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Distributed by the NH Health Alert Network  
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## Perfluorochemical (PFC) Blood Testing Program: Update #3

### Key Points and Recommendations:

- DHHS will be mailing out test results from the second round of the PFC blood testing program when available between January and April 2016.
- Participants with immediate questions or concerns about their results can call the Northern New England Poison Center (NNEPC), which has established an inquiry line (1-800-562-8236) for this purpose.
- Participants may choose to consult their healthcare providers regarding their results, and providers may review resources on the DHHS website: <http://www.dhhs.nh.gov/dphs/investigation-pease.htm>.
- DHHS has identified two laboratories that are willing to offer PFC blood testing to individuals through their clinical providers. Further details can be found below.

### Situation:

The New Hampshire Department of Health and Human Services (DHHS) has conducted a voluntary blood testing program for people who consumed water from the Pease Tradeport water system that was contaminated with Perfluorochemicals (PFCs); the contamination was detected in 2014, and the affected well was immediately shut down. The first round of blood testing occurred from April to June 2015 during which 471 individuals had their blood tested for a panel of PFCs. These test results have been reported back to the participants and showed that three PFCs were detected at levels higher than national norms, including perfluorooctane sulfonic acid (PFOS), perfluorooctanoic acid (PFOA), and perfluorohexane sulfonic acid (PFHxS). Due to continued demand for testing, a second round of testing was offered from August to October 2015 during which more than 1,100 individuals had their blood drawn. These samples are in the process of being tested, and DHHS will mail these test results to participants as they are received (expected January through April 2016).

DHHS is no longer coordinating PFC testing; however, we have identified two laboratories that are willing to work with clinical providers to test their patients. For further information about which PFCs are tested, sample/shipping requirements, and cost of testing, patients or providers should contact the labs directly:

- **Vista Analytical Laboratory** – Tel: 916-673-1520  
Website: [www.vista-analytical.com](http://www.vista-analytical.com)
- **NMS Laboratory** – Tel: 866-522-2206  
Website: [www.nmslabs.com](http://www.nmslabs.com)

The NH DHHS does not recommend or endorse either laboratory, and there remains no medical recommendation for testing because PFCs have no confirmed health impact.

For more detailed information about PFCs, healthcare providers should review our past Health Alert Network notifications and visit the DHHS website at: <http://www.dhhs.state.nh.us/dphs/investigation-pease.htm>

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For any questions regarding the contents of this message, please contact NH DHHS, DPHS, Bureau of Infectious Disease Control at 603-271-4496 (after hours 1-800-852-3345 ext.5300).

To change your contact information in the NH Health Alert Network, contact Thom Flynn at 603-271-7499 or [tdflynn@dhhs.state.nh.us](mailto:tdflynn@dhhs.state.nh.us)

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