

## **Safe Disposal of Needles**

- Recap needle or disable tips for needles **ONLY YOU** have used. **DO NOT** recap/disable needles that were used by others.
- Place used syringes in a heavy, leak-proof, puncture-resistant container like a liquid laundry detergent container.
- Put lid on container tightly and tape it with duct tape.
- Label the container “Medical Sharps Container”
- **Keep the container out of the reach of children.**



### **Where can I drop off my container?**

Call your town or open the camera on your phone to scan the code below for safe disposal locations in NH, and other tips for disposal.



[safeneedledisposal.org](http://safeneedledisposal.org)

## **Did you know?**

- About 17,000 new cases of Hepatitis C are diagnosed each year in the US.
- There are about 40,000 people that are newly infected by HIV each year in the US.

## **Know your status!**

**Sharing needles and other works can put you at risk for HIV or hepatitis infection.**

If you are infected with HIV and/or hepatitis C, early treatment can keep you healthy. Testing is quick and easy and can be done by any health care provider.

### **GET TESTED !**

Visit the link below or scan the code with your phone's camera to search for **low-cost/free** HIV and Hepatitis testing.



[gettested.cdc.gov](http://gettested.cdc.gov)



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To order more brochures, please call:  
603-271-4496

# **NH Syringe Access Initiative & Syringe Services Programs**

**New needles are available!**



**Never share your needles!**

## What is the NH Syringe Access Initiative?

New needles are available without a prescription at participating pharmacies!

Since 2001, New Hampshire law\* allows for the legal purchase of syringes or needles at a pharmacy without a prescription.

- ◆ You can buy as many as you want at a time
- ◆ You must be 18 years of age or older
- ◆ Pharmacists/Pharmacies are **not required** to participate in this program

Call or visit your local pharmacy for information on hours and participation.

*\*New Hampshire Law RSA § 318:52-C*

## Syringe Services Programs (SSP) in NH

Also known as syringe exchange programs, and needle-syringe programs. All are community-based programs that provide access to sterile needles and syringes and help with safe disposal of used needles and syringes. The list continues to grow in New Hampshire.

Open the camera on your phone to scan this code for locations of registered Syringe Services Programs (SSPs) in NH.



[tinyurl.com/NHSSP](https://tinyurl.com/NHSSP)



If you or anyone you know is using opioids, consider having Narcan (Naloxone) on hand. This life-saving medication is available through many NH pharmacies without a prescription, and also through the website:

[thedorway.nh.gov](https://thedorway.nh.gov) OR dial 2-1-1 for a Doorway near you.



Open the camera on your phone to scan the code below for more information.



[thedorway.nh.gov](https://thedorway.nh.gov)

## YOU ARE NOT ALONE

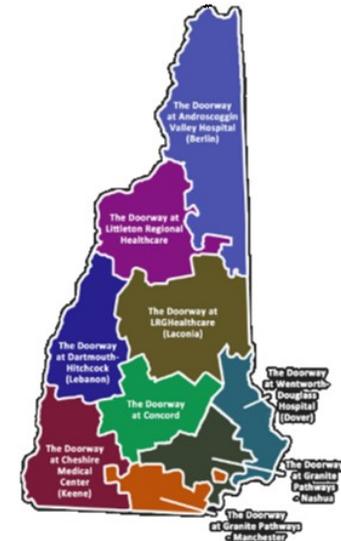
If you or someone you know is thinking about suicide: **Dial 911**, head to your nearest emergency room, or call The National Suicide Prevention Hotline:

**1-800-273-TALK (8255)**



## Looking for treatment options?

If you are struggling with alcohol or drug issues, you're never far from help. Find a Doorway near you; visit [thedorway.nh.gov](https://thedorway.nh.gov) OR dial 2-1-1 for help within the hour!



Doorway locations across NH!