# Support Groups

We maintain a database of support groups open to adoptive families throughout the State and can direct you to one in your area.



## **♦** Mentoring Program

A mentoring program is available for adoptive families. Participants would be matched with another adoptive family experiencing similar situations or challenges. Families can then provide support to one another with the potential for creating strong lasting relationships for both parents and children.



If you are in need of post adoption services, please call 1-800-852-3345 ext 8382.

(TDD NH Relay 1-800-735-2964)



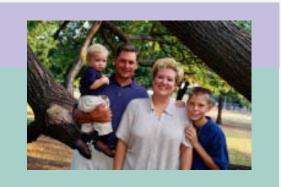
# We are here to help you!

# Post Adoption Services



Division for Children, Youth and Families New Hampshire Department of Health and Human Services 129 Pleasant Street Concord, New Hampshire 03301 www.dhhs.nh.gov

# Post Adoption Services



The New Hampshire Department of Health and Human Services' Division for Children Youth and Families (DCYF) recognizes that adoption is not the end of the process, but the beginning of a life long commitment for both adoptive parents and the adopted child. We understand that adoptive families have unique needs and we offer Post Adoption Services to assist families with questions, concerns and special issues that may occur as the family grows and matures.



The following Post Adoption Services are available at this time:

### **♦** Information and Referral

A Post Adoption Service Worker who understands the needs of adoptive families and the urgency in finding the services needed for your family will help direct you to available services and providers that can meet your needs.



# Parent Support

A Post Adoption Service Worker can provide you with short term case management and advocacy, problem solving and guidance, and help accessing voluntary services designed to provide temporary assistance to families as well as help with researching resources, and library recommendations which families can access free through the Family Resource Connection at the New Hampshire State Library (www.nh.gov/nhsl/frc).

### Search Services

Search Services are provided for adopted individuals and birth family members who would like to connect.



### Subsidies

We provide information about financial, medical, and child care subsidies.

# **Educational Opportunities**

We offer educational opportunities for adoptive parents. These classes are available at no cost to families that have adopted a child from DCYF through our Education and Training Partnership with Granite State College. They include topics such as Your Family and Adoption, Behavior Management, Caring for Children with Emotional Disabilities, The Challenging Adolescent: Strategies that Work, Your Family and Adoption, Post Adoption Services and many more.

