

# ***DHHS Division for Behavioral Health***

**House Finance Division III**

**March 2019**

**Katja Fox, Director**



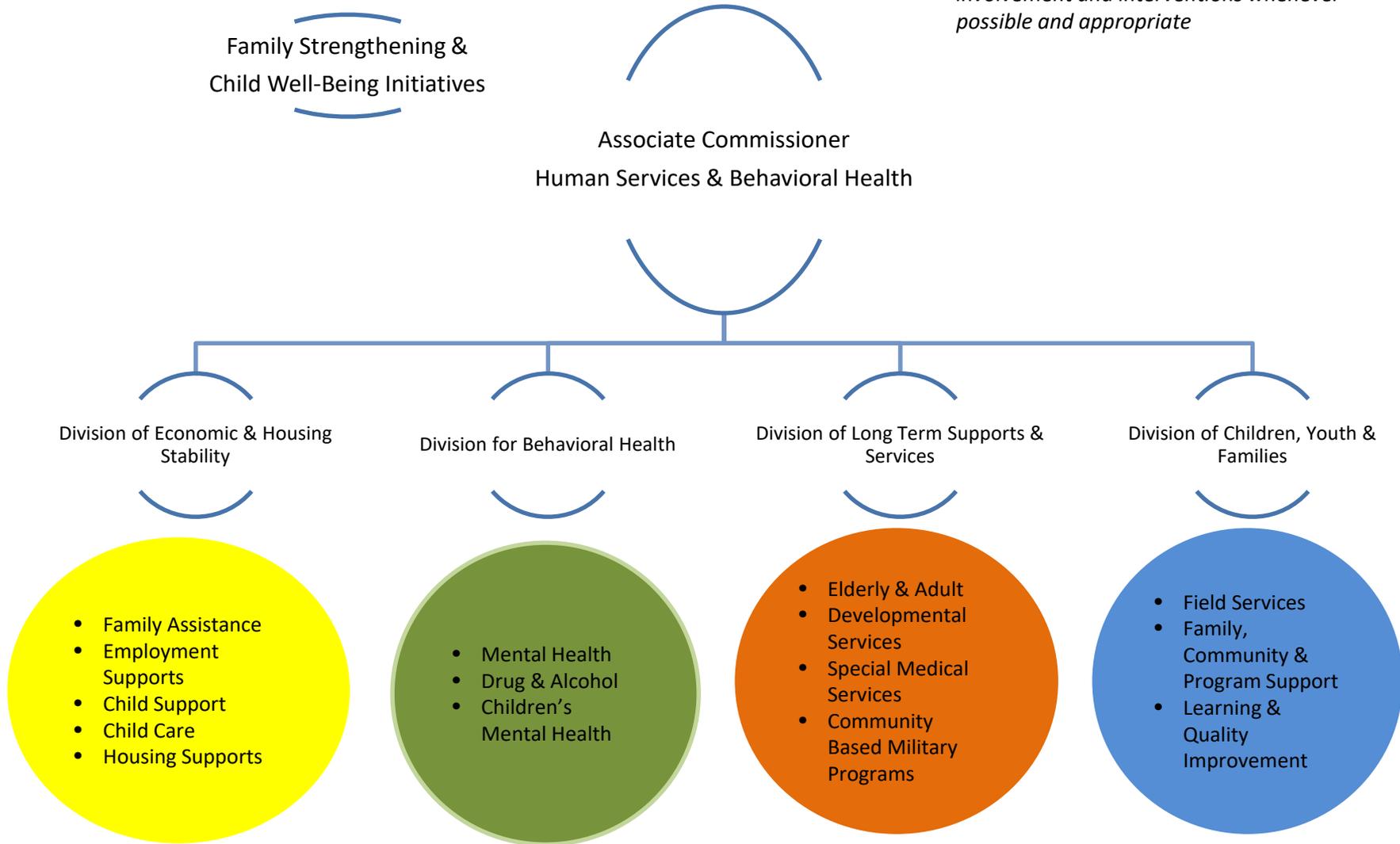
- ▶ **Division Overview**
- ▶ **Bureau of Drug & Alcohol Services**
- ▶ **Bureau of Mental Health Services**
- ▶ **Bureau of Children's Behavioral Health**
- ▶ **Accomplishments**
- ▶ **Key Challenges**



# NH DHHS

## Operational Area: HS & BH

*\*From left to right - Emphasis on rapid and holistic engagement with integrated, targeted supports and services to prevent deeper involvement and interventions whenever possible and appropriate*



# Overview - Division for Behavioral Health

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- ▶ The Division was created in March 2016 to unify and integrate behavioral health services within the Department
  
- ▶ The Division includes:
  - ▶ Bureau of Drug and Alcohol Services
  
  - ▶ Bureau of Mental Health Services
  
  - ▶ Bureau for Children's Behavioral Health
  
  - ▶ Policy Section



# *Bureau of Drug and Alcohol Services*

**Division for Behavioral Health**



# Overview – Bureau of Drug and Alcohol Services

Initiatives and services include:

- Population Level Strategies
  - Prevention Direct Services
  - Clinical Services
  - Recovery Services
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- **Client Eligibility:** Individuals with a substance use disorder between 138%-400% of Federal Poverty Level (sliding fee) who are uninsured or under insured.
  - The Bureau serves as a subject matter resource for internal and external stakeholders.
  - Governor's Commission on Alcohol and Other Drugs (RSA 12-J)
    - Executive Director-manages and oversees Commission's finances/contracts



# BDAS-Services Provided

## Prevention

- Regional Public Health Network-DPH
- Public Awareness & Information (Lock It Up/Anyone Anytime Campaign)
  - Juvenile Diversion/MLADCs at DCYF
  - Student Assistance Programs (Education)
  - Early childhood prevention programming (DCYF)

## Treatment

- Impaired Driver Programming (regulatory)
- Crisis Intervention Services
- Residential, Outpatient, Intensive Outpatient, Specialty Services (Pregnant Women, Veterans)
- Withdrawal Management-Medication Assisted Treatment/Suboxone/Vivitrol (Corrections) (Pregnant Women)
- Opioid Treatment Programs (OTP) – regulatory

## Recovery

- 12 Recovery Centers, Family Support Groups, Recovery Supports for Pregnant Women
- Naloxone distribution-Statewide and Corrections



# BDAS-Delivery System

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- 13 Regional Public Health Networks
- Public Awareness & Information-Anyone, Anytime
- School and Community Based Substance Misuse Prevention Services
- Crisis Intervention Services: Doorway-NH, hospital emergency rooms, naloxone distribution
- Specialty Substance Use Disorders (SUD) Treatment Service Providers
  - Parenting and pregnant women, veterans, adolescents
- Opioid Treatment Programs (Methadone Clinics) – Regulatory Oversight
- Peer Recovery Support Services
- Training & Technical Assistance-Contractors



# BDAS-Caseloads

Year	Prevention Services	Gov. Commission	Clinical	Total
2012	1,717	2,190	1,671	5,578
2013	1,748	1,788	9,500	13,036
2014	8,926	2,552	9,872	21,350
2015	14,914	4,305	9,238	28,457
2016	11,360	15,478	10,413	37,251
2017	17,515	15,478	10,413	43,406
2018*	23,964	*39,883	13,951	77,798
*Preliminary				

\* NH Governors Commission report is due March 2019. Numbers will be updated end of March 2019.



# ***Bureau of Mental Health Services***

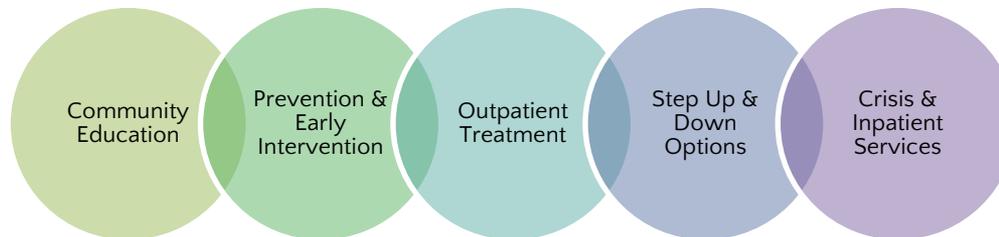
**Division for Behavioral Health**



# Overview– Bureau of Mental Health Services (BMHS)

The BMHS is New Hampshire's single state mental health authority that seeks to promote respect, recovery, and full community inclusion for adults who experience a mental illness.

- ▶ The BMHS oversees grants and manages 40+ contracts with:
  - ▶ Mental health family and peer support agencies
  - ▶ 10 community mental health programs
  - ▶ 2 mental health providers
  - ▶ 4 Designated Receiving Facilities
- ▶ The BMHS provides overall guidance, technical assistance, training and monitoring for mental health services statewide to ensure that quality services are comprehensive and evidenced-based.



# Bureau of Mental Health Services – Services Provided

Establish and support a comprehensive mental health system comprised of evidence-based services that facilitates hope, recovery, and full community inclusion.

## Treatment and Support Services

Services include:

- Community Mental Health Centers Services (comprehensive outpatient services)
- Emergency Services, including Mobile Crisis Response Teams and Apartments
- First Episode Psychosis
- ProHealth Integrated Healthcare for Youth, Ages 16-35
- Transitional and Supported Housing Services
- Housing Bridge Subsidy and Project Rental Assistance 811
- Individual and Family Peer Support
- Designated Receiving Facilities Services
- Guardianship

## State Mandates

- Community Mental Health Services- RSA 135-C
- Community Mental Health Settlement Agreement



# Numbers Served – Bureau of Mental Health Services

- ▶ Community Mental Health Centers:
  - ▶ Severe Mental Illness SFY 2018 **6,661**
  - ▶ Severe and Persistent Mental Illness SFY 2018 **8,189**
  - ▶ Low Utilizer SFY 2018 **954**
  
- ▶ Peer Support Services:
  - ▶ SFY 2018 **2,838**
  
- ▶ Guardianship Services:
  - ▶ SFY 2018 **1,015**



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# ***Bureau for Children's Behavioral Health***

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**Division for Behavioral Health**



# ***BCBH-Population Served/Services Provided***

## **Community Mental Health**

**Services include:** Assessment and diagnostic evaluations, individual, group and family therapies, psychiatric services, medication management, case management, home and community support services.

**Client Eligibility:** Children with Severe Emotional Disturbance.

## **Care Management Entity: FAST Forward**

**Services include:** Enhanced Care Coordination, intensive in-home services, Peer Support, Respite, Customizable Goods and Services.

**Client Eligibility:** Children with Severe Emotional Disturbance and who are at risk for hospital/out of home placement.

## **Residential Treatment**

**Services include:** Residential Treatment for children and youth with Mental Health and/or Substance Use Disorder.

**Client Eligibility:** children and youth who require treatment and stabilization in a residential setting.



# Delivery System

Providers	Type of Provider	Delivery System
<b>All Regions</b>	Community Mental Health Centers	Medicaid Provider
<b>NFI-North</b>	Care Management Entity	Medicaid Provider
<b>NAMI-NH</b>	Family Peer Support	Contract
<b>NH YouthMOVE</b>	Peer Support Agency	Contract with CME
<b>12 Residential Treatment- MH</b>	Residential treatment	Medicaid Provider
<b>1 Residential Treatment- SUD</b>	Residential Treatment	Medicaid Provider



## System of Care development in NH: RSA 135- F

Expansion of the System of Care and all the components of RSA 135-F System of Care for Children's Mental Health to:

- Fill gaps in service array and delivery system- created intensive programming and a Care Management Entity
- Fill gaps in populations (early childhood) – DHHS Developed an Infant and Early Childhood MH plan
- Fill gaps in funding and funding mechanisms for effective services- 10 Year Mental Health Plan identifies gaps and strategies.
- Address workforce issues- 10 year MH plan and other IDN connected work addressing workforce capacity
- Align practices with System of Care values and principles- Infusing the values and principles in contracts and rules.
- Expand effective services and service delivery: expanding the CME and NH Wraparound and Evidenced Based Practices/treatments

## FAST Forward Program

- An intensive in-home and community based program for children and youth with Severe Emotional Disturbances
- Enhanced care coordination
- Adherence to values and principles of System of Care
- Provides supportive services to child and family in addition to the MH Treatment services
- Expanding to serve children and youth involved in DCYF
- 13 Wraparound coordinators trained
- 105 families currently enrolled
- 229 children served since implementation
- Has reduced the number of hospitalizations these kids have had
- Reduced the overall Medicaid expenditures



# Medicaid Benefit for Children's Mental Health

Medicaid benefit that allows Medicaid reimbursement for services and supports associated with FAST Forward for Children and Youth Severe Emotional Disturbances who need intensive home and community support. Benefit includes:

- Wrap around facilitation/ enhanced care coordination
- Family Peer Support
- Youth Peer Support
- In Home Respite care
- Out of home respite care
- Customizable Goods and Services



# BCBH-Caseloads

Year	Community Mental Health Centers	Care Management Entity
2014	9,399	N/A
2015	10,346	25
2016	11,017	18
2017	10,882	41
2018	11,722	54



# Key Accomplishments

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10-Year Plan for Mental Health

Community Mental Health Agreement

Medicaid Transformation Waiver (DSRIP)

Opioid Crisis Response

Medicaid Waiver for Children's Wraparound Services



# Major Challenges

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Division for Behavioral Health Capacity

Systems Capacity

Provider Workforce Shortages

Restricted Funding Sources

Sustainable Funding/Providers' Stability



## Division for Behavioral Health Staffing

Authorized Positions SFY20	%	Organization
4	11%	Division for Behavioral Health Operations
18	47%	Bureau of Drug & Alcohol Services
3	8%	Bureau for Children's Behavioral Health
13	34%	Bureau of Mental Health Services
38		Total

*1 Position unfunded in BMHS*

*Total does not include temporary full time grant funded positions:*

*BDAS – 7 positions*

*BCBH – 1 position*

*BMHS – 1 position*



# Accounting Units by Bureau

Activity-Accounting Unit	Accounting Unit Title	Division	Bureau	Budget Book Page #	Budget Briefing Book Page #
9200-7877	Office of Director	DBH		1017	
9200-7155	Medicaid Payments NHH & GH	DBH		1019	164
9200-8133	Workers Compensation	DBH		1020	
9200-8581	Unemployment Compensation	DBH		1021	
9205-2070	Program Operations	DBH	BDAS	1022	165
9205-2559	Opioid STR Grant	DBH	BDAS	1023	167



# Accounting Units by Bureau

Activity-Accounting Unit	Accounting Unit Title	Division	Bureau	Budget Book Page #	Budget Briefing Book Page #
9205-3380	Prevention Services	DBH	BDAS	1023	170
9205-3382	Governor Commission Funds	DBH	BDAS	1024	173
9205-3384	Clinical Services	DBH	BDAS	1025	177
9205-3385	Drug Forfeiture Fund	DBH	BDAS	1026	
9205-3393	Treatment Drug Court Grant	DBH	BDAS	1027	
9205-3395	PFS2 Grant	DBH	BDAS	1028	180
9205-6935	MAT Grant	DBH	BDAS	1028	182
9205-7040	State Opioid Response Grant	DBH	BDAS	1029	184
9210-2052	Children's Behavioral Health	DBH	BCBH	1031	
9210-2053	System of Care	DBH	BCBH	1031	188



# Accounting Units by Bureau

Activity-Accounting Unit	Accounting Unit Title	Division	Bureau	Budget Book Page #	Budget Briefing Book Page #
9210-2059	State Youth Treatment Planning	DBH	BCBH	1032	
9220-2340	ProHealth NH Grant	DBH	BMHS	1033	190
9220-4113	Consumer & Family Affairs	DBH	BMHS	1034	
9220-4114	Guardianship Svcs	DBH	BMHS	1035	192
9220-4115	Commitment Costs	DBH	BMHS	1036	
9220-4116	Interim Care Funds	DBH	BMHS	1037	
9220-4117	CMH Program Support	DBH	BMHS	1037	193
9220-4118	Peer Support Services	DBH	BMHS	1038	197
9220-4119	Family Mutual Support Services	DBH	BMHS	1039	
9220-4120	Mental Health Block Grant	DBH	BMHS	1039	199



# Accounting Units by Bureau

Activity-Accounting Unit	Accounting Unit Title	Division	Bureau	Budget Book Page #	Budget Briefing Book Page #
9220-4121	Mental Health Data Collection	DBH	BMHS	1041	

