New Hampshire Office of Rural Health
Medicare Rural Hospital Flexibility (Flex) Program

The Flex Program was designed to assist Critical Access Hospitals (CAHs) in an effort to improve the quality of care provided and help transition from cost-based reimbursement to value-based payments.

NH Flex Program Core Areas:

1. Quality improvement
2. Financial and operational improvement
3. Health system development and community engagement

What is a Critical Access Hospital?

- 25 or fewer acute care inpatient beds
- More than 35 miles from another hospital
- Length of stay averaging 96 hours or less for acute care
- 24/7 emergency care services

Benefits of a CAH designation:

- Receive cost-based reimbursement from Medicare plus 1%
- Network with an acute care hospital for support and to receive acute patient transfers
- More flexible staffing and services while abiding by NH State laws
- Capital improvement costs included in calculation for Medicare reimbursement
- Eligible for: technical assistance, educational resources, grant funding

New Hampshire's 13 Critical Access Hospitals:

Alice Peck Day Memorial Hospital, Lebanon
Androscoggin Valley Hospital, Berlin
Cottage Hospital, Woodsville
Franklin Regional Hospital, Franklin
Huggins Hospital, Wolfeboro
Littleton Regional Healthcare, Littleton
Memorial Hospital, North Conway
Monadnock Community Hospital, Peterborough
New London Hospital, New London
Speare Memorial Hospital, Plymouth
Upper Connecticut Valley Hospital, Colebrook
Valley Regional Hospital, Claremont
Weeks Medical Center, Lancaster

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NH DIVISION OF Public Health Services
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