental health symptoms they experience. In this workshop you will explore the neuroscience of co-occurring disorders and treatment strategies, both therapeutic and pharmacological.	Social Workers Counselors Addiction Counselors Therapists Mental Health Professionals	\$189.00	UNH Manchester Campus 88 Commercial St. Manchester, NH	For more information call: Phone: (603) 228-2084 Email: professional.development@unh.edu Website: https://training.unh.edu/dualdiagnosis

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
March 8 March 15 March 22 March 29 and April 5	8:30 am to 4:30 am 8:30 am to 12:45 pm	Skill Enrichment Series DBT Skills Training for Borderline Personality Disorder	Practitioners attending this course will learn the Dialectical Behavior Therapy (DBT) model of treatment as developed by Marsha Linehan, Ph.D. The content will include: <ul style="list-style-type: none"> • The theory of dialectical and biosocial theory • Individual and group skills training • Case management, structural, problem-solving, dialectical, validation and stylistic strategies • Phone strategies • Crisis intervention/suicidal strategies, behavioral analysis and self-validations issues 	Counselors Therapists Mental Health professionals Psychologists	\$500	The Mental Health Center of Greater Manchester CSS Library 1555 Elm St. Manchester, NH	For more information contact: Charlene Kach Phone: (603) 854-8384 Email: kachchar@mhcgm.org Website: https://www.mhcgm.org/wpcontent/uploads/2018/12/DBT-03-08-19.pdf

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
March 14	8:00 am to 4:00 pm	Antisocial, Borderline, Narcissistic and Histrionic: Effective Treatment for Cluster B Personality Disorders	This training is designed to provide you with the knowledge, skills, and abilities to accurately identify and treat your most difficult personality disordered clients. Better understand your clients with Antisocial, Narcissist, Histrionic and Borderline Personality Disorder client and make a breakthrough in clinical treatment.	Counselors Social Workers Psychologists Psychotherapists Therapists Addiction Counselors Marriage and Family Therapists Case Managers Nurses Other Mental Health Professionals	Advance price \$199.99 ends 2/22/19 \$229.99 after 2/22/19	Executive Court Conference Center 1199 South Mammoth Rd. Manchester, NH	For more information contact: Pesi Inc. Phone: (800) 844-8260 Website: https://www.pesi.com/events/detail/68472/antisocial-borderline-narcissistic-and-histrionic-effective

M a r c h 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
<p>March 14 April 10 May 1</p> <p>Additional trainings for team leaders: April 3 and May 15</p>	<p>8:00 am to 3:00 pm</p>	<p>Establishing Tier 1 Systems, Data, and Practices to Maximize Student Engagement and Learning Multi-Tiered Systems of Support for Behavioral Health & Wellness (MTSS-B)</p>	<p>The MTSS-B framework has been shown to improve student engagement, create school climates and cultures that are positive and inclusive of all students, and improve student academic and behavioral outcomes. Participants will focus on how to establish Tier 1 “Universal” systems. School teams will learn how to organize their learning community to include diverse school and community voice, create a positive school-wide system, align multiple efforts and resources and how to create a coherent, consistent, and positive environment for all students.</p>	<p>Teachers Counselors Social Workers Mental Health Professionals School Administrators</p>	<p>\$3,000 per school team of 3-5</p> <p>\$5,000 per school team of 6-8</p> <p>\$600 per additional team member over 8</p>	<p>The Falls Event Center</p> <p>21 Front St. Manchester, NH</p>	<p>For more information contact:</p> <p>Phone: (603) 228-2084</p> <p>Email: iod@unh.edu</p> <p>Website: https://iod.unh.edu/event/establishing-tier-1-systems-data-and-practices-maximize-student-engagement-and-learning</p>

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
March 19	9:00 am to 1:00 pm	Brain Matters 2019 - Opioids & Substance Abuse	This workshop will discuss how opioids, such as heroin, fentanyl, and prescription medications work on the brain. It will begin with a review of basic neuroanatomy, which will then be followed by a discussion on how opioids are absorbed by the body, used by neurons, and are eliminated by the body. Finally, there will be a discussion on the long-term effects of prolonged opioid use on the brain.	Counselors Social workers Mental health professionals Case managers Addiction counselors	\$25.00	Marriot Courtyard & Grappone Conference Center 70 Constitution Ave. Concord, NH	For more information contact: Lori Phone: (603) 225-8400 Email: lori@bianh.org Website: https://bianh.salsalabs.org/onsa/index.html

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
March 28	8:00 am to 4:00 pm	Art Therapy for Anxiety, Addictions and Chronic Pain	Are you looking for new ways to help your clients combat negative self-talk to push through fears and anxiety, and turn away from self-destructive isolating behaviors? Discover how combining art therapy with CBT, positive psychology and mindfulness helps to delay immediate gratification, look at the world differently, process fears, accept imperfection and let go of past anger and hurt.	Counselors Social workers Therapists Addiction Counselors Students	\$199.99 Advance price ends 3/8/2019 \$229.99 after 3/8/2019	Executive Court Conference Center 1199 South Mammoth Rd. Manchester, NH	For more information contact: Pesi Inc. Phone: (800) 844-8260 Website: https://www.pesi.com/events/detail/68534/art-therapy-for-anxiety-addictions-and-chronic-pain

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
<p>March 28 March 29 June 5</p>	<p>8:30 am to 4:00 pm</p>	<p>Renew Facilitator Training Institute</p>	<p>This is a 3-day in-depth training on the Rehabilitation for Empowerment, Natural supports, Education, and Work (RENEWTM) model and process. Renew is a youth-directed planning and support process designed to meet the needs of young people with emotional and behavioral challenges transitioning from school to adult life. Through group activities and instruction, learn to engage youth, facilitate personal futures planning through mapping, develop individualized teams and resources, direct the RENEW team process, conduct school - to career planning, and empower youth to lead the process.</p>	<p>Teachers Special Educators Para-Educators Psychologists Mental health workers Health care providers Social workers Youth and Family Counselors Family members supporting youth ages 12-25</p>	<p>\$399</p>	<p>IOD Professional Development Center 56 Old Suncook Rd. Concord, NH</p>	<p>For more information contact: Phone: (603) 228-2084 Email: iod@unh.edu Website: https://iod.unh.edu/event/renew-facilitator-training-institute-9</p>

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
April 2	8:00 am to 4:00 pm	Improve Executive Functions: Evidence-Based Strategies to Change Behavior	<p>You will develop the skills you need to better assess, grow and improve executive functioning in your clients. Effectively teach your client the skills to:</p> <ul style="list-style-type: none"> • Get organized • Resist impulses • Stay focused • Use time wisely <p>With captivating descriptive examples, engaging case illustrations, and effective strategies you can immediately implement, you can help your client change their brain and behavior!</p>	Counselors Social Workers Psychologists Psychotherapists Case Managers Educational Paraprofessionals Teachers Therapists School Administrators	<p>\$199.99 Advance price ends 3/13/2019</p> <p>\$229.99 after 3/13/2019</p>	Executive Court Conference Center 1199 South Mammoth Rd. Manchester, NH	<p>For more information contact: Pesi Inc. Phone: (800) 844-8260 Website: https://www.pesi.com/events/detail/69253/improve-executive-functions-evidence-based-strategies</p>

A p r i l 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
April 9	5:30 pm to 7:30 pm	Regional Transition Fair	This is an informational event for individuals with disabilities and their families to assist in making a successful transition to adult life and independence.	Individuals with disabilities Families	No cost	Bekdash Shriner Center 189 Pembroke Rd. Concord, NH	For more information contact: Website: https://docs.google.com/forms/d/e/1FAIpQLSeap7yYL5XT5G-5LTbJbv8BEGtXyi5wyRRnPLdguC8s-mEpxg/viewform Register by March 31st

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
April 10	7:00 pm to 9:00 pm	Intelligent Lives Screening	From award-winning filmmaker Dan Habib comes Intelligent Lives, a catalyst to transform the label of intellectual disability from a life sentence of isolation into a life of possibility for the most systematically segregated people in America. This film stars young American adults with intellectual disabilities who challenge perceptions of intelligence as they navigate high school, college, and the workforce.	Everyone is welcome	No cost	University of New Hampshire MUB Theater 2 83 Main St. Durham, NH	For more information call: Phone: (603) 228-2084 Email: contact.iod@unh.edu Website: https://iod.unh.edu/event/intelligent-lives-screening-0

A p r i l 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
April 11	4:30 pm to 6:30 pm	Strong Families, Strong Communities	Keynote Speaker Christine Santaniello, former LRCS Executive Director and current Director of NH HHS Division of Housing and Economic Stability, returns to Laconia to discuss the state's priorities in strengthening community supports for NH families, community collaboration and the critical role played by Family Resource Centers.	Everyone is welcome	No cost	Beane Conference Center 35 Blueberry Lane Laconia, NH	For more information contact: Judy Maguire Phone: (603) 581-1504 Email: judith.maguire@lracs.org RSVP to above contact by April 8. Seating is limited!

A p r i l 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
April 13	9:30 am to 3:30 pm A light lunch will be served	Around the Special Education World in 1 Day	<p>The special education process works best when parents and educators are able to work in partnership to meet the needs of children with disabilities. This comprehensive, 1-day seminar will provide participants with the tools they need to be better informed and more effective members of a child's Individualized Education Program (IEP) Team. Topics include:</p> <ul style="list-style-type: none"> • An overview of the NH special education law and process • Disability awareness • The IEP, including tips to help prepare for and participate in IEP Team meetings • Effective communication strategies, based on the parent/educator partnership model 	Teachers Anyone working with children with disabilities Parents	No cost	Please call for location and directions	<p>For more information contact:</p> <p>Phone: (603) 224-7005</p> <p>Email: admin@picnh.org</p> <p>Website: https://www.picnh.org/</p> <p>Pre-registration is required for this free workshop. They will provide directions to the workshop site when you pre-register</p>

A p r i l 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
April 17	8:30 am to 12:30 pm	Brain Matters 2019- Brain Injury 101	This training will provide an overview and information on brain injury, including definitions, the rate of incidence and the cognitive, physical, and emotional consequences of brain injury. The effects of brain injury on families will also be discussed as well as strategies, tips, and available resources.	Therapists Mental Health professionals Social workers Counselors	No cost	Brain Injury Association of NH 52 Pleasant St. Concord, NH	For more information contact: Lori Sandefur Phone: (603) 225-8400 Email: lori@bianh.org Website: https://bianh.salsalabs.org/bi101a/index.html

A p r i l 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
April 25 & 26	8:00 am to 4:00 pm	Acceptance and Commitment Therapy: 2-Day Intensive ACT Training	<p>You will develop highly practical, evidence-based skills, case conceptualization techniques and powerful strategies that will improve outcomes for the following:</p> <ul style="list-style-type: none"> • Anxiety Issues • Post-Traumatic Stress Disorder • Mood Disorders • Substance Abuse • Anger Management • Eating Disorders • Trauma • Personality Disorders 	Counselors Psychologists Social workers Addiction counselors Therapists Case Managers Nurse practioners Other Mental Health professionals	<p>\$399.99 Advance price ends 4/5/19</p> <p>\$439.99 after 4/5/19</p>	<p>Executive Court Conference Center</p> <p>1199 South Mammoth Rd. Manchester, NH</p>	<p>For more information contact: Pesi Inc.</p> <p>Phone: (800) 844-8260</p> <p>Website: https://www.pesi.com/events/detail/69592/acceptance-and-commitment-therapy-2-day-intensive-act</p>

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
April 26 thru April 28	Friday April 26 4:00 pm - Sunday April 28 11:00 am	2019 NH Family Support Conference Families...The Heart And Soul Of NH	The NH Family Support Conference offers attendees the opportunity to learn current information on a variety of issues, as well as providing a forum to meet other family members and individuals with similar life experiences. Fun and exciting recreational activities specific for children of various ages are also planned. Participants come away with renewed strength as well as resources to continue the journey in assisting family members to reach their full potential.	Everyone welcome	<p><u>Weekend Rates:</u></p> <p>Teen and young adults: \$165.00</p> <p>Children: 3-12 yrs.: \$75.00</p> <p>Under 3 yrs. - No fee (no meal provided)</p> <p><u>One Day Rates:</u></p> <p>Teen and young adults: \$130.00</p> <p>Children: 3-12 yrs. \$60.00 plus \$4.45 fee</p> <p>Under 3 yrs. - No fee (no meal provided)</p>	<p>The Omni Mount Washington Resort</p> <p>310 Mount Washington Hotel Rd. Bretton Woods, NH</p> <p><u>Hotel Rate:</u></p> <p>\$201.00 per night</p> <p>Single or Double Occupancy</p>	<p>For more information contact: Angela Boyle Phone: (603) 393-1299</p> <p>Email: fsconference@communitycrossroadsnh.org</p> <p>Website: https://www.eventbrite.com/e/2019-new-hampshire-family-support-conference-registration-53953095160?aff=ebdshpsearchautocomplete</p>

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
April 27	10:00 am to 1:00 pm	Age of Champions Celebrity Longevity	This event includes community resources, vendors, demonstrations, health assessments, hands on activities, and giveaways.	Everyone welcome	No cost	University of New Hampshire Lundholm Gymnasium 146 Main St. Durham, NH 03824	For more information contact: Phone: (603) 862-4320 Email: contact.iod@unh.edu Website: https://iod.unh.edu/event/age-champions-1

A p r i l 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
April 29 & 30	8:00 am to 5:00 pm 8:00 am to 4:00 pm	2019 Self- Direction Conference	Join our biggest conference to date with four tracks focused on innovations, growth, real-life stories, and practical solutions. Sessions will explore innovative practices and highlight exemplary programs from around the country. You are invited to join us to “think big” and share your vision for self-direction in the future.	Direct Support professionals Support brokers Other stakeholders Families	\$399 for members \$460 after March 1 \$425 for non- members \$475 after March 1	Hyatt Regency 300 Light St. Baltimore, MD	For more information contact: Casey DeLuca Email: casey@appliedselfdirection.com Website: http://www.appliedselfdirection.com/self-direction-conference

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 2	8:00 am to 4:00 pm	Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Healing of PTSD, Anxiety, Depression and More	<p>We all know what it is to feel conflicting emotions - "a part of me wants to and then there's a part of me that does not".</p> <p>For our clients, this kind of inner emotional conflict can become intense, even debilitating. Internal Family Systems (IFS) offers unique, clarifying and empowering methods for addressing these common clinical issues. This training is rich with teachings, videos, experiential exercises, and mini-demos. It will offer you proven techniques to immediately apply in your clinical practice!</p>	Counselors Social Workers Psychologists Addiction Counselors Marriage and Family Therapists Other professionals who work in the mental health field	\$199.99 Advance price ends 4/12/19 \$229.99 after 4/12/19	Executive Court Conference Center 1199 South Mammoth Rd. Manchester, NH	<p>For more information contact: Pesi Inc.</p> <p>Phone: (800) 844-8260</p> <p>Website: https://www.pesi.com/events/detail/69233/internal-family-systems-therapy-ifs-a-revolutionary</p>

M a y 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 2	9:00 am to 11:00 am	Skill Enrichment Series Overcoming Stigma: Strategies for Health Professionals	The stigma associated with mental illness and substance use disorders represents complex processes involving stereotypes, prejudice and discrimination. As health professionals we have an ethical mandate to address stigma in our workplace, with our clients and within ourselves. This training will increase participant's ability to assess common types of stigma and provide strategies for addressing the negative effects of stigma.	Social workers Counselors Mental Health professionals	\$30	The Mental Health Center of Greater Manchester (MHCGM) Conference Room 5 Blodget St. Manchester, NH	For more information contact: Charlene Kach Phone: (603) 854-8384 Email: kachchar@mhcgm.org Website: https://www.mhcgm.org/events/overcoming-stigma-strategies-for-health-professionals-2/

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 6 thru May 8	8:00 am to 12:15 pm	2019 Start National Training Institute	<p>This year’s program will be delivered over the course of two and a half days and will include 2 keynote presentations, 3 panel presentations, 20 breakout sessions from 5 different content strands, and a research poster session.</p> <p>This year’s theme, “Value in Us All: Advancing Inclusive Practices,” focuses on the dignity and inclusion of service recipients and their families. Inclusive practices value the unique cultural identities, positive characteristics, hopes, and dreams of individuals and their families.</p> <p>Content strands are: Strength-Based Approaches, Psychiatry & integrated Health, START Best Practices & New Strategies, Crisis Response, and Policy, Practices, & Community Inclusion.</p>	All are welcome	<p>\$699 Standard rate</p> <p>Single Day Rates:</p> <p>Monday only \$295</p> <p>Tuesday only \$350</p> <p>Wednesday only (1/2 day) \$75</p>	<p>Crystal Gateway Marriott</p> <p>1700 Jefferson Davis Highway Arlington, VA</p>	<p>For more information contact: Mary Ann Allsop</p> <p>Phone: (603) 228-2085 Ext. 23</p> <p>Email: Registration.snti@unh.edu</p> <p>Website: https://iod.unh.edu/event/2019-start-national-training-institute</p>

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
<p>May 8 or August 28 or November 6</p>	<p>8:30 am to 4:00 pm</p>	<p>Initial Training on Addiction & Recovery</p>	<p>This introductory workshop on addiction and recovery is designed to raise awareness and understanding of the dynamics and impact of addiction on people whom we serve. It will cover the neurological basis of addiction; mental, behavioral, emotional and spiritual dimensions; stages of change; recovery; motivational techniques and resources.</p>	<p>Workshops are designed for people working in any helping profession, whose daily work encounters/ engages people with substance use disorders.</p>	<p>No cost</p>	<p>Division of Public Health Bldg. Public Health Auditorium 29 Hazen Dr. Concord, NH</p>	<p>For more information contact: Shannon Quinn Phone: (603) 271-5889 Email: aodtrainingcoordinator@dhhs.nh.gov Please choose 1 date for the training when registering</p>

M a y 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 8 & 9	9:00 am to 4:00 pm	Using the Science of Implementation to Make Long-Lasting Change	<p>This training will assist teams to learn how to implement a new practice, project, or framework while working through several dimensions of proven implementation strategies. Each team will learn how to:</p> <ul style="list-style-type: none"> • Improve fidelity of implementation • Enhance the sustainability of implementation efforts • Scale-up successful programs and practices 	Teachers Social workers Counselors Professionals who work in the Mental Health field	\$599 per attendee	Grappone Conference Center 70 Constitution Ave. Concord, NH	<p>For more information contact:</p> <p>Phone: (603) 228-2084</p> <p>Email: iod@unh.edu</p> <p>Website: https://iod.unh.edu/event/using-science-implementation-make-long-lasting-change</p>

M a y 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 9	8:00 am to 4:00 pm	Suicide Assessment and Intervention: Assess Suicidal Ideation & Effectively Intervene in Crisis Situations with Confidence, Composure and Sensitivity	<p>This seminar will transform how you view and work with clients and give you the clinician tools you need to save lives. This seminar will provide you with the tools you need to:</p> <ul style="list-style-type: none"> • Assess for suicidal risk and identify implicit and explicit expressions of suicidal thought • Formulate a game-plan for crisis when suicide is imminent • Intervene in suicidal despair with proactive approaches derived from the evidence-based efficacy of CBT and DBT • Effectively use targeted language with suicidal clients • Provide innovative grief support resources that connect clients and clinicians with other survivors of suicide and suicide loss 	Social workers Counselors Case Managers Addiction counselors Therapists Nurses Psychologists Other mental health professionals	<p>\$199.99 Advance price ends 4/19/19</p> <p>\$229.99 after 4/19/19</p>	Executive Court Conference Center 1199 South Mammoth Rd. Manchester, NH	<p>For more information contact: Pesi Inc. Phone: (800) 844-8260 Website: https://www.pesi.com/events/detail/70257/suicide-assessment-and-intervention-assess-suicidal</p>

M a y 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 9 or August 29 or November 7	8:30 am to 4:00 pm	Families & Addiction	This Introductory workshop explores how the addiction of the individual affects the entire family system. Special attention will be paid to the effects on the children in the family and discussion will center on strategies and resources to help increase their resiliency and coping skills.	These workshops are designed for people working in any helping profession, whose daily work encounters/ engages people with substance use disorders.	No cost	Division of Public Health Bldg. Public Health Auditorium 29 Hazen Dr. Concord, NH	For more information contact: Shannon Quinn Phone: (603) 271-5889 Email: aodtrainingcoordinator@dohs.nh.gov Please choose 1 date for the training when registering Participants are strongly encouraged to attend the "Initial Training on Addiction & Recovery" prior to taking this workshop.

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Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 15	8:00 am to 4:00 pm	15 th Annual Mental Health Symposium: Bringing Mindfulness to Youth	This workshop is for professionals interested in bringing mindfulness to youth and families and building resilience. We will be sharing proven practices that can be used by parents, therapists, educators, and others looking for creative ways to share mindfulness with children. We will discuss tailoring techniques to a range of presenting issues including depression, anxiety, ADHD, executive function challenges, addiction, impulse control difficulties, trauma and stress.	Counselors Therapists Educators Parents Social workers Mental health professionals	\$165.00	Noah's Event Venue 379 S. River Rd. Bedford, NH	For more information contact: Phone: (603) 228-4111 Email: training@mhcgm.org Website: https://www.mhcgm.org/events/spring-symposium-mindfulness-for-youth/

M a y 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 16	8:00 am to 4:00 pm	Changing the ADHD Brain: Moving Beyond Medication	You will walk away with information about some of the most common non-medication interventions for ADHD such as computerized cognitive training, mindfulness meditation and neurofeedback. You will also learn a variety of practical strategies that can be implemented immediately and at low cost. We will navigate the vast research on exercise, movement, diet, sleep, disruptive technologies, supplements and the impact of the environment on ADHD.	Counselors Social workers Psychologists Marriage and Family Therapists Speech-Language Pathologists Nurses School Administrators	\$199.99 Advance price ends 4/26/19 \$229.99 after 4/26/19	Executive Court Conference Center 1199 South Mammoth Rd. Manchester, NH	For more information contact: Pesi Inc. Phone: (800) 844-8260 Website: https://www.pesi.com/events/detail/70180/changing-the-adhd-brain-moving-beyond-medication

M a y 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 17	9:00 am to 4:00 pm	Nervous and Unhappy: Teen Anxiety and Depression	Anxiety and depression are the two most common adolescent mental health disorders. In this workshop you will look at the history, types, symptoms, causes, screening instruments, and diagnosis related to these disorders. The focus will be on the adolescent and self-harming behaviors, suicide, and drug use as they pertain to anxiety and depression. Effective treatments, self-help, how friends help friends, and the impact on a teen's life for each of these disorders will also be discussed.	Social workers Counselors School Administrators Therapists Mental Health professionals	\$189.00	Portsmouth/ Pease, Great Bay Community College 320 Corporate Dr. Portsmouth, NH	For more information call: Phone: (603) 228-2084 Email: professional.development@unh.edu Website: https://training.unh.edu/course/nervous-and-unhappy-teen-anxiety-and-depression

M a y 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 20 & 21	9:30 am to 4:30 pm	The 29 th Annual Aging with Developmental Disabilities Conference	The Annual Aging with Developmental Disabilities Conference has a goal of bringing the aging and developmental disability professionals together under one roof to learn about best support models and practices and the most current information on aging with a developmental disability. There are specific tracks targeted at different audiences that will attend (i.e. medical, direct care, self-advocacy). All tracks have the common thread of improving quality of life and helping maintain the independence of aging individuals with developmental disabilities with the broad goal of keeping people in their homes.	Everyone welcome	\$225 for early registration before May 2 \$250 after May 2	St. Charles Convention Center Plaza 1 Convention Center Plaza St. Charles, MO 63303	For more information contact: Phone: (314) 647-8100 Email: agingwithdd@msn.com Website: https://www.agingwithdd.org/conference/

M a y 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
May 23	8:00 am to 4:00 pm	Emotional Freedom Techniques (EFT) and Tapping: Evidence-Based, Mind-Body Treatment Approach to the Anxiety Spectrum Disorders and Pain	<p>Emotional Freedom Technique (EFT) is a comprehensive mind-body treatment that desensitizes three areas: unwanted thoughts, emotions and physical reactions. EFT combines physical interventions derived from restorative (self-applied) acupressure theory with cognitive interventions.</p> <p>This seminar focuses on cutting-edge techniques of EFT to treat the anxiety spectrum disorders including:</p> <ul style="list-style-type: none"> • Phobias • Generalized Anxiety • Social Anxiety Disorder • Panic • OCD • Acute Traumatic Stress Reactions 	Counselors Social workers Psychotherapists Nurses Addiction Counselors Case managers Other mental health professionals	<p>\$199.99 Advance price ends 5/3/19</p> <p>\$229.99 after 4/26/19</p>	Executive Court Conference Center 1199 South Mammoth Rd. Manchester, NH	<p>For more information contact: Pesi Inc.</p> <p>Phone: (800) 844-8260</p> <p>Website: https://www.pesi.com/events/detail/70190/emotional-freedom-techniques-eft-and-tapping-evidence</p>

J u n e 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
June 14	TBD	Direct Support Professionals (DSP) Conference	Save the Date DSP Conference 2019 will be a one-day conference held in Nashua, NH. Additional information to follow.	Everyone is welcome	TBD	Courtyard by Marriot Event Center 2200 Southwood Dr. Nashua, NH	

J u n e 2 0 1 9

Date	Time	Training /Events	Description	Intended Audience	Cost	Location	Information
June 27, 28 July 25, 26 Aug 22, 23 Sept 26, 27 Oct 17, 18, 31 Nov 1	8:30 am to 3:30 pm	Creating Successful Employment Outcomes (ACRE Training)	ACRE (Association of Community Rehabilitation Educators) is a training for Job Developers who are assisting individuals with disabilities to find and maintain employment. The training is six days and includes an additional on-line component. The training covers the following topics; the history of employment services, overview of Social Security Benefits and work incentives, knowing the job seeker and creating a plan, matching employer needs with quality job matches, creating supports.	Job developers working with individuals with disabilities	\$300	Vocational Rehabilitation Offices 21 South Fruit St. Room 100 Concord, NH	For more information contact: Shelly Faulkner Phone: (603) 352-1304 Email: shellyf@mds-nh.org Materials are provided electronically. A lap top or tablet is necessary for participation. Participants are required to attend the entire program, and complete all fieldwork assignments in order to receive a certificate.

Ongoing Trainings / Events

Date	Time	Trainings/Events	Description	Cost	Location	Information
Meets every Monday of the month	9:00 am to 9:30 am	Raising Readers	Story time for infants, toddlers & preschool-aged children.	No cost	Lakes Region Community Services (LRCS) Family Resource Center 719 North Main St. Laconia, NH	For more information contact: Tricia Tousignant Phone: -(603) 528-0391 Email: Tricia.Tousignant@lracs.org
Meets on the first Sunday of every month during the school year	10:00 am to 12:00 pm	Exploring Our Way Autism Partnership Program	Exploring Our Way provides opportunities to enjoy family time at the museum in a safe, understanding environment, allows parents to network with one another, and will help families discover new resources.	No cost	Children's Museum of New Hampshire 6 Washington St. Dover, NH	For more information call: Phone:- (603) 742-2002 Email: questions@childrensmuseum.org Website: http://www.childrensmuseum.org

Ongoing Trainings / Events

Date	Time	Trainings/Events	Description	Cost	Location	Information
Meets every Wednesday of the month	9:00 am to 9:45 am	Happy Sounds	Join us for music, movement, and laughter!	No cost	Lakes Region Community Services (LRCS) Family Resource Center 719 North Main St. Laconia, NH	For more information contact: Trisha Tousignant Phone: -(603) 528-0391 Email: Tricia.tousignant@lracs.org
Call about meeting dates and times.	Varies	Assistive Technology Training Services	ATECH Services offers training and technical assistance w/iPad, iApps, Clicker 6, Classroom Suite, Dragon Naturally Speaking, REACH with Smart Keys, Word Prediction Software, Auditory Supported Reading Software, Read Write for Google, Book share and more.	Varies	ATECH Services Training Room 57 Regional Drive Suite 7 Concord, NH	To schedule an initial training design plan, please contact: Crotched Mountain ATECH Services Phone: (603) 226-2900 <u>Website:</u> https://crotchedmountain.org/programs-and-services/assistive-technology/

Discussions/Support Groups

Date	Time	Discussions/ Support Groups	Description	Cost	Location	Information
Meets the 1 st Tuesday of the month	6:00 pm to 8:00 pm	Brain Injury Support Group	Support group for families, caregivers and survivors of brain injury.	No cost	Monadnock Community Hospital 452 Old Street Rd. Peterboroug h, NH	For more information call: Phone (603) 588-2979 Email: connect.monadnockcommunityhospital.com/contact-mch/ Website: http://connect.monadnockcommunityhospital.com/event/peterborough-brain-injury-group
Meets on Saturdays every month	3:00 pm to 4:00 pm	The Healing Pathway	This group is designed to support those who have lost a loved one to an overdose.	No cost	Navigating Recovery of the Lakes Region 635 Main St. Suite 303 Laconia, NH	For more information call: Phone: (603) 524-5939
Meets the 2 nd Wednesday of the month	5:00 pm to 6:00 pm	Mild Brain Injury Support Group	Support for families, caregivers and survivors of brain injury.	No cost	Northeast Rehabilitatio n Health Network 70 Butler St. Salem, NH	For more information information , contact: Barbara Capobiano, SLP Phone: (603) 893-2900 ext 3220 Website: http://www.northeastrehab.com/event/mild-brain-injury-support-group

Discussions/Support Groups

Date	Time	Discussions/ Support Groups	Description	Cost	Location	Information
Meets the 2 nd Wednesday of the month	2:30 pm	Diabetic Support Group	Support group for families, and caregivers of someone who has diabetes.	No cost	Mid-State Health Center 101 Boulder Point Dr. Plymouth, NH	For more information call: Phone:- (603) 536-6060 Email: ck633@comfortkeepers.com
Meets the last Wednesday of each month	5:30 pm to 7:00 pm	Bereavement Support Group	Support group for families, and caregivers who have lost a loved one.	No cost	Pemi-Baker Multi- Purpose Room 101 Boulder Point Suite 3 Plymouth, NH	For more information contact: Mary Francis Drake Phone: -(603) 536-2232 Website: https://www.pemibakercommunityhealth.org/index.html

Discussions/Support Groups

Date	Time	Discussions/ Support Groups	Description	Cost	Location	Information
Meets the 3 rd Wednesday of the month	12:00 pm	Caregiver Support Group	Support group for families, and caregivers.	No cost	The Aging and Disability Resource Center 1 Campbell St. Lebanon, NH	For more information contact: Jane Conklin Phone: -(603) 448-1558 Website: http://snsc-uv.org/family-support/
Meets the 3 rd Thursday of the month	1:30 pm	Alzheimer's Support Group for Caregivers	Support group for families, and caregivers of individuals with Alzheimer's.	No Cost	Speare Memorial Hospital 16 Hospital Rd. Plymouth, NH	For more information call: Phone:- (603) 536-6060 Email: ck633@comfortkeepers.com
Meets the 1 st Wednesday of the month	6:00 pm to 7:00 pm	Brain Injury Support Group	Support group for families, caregivers and survivors of brain injury.	No cost	Kelley Library 234 Main St. Salem, NH	For more information contact: Sarah Grant Phone: -(603) 205-2422 Email: sarah@tbicaregiverssupport.com Website: http://www.communitycrossroads nh.org/index.html

Discussions/Support Groups

Date	Time	Discussions/ Support Groups	Description	Cost	Location	Information
Meets the 1 st Tuesday of the month	7:00 pm to 9:00 pm	Brain Injury Support Group	Support group for families, caregivers and survivors of brain injury.	No cost	United Church of Christ 295 Atlantic Ave. North Hampton, NH	For more information contact: Ellen Dozet Phone:- (603)964-8687 Email: officemanager@uccnorthhampton.org
Meets the 1 st Wednesday of the month	5:00 pm to 6:00 pm	Stroke and Brain Injury Support Group for Survivors	The focus of this group is education and peer support for stroke and brain injury survivors and families.	No cost	Northeast Rehabilitatio n Health Network 70 Butler St. Salem, NH	For more information information, contact: Jess Anderson, SLP Phone: (603) 893-2900 Ext. 3218 Website: http://www.northeastrehab.com/event/stroke-brain-injury-support-group-survivor
Meets the 1 st Tuesday of the month	6:00 pm to 7:30 pm	Newly Bereaved Discussion Group	Sessions provide grief education and support for those who have experienced the recent loss of a loved one.	No cost	Concord Regional VNA Hospice House 240 Pleasant St. Concord, NH	For more information: Phone: (603) 224-4093 Email: crvnainfo@crvna.org Website: https://www.crvna.org/support/bereavement

Discussions/Support Groups

Date	Time	Discussions/ Support Groups	Description	Cost	Location	Information
Meets every Tuesday	6:00 pm to 7:30 pm	Families Advocating Substance, Treatment, Education & Recovery (FASTER)	This is a peer support group for parents of children, teens and young adults with substance use issues. Comprised of peers, respectful of other's views, acceptance, always hopeful.	No cost	Child & Family Services 464 Chestnut St. Manchester, NH	For more information call: Phone:- (603) 668-4859 Website: http://www.nhadaca.org/resources/ Walk-Ins welcome
Meets the 1 st Wednesday of the month	9:30 am to 11:00 am	Autism Parent Support Group	This is a parent led support group for families of Autism. They encourage parents from Derry and all surrounding towns to attend. Provide emotional support and resources to parents of children with special needs.	No cost	Derry Public Library 64 E Broadway Derry, NH	For more information information , contact: Marla Soucy Phone:- (603) 724-0790 Email: marla.soucy@gmail.com Website: http://nhfv.org/support-group/derry-parent-support-group/

ON-LINE WEBINARS / ON-LINE COURSES

TRAINING/EVENT	DESCRIPTION	COST	PLACE OFFERED	CONTACT INFORMATION
<p>nTIDE Lunch and Learn Webinar Series</p> <p>February 2 March 9 April 6 May 4 June 1 July 6 August 3 September 7 October 5 November 2 December 7</p>	<p>On the 1st Friday of every month, corresponding with the Bureau of Labor Statistics jobs report, the Employment Policy and Measurement Rehabilitation and Research Training Center will be offering a live broadcast via Zoom Webinar to share the results of the latest nTIDE findings. In addition, we will provide news and updates from the field of Disability Employment, as well as host an invited panelist who will discuss current disability related findings and events.</p>	<p>Varies</p>	<p>Webinar</p>	<p>For more information</p> <p>Email: Disability.statistics@unh.edu</p> <p>Webpage: https://iod.unh.edu/calendar/month/2018-02</p>
<p>Introduction to Serving Individuals with a Substance Use Concern</p> <p>Duration: 30 minute self-paced learning module</p>	<p>The Introduction to Serving Individuals with a Substance Use Concern is designed to educate participants on the prevalence of substance use, how substance use can impact an individual's brain function and life overall, and the importance of utilizing person-centered approaches when assisting an individual. Additionally, the training reviews who is most at risk for a substance use disorder and where and when to refer individuals for assistance in New Hampshire.</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: NH Care-Path-Partner Resources</p> <p>Weblink: https://mm.nh.gov/media/dhhs-trainings/sud-training/presentation.html</p>
<p>Serving Children and Families</p> <p>Duration: 1 hour self-paced learning module</p>	<p>This training provides an overview of the systems of care, programs, and resources available to children and families seeking support in NH</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: NH Care-Path-Partner Resources</p> <p>Weblink: https://mm.nh.gov/media/dhhs-trainings/serving-children-and-families/presentation.html</p>

ON-LINE WEBINARS / ON-LINE COURSES

TRAINING/EVENT	DESCRIPTION	COST	PLACE OFFERED	CONTACT INFORMATION
<p>Developmental Disabilities and Sexuality 101:</p> <p>A Virtual Course to Help Staff Work One on One With a Sensitive Topic</p> <p>Duration: 60 - 90 minutes for each self-paced module. There are 6 modules</p>	<p>This six module virtual course offers a nuts and bolts approach to discussing sexuality and responding to behaviors that will help professionals feel more comfortable and confident.</p>	<p>\$297 under 20 employees</p> <p>\$497 over 20 employees</p>	<p>Online</p>	<p>Provided by: NH Care-Path-Partner Resources</p> <p>Weblink: http://disabilityworkshops.com/works-hops-and-products/developmental-disabilities-and-sexuality-101/</p>
<p>Introduction to Centers for Independent Living</p> <p>Duration: 30 minute self-paced learning module</p>	<p>The Introduction to Centers for Independent Living training is designed to introduce participants to the history, key values and principles of Centers for Independent Living (CIL). Additionally, the training reviews how to connect with NH's CIL, Granite State Independent Living, and offers tips for having a person-centered approach to working with individuals with a disability.</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: NH Care-Path-Partner Resources</p> <p>Weblink: https://mm.nh.gov/media/dhhs-trainings/introduction-to-centers-for-independent-living/presentation.html</p>
<p>Autism Trainings for Parents & Providers</p>	<p>View online modules and learn more about Autism and Evidence Based Practices (EBP). You will learn:</p> <ul style="list-style-type: none"> • Key components of an EBP including the various approaches that can be used with learners with Autism Spectrum Disorder (ASD) • Behaviors and skills that can be addressed using the practice • A step-by-step process for applying the practice • Specific resources that you can download and customize for your own use 	<p>No cost</p>	<p>Online</p>	<p>Provided by: National Professional Development Center on Autism Spectrum Disorder (ASD)</p> <p>Weblink: http://www.communitypartnersnh.org/</p> <p>Click on the link to sign up and view the training modules for free.</p>

ON-LINE WEBINARS / ON-LINE COURSES

TRAINING/EVENT	DESCRIPTION	COST	PLACE OFFERED	CONTACT INFORMATION
<p>A Brief History of Community Based Services in NH</p> <p>Duration: 40 minute self-paced learning module</p>	<p>In this module you'll explore the history of community-based services in New Hampshire. You'll learn about changes that have taken place over the past 100 years as a way to better understand how the community-based service system developed and the values that drive the system today.</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: NH Care-Path-Partner Resources</p> <p>Weblink: https://mm.nh.gov/media/dhhs-trainings/community-based-services/presentation.html</p>
<p>A Snapshot of New Hampshire's Developmental Services System</p> <p>Duration: 15 minutes</p>	<p>This learning module is designed to give you an introductory understanding of New Hampshire's system of supports for people with Developmental Disabilities and Acquired Brain Disorders. The topics covered include a description of NH's regional delivery system, the populations served and Medicaid waivers used for funding.</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: NH Care-Path-Partner Resources</p> <p>Weblink: https://mm.nh.gov/media/dhhs-trainings/snapshot-nh-ds-system/presentation.html</p>
<p>Introduction to Serving Individuals with Mental Illness</p> <p>Duration: 40 minute self-paced learning module</p>	<p>Serving Individuals with a Mental Illness is a self-paced 40 minute module designed to educate participants about mental health and illness, and the importance of utilizing person centered approaches. Additionally this training covers where and when to refer individuals for assistance.</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: NH CarePath-Partner Resources</p> <p>Weblink: https://mm.nh.gov/media/dhhs-trainings/living-with-mental-illness/presentation.html</p>

ON-LINE WEBINARS / ON-LINE COURSES

TRAINING/EVENT	DESCRIPTION	COST	PLACE OFFERED	CONTACT INFORMATION
<p>Inclusion</p> <p>Social Inclusion: Strategies for Community Integration</p>	<p>This web course will focus on understanding the concepts related to social inclusion for people with disabilities. It reviews the obstacles needed to be overcome, as well as the strategies needed to be applied, so that people can be seen for their strengths and gifts and be valued in community relationships in their home communities and at work.</p>	<p>\$59.00</p>	<p>Online</p>	<p>For more information:</p> <p>Webpage: https://disabilitywebtraining.com/course/social-inclusion/</p>
<p>Serving Veterans, Military Members, and their Families</p> <p>Duration: 45 minute video</p>	<p>This training provides an overview of military structure, culture, tips for conducting a culturally sensitive interview, accessing resources, and information and referrals processes when serving veterans, military members, and their families.</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: NH Care-Path-Partner Resources</p> <p>Weblink: https://mm.nh.gov/media/dhhs-trainings/serving-veterans-military-and-families/presentation.html</p>
<p>Normalization & Community</p> <p>Normalization: Community Life</p>	<p>This web course discusses the principle of normalization and how to support people with disabilities with respect and dignity in the community. It provides some history; examples of ways people can be subjected to devalued experiences, and discusses the role of support providers. Reviews supporting positive language, appearance, individuality, competency, and self-determination, while discussing overprotection and segregation. Includes examples and exploration.</p>	<p>\$45.00</p>	<p>Online</p>	<p>For more information:</p> <p>Webpage: https://disabilitywebtraining.com/course/normalization/</p>

ON-LINE WEBINARS / ON-LINE COURSES

TRAINING/EVENT	DESCRIPTION	COST	PLACE OFFERED	CONTACT INFORMATION
<p>Overview of the NH Developmental Services System</p> <p>Duration: 1 hour self-paced learning module</p>	<p>In this narrated module you will learn about NH's Developmental Services system. Topics covered include: state and regional structure, populations served and services provided, Medicaid waivers and the application/eligibility determination process.</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: NH Care-Path-Partner Resources</p> <p>Weblink: https://mm.nh.gov/media/dhhs-trainings/nh-developmental-services-system/presentation.html</p>
<p>Training Resource Network (TRN)</p> <p>Training On Demand</p>	<p>Training Resource Network (TRN), Inc. has been providing resources on community life for people with disabilities for over 30 years. From supported employment to transition, supported living to systematic instruction, we offer cutting edge practices that can be used by agencies, families, people with disabilities, and others. We are continually upgrading content and our platform to ensure the best results for our users.</p>	<p>Varies</p>	<p>Online</p>	<p>For more information:</p> <p>Website: http://disabilitywebtraining.com/about-trn-courses/</p>
<p>Self-Direction of Home- and Community-Based Services:</p> <p>A Training Curriculum for Case Managers</p>	<p>Self-direction of home and community-based services (HCBS) allows individuals to determine what mix of personal care services and supports works best for them within the parameters of their person-centered service plan. The webinars and accompanying resources in this curriculum provide an overview of self-direction, considerations for the design and implementation of a self-direction program, and best practices for oversight of a self-direction program in a managed care context.</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: Center for Health Care Strategies Inc. (CHCS)</p> <p>Weblink: https://www.chcs.org/resource/self-direction-home-community-based-services-training-curriculum-case-managers/</p>

ON-LINE WEBINARS / ON-LINE COURSES

TRAINING/EVENT	DESCRIPTION	COST	PLACE OFFERED	CONTACT INFORMATION
<p>Center for Early Education & Development (CEED)</p> <p>On-line courses</p>	<p>CEED at the University of Minnesota strives to effect positive change in early education, child care, and public policy. CEED offers a variety of online courses for continuing education. For Course Schedule please visit their website: www.cehd.umn.edu</p>	<p>Varies</p>	<p>Online</p>	<p>For more information: contact: Karen Anderson</p> <p>Phone: (612) 625-6617</p> <p>Email: ander352@umn.edu</p> <p>Website: http://ceed.umn.edu/online-courses/</p>
<p>Serving Children and Families</p> <p>Duration: 1 hour self-paced learning module</p>	<p>This training provides an overview of the systems of care, programs, and resources available to children and families seeking support in NH</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: NH Care-Path-Partner Resources</p> <p>Weblink: https://mm.nh.gov/media/dhhs-trainings/serving-children-and-families/presentation.html</p>
<p>Orientation To Disabilities</p> <p>Training On Demand</p>	<p>This web course provides an excellent orientation to the disability field. Useful with new staff, board, or family members. It reviews the issues with labeling, language, and the various types of disabilities and their associated conditions. Covers developmental landmarks and a review of the historic challenges people with disabilities have faced, from institutionalization to the growth of community services and self-determination.</p>	<p>\$35.00</p>	<p>Online</p>	<p>For more information: contact: Webpage: https://disabilitywebtraining.com/product/orientation-to-disabilities/</p>

ON-LINE WEBINARS / ON-LINE COURSES

TRAINING/EVENT	DESCRIPTION	COST	PLACE OFFERED	CONTACT INFORMATION
<p>Understanding & Supporting Behavior</p> <p>Supporting Effective Behavior</p>	<p>This course provides a background to understanding why people behave in certain ways, the communicative intent of behavior and how to help people change ineffective and inappropriate behavior using positive approaches. This course provides core concepts related to how behavior relates to environments and the problems with labeling behavior without fully understanding its communicative intent and the context in which it occurs. Besides reviewing Basic reinforcement principles, it points out the specific issues with using punishment as a behavioral control technique.</p>	<p>\$45.00</p>	<p>Online</p>	<p>For more information contact:</p> <p>Webpage: https://disabilitywebtraining.com/course/supporting-effective-behavior/</p>
<p>NH's Service System for Individuals with Developmental Disability or Acquired Brain Disorder</p> <p>Duration: 1 hr. self-paced learning module</p>	<p>This module will introduce you to NH's Service System for individuals with Developmental Disability (DD) or Acquired Brain Disorder (ABD). You'll be introduced to a number of individuals who have had impact at both the national and the individual level. The goal in presenting this information is to provide an understanding of where the system has come from and where it is today.</p>	<p>No cost</p>	<p>Online</p>	<p>Provided by: NH Care-Path-Partner Resources</p> <p>Weblink: https://mm.nh.gov/media/dhhs-trainings/nh-service-system/presentation.html</p>

Education and Training Resources

Advocating Change Together

Advocating Change Together (ACT) started in 1979 in response to the growing concern that individuals with developmental disabilities were being isolated and excluded from decisions regarding their lives. ACT is a grassroots, member-controlled organization, run by and for persons with developmental and other disabilities. ACT has been successful in organizing persons with disabilities around common issues of concern because of a commitment to one premise: It is not the individual who must change to fit society, but rather, society and systems that must change to accommodate all people. Through our Common Vision workshops and Tools for Change educational materials, ACT works at both ends of the stream -- providing information, skill building, and leadership opportunities to individuals with disabilities and challenging institutional barriers, which limit full inclusion in society. Visit their website www.selfadvocacy.org

New England AIDS Education & Training Center

The AETC/NH began in 1988 and is based at Dartmouth-Hitchcock Medical Center. Training programs in HIV/AIDS are provided for a wide array of providers offering care and prevention services for consumers. For more information, call (617) 262-5657 or email aidse@neaetc.org, or visit their website www.neaetc.org

Antioch University New England

Antioch New England offers practice-oriented, values-based graduate study that is distinctive, socially relevant, and academically rigorous. Master degrees are offered in education, environmental studies, management, and psychology; and doctoral degrees in environmental studies and psychology. The Center for Autism Spectrum Disorders Training of the Department of Applied Psychology announces Autism Spectrum Disorders Certificate program: A program for teachers, counselors, speech-language pathologists, psychologists, advocates, occupational therapists, and others. For more information, please contact the Office of Admissions at (800) 552-8380, e-mail admissions@antiochne.edu or visit their website www.antiochne.edu

Asperger's/Autism Network

The Asperger's/Autism Network's mission is to foster awareness, respect, acceptance, and support for individuals with AS and related conditions and their families. For more information and to find out exactly how AANE can help you, call (617) 393-3824 or our toll free number (866) 597-2263 or visit their website www.aane.org/

Autism Speaks - Autism Treatment Network

There is an Early Childcare Provider's Guide to Managing Challenging Behaviors for children with Autism. This purpose of this guide is to better manage challenging behaviors in a childcare setting. It describes intervention strategies and positive behavioral supports to help class time go more smoothly. This guide also briefly describes Autism Spectrum Disorder (ASD), basic developmental milestones, and potential developmental red flags to monitor. Although the behavior techniques discussed in this guide are suggested to be used for children with ASD, they can be used for ANY child. Children with behavior problems that are similar to ASD in some ways can benefit from these interventions.

https://www.autismspeaks.org/sites/default/files/docs/cchmc_autism_toolkit_early_childhood_providers_guide_weber.pdf

Brain Injury Association of NH

The Brain Injury Association of New Hampshire is a private, non-profit, family and consumer run organization representing New Hampshire residents with acquired brain disorders and stroke. [Our Mission](#) is to create a better future through brain injury prevention, education, advocacy, and support. [Our Vision](#) is a world where preventable brain injuries are prevented, unpreventable brain injuries are minimized, and people who have experienced brain injury can maximize their quality of life. We are able to travel to organizations and do trainings to meet their needs. Our [Resource Library](#) offers survivors, families, professionals and the general public free information, resources and referrals about brain injuries and various other related topics. The library contains pamphlets, articles, books, and videos, which may all be borrowed at no cost. For more information, please contact BIA at (603) 225-8400 or visit their website at www.bianh.org

Centers for Disease Control and Prevention

CDC's "Learn the Signs, Act Early" program aims to improve early identification of children with Autism and other developmental disabilities so children and families can get the services and support they need. The program is made up of three components: Health Education Act, Early Initiative and Research & Evaluation. There are also free materials you can download at:

<https://www.cdc.gov/ncbddd/actearly/freematerials.html>

Community Works

David and Faye have long been involved in innovative service development, training and facilitation in the field of community living. As independent facilitators and teachers, they conduct planning, training and design sessions for individuals and families, government and community agencies, schools, parent associations and self-advocacy groups throughout the United States and Canada. For more information please visit their website at www.communityworks.info

The Developmental Disabilities Nurses Association

As nurses in the specialized field of Developmental Disabilities, our mission is to continually develop our expertise in order to assure the highest quality of life to the people we serve throughout their life span." The Developmental Disabilities Nurses Association (D.D.N.A.) exists to provide opportunities for exploration of common issues and concerns, education, and professional recognition to those nurses involved in the lives of individuals with developmental disabilities. Visit their website at www.ddna.org.

Eldercare Locator/Home Improvement Assistance

This site provides suggestions and resources for older adults who need home modifications to maintain their independence and prevent accidents. Visit their website at

http://www.eldercare.gov/Public/Resources/Factsheets/Home_Modifications.aspx

Disability is Natural

The Disability is Natural website is brought to you by BraveHeart Press, the family-owned business of Kathie Snow. The mission of this website is to encourage new ways of thinking about disability and to help create a society in which all people are valued and included.

<https://disabilityisnatural.com/>

Disability Rights Center - New Hampshire

DRC provides information, referral, advice, and legal representation and advocacy to individuals with disabilities on a wide range of disability-related problems. DRC is available to speak with your-self advocacy or peer support group about legal rights of people with disabilities. For more information, please call DRC at 1-800-834-1721 or (603) 228-0432, email advocacy@drcnh.org, or visit our website www.drcnh.org

Disaster/Emergency Preparedness

Please visit this website to obtain information on disaster and emergency tips: www.redcross.org

Employer Assistance and Recruiting Network

EARN is a free nationwide service, here to help you connect with employers interested in hiring your clients. EARN is the premier recruiting source for employment service providers working with jobseekers with disabilities. We will send you job alerts for new postings in your area and work with you to increase job opportunities for your jobseekers. Enroll with EARN at or contact us if you have any questions about our program. We also encourage you to visit us at www.askearn.org for more information about how EARN can work for you.

Governor's Commission on Disability

The Commission's goal is to remove the barriers, architectural or attitudinal, which bar persons with disabilities from participating in the mainstream of society. For more information or assistance in coordinating an event in your community, contact the Governor's Commission on Disability Toll-Free 1-800-852-3405, (603) 271-2773 or <https://www.nh.gov/disability/>

Guided Tour

Travel for persons with Developmental & Physical Challenges. Please visit them on the web at www.guidedtour.com. You may also contact them at 7900 Old York Road, Suite 111-B, Elkins Park, PA 19027-2310, phone: (215) 782-1370, fax: (215) 635-2637.

Headway Newsletter

The Brain Injury Association of NH, a consumer-based organization for people surviving brain injury, brain tumor, and stroke and for those who care, publishes the Headway Newsletter. Providing Resources - Promoting Futures. Please contact the Brain Injury Association of NH if you are interested in receiving this newsletter and/or requesting information regarding their services.

Phone 1-800-773-8400 (NH only) or (603) 225-8400. You may also receive a copy online at www.bianh.org

Imagine

The Imagine web page is dedicated to supporting people who experience disabilities and exhibit, what some have called, "difficult behaviors." In David Pitonyak's view, what's most needed when supporting someone who engages in difficult behaviors is *imagination*. If you will, the story line that is floating around about the person is a major part of the problem. What's needed is a new story.

www.dimage.com

Institute on Disability at UNH

The Institute on Disability (IOD) at the University of New Hampshire was established in 1987 to provide a coherent university-based focus for the improvement of knowledge, policy, and practice related to the lives of persons with disabilities and their families. The Institute on Disability's mission is to promote the full inclusion of people with disabilities into their communities. For more information about their conferences and seminars, visit their website at www.iod.unh.edu

Asset - Based Community Development Institute

The Asset-Based Community Development Institute (ABCD) is at the center of a large and growing movement that considers local assets as the primary building blocks of sustainable community development. Building on the skills of local residents, the power of local associations, and the supportive functions of local institutions, asset-based community development draws upon existing community strengths to build stronger, more sustainable communities for the future.

Please visit their website at <https://resources.depaul.edu/abcd-institute/Pages/default.aspx>

Low Vision Internet Gateway

The Low Vision Gateway was created to be your starting point to access information on the World Wide Web related to the fields of low vision rehabilitation and blindness. Visit their website at <http://www.lowvision.org/>

Home Solutions to cope with sensory processing issues and sensitivities

It's hard to show sensitivity for things you can't see. It can also be difficult enough "just" to open up about your struggles. It's often even more difficult to ask for what you need, lest you feel like a burden or demanding to family and loved ones. These are huge obstacles to the critical task of building community and support, particularly for people with disabilities. Most material available on sensory processing issues focuses on children - likely since that is the common age of diagnosis - but these problems affect people of all ages and can be extremely disruptive. Because of misguided brain signaling, specific sensory triggers - of any sense - can become absolutely debilitating and unbearable. In this piece, after a brief overview of the issues, we've compiled a list of tips to be aware of and help alleviate the symptoms at home. At the very least, we hope this piece facilitates safe, open conversations between you and your loved ones about how to best be supportive. Visit their website at <http://www.airfiltersdelivered.com//sensory-processing-disorder>

Moving for Seniors and People with Disabilities

This site provides moving advice for seniors and people with disabilities. Visit their website at

<https://www.sparefoot.com/self-storage/blog/19898-moving-advice-for-seniors-and-people-with-disabilities/>

Multiple Sclerosis Society

The National MS Society helps each person address the challenges of living with MS through our 50 state networks of chapters. We offer a variety of programs and services to help you meet those needs. Call toll-free 1-800-344-4867 or visit their website at www.nationalmssociety.org for more information.

NHCarePath

In New Hampshire, there are many paths available to help people of all ages live better in their communities. NHCarePath connects you to a range of information, assistance, and care throughout New Hampshire, from caregiver resources and services for aging, disability and independent living to counseling and financial planning tools. NHCarePath also connects you to statewide partners that provide services and supports, including:

- Area Agencies offering developmental services
- Community Mental Health Centers
- Department of Health and Human Services (DHHS)
- ServiceLink
- For more information visit: www.nhcarepath.org

The NHCarePath supports Partners and Key Referral Sources by connecting you and the individuals you work with to:

- Information and Education to build knowledge, skills and abilities: Serving individuals with mental illness, substance use concerns, what is a Center for Independent Living, Snapshot of NH's developmental disability system, history of community based services in NH, serving children and families, serving veterans, and military members, and their families.
- Consumer Booklets that are designed to provide individuals with information of Medicaid waivers and home and community-based services and help guide consumers through the process of applying for services.
- Medicaid resources and tools intended to assist and support NHCarePath Partners and Key Referral Sources when working with individuals who need Medicaid and some Non-Medicaid services and supports.
- Social Media and News Letters.

For more information visit: NHCarePath Partner Resources: <http://www.nhcarepath.dhhs.nh.gov/partner-resources/index.htm>

NH Council on Autism Spectrum Disorders

The New Hampshire Council on Autism Spectrum Disorders was created by the NH Legislature in 2008 to provide coordinated leadership in addressing the healthcare, education, and service needs of individuals who experience autism or a related disability. The Council's composition and charge are described in HB 1634 (<http://gencourt.state.nh.us/legislation/2008/hb1634.html>). For more information, visit: www.nhcouncilasd.org.

NH Council on Developmental Disabilities

The New Hampshire Council on Developmental Disabilities, a federally funded agency that supports public policies and initiatives that remove barriers and promote opportunities in all areas of life. The Council is independent of State government and the agencies that provide services to people with disabilities. The Council develops a State Plan every five years to establish specific goals, objectives and strategies to address the most important issues affecting people with developmental disabilities in New Hampshire. The Council carries out its mission through education, advocacy and the funding of innovative projects that make a difference in people's lives. www.nhddc.org

The New Hampshire Challenge

The New Hampshire Challenge, Inc. is a federally recognized 501(c)(3) nonprofit organization, which serves the state of New Hampshire. Our primary work is the publication of a statewide quarterly newspaper, The New Hampshire Challenge, for families who have members with disabilities. It is a quarterly publication, which disseminates in-depth information on disability issues from a family perspective. The New Hampshire Challenge over 14 years ago was founded by a parent of a child with a disability who knew first-hand the importance of reliable, in-depth information in making good decisions for her son and family. The Challenge has grown from a mailing list of 250 to the present numbers. Please visit the website: <http://www.newhampshirechallenge.org/>

NH Statewide Independent Living Council

The NH Statewide Independent Living Council's (SILC) mission is to provide leadership and advocacy in support of the independent living philosophy for persons living with disabilities. The Council is made up of individuals who believe that individuals living with a disability should have the opportunity to live independently within their communities. If you would like more information about the SILC please visit the website: <https://silc.org/>.

Northeast Deaf and Hard of Hearing Services, Inc.

Northeast Deaf and Hard of Hearing Services (NDHHS) is a nonprofit organization dedicated to serving the New Hampshire Deaf and Hard of hearing community through empowerment, education, and advocacy for equal access and opportunity. For more information call (603) 224-1850; VP (603) 968-5889; email: info@ndhhs.org or visit their website: <https://www.ndhhs.org>

Northeast Passage

The mission of Northeast Passage is to create an environment where individuals with disabilities can recreate with the same freedom of choice, quality of life, and independence as their non-disabled peers. We do this by developing, delivering, and evaluating innovative barrier-free recreation and health promotion programs. Our guiding principles are promoting client independence through education and problem solving, creating opportunities, and collaborating with others to create a strong network of accessible recreation. Please visit their website at www.nepassage.org

Northern NH Area Health Education Center

The Northern NH Area Health Education Center aims to ensure rural challenges and solutions are included in workforce development policy both in New Hampshire and nationally & ensure an adequately trained workforce exists in rural New Hampshire by providing continuing medical education and other training programs for all levels of North Country health care providers and to expand opportunities for North Country young people to learn about pursue careers in the health professions. For more information please visit their website at www.nchcnh.org/AHEC.php

Parent Information Center

PIC has workshops and information to help parents of children with disabilities become more knowledgeable about the special education process and how to support their child's education. All of our workshops on special education laws, the IEP process, and parent/professional communication are open to parents, educators and other professionals. PIC offers staff development training on building strong family and school partnerships, disability awareness, special education laws and process, providing culturally responsive services, and conducting effective parent/teacher conferences. www.parentinformationcenter.org

Renters' Rights for People with Disabilities

This site explains rental housing rights for tenants who have disabilities. Please visit their website at <http://civilrights.findlaw.com/discrimination/rental-housing-rights-for-disabled-tenants.html>

Social Role Valorization

Social Role Valorization (SRV) is a high-level service and relationship theory based on empirical knowledge for the design and rendering of both formal and informal services and relationships to any kind of people with any kind of need or condition, but especially those who are devalued or at risk thereof. It is the purpose of this site to provide information and some resources about Social Role Valorization (SRV), information about training opportunities and a forum for discussion. www.socialrolevalorization.com/en/srv-theory

UNH Continuing Education/Counseling and Social Work

Enhance your professional skills with one-day workshops, conferences and special institutes, and short-term Certificate Programs. Over 250 workshops and seminars are offered throughout the year in Portsmouth, Manchester, and Durham and online. For more information please visit their website: www.learn.unh.edu

We welcome hearing from you so please send us your suggestions and/or comments.

If there are trainings or conferences you would like posted on this calendar, please contact Debra LeCompte, Administrative Secretary at 603-271-0772 or e-mail Debra.LeCompte@dhhs.nh.gov or Jan Skoby, Administrator of Training & Education at 603-271-5061 or email Jan.Skoby@dhhs.nh.gov.

Please visit our website at <http://www.dhhs.nh.gov/dcbcs/bds> for other sources of information.

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