

You are now entering “*The Transition Zone!*”

Ticket to Adult Health Care Independence Campaign

PROJECT FACT SHEET

Youth from around New Hampshire need your help in their journey to health care independence. In New Hampshire, 16% of children and youth have a special health care need (CYSHCN). Nationally, there is a growing body of transition recommendations for primary care practices, most notably the 2002 Consensus Statement on Health Care Transitions for Young Adults With Special Health Care Needs (AAP, AAFP, ACP, and ASIM).¹ In New Hampshire Special Medical Services and NH Family Voices formed the Health Care Transition Coalition of families and professionals to address this subject based on the following examples of the needs:

- Only 52% of New Hampshire families of youth with special health care needs said they received services necessary to make appropriate transitions to adult health care, work and independence on the 2005 Survey of Children with Special Health Care Needs.²
- 57% of 180 adult providers (primarily family physicians) surveyed by Special Medical Services in 2008 said they never received a written summary from a previous provider, yet 95% desired one.

Together the Health Care Transition Coalition and the YEAH Council have developed easy to use transition education materials to assist pediatricians, family physicians and other health care providers. The Coalition and YEAH designed a “Movie” poster and “Tickets” with the theme “You are now entering ‘*The Transition Zone!*’” We are calling this effort the “Ticket to Adult Health Care Independence” campaign.

We are the YEAH Council, a group of youth with special health care needs who help other teens and young adults as they make their way through the maze of healthcare transition in their journey to independence. We recently partnered with the NH Health Care Transition Coalition in creating the “Ticket to Adult Health Care Independence” campaign. Please take some time in your busy practice to meet with your staff to familiarize yourselves with these helpful materials.

Adam B., Nicole T., Mary D., Zach H., Charles M., Jonathan H., Kalie W., James O. Cordelia W., and Matthew B.

Starting in Spring 2010 Pediatric and Family Practices throughout the state will be invited to meet with representatives from the Health Care Transition Coalition, the Yeah Council, the SMS Care Coordination Program or Partners In Health Family Support Program. We believe that a face-to-face meeting will be the best way for providers to quickly see the benefits of using these tools. **Even if practices have developed a transition initiative, we would like to visit to learn about their methods and share the “Ticket” materials.**

For additional information please call Kathy Higgins Cahill, RN, MS, PNP, Special Medical Services at 1-800-852-3345 x 4510 or Terry Ohlson-Martin, BS, NH Family Voices at 1-800-852-3345 x4525

¹ AAP (2002). A consensus statement on health care transitions for young adults with special health care needs. Pediatrics.

<http://www.aappolicy.aappublications.org/cgi/content/full/pediatrics;110/6/S1/1304>

² HRSA MCHB (2005). National survey of youth with special health care needs.

<http://cshcndata.org/Content/StatePrevalence2005.aspx?geo=New%20Hampshire>

Sponsored by:



New Hampshire



FAMILY VOICES

Created with:

