

Special Medical Services

Nutrition, Feeding and Swallowing



SMS is New Hampshire's Title V program for Children with Special Health care needs. It administers health programs and services for children birth to 21, who have, or are at risk for a chronic medical condition, disability or special health care need. SMS provides leadership in building and promoting community based systems of care and services that is family centered, comprehensive, coordinated and culturally competent.

Call 1-800-852-3345 x 4488

or 271-4488

**Questions for Nutrition, Feeding
& Swallowing:**

603-296-9213

Visit <https://www.dhhs.nh.gov/dcbcs/bds/sms/>



State of New Hampshire
Department of Health and Human Services
129 Pleasant Street, Thayer Building
Concord, NH 03301



SMS supports a network of pediatric dietitians and feeding and swallowing providers to offer nutrition and feeding and swallowing services to children birth to 21 years of age (and their families) in communities across the state.

What are Nutrition, Feeding and Swallowing Services?

- * Initial nutrition and feeding and swallowing evaluations and follow up consultations are held at a location of family choice (i.e. home, school)
- * Close collaboration with Early Supports and Services, Head Start, Primary Care and school teams.
- * Develop safe eating plans and special meal prescription forms for daycare and school meal programs
- * Conduct swallow studies at six hospitals statewide as recommended from team
- * Join families at medical appointments and specialty clinics when requested by families
- * Insurances are billed with family permission; there is no charge to families.

Referral/ Eligibility Process:

Referrals may come from families, primary care providers, family centered early supports, parents, schools and specialty clinics. Families complete the SMS application; medical records are requested and reviewed for eligibility. Parents are then contacted to schedule the initial appointment.

Revised 9-5-17