



Where can I go to get the Hepatitis A vaccine?

Locations offering walk-in low/no-cost Hepatitis A vaccination

Nashua Public Health Department
18 Mulberry Street
Nashua, NH 03060

Tuesday: 4:00 pm to 7:00 pm
Friday: 8:30 am to 10:30 am
Call: (603) 589-4500

Manchester Health Department
1528 Elm Street
Manchester, NH 03101

Monday: 1:30 pm to 3:30 pm
Tuesday: 9:00 am to 11:30 am
Thursday: 3:00 pm to 6:00 pm
Call: (603) 624-6466

Goodwin Community Health
311 NH-108
Somersworth, NH 03878

Wednesday: 1:30 pm to 4:00 pm
Call: (603) 749-2346

**Concord Regional VNA
At St. Paul's Episcopal Church**
21 Centre Street
Concord, NH 03301

1st Monday each month: ... 1:00 pm to 4:00 pm
Call: (603) 224-4093

If you reside outside of the listed areas call the Immunization Program at (603) 271-4482.

Department of Health & Human Services
Division of Public Health Services
Bureau of Infectious Disease Control

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29 Hazen Drive
Concord, NH 03301-6504

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Phone: 603-271-4496

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Fax: 603-271-0545

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NHBIDC@dhhs.nh.gov

We Protect, Promote and Improve the Health and Well-Being of ALL People in New Hampshire through Leadership, Expertise, and Partnership.

Are You at Risk for Hepatitis A?



What is Hepatitis A?

Hepatitis A is a highly contagious liver infection caused by the Hepatitis A virus. It can range in severity from a mild illness lasting a few weeks to a severe illness lasting several months.

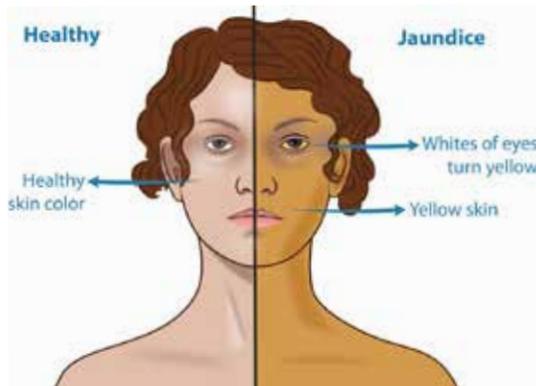
How is it spread?

Hepatitis A is spread when a person unknowingly ingests the virus from objects, food or drinks contaminated by small, undetected amounts of stool from an infected person. The Hepatitis A virus is able to survive outside the body for months. High temperatures, such as boiling or cooking food or liquids for at least 1 minute at 185°F (85°C), kill the virus, although freezing temperatures do not.

Am I at-risk?

Anyone can get Hepatitis A, but persons at greater risk are:

- People who use drugs
- People experiencing homelessness
- People with recent jail stay
- Gay and bisexual men



What are the symptoms?



Symptoms are more likely to occur in adults than in children. They usually last fewer than two months, but some people can be ill as long as six months. Sometimes Hepatitis A can make you sick enough to need hospitalization. In rare cases, Hepatitis A can cause liver failure and death; this is more common in people older than 50 and in people with other liver diseases.

What should I do if I have symptoms?

Anyone who has symptoms should contact a healthcare provider immediately and should not prepare food for others. People with symptoms should not attend work or school while ill.

What can I do to prevent Hepatitis A?



- **Get Vaccinated!** The Hepatitis A vaccine is very effective at preventing disease. Hepatitis A vaccine is readily available from healthcare providers and pharmacies.
- **Wash your hands** with soap and water, especially after using the bathroom and before preparing food.
- **Don't** have sex with someone who has Hepatitis A infection.
- **Don't** share towels, toothbrushes, and eating utensils.
- **Don't** share food, drinks, or smokes with other people.

