

Bureau of Mental Health Services

**Presented to House Finance Division III
LOB Room 210, February 24, 2017
Katja Fox, Behavioral Health Director**



Agenda

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- ▶ **Overview Bureau of Mental Health Services**
 - ▶ **Key Programs / Services**
 - ▶ **Population Served**
 - ▶ **Delivery System**
 - ▶ **Financial Summary**
 - ▶ **Accomplishments**
 - ▶ **Key Challenges**
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Overview – Bureau of Mental Health Services

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- ▶ Works to ensure the provision of efficient and effective services to those citizens who have a severe mental illness (SMI) or severe and persistent mentally illness (SPMI) as defined by NH laws and rules.
- ▶ Oversees the service delivery system for the SMI/SPMI population, including: Community Mental Health Centers; Peer Support Agencies; a Family Mutual Support Organization; Transitional Housing Program; Guardianship Services and other federal identified priorities.
- ▶ Works with the Bureaus of Children's Behavioral Health, Drug and Alcohol Services, New Hampshire Hospital, Glenclyff Home and community providers to enhance the behavioral health service delivery system of adults and older adults.
- ▶ Works to ensure the objectives of the Community Mental Health Agreement (CMHA) are achieved.



Types of Clients and Services

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Community Mental Health

Services include: clinical assessment and diagnostic evaluations; emergency services; individual, family and group therapies; functional support services; targeted case management; community residences; housing subsidy services and psychiatric services including medication management.

Client Eligibility: Adults and Older Adults served through the Community Mental Health Programs

Community Mental Health Agreement

Services addressed: Assertive Community Treatment Teams; Supported Housing and Services; Community Residence development; Evidenced Based Supportive Employment; Peer Support Services; and Family Mutual Support.

Client Eligibility: Adults and Older Adults served through the Community Mental Health Programs

Peer Support

Services include supportive interactions based on shared experience designed to assist people in there recovery. Services are provided by peers and focus on choice using non-medical approaches in shared decision making and encouraging informed decision making about all aspects of people's lives.

Client Eligibility: Adults and Older Adults with a mental illness



Types of Funding

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Mental Health Block Grant

Services include: Block Grant funding supports Peer Support Agencies; 1 Program Planning and Review Specialist; and children's evidenced based practices including First Episode Psychosis (FEP) and Modular Approach to Therapy for Children with Anxiety, Trauma, or Conduct Problems (MATCH)

Client Eligibility: Adults and Older Adults with Mental Illness and Children with a Severe Emotional Disturbance

CMH Program Support

Services include: Supports for non-Medicaid funded community mental health services, such as emergency services for uninsured individuals; an uncompensated care fund for the Cypress Center (a 16-bed Acute Psychiatric Residential Treatment Program); statewide Deaf services for CMHC served clients; an 8-bed transitional housing site; and the Housing Bridge Subsidy program.

Client Eligibility: Adults and Older Adults with a mental illness

Guardianship Services

Services include: Two contracted agencies, Tri-County Community Action Program and Office of Public Guardian, provide guardianship services in accordance with RSA 135-C:60 and RSA 171-A:10, II.

Client Eligibility: Individuals over the age of 18 who lack the capacity to manage their own affairs and who are at risk of substantial harm to their person or estate, when no other less restrictive alternative is available.



Populations

SFY	CMHC SMI	CMHC SPMI	CMHC LU * Low Utilizer: Has a mental illness but no longer meets all the criteria for SPMI or SMI and receives services that are designed to prevent relapse	Peer Support	Guardianship
2015	4,234	5,843	707	2,096	100
2016	4,395	6,204	791	3,051	140
2017 year to date	3,716	6,266	715	2,115	103



Delivery System

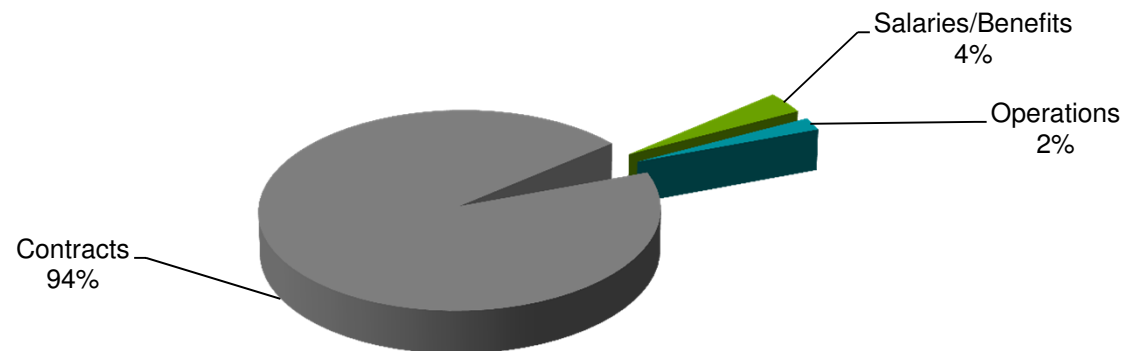
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Providers	Type of Provider	Delivery System
1. Community Mental Health Centers (10)	Community Mental Health	Supported by Medicaid and General Funds (GFs), Contracts with DHHS
2. Peer Support Agencies (10)	Mental Health Peer Support	Supported by Block Grant and General Funds Contracts with DHHS
3. Harbor Homes	Community Mental Health Housing supports	Medicaid Provider General Funds for Housing Bridge Subsidy Program Contract with DHHS
4. North American Family Institute (NFI)	Community Mental Health Housing supports	Contract with DHHS
5. National Alliance on Mental Illness (NAMI-NH)	Family Mutual Support Organization	Contract with DHHS



Major Spend – Bureau of Mental Health Services

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Total	SFY 16 Actual	SFY 17 Adjusted Authorized	SFY 18 Governor's Budget	SFY 19 Governor's Budget
BMHS Total Funds	\$18.4	\$20.8	\$24.9	\$24.9
BMHS General Funds	\$15.2	\$16.2	\$20.4	\$20.4
<i>Amounts in Millions</i>				



Major Accounting Units – General Funds

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Major Accounting Unit	SFY16 Actual	SFY 17 Adjusted Authorized	SFY18 Governor's Request	SFY19 Governor's Request
9220-4114 Guardianship Services	\$1.3	\$1.4	\$1.4	\$1.4
9220-4117 CMH Program Support	\$11.8	\$12.3	\$16.5	\$16.6
9220-4118 Peer Support Services	\$1.0	\$1.2	\$1.2	\$1.2
9220-4120 Mental Health Block Grant	\$0	\$0	\$0	\$0
<i>Amounts are General Funds only and in Millions</i>				



Staffing – Bureau of Mental Health Services

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Authorized Positions SFY18	Accounting Unit	Vacant
8	CMH Program Support	1
2	Office of Consumer & Family Affairs	1
1	Mental Health Block Grant	0
11	Total	2



Key Accomplishments

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Implemented 2 Mobile Crisis Teams and crisis apartments in the State

Transitioned Glenclyff Home residents into community-based settings

Increased placement of individuals with SMI/SPMI in supportive housing

Increased number of individuals in Supportive Employment services



Major Challenges

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Provider capacity/workforce

Implementation of certain components of the Community Mental Health Agreement

Ongoing Emergency Department Utilization for individuals who are experiencing psychiatric crises

Capacity to serve individuals with SMI/SPMI with complex needs, including; but not limited to: individuals with criminal justice involvement; dually-diagnosed with behavioral health and intellectual developmental disabilities; and individuals with co-occurring mental health and substance use disorders.

