State of New Hampshire Employee Assistance Program

Program Director
Paula Booth, MSW, ACSW, CEAP

Paula Booth, MSW, ACSW, CEAP is the Director of the State of New Hampshire Employee Assistance Program. She has a Master’s degree in Clinical Social Work from Boston University, a member of the National Academy of Certified Social Workers and is nationally certified as an Employee Assistance Professional. She serves as President of the Granite State Employee Assistance Professionals Association. Paula is experienced in critical incident and trauma response, a member of the Governor’s Commission on Domestic and Sexual Violence, the Attorney General’s Domestic Violence Fatality Review Committee and the State of New Hampshire Health and Wellness Initiative. She functions as an advisor to State Government decision-makers. Paula provides keynote addresses, lectures at conferences, community events and state sponsored trainings. She is a former foster parent. Paula has been employed with the State of New Hampshire for 30 years.

EAP Specialists

John Crampton, Psy. D., LCMHC

Dr. John Crampton holds a doctoral degree in Clinical Psychology from the Massachusetts School of Professional Psychology and is a New Hampshire Licensed Mental Health Counselor. He has provided psychiatric emergency services and individual counseling at the Riverbend Mental Health Center. While employed at New Hampshire Hospital, Dr. Crampton oversaw the Neuropsychiatry Intensive Care Unit as well as consulted on the Geropsychiatry Unit. Dr. Crampton has over 20 years of specialized experience in Neuropsychology and Neuro-behavioral disorders. He utilizes a cognitive behavioral therapy approach in his practice, is trained in Critical Incident Stress Debriefing and was the initial team leader of the New Hampshire Hospital Assaulted Staff Action Program. He has been employed with the State of New Hampshire since 1997.

Eileen P. Meaney, MA-MFT, MLADC

Eileen has worked with the State of New Hampshire Employee Assistance Program since 2005. Eileen enjoys working with both individuals and groups providing counseling, training and interventions geared toward improving overall employee health and organizational functioning. Eileen holds a Masters degree in Marriage and Family Therapy from Antioch New England Graduate School and is a New Hampshire Master Licensed Alcohol and Drug Counselor. She is also an Internationally Certified Substance Abuse Counselor and a member of both the National and State associations of Licensed Drug and Alcohol Counselors. Eileen is a member of the statewide Disaster Behavioral Health Team and is honored to provide specialized supports to those affected by trauma.

Linda M. Brewer, MSW, LICSW, MLADC

Linda has been employed by the New Hampshire Department of Health and Human Services since 1996. As a counselor with the State of New Hampshire Employee Assistance Program, Linda provides a broad range of services for individuals and groups aimed at improving overall health and wellbeing. Linda has a Masters Degree in Clinical Social Work and is dually licensed in the State of New Hampshire as an Independent Clinical Social Worker and Masters Level Licensed Alcohol and Drug Counselor. Linda completed clinical internships with Horizons Counseling in Gilford, New Hampshire, providing treatment for individuals affected by co-occurring alcohol/substance use and mental health disorders and with Concord Regional Visiting Nurses Association/ Hospice House, providing end of life support to patients and families. She is a member of the National Association of Alcohol and Drug Abuse Counselors and the National Association of Social Workers.

Michael Lawless, MSW, LICSW, MLADC

Michael has been employed by the New Hampshire Department of Health and Human Services since 2004. In addition to working full time with the Department, Michael has worked in the community as a clinician working with individuals and groups. Michael has worked with military clients and their families throughout the entire deployment cycle, and has completed primary and advanced certification from the Albert Ellis Institute in New York in Rational Emotive Behavioral Therapy (REBT). Michael provides a broad range of services for individuals and families as a counselor at the EAP. Michael has a Masters Degree in Clinical Social Work from Boston University and is dually licensed in New Hampshire as an Independent Clinical Social Worker and Masters Level Licensed Alcohol and Drug Counselor.