

# Breakfast Cereal

## Cereals

12oz boxes or larger, these brands only:

\* cereals containing 51% or more whole grain

### National Brand Cereals:

#### General Mills:

Cheerios (plain\* or multigrain\*)  
Chex Cereal (Corn, Rice, Wheat\*)  
Fiber One Honey Clusters\*  
Kix (Plain\*, Honey\* & Berry\*)  
Total (Plain\*)  
Wheaties\*

#### Kellogg's

All-Bran Complete Wheat Flakes\*  
Corn Flakes (plain only)  
Crispix  
Frosted Mini-Wheats Original & Little Bites (Plain\*, **Blueberry\*, Strawberry\*, Mixed Berry\***) **New 6.2020**  
Rice Krispies (plain)  
Special K (plain, **Banana\***) **New 6.2020**  
Touch-of-Fruit Mini Wheats (Raspberry\*)  
Unfrosted Mini-Wheats\*

#### MOM Brand:

Crispy Rice  
Blueberry Mini Spooners\*  
Frosted Mini Spooners\*  
Strawberry Cream Mini Spooners\*

#### Post:

Grape Nuts\*  
Grape Nut Flakes\*  
Honey Bunches of Oats (Whole Grain Honey Crunch\*, Whole Grain Vanilla Bunches\*, Cinnamon Bunches, Honey Roasted)

#### Quaker:

Corn Crunch\*  
Life (plain\*, **Strawberry\*, Vanilla\***) **New 6.2020**  
Oatmeal Squares Brown Sugar\*  
Oatmeal Squares Cinnamon\*  
**Oatmeal Squares Golden Maple\*** **NEW 6.2020**  
**Oatmeal Squares Honey Nut\*** **NEW 6.2020**

#### Sunbelt:

Simple Granola\*

## Hot Cereal- 12 ounce or larger only.

No single serving packages, pouches, packets.

Cream of Wheat (Instant, original 1, 2.5 and 10 minute)  
Cream of Rice (regular and instant)  
Whole Grain Cream of Wheat\*  
Farina Mills Original Creamy Hot Wheat Cereal  
Maypo: Instant Maple Oatmeal, Vermont Style Oatmeal  
MOM Brand: Original Hot Wheat, Creamy Hot Wheat

**Quaker: 2 Minutos Oats\*** **NEW 6.2020**

## Store Brand Cereals

12oz boxes or larger

No single serving packets

**Bran Cereal- Bran Flakes\*:** Best Yet, Food Club, Great Value, Hannaford, IGA, Market Basket, PICs, Price Rite, Shurfine, Signature Select

**Oat Cereal- Toasted Oats/O's\*:** Best Yet, Food Club, Great Value, IGA, Market Pantry, PICs, Price Rite, Shurfine, Signature Select

**Oat Cereal- Tasteos\*:** Hannaford, Market Basket

**Wheat Cereal- Nutty or Crunchy Nuggets\*:** Great Value, Hannaford, Market Basket, PICs, Signature Kitchens/Select

**Wheat Cereal- Wheat Squares, Biscuits, or Pockets\*:** Great Value, Market Basket, Price Rite, Shurfine, Signature Select

**Wheat Cereal- Bite Sized Frosted (Original\* or Strawberry\*):** Best Yet, Great Value, Hannaford, IGA, Market Basket, PICs, Price Rite, Shurfine, Signature Select

**Frosted Shredded Wheat\*:** Food Club

**06/2020**