

Hepatitis A is Spreading

In New Hampshire

Hepatitis A is a highly contagious liver infection caused by a virus that is found in the feces (poop) of infected people. It can easily spread from person-to-person and cause liver disease lasting a few weeks, to a serious illness lasting many months. In some cases, it can be deadly.



Protect yourself: Get Vaccinated

You are more likely to be infected if you:

- Share needles or drugs with others
- Have sex with an infected person
- Live with or have close contact with someone who is infected
- Touch or eat food or drink that has been handled by someone who is infected

You can reduce your risk if you:

- Thoroughly wash your hands
- Use protection during any sexual activity including oral and anal sex
- Change condoms between oral/anal sex
- Do not share sex toys



**Protect yourself.
Get vaccinated today.**

