Electronic Benefit Transfer (EBT)
Cash Benefits in New Hampshire
(Note: This flyer does not apply to Food Stamps)

The EBT card is able to carry Food Stamp and cash benefits. Some individuals may qualify for only one type of benefit, others may qualify for both.

Do you know that...
You cannot use your cash grant at certain places? Do not use your cash grant on your EBT card or get cash from your EBT card at:

- stores in which greater than 50% of visible inventory is alcoholic beverages;
- locations that are for gambling, including playing bingo,
- recreational marijuana dispensaries,
- smoke shops or cigar stores,
- branding/body piercing/tattoo shops, or
- stores that provide adult entertainment, or in which greater than 50% of visible inventory is adult-oriented entertainment.

We want you and your family to be safe and healthy. Please use your benefits to help buy life necessities.
The purpose of your cash grant is to help you and your family with:

- food
- shelter
- fuel to keep your home warm
- gas for your car
- child care
- medical and prescription co-pays, and
- other life necessities

Penalties
Do not use your cash grant on your EBT card at the types of locations listed above. If you do, the following will happen:

- First offense: your portion of your grant will be suspended for 1 month;
- Second offense: your portion of your grant will be suspended for 2 months; and
- Third or any subsequent offenses: your portion of your grant will be suspended for 3 months.

Questions? Please call 1-844-275-3447 (1-844-ASK-DHHS).
TTY/TDD Access: Relay NH 1-800-735-2964 or 711
RSA 167:7-B and He-W 608.02.