Disease Handbook
for
Childcare Providers

New Hampshire Department of Health and Human Services
Division of Public Health Services
Bureau of Infectious Disease Control
29 Hazen Drive
Concord, NH 03301-6527

Tel: 603-271-4496
Fax: 603-271-0545

https://www.dhhs.nh.gov/dphs/cdcs/handbook.htm

Revised: January 2018
# TABLE OF CONTENTS

**Introduction** (1 page)

**Acknowledgments** (1 page)

**What Everyone Needs to Know**
- Immunization Requirements (1 page)
- Diseases That Are Preventable With Vaccines (2 pages)
- When A Child Should Be Excluded Or Dismissed (2 pages)
- When Staff Should Be Excluded (1 page)
- What Diseases Must Be Reported To Health Officials (1 page)

**A Primer on Preventing Disease**
- Child Abuse (1 page)
- Diapering Recommendations (3 pages)
- Pets In Daycare Facilities (1 page)
- Food Handling For Childcare Settings (3 pages)
- Rashes (1 page)

**Disease Fact Sheets**
- AIDS (See HIV)
- Campylobacteriosis (2 pages)
- Chicken Pox /Varicella /Shingles (2 pages)
- Cold Sores (See Oral Herpes)
- Common Cold – Influenza (2 pages)
- Conjunctivitis (2 pages)
- Diarrhea (1 page)
- Diphtheria (1 page)
- E. Coli 0157:H7 (1 page)
- Eastern Equine Encephalitis (EEE) (2 pages)
- Fifth Disease (2 pages)
- German Measles (See Rubella)
- Giardiasis (1 page)
- Haemophilus Influenza Type B (2 pages)
- Hand, Foot & Mouth (2 pages)
- Head Lice (See Pediculosis)
- Hepatitis A (2 pages)
- Hepatitis B (1 page)
- Herpes (See Oral Herpes)
- Hib (See Haemophilus Influenza Type B)
- HIV /AIDS (1 page)
- Impetigo (1 page)
- Influenza (See Common Cold)
- Lyme Disease (2 pages)
- Measles (2 pages)
- Meningococcal Illness (Meningitis) (2 pages)
- MRSA (2 pages)
- Mumps (1 page)
- Norovirus (2 pages)
- Oral Herpes (1 page)
- Pediculosis /Head Lice (3 pages)
- Pertussis /Whooping Cough (2 pages)
- Pink Eye (See Conjunctivitis)
- Pinworms (1 page)
- Polio (See Poliomyelitis)
- Poliomyelitis (1 page)
- Rabies (2 pages)
- Ringworm (1 page)
- Roseola (1 page)
- Rotavirus (1 page)
- RSV (1 page)
- Rubella /German Measles (1 page)
- Salmonellosis (2 pages)
- Scabies (2 pages)
- Scarlet Fever (See Strep Throat)
- Shigellosis (1 page)
- Shingles (See Chicken Pox)
- Strep Throat /Scarlet Fever (2 pages)
- Swimmer’s Itch (1 page)
- Tetanus (1 page)
- Tuberculosis (1 page)
- Whooping Cough (See Pertussis)
- West Nile Virus (WNV) (2 pages)

**Reference List** (1 page)

**Glossary** (2 pages)
Introduction

The New Hampshire Division of Public Health Services, Bureau of Infectious Disease Control, prepared this manual for childcare providers and parents/guardians of children attending childcare. The disease fact sheets, which comprise most of this document, are intended to familiarize people with specific infectious disease problems commonly encountered in childcare. The fact sheets can be easily photocopied for distribution to parents and guardians.

In the event that any of the illnesses mentioned in this manual occur among children attending childcare, parents or guardians should be promptly notified by the childcare provider and urged to contact their family physician to obtain specific medical care advice.

Childcare directors should immediately notify the Bureau of Infectious Disease Control concerning any unusual disease occurrence in their facilities so that appropriate disease-control measures may begin promptly. To contact the Bureau of Infectious Disease Control call (603) 271-4496.
Acknowledgements:

We extend our appreciation to the many individual and community partners who gave generously of their time and effort in the development of the original version of this manual, as well as those who participated in this update, including:

- The Berlin Health Department,
- Cheshire Medical Center,
- Concord Hospital Child Care Center,
- East Side Learning Center,
- Manchester Health Department,
- Nashua Health Department, and
- The current and former dedicated staff from the Division of Public Health Services.

Also, special thanks to the many childcare providers who gave us valuable input on the content, organization and design of this manual.

New Hampshire Department of Health and Human Services
Division of Public Health Services
Bureau of Infectious Disease Control

The Department of Health and Human Services’ Mission is to join communities and families in providing opportunities for citizens to achieve health and independence.