

Transcript for Doffing Video

10/7/14

This video today is going to demonstrate doffing PPE. Marie DeRosia of Concord Hospital will demonstrate it for us.

The first step after you've donned your PPE when you're removing it if you're wearing two pairs of gloves is to remove your gloves by peeling one of the gloves away from your wrist with the other gloved hand, turning the glove inside out in the process. Slide a finger from the other hand under the remaining glove and peel it off from your wrist, again turning the glove inside out in the process.

Continue removing the rest of your PPE with your clean gloved hands as follows, and those gloves go in the garbage. Take off your goggles or face shield by grasping the portions nearest your ears and pulling up and away from your face, and dispose of them.

The next step is to remove your gown by unfastening the straps in the back and pulling it away from your neck and shoulders. Gently roll the gown dirty side in into a bundle to discard it. Be sure the entire gown is discarded in the hamper or trash if disposable. Gowns left hanging out of receptacles are a risk for contamination.

Remove your mask or respirator by untying or lifting the straps up and over from the back of your head and away from your face. Discard the mask.

Now remove your final pair of gloves in the same way as you did before. And dispose of them.

And finally clean your hands with soap and water.

And that is doffing PPE. Thank you, Marie.