

## II. NUTRITION SERVICES

(Please indicate) **State Agency:** New Hampshire for FY 2022

Nutrition services include the full range of activities performed by a variety of staff to operate a WIC Program such as, participant screening and assessment, nutrition education and counseling, breastfeeding promotion and support and health promotion, food package prescriptions, and health care referrals. WIC State agencies should refer to the WIC Nutrition Service Standards, available WIC Works Resource System at <http://wicworks.nal.usda.gov/> for recommended criteria and best practices to incorporate activities that are consistent with providing quality nutrition services and revitalizing quality nutrition services (RQNS).

During a disaster or public health emergency, the State agency may request to implement existing WIC regulatory and programmatic flexibilities to support the continuation of Program benefits and services. State agencies should consider the over arching authority, i.e. Stafford Act or provision(s) authorized by Congress before developing a policy and procedure. The State agency must provide a detailed description of how it plans to operationalize the flexibility through their procedure manual where applicable. Please note that State Plans Guidance is not intended to [include/capture] a description of waivers authorized by Congress with separate [reporting requirements and times frames/terms and conditions],i.e., the Families First Coronavirus Response Act (P.L. 116-127).

**A. Nutrition Education-[246.4\(a\)\(9\)](#); [246.11\(a\)\(1-3\)\(c\)\(1,3-7\)](#):** describe the nutrition education goals and action plan and the provisions for providing nutrition education contacts and materials to all participants including the special nutrition education needs of migrant farmworkers and their families, Native Americans, and homeless persons. Also describe methods to be used to provide drug and other harmful substance abuse prevention information. Establish standards for breastfeeding promotion and support including development and/or maintenance of a peer counselor program consistent with WIC Breastfeeding Model Components for Peer Counseling.

**B. Food Package Design-[246.10](#):** describe the procedures for determining which foods should be authorized and how the food package should be nutritionally tailored and by whom, and plans for substitutions or eliminations to WIC food package. In addition to regulations at 246.10, State agencies should refer to the Food Package Guidance Handbook and Frequently Asked Questions available on the FNS Partnerweb.

**C. Staff Training-[246.11\(c\)\(2\)](#):** describe the training and technical assistance provided to WIC professional and paraprofessional personnel who provide nutrition education, and breastfeeding promotion/education to participants.

## II. NUTRITION SERVICES

### A. Nutrition Education

#### 1. Nutrition Education Plans ([§246.11](#))

- a. The State agency develops and coordinates the nutrition education component with consideration of local agency plans, needs, and available nutrition education resources. ([§246.11\(c\)\(1\)](#))

Yes    No

- b. The State agency monitors local agency activities to ensure compliance with provisions set forth in paragraphs [§246.11\(c\)\(7\)](#), [\(d\)](#), and [\(e\)](#) of this section. ([§246.11\(c\)\(5\)](#))

Yes    No

- c. The local agency develops an annual nutrition education plan that is consistent with the State's nutrition education component of Program operations. ([§246.11\(d\)\(2\)](#))

Yes    No

- d. (i). The State agency requires that local agency nutrition education include:

A needs assessment

Goals and objectives for participants

Evaluation/follow-up

Other (list): \_\_\_\_\_

- (ii). The State agency monitors local agency progress toward meeting nutrition education goals, nutrition education action plans, and objectives via:

Quarterly or annually written reports

Year-end summary report

Annual local agency reviews

Other (specify): \_\_\_\_\_

- e. State policies reflect the definition of "nutrition education" as defined in [§246.2](#) and in the Child Nutrition Act. The definition is "Nutrition education means individual and group sessions and the provision of materials that are designed to improve health status and achieve positive change in dietary and physical activity habits, and that emphasize the relationship between nutrition, physical activity, and health, all in keeping with the personal and cultural preferences of the individual."

Yes    No

#### ADDITIONAL DETAIL: Nutrition Services Supporting Documentation:

PPM Chapter 2.A., Nutrition Education and Nutrition & Health Assessment Policy

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#### 2. Annual Assessment of Participant Views on Nutrition Education and Breastfeeding Promotion and Support

- a. Is an annual Assessment of Participant Views on Nutrition Education and Breastfeeding Promotion and Support conducted:

Yes    No

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### A. Nutrition Education

**b. Check below the method(s) used in the past fiscal year to assess participant views on nutrition education and breastfeeding promotion and support provided by WIC:**

- State-developed questionnaire issued by local agencies
- Locally-developed questionnaires (need approval by SA:  Yes  No)
- State-developed questionnaire issued by State agency
- Focus groups
- Other (specify): Last state developed participant survey conducted winter 2019. Next will be done end of 2021.

**c. Results of participant views are:**

- Used in the development of the State Plan
- Used in the development of local agency nutrition education plans and breastfeeding promotion and support plans
- Other (specify): \_\_\_\_\_

**ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):**

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**3. Nutrition Education Contacts ([§246.11\(a\)\(1-3\)](#)):** *(1) Nutrition education shall be considered a benefit of the program, and shall be made available at no cost to the participant. Nutrition education shall be designed to be easily understood by participants, and it shall bear a practical relationship to participant nutritional needs, household situations, and cultural preferences including information on how to select food for themselves and their families. Nutrition education shall be thoroughly integrated into participant health care plans, the delivery of supplemental foods, and other Program operations. (2) Nutrition education is made available to all participants. Nutrition education may be provided through the local agencies directly, or through other agencies. At the time of certification, the local agency shall stress the positive, long term benefits of nutrition education and encourage the participant to attend and participate in nutrition education activities. However, individual participants shall not be denied supplemental foods for failure to attend or participate in nutrition education activities. (3) The State agency shall ensure that local agencies provide drug and other harmful substance abuse information to all pregnant, postpartum, and breastfeeding women and to parents or caretakers of infants and children participants. Drug and other harmful substance abuse information may also be provided to pregnant, postpartum, and breastfeeding women and to parents or caretakers of infants and children participating in local agency services other than the Program.*

**a. The State agency assures that each local agency offers adult participants, parents, or caretakers of infant and child participants, and whenever possible, the child participants themselves at least two (≥2) nutrition education contacts per 6 month certification period, and quarterly nutrition education contacts to participants certified in excess of 6 months, to ensure adequate nutrition education in accordance with [§246.11\(e\)](#) via:**

- Local agency addresses in annual nutrition education plan
- State nutrition staff monitoring annually during local agency reviews
- Local agency providing periodic reports to State agency
- Other (specify): \_\_\_\_\_

## II. NUTRITION SERVICES

### A. Nutrition Education

b. The State agency has developed minimum nutrition education standards for the following participant categories:

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Pregnant women   | <input checked="" type="checkbox"/> Breastfeeding women    |
| <input checked="" type="checkbox"/> Postpartum women | <input checked="" type="checkbox"/> Infants                |
| <input checked="" type="checkbox"/> Children         | <input checked="" type="checkbox"/> High-risk participants |

The minimum nutrition education standards address:

- |  |   |
|--|---|
| <input type="checkbox"/> Exit counseling   | <input checked="" type="checkbox"/> Documentation                                       |
| <input checked="" type="checkbox"/> Number of contacts   | <input checked="" type="checkbox"/> Referrals   |
| <input type="checkbox"/> Protocols   | <input type="checkbox"/> Care plans   |
| <input checked="" type="checkbox"/> Breastfeeding promotion and support  | <input checked="" type="checkbox"/> Nutrition topics relevant to participant assessment |
| <input checked="" type="checkbox"/> Information on substance abuse prevention  |   |
| <input checked="" type="checkbox"/> Counseling methods/teaching strategies   |   |
| <input type="checkbox"/> Content (WIC appropriate topics)  |   |
| <input checked="" type="checkbox"/> Appropriate use of educational reinforcements (videos, brochures, posters, etc.) |   |

c. The State agency allows the following nutrition education delivery methods:

- Face-to-face, individually or group
- Online/Internet
- Telephone
- Food demonstration
- A delivery method performed by other agencies, i.e., EFNEP
- Other (specify): \_\_\_\_\_

d. The State agency ensures that nutrition risk data is used in providing appropriate nutrition education by:

- Individual nutrition education contacts tailored to the participant's needs.
- Group nutrition education contacts relevant to the participant's needs (please explain how appropriate group nutrition classes are identified and offered to the participant.)  
\_\_\_\_\_

Other (specify): \_\_\_\_\_

e. An individual care plan is provided based on:

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Nutritional risk                          | <input checked="" type="checkbox"/> CPA discretion |
| <input type="checkbox"/> Priority level                                       | <input checked="" type="checkbox"/> Participant    |
| <input checked="" type="checkbox"/> requestHealthcare provider's prescription | Other: _____                                       |

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### A. Nutrition Education

f. Individual care plans developed include the following components:

Must Include	May Include	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Individualized food package
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Identification of nutrition-related problems
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Nutrition education and breastfeeding support
<input checked="" type="checkbox"/>	<input type="checkbox"/>	A plan for follow-up
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Referrals
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Timeframes for completing care plan
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Documentation of completing care plan
<input checked="" type="checkbox"/>	<input type="checkbox"/>	A practical relationship to a participant's nutritional needs, household situations, and cultural preferences including information on how to select food for themselves and their families
<input type="checkbox"/>	<input type="checkbox"/>	Other (specify): _____

g. Check the following individuals allowed to provide general or high-risk nutrition education:

General Nutrition Education	High-risk Nutrition Contact	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Paraprofessionals (non B.S. degree with formal WIC training by SA or LA)
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Licensed Practical Nurses
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Registered Nurses
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	B.S. in Home Economics
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	B.S. in the field of Human Nutrition
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Registered Dietitian or M.S. in Nutrition (or related field)
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Dietetic Technician (2-year program completed)
<input type="checkbox"/>	<input type="checkbox"/>	Other (specify): _____

h. The State agency allows adult participants to receive nutrition education by proxy, per [7 CFR 246.12\(r\)\(1-4\)](#).

- No
- Yes (If yes, check the applicable conditions below):
- Proxy is spouse/significant other
  - Proxy is parent of adolescent prenatal participant
  - Proxy is neighbor
  - Only for certain priorities (specify): no high risk unless proxy has permission and is able to discuss the high risk issue. \_\_\_\_\_
  - Other (specify): Any adult identified by the participant.

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### A. Nutrition Education

**i. The State agency allows parents/guardians of infant and child participants to receive nutrition education by proxy.**

No

Yes (If yes, check the applicable conditions below):

Proxy is grandparent or legal guardian of infant or child participant

Proxy is neighbor

Only for certain priorities (specify): Any adult identified by the participant.

Other (specify): Not high risk unless proxy has permission and is able to discuss the high risk issue.

**ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):**

PPM, Chapter 2A Nutrition Ed Policy, Chap 8B, High Priority Participants & Requirements Policy, Chapter 9B Appointment Proxy policy

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**4. Nutrition Education Materials ([§246.11\(c\)\(1,3,4,6,7\)](#)):** The State agency shall (1) develop and coordinate the nutrition education component of Program operations with consideration of local agency plans, needs, and available nutrition education resources; (3) identify or develop resources and educational materials for use in local agencies, including breastfeeding promotion and instruction materials, taking reasonable steps to include materials in languages other than English in areas where a significant number or proportion of the population needs the information in a language other than English; (4) develop and implement procedures to ensure that nutrition education is offered to all adult participants and to parents/caregivers of infant or child participants, as well as child participants whenever possible; (6) establish standards for participant contacts that ensure adequate nutrition education in accordance with paragraph [246.11\(e\)](#); and (7) establish standards for breastfeeding promotion and support, including a positive breastfeeding supportive clinic environment, a local agency breastfeeding coordinator, breastfeeding promotion, and support for new staff.

**a. The State agency shares material with the Child and Adult Care Food Program (CACFP) at no cost:**

Yes  No

If applicable, list other agencies:

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If yes, does a written material sharing agreement exist between the relevant agencies, per [7CFR 246.4\(a\)\(9\)\(ii\)](#).

Yes  No

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### A. Nutrition Education

b. The State agency recommends and/or makes available nutrition education materials for the following topics:

	English	Spanish	Other languages (specify):
General nutrition	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	_____
Specific nutrition-related conditions	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	_____
Maternal nutrition	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	_____
Infant nutrition	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	_____
Child nutrition	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	_____
Nutritional needs of homeless	<input type="checkbox"/>	<input type="checkbox"/>	_____
Nutritional needs of migrant farmworkers & their families	<input type="checkbox"/>	<input type="checkbox"/>	_____
Nutritional needs of Native Americans	<input type="checkbox"/>	<input type="checkbox"/>	_____
Nutritional needs of Teenage prenatal women	<input type="checkbox"/>	<input type="checkbox"/>	_____
Breastfeeding promotion and support (including troubleshooting problems)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	_____
Danger of harmful substances (alcohol, tobacco and other drugs), as well as secondhand smoke during pregnancy and breastfeeding	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	_____
Food Safety	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	_____
Physical activity	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	_____
Other:			_____
_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	<input type="checkbox"/>	_____

Attach a listing of the nutrition education resources available from the State agency or other sources for use by local agencies or specify the location in the Procedure Manual and reference below.

c. The State agency follows written procedures to ensure that nutrition education materials recommended/made available are appropriate in terms of the following:

Content     Reading level/language     Graphic design     Cultural relevance

Other: \_\_\_\_\_

d. Locally-developed nutrition education materials must be approved by State agency prior to use.

Yes     No

If no, State agency requires local agency to follow a standardized format for evaluating nutrition education materials.

Yes     No

**ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):**

PPM Chap 2A Nutrition Ed Materials Policy, Chap 2D Material Distributed & Visible to Participants in WIC Clinics Policy (Supply order list.)

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### A. Nutrition Education

#### 5. Nutrition Education Needs of Special Populations

The State agency tailors its nutrition education efforts to address the specific needs of migrant farmworkers (M), homeless individuals (H), substance-abusing individuals (S), and/or breastfeeding women (B) through (check all that apply):

**M H S B**

- Providing nutrition education materials appropriate to this population and language needs
- Providing nutrition curriculum or care guidelines specific to this population
- Requiring local agencies who serve this population to address its special needs in local agency nutrition education plans
- Arranging for special training of local agency personnel who work with this population
- Distributing resource materials related to this population
- Encouraging WIC local agencies to network with one another
- Coordinating at the State and local levels with agencies who serve this population
- Other (specify): \_\_\_\_\_

**ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):**

PPM Chap 2A, Nutrition Ed Homeless and Substance Abuse Policies, Chap 2D BF Promotion Policy and BF Program Description

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#### 6. Breastfeeding Promotion and Support Plan

**a. The State agency coordinates with local agencies to develop a breastfeeding promotion plan that contains the following elements (check all that apply):**

- Activities such as development of breastfeeding coalitions, task forces, or forums to address breastfeeding promotion and support issues
- Identification of breastfeeding promotion and support materials
- Procurement of breastfeeding aids which support the initiation and continuation of breastfeeding (e.g., breast pumps) supplemental nursing systems, etc.
- Training for State/local agency staff
- Designating roles and responsibilities of staff
- Evaluation of breastfeeding promotion and support activities
- Other (specify): \_\_\_\_\_



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### A. Nutrition Education

b. The State agency has established minimum protocols for breastfeeding promotion and support which include the following (check all that apply):

- A policy that creates a positive clinic environment which endorses breastfeeding as the preferred method of infant feeding
- A requirement that each local agency designate a local agency staff person to coordinate breastfeeding promotion and support activities
- A requirement that each local agency incorporate task-appropriate breastfeeding promotion and support training into orientation programs for new staff involved in direct contact with WIC clients
- A plan to ensure that women have access to breastfeeding promotion and support activities during the prenatal and postpartum periods
- Participant breastfeeding assessment
- Food package prescription and tailoring based on breastfeeding and nutrition assessment
- Data collection (at State and local level)
- Referral criteria
- Peer counseling
- Other (specify): \_\_\_\_\_
- Other (specify): \_\_\_\_\_

### 7. Breastfeeding Peer Counseling

a. Does the State agency request WIC Breastfeeding Peer Counseling (BFPC) funds to develop and/or maintain a peer counselor program?

- Yes     No

If yes, the State agency is requesting to receive which of the following amounts in BFPC funds for the upcoming fiscal year (select only one amount)? Please consider available BFPC funds from prior fiscal years when making this request.

- Full amount available BFPC funds.  
 Specific amount of available BFPC funds \$ \_\_\_\_\_ (Not to exceed the full amount available.)

b. Attach a copy of an updated line item budget, *with written narrative*, demonstrating how peer counseling funds are being used for approved peer counseling activities. Include the citation for attachment here:

Located in 'Budget' folder: WIC Breastfeeding Peer Counseling

c. Please provide the approximate number of WIC peer counselors in your State: 13

d. Please provide the number of local agencies designated by the State agency to receive funds to operate peer counseling programs.

4

**ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):**

See BFPC line item budget worksheet.

e. The State agency coordinates with local agencies to develop a breastfeeding peer counseling program that contains the following components (see [WIC Breastfeeding Model Components for Peer Counseling](#)):

f. Definition of peer counselor defined as follows: paraprofessional recruited and hired from target population; available to WIC clients outside usual clinic hours and outside the WIC clinic

- Yes     No

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### A. Nutrition Education

**g. Designated breastfeeding peer counseling program managers/coordinators at State and/or local level**

Yes    No

**h. Defined job parameters and job descriptions for breastfeeding peer counselors**

Yes    No

**If yes, the job parameters for peer counselors (check all that apply):**

Define settings for peer counseling service delivery (check all that apply):

Home (peer counselor makes telephone calls from home)

Participant's home (peer counselor makes home visits)

Clinic

Hospital

Define frequency of client contacts

Define procedures for making referrals

Define scope of practice of peer counselor

**i. Adequate compensation and reimbursement of breastfeeding peer counselors**

Yes    No

**j. Training of State and local staff (managers, Designated Breastfeeding Expert, Peer Counselors, others) through FNS-developed training curriculum**

Yes    No

**k. Training of WIC clinic staff about the role of the WIC peer counselor**

Yes    No

**l. Establishment of standardized breastfeeding peer counseling program policies and procedures (check all that apply):**

Timing and frequency of contacts

Documentation of client contacts

Referral protocols

Confidentiality

Use of social media

Other, (specify): CH 2 D - Cell Phone Texting Policy, BFPC Cell Phone Usage Agreement.

**m. Adequate supervision and monitoring of breastfeeding peer counselors through (check all that apply):**

Regular, systematic contact with peer counselor

Regular, systematic review of peer counselor contact logs

Regular, systematic review of peer counselor contact documentation

Spot checks

Observation

Other, (specify): \_\_\_\_\_

## II. NUTRITION SERVICES

### A. Nutrition Education

**n. Participation in community partnerships to enhance the effectiveness of breastfeeding peer counseling programs (check all that apply):**

- Breastfeeding coalitions
  - Businesses
  - Community organizations
  - Cooperative extension
  - La Leche League
  - Hospitals
  - Home visiting programs
  - Private Healthcare clinics
  - Other, (specify): child care agencies
- 

**o. Adequate support of peer counselors by providing the following (check all that apply):**

- Timely access to WIC-designated breastfeeding experts for referrals outside peer counselors' scope of practice
  - Mentoring of newly trained peer counselors in early months of job
  - Regular contact with supervisor
  - Participation in clinic staff meetings as part of WIC team
  - Opportunities to meet regularly with other peer counselors
  - Other, (specify): \_\_\_\_\_
- 

**p. Provision of training and continuing education of peer counselors (check all that apply):**

- Standardized training using FNS-developed curriculum
  - Ongoing training at regularly scheduled meetings
  - Home study
  - Opportunities to "shadow" or observe lactation experts and other peer counselors
  - Training/experience to become senior level peer counselors, (WIC-Designated Breastfeeding Expert, etc.)
  - Other, (specify): training to become a certified lactation counselor (CLC)
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**ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):**

PPM CH. 2 D: BFPC Program Description, BFPC Documentation, BF Promotion & Materials Distributed to Participants.

## II. NUTRITION SERVICES

### B. Food Package Design

#### 1. Authorized WIC-Eligible Foods

- a. Include a copy of the current State-authorized food list and the individual food package design for each category in the Appendix or cite Procedure Manual reference:
- b. The State agency considers the following when making decisions about authorizing WIC-eligible foods other than WIC formulas:

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Federal regulatory requirements | <input checked="" type="checkbox"/> Nutritional value          |
| <input checked="" type="checkbox"/> Participant acceptance          | <input checked="" type="checkbox"/> Cost                       |
| <input checked="" type="checkbox"/> Statewide availability          | <input checked="" type="checkbox"/> Participant/client request |
| <input checked="" type="checkbox"/> Healthcare provider request     | <input type="checkbox"/> Other (specify): _____                |

- c. The State agency utilizes additional State nutritional criteria for authorizing foods for the State WIC food list, in addition to the minimum Federal regulatory requirements.

- Yes     No

If yes, describe actual values or criteria identified by the State. Enter "n/a" if not applicable.  
(i.e. artificial sweeteners, artificial color/flavor, low-sodium, etc.):  
no foods with artificial sweeteners

- d. The State agency provides the maximum amount of all authorized foods allowed in accordance with the Federal WIC regulations at section [246.10](#) for each of the seven WIC Food Packages (I-VII).

#### Yes No

- |                                     |                          |   |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Pregnant women/Partially (Mostly) Breastfeeding |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Fully Breastfeeding women                       |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Postpartum, non-breastfeeding women             |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Infants 0-5 months                              |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Infants 6-11 months                             |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Children  |

#### e. WIC Formulas:

- (1) The State agency establishes policies regarding the issuance of primary contract, contract, and non-contract brand infant formula.

- Yes     No

- (2) The State agency requires medical documentation for contract infant formula (that does not meet the requirements in Table 4 at [246.10\(e\)\(12\)](#) per [7 CFR.246.10\(d\)\(1\)\(vi\)](#)).

- Yes     No

- (3) The State agency requires medical documentation for contract infant formula (other than the primary contract formula per [7 CFR 246.16a\(c\)\(9\)](#)).

- Yes     No

- (4) The State agency requires medical documentation for non-contract infant formula.

- Yes     No

- (5) The State agency requires medical documentation for exempt infant formula/ WIC eligible nutritionals.

- Yes     No

- (6) State agency authorizes local agencies to issue a non-contract brand infant formula that meets the requirements of Table 4 in [246.10\(e\)\(12\)](#) without medical documentation in order to meet religious eating patterns

- Yes     No

## II. NUTRITION SERVICES

### B. Food Package Design

(7) The State agency coordinates with medical payors and other programs that provide or reimburse for exempt infant formulas and WIC-eligible nutritionals per Section [246.10\(e\)\(3\)\(vi\)](#).

Yes  No

If yes, describe the State agency reimbursement and/or referral system used for this coordination. Include a description of the monitoring/tracking tools in place to ensure program integrity.

Families enrolled on NH Medicaid requiring a special formula are instructed to contact their MCO for the formula. Staff work with the family and the doctor's office to facilitate the process. WIC may provide the special formula on a month to month basis if needed and if the request meets WIC requirements. Families are asked upon return visit to WIC if they are receiving formula through another Program.

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If no, has the State agency met the requirement to annually contact their State Medicaid counterparts regarding the payment of WIC-eligible exempt infant formulas and medical foods to mutual program participants per [WIC Policy Memo #2015-7](#)?

Yes  No

Please attach and provide the citation for any existing written agreement between the State agency and the State Medicaid office as well as local government agencies or private agencies in regards to payment of WIC-eligible exempt infant formulas and medical foods.

WIC\_Medicaid Signed Ltrs 12.2008

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#### f. Rounding:

(1) Does the State agency issue infant formula according to the specific rounding methodology per Section [246.10\(h\)\(1\)](#)?

Yes  No

If answered NO, skip question 2

(2) If the State agency implemented the rounding option for issuing infant formula, are there established written policies in place?

Yes  No

(3) Does the State agency issue infant foods according to the specific rounding methodology per Section [246.10\(h\)\(2\)](#)?

Yes  No

(4) If the State agency implemented the rounding option for issuing infant foods, are there established written policies in place?

Yes  No

#### g. Is infant formula issued in the 1st month to partially breastfed infants?

Yes  No

#### h. State policies & materials reflect the definition of "supplemental foods" as defined §246.2 and in the Child Nutrition Act.

Yes  No

#### i. Does the State agency only allow issuance of reduce fat (2%) milk to children ≥ 24 months of age and women with certain conditions, including but not limited to, underweight and maternal weight loss during pregnancy, in accordance with Footnote 7 of Table 2 in [246.10\(e\)\(10\)](#)?

Yes  No

#### j. Does the State agency allow issuance of fat-reduced milks to 1-year-old children for whom overweight or obesity is a concern, in accordance with Footnote 7 of Table 2 in [246.10\(e\)\(10\)](#)?

Yes  No

ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):

## **II. NUTRITION SERVICES**

### **B. Food Package Design**

PPM Policies Ch.2B & 9C: Contract formula, FPI-VII, FP Tailoring, Milk/Milk Alternatives, WIC Medicaid Formula, Proration

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## II. NUTRITION SERVICES

### B. Food Package Design

#### 2. Individual Nutrition Tailoring

a. The State agency allows individual nutrition tailoring of food packages only in accordance with [246.10\(c\)](#).

Yes  No

b. The State agency provides a special individually tailored package for:

Homeless individuals and those with limited cooking facilities

Residents of institutions

Other (specify): Nutritionist works w/ the family to modify the food package to meet their needs/preferences/living situation

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**ADDITIONAL DETAIL: Please attach copies of all food packages that are tailored, Nutrition Services Appendix and/or Procedure Manual (citation):**

PPM, Ch.2B Food Package Tailoring Policy

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c. The State agency develops written individual nutrition tailoring policies and supportive science-based nutrition rationale based on the following participant characteristics:

Does not develop individual nutrition tailoring policies

Develops based on (check all that apply):

Nutrition risk/nutrition and breastfeeding assessment

Participant preference

Household condition

Other (specify): Nutritionist works w/ the family to modify the food package to meet their needs/preferences/living situation

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d. The State agency allows local agencies to develop specific individual tailoring guidelines.

Yes  No

**If yes, check those of the following methods used by the State agency to review or approve local agency tailoring guidelines:**

Local agencies are required to submit individual tailoring guidelines for State approval

Local agency individual tailoring guidelines are monitored annually during local agency reviews

Agency reviews

Other (specify): \_\_\_\_\_

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**ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):**

PPM, Ch.2B & 9C: FP Tailoring, Milk & Milk Alternatives, and Proration Policies

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#### 3. Prescribing Packages

a. Individuals allowed to prescribe food packages:

	Standard food package	Individually-tailored food package
CPA	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Other (specify): _____	<input type="checkbox"/>	<input type="checkbox"/>

**ADDITIONAL DETAIL: Provide a copy of the actual foods included in the homeless and institution packages in the Appendix or cite Procedure Manual. Attach copies of all food packages that are tailored. Nutrition Services Appendix and/or Procedure Manual. (citation):**

## **II. NUTRITION SERVICES**

### **B. Food Package Design**

PPM, Ch.2B & 9C: FP Tailoring, Milk & Milk Alternatives, and Proration Policies

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## II. NUTRITION SERVICES

### C. Staff Training

The State agency provides or sponsors the following training for WIC competent professional authorities:

	<u>Professionals</u>		<u>Paraprofessionals</u> (may or may not be CPAs in some States)	
	Regularly	As Needed	Regularly	As Needed
General nutrition education methodology	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
State certification policies/procedures	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Anthropometric measurements	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Blood work procedures	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nutrition counseling techniques	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breastfeeding promotion/support	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Dietary assessment techniques	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prescribing & tailoring food packages	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Referral protocol	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Maternal, infant, and child nutrition	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cultural competencies	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Customer service	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Immunization Screening/referral	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Care Plan Development	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
VENA staff competency training	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance abuse prevention	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Delivery of nutrition education remotely	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Other (specify):	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**ADDITIONAL DETAIL: Nutrition Services Appendix and/or Procedure Manual (citation):**

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