

## 2265 PHYSICIAN MEDICAL SERVICES AND PSYCHIATRIC SERVICES

Chapter: **Sununu Youth Services Center**

Section: **Healthcare**



New Hampshire Division for Children, Youth and Families Policy Manual

Policy Directive:

Approved:

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William W. Fenniman, DJJS Director

Related Statute(s):

Related Admin Rule(s):

Related Federal Regulation(s):

Related Form(s):

Bridges' Screen(s) and Attachment(s):

Physician medical services and psychiatric services are provided at the John H. Sununu Youth Services Center (SYSC) in order to ensure that all residents have access to and are provided with adequate medical, dental, and psychiatric assessment and treatment.

### Purpose

The purpose of this policy is to establish the physician and psychiatric services provided to residents at the SYSC.

### Procedure

#### I. Licensed Providers

- A. The medical, psychiatric, and dental consultants for SYSC residents are licensed to practice their area of specialty by the State of New Hampshire.

#### II. Physician Medical Services

- A. The SYSC physician provides medical assessment and guidance and prescribes the medical treatment necessary to maintain optimum health for all residents.
- B. Physician Availability
  1. Physician contact is available 24 hours a day, 7 days a week. (Note: the Elliot Hospital Emergency Room is the secondary source of information and care when the physician cannot be reached.)
  2. The physician shall inform the Nursing Manager or designee whenever he will be unable to be reached at his office, home, or cell.
  3. The physician is usually available by telephone for medical issues. Phone numbers are posted in the nursing office. In the event that the nurse is unable to contact the SYSC physician, the nurse shall contact the physician's office (an on-call physician may be available). If he is not available, and the situation warrants immediate medical attention, the resident will be transported to the Elliot Hospital Emergency Room.
  4. SYSC will provide the physician with a pager if he wants/needs one.

- C. When contacting the physician, the nurse shall indicate complete identifying data (i.e., resident's full name, age, etc.) prior to describing the problem. The resident's medical chart shall be readily available.
  - 1. The nurse taking an order via telephone shall properly transcribe the physician's orders.
  - 2. Entries shall be made regarding the medical problem and the indicated treatment on the resident's nursing progress notes.
- D. While present at SYSC, the physician shall:
  - 1. See all new admissions and conduct a health assessment, address medical problems, and write orders.
  - 2. Attend to all charts (review orders, sign, etc.).
  - 3. Countersign all verbal and telephone orders.
- E. The SYSC physician is present at the facility three times per week (Monday, Wednesday, and Friday) to see residents, at designated times. A nurse shall screen residents prior to them seeing the physician. Vital signs shall be taken and recorded, if necessary.

### III. **Psychiatric Services**

- A. The SYSC psychiatrist provides psychiatric assessment and prescribes the psychiatric treatment necessary to maintain optimum health for select committed residents.
- B. It is the psychiatrist's responsibility to evaluate and follow:
  - 1. Any committed resident who is taking psychotropic medication.
  - 2. Any resident who, by appropriate referral from medical staff, clinical staff, School guidance counselor, or School psychologist, may need to be evaluated for medication or for depression or anxiety (referrals by residential staff or direct requests from residents shall be directed to the clinical staff).
  - 3. Any committed resident who is court ordered to be evaluated for medication needs. (An appropriate referral from clinical is still required).
- C. The psychiatrist is on duty at SYSC three days per week and is available 24/7 by phone.
- D. A log will shall be maintained of all residents under the psychiatrist's care. This list shall be sent out by the nurse to all relevant parties. Residents will be listed by building and unit, along with all pertinent information regarding medication, as well as dates seen. The psychiatrist shall review this list each week and establish who will be seen the following week. Time will be allowed for new residents and possible emerging evaluations. On occasion, the psychiatrist may need to evaluate a resident for IEA.
- E. The psychiatrist has established a protocol for laboratory evaluation depending on the medication prescribed.

- F. The SYSC medical physician shall be called for orders on all medications, including psychotropic medications for all new admissions.

IV. **Use of Restraints**

- A. Restraints shall not be used as part of a health care treatment regimen. If a resident's behavior is such that restraints are used residential staff will use appropriate force to control the resident's behavior.