

Legislative Commission on Primary Care Workforce Issues

April 26, 2018 2:00-4:00pm at the NH Medical Society Conference Room, Concord

Call in information:

866-939-8416

Participant Code: 1075916

Agenda

- 2:00 - 2:10 **Introductions & Minutes**
- 2:10 - 3:10 **Dartmouth Coop: Primary Care Research at its best –**
Deborah J. Johnson, MHA
Dartmouth CO-OP Project Research Network
- 3:10 – 3:25 **Update on ECHO: Dr. S. Arora’s visit to Northern New**
England- What were the reactions/what are the
possibilities – Marcy Doyle, Quality and Clinical
Improvement Project Director, UNH Institute for Health
Policy and Practice
- 3:25 – 3:50 **Legislative Update:**
HB 1506 - Graduate Physician bill now r/t the NH
Commission on the Primary Care Workforce
SB 426- r/t the Commission on the Primary Care Workforce
SB 590- r/t SLRP and involuntary commitment
SB 313-r/t Medicaid Expansion
- 3:50 – 4:00 **Updates and Next Steps**

Next meeting: Thursday May 24, 2:00-4:00pm



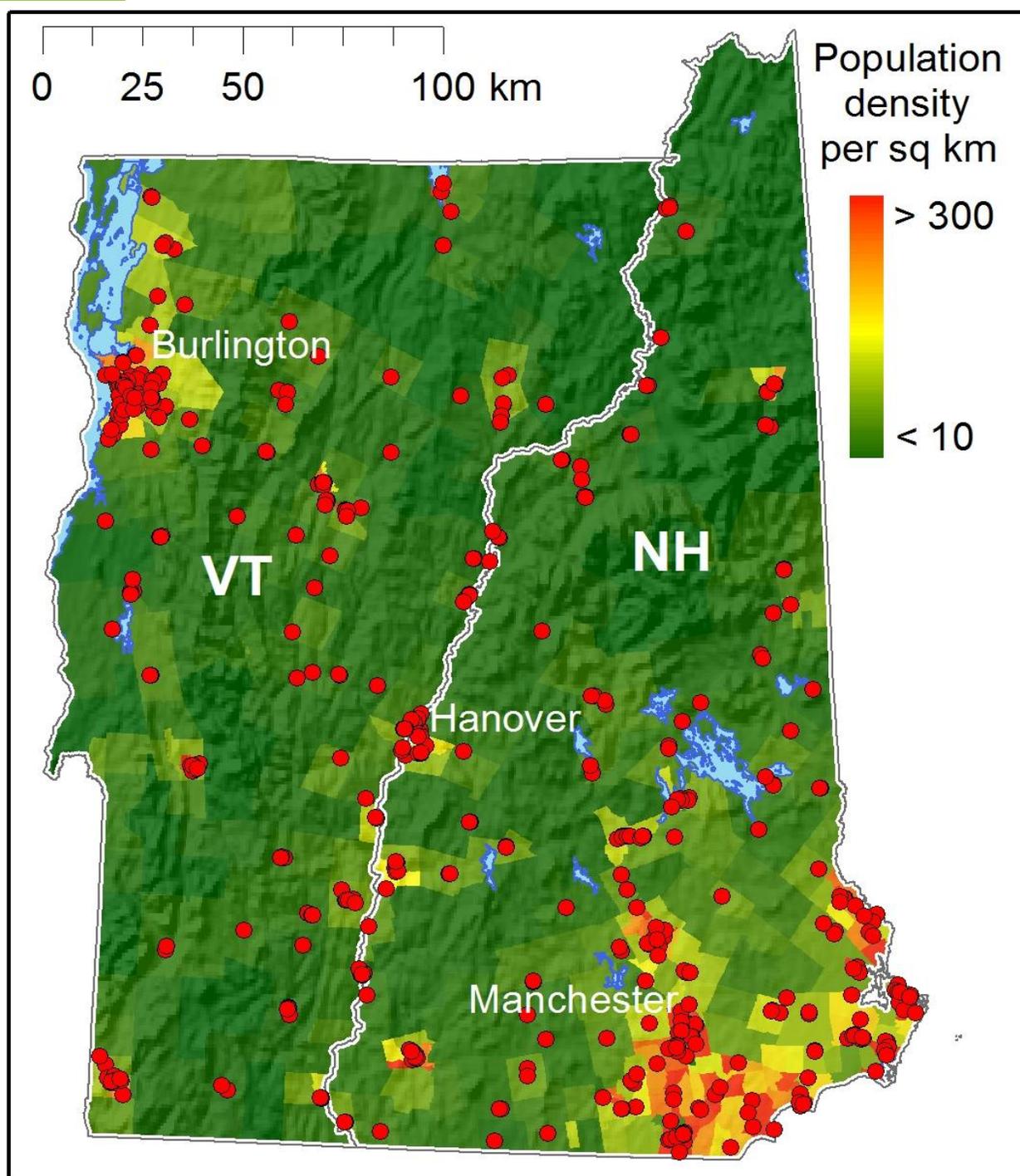
Dartmouth
GEISEL SCHOOL OF
MEDICINE

The Dartmouth Primary Care Practice-based Research Network

Deborah J. Johnson, MHA
Executive Director
Research Scientist

The Dartmouth CO-OP

- A voluntary and cooperative network of primary care clinicians, medical students, residents, nursing staff and other health professions in NH, VT, ME and Upstate NY
- Housed in the Department of Community & Family Medicine, Dartmouth Geisel School of Medicine/Dartmouth-Hitchcock Medical Center
- Started in 1972, the oldest primary care research network in the country!



Dartmouth CO-OP Sites in VT and NH

Dartmouth CO-OP Primary Care Research Network's Mission

Generate

Generate funded research and publish results to support primary care practice of evidence-based medicine

Provide

Provide opportunities for clinicians and other health professionals to develop new research skills

Perform

Perform research studies in PARTNERSHIP with primary care clinicians, their patients, and the communities they serve to improve health care delivery and patient outcomes

Extend

Extend expertise to support

- ▶ Collaborate and draw on experience and insights from health care clinicians, nursing staff and other health professionals to:
 - Identify research questions
 - Frame research questions



GOVERNING BOARD

Representative of family physicians, general internists, pediatricians, nurse practitioners/physician assistants and nursing

Solo, Group, private, hospital-owned, FQHC, CHC



Medicare Annual Wellness Visit

CO-OP Charts

Brushy Beaver Toothy Tiger
Dental Health

Functional Assessment

Teen Sexuality Autism Screening Mindfulness-based Weight Loss

Teen Mental Health Opioids

Arsenic In Well Water Recovery Mindfulness App

Anti-smokign Advice

Chronic Care Management

Revist Intervals

Sports Concussions

Dementia Care

Atrial Fib Smoke-free Moms

Va Dual Care

Advance Directives

Urinary Tract Infection

Chronic Insomnia C-sections

Chief Complaint Of Fatigue

Use Of Antibiotics

Managing Pain

Dartscreen

Teen Stress

Migrant Health

Rotator Cuff Tears

VA Dual Care

CO Poisoning

Adverse Childhood Events



THE CHILDREN'S ENVIRONMENTAL
HEALTH & DISEASE PREVENTION
RESEARCH CENTER AT DARTMOUTH

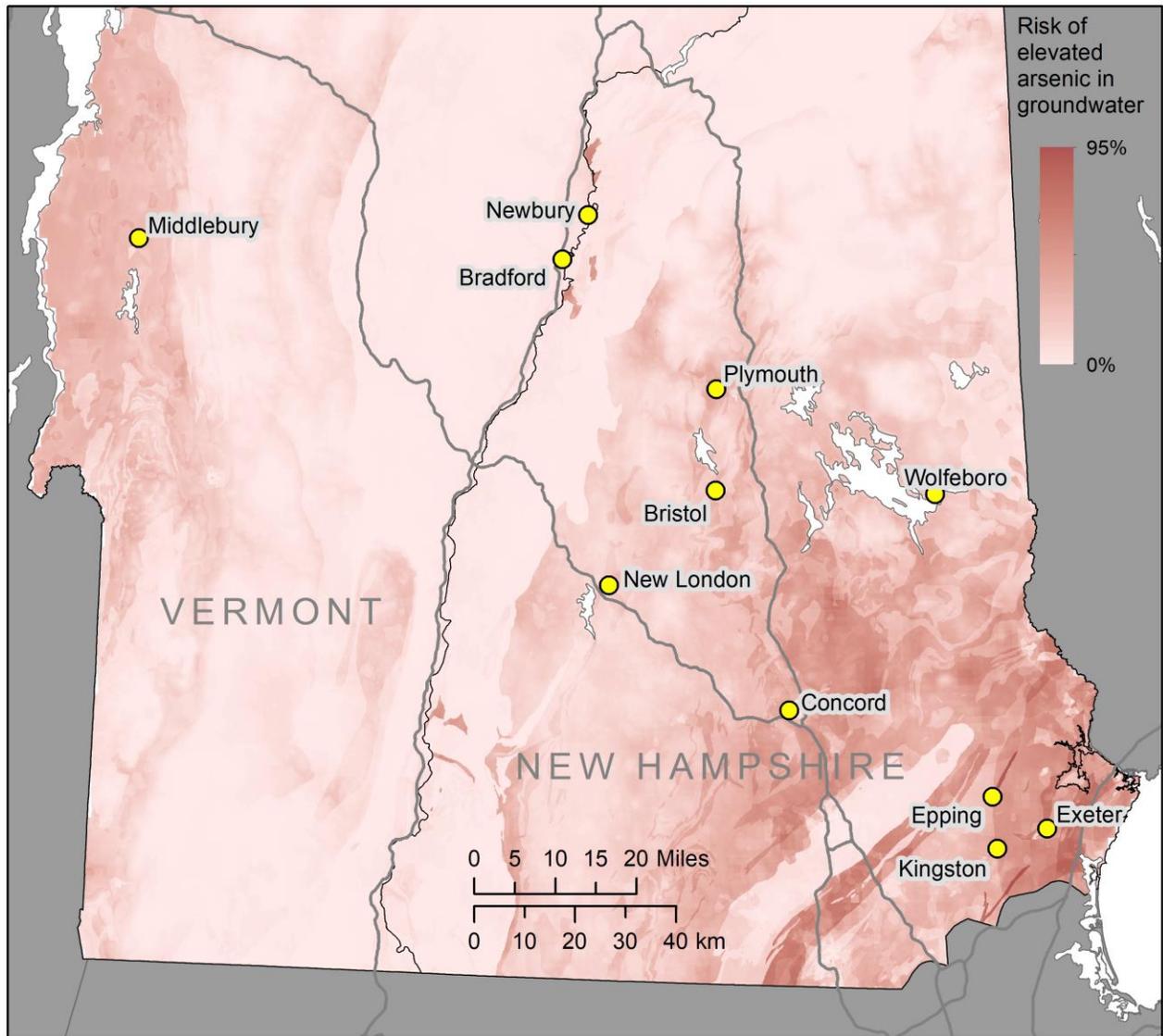


Smoke **FREE**
Moms



The MOLAARS Project

The CO-OP Migrant Oral Lifestyle Advocacy and
Advancement Resource Service Project



“Testing the Effectiveness of Integrating Private Well Water Testing into Routine Pediatric Preventive Care: A Randomized Intervention Study”

“Smoke-FREE Moms: Financial Rewards for Smoking Cessation by Pregnant Women”



CONCLUSION:

Financial incentives added to existing smoking cessation counseling by staff in low-income clinical prenatal programs led to cessation that continued during the postpartum period. Further study in larger populations is indicated.

Brushy Beavers and Toothy Tigers: A Primary Care and Public Health Intervention



The Brushy Beaver-Toothy Tiger study demonstrated both kindergarten and fourth grade students gained more from oral health and self-care knowledge with peer education than adult-led instruction.

Adolescent depression care in primary care settings; the continuum from screening to successful outcomes



Intervention: 12 Primary Care Practices, Training for 59 clinicians and 56 nursing staff, web-based practice registry, pediatric non-urgent consult, extensive educational resources

Findings: 6044 Teens completed depression screening in VT/NH
10.6% of all PHQ9-A screens were positive

Results: Clinicians predominantly are managing depression in females
76% females and 24% males in the registry, AND

The Teen Mental Health Project served as the catalyst for practice change and has made adolescent depression screening the standard of care in these practices.

DID YOU KNOW?

That As Many As 20% of Teens Struggle With Issues of Depression and Do Not Receive Help?



Home

About Project

Teen Resources

Parent Resources

Clinician Resources

Contact Us

Open Registry | Clinician Listserve | Nurse Listserve | Archived Forms | Email Pedi-Psych | Contact Team | Implementing Quality Improvement |

PRACTICE SUPPORT

Patient Management

- Making Referrals
 - [Primary Care Referral and Communication Form](#)
 - [Referral Letter for Parents](#)
- Mental Health Provider Directories
 - [Agencies/Providers near Concord, NH](#)
 - [Agencies/Providers near Randolph and Bethel, VT](#)
- [Prescription Savings Program & Mental Health Medications](#)
- [Monitoring Schedule \(follow-up protocol\)](#)

Clinician and Nurse Guidance

- [Clinician Guide: Depression Screening and Management](#)
- [Medication Management](#)
- Expanded Inquiries
 - [Suicide Risk Assessment](#)
 - [Depression Assessment](#)
- [Clinician and Nurse Webinars](#)
- [Monitoring Protocol](#)
- [Research Articles](#)

PSYCHO-EDUCATION MATERIAL

General

- [Teen Mental Health Project Information Sheet](#)
- [The Importance of Screening](#)
- [There is treatment for Depression - \(Customized Brochure\)](#)

Self-Help Workbooks

- [Recovering from Depression: A Workbook for Teens](#)
- [Beyond the Blues: A Workbook to Help Teens Overcome Depression](#)
- [Adolescent Depression: A Guide for Parents](#)

For Teen:

- [Caring for Myself: Self Care Plan](#)
- [Teen Safety Plan](#)
- [Understanding Teen Depression](#)
- [Understanding Self-Injury](#)

Wellness Topics:

- [Healthy Sleeping](#)



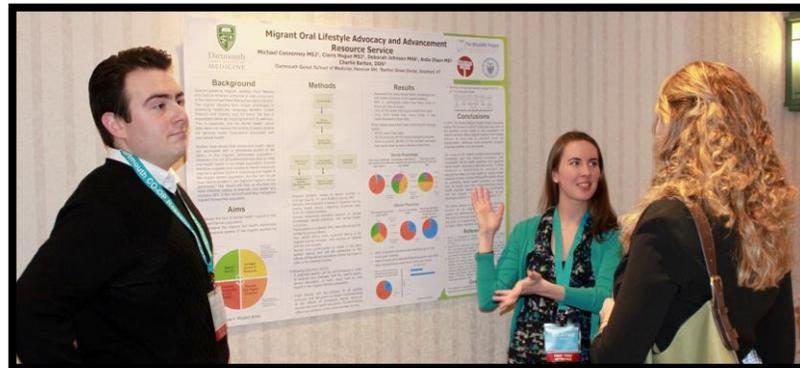
The MOLAARS Project

The CO-OP Migrant Oral Lifestyle Advocacy and
Advancement Resource Service Project

- Assessed the basic dental health knowledge and oral health practices of migrant workers in the Upper Valley.
- 86% of participants knew how many times to brush per day
- Only 43.5% knew how long to brush their teeth
- Only 50% knew how many times it was recommended to floss daily

When asked about their daily brushing and flossing habits:

- 29% used floss daily.
- 31% brushed for the recommended 2 minutes.
- Over a quarter of the workers surveyed had never been to see a dentist in their lives.



Active Projects

Community Engagement Research:

- Teen Speak Out
- VA Dual Care

Pilot Projects:

- Adverse Childhood Experiences (ACE)
- HPV
- Opioids
- Warm-Hand off

HRSA-funded

- Annual Wellness Visit



Pharmacotherapy for Chronic Insomnia: A Brief Survey of PCP Attitudes and Preferences

Sorscher AJ^{1,2*}, Siddiqui AA², Olson A³ and Johnson D⁴

ORIGINAL RESEARCH

Screening for Adverse Childhood Experiences in a Family Medicine Setting: A Feasibility Study

Patricia T. Glowa, MD, Ardis L. Olson, MD, and Deborah J. Johnson, MHA

Improving Health Care for Spanish-Speaking Rural Dairy Farm Workers

Caledonia Buckbeit, BA, Dwan Pineros, BA, Ardis Olson, MD, Deborah Johnson, MHA, and Stephen Genereaux, MD

THE JOURNAL OF
FAMILY
PRACTICE

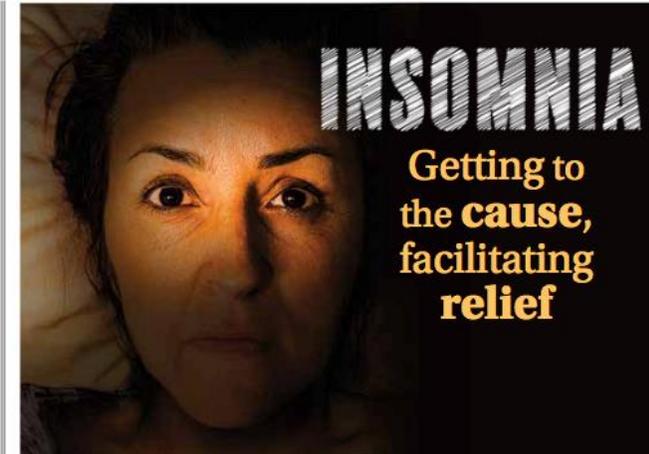
Adam J. Sorscher, MD
Department of Community and Family Medicine, The Geisel School of Medicine at Dartmouth, Hanover, NH; Medical Director, The Sleep Health Center, Alice Peck Day Memorial Hospital, Lebanon, NH

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The author reported no potential conflict of interest.

A Comparison of Cesarean Delivery Outcomes for Rural Family Physicians and Obstetricians

Fay F. Homan, MD, Ardis L. Olson, MD, and Deborah J. Johnson MHA



Chronic insomnia is often the result of multiple underlying physiologic, psychological, and social factors. A sleep log, sleep hygiene, CBT, and medication can help.



Thank you!

Questions?