

# Meet Your Health Plans



*Our promise, "Care is the heart of our work," shows our commitment to every member we are privileged to serve. Our mission is to help members get care, stay well, and build healthy communities.*

*Extra benefits at no cost to you include:*

- **Dental care for adult members ages 21 and over**  
Benefits include cleanings, restorations and other treatments (some restrictions and limitations apply).
- **CARE Card**  
Members can earn up to \$250 a year for healthy activities.\*
- **Car and booster seats** for infants and children (up to \$129).\*
- **Mission GED®**  
Adult members receive up to \$100 toward HiSet exam costs.\*
- **Six-month WW®** (formerly Weight Watchers®) online membership (up to \$125).\*
- **Bright Start®** Members get access to our pregnancy care program including care card rewards for notifying us of your pregnancy.\*

\* Some restrictions and limitations may apply. Earn up to \$250 in cash and non-cash goods and services each year.



*Our team lives and works in the communities we serve. We're local, so our members are our neighbors, friends and family. With more than 60 clinicians on staff, we meet each member wherever they are on their personal healthcare journey.*

*Extra benefits at no cost to you include:*

- **My Health Pays™ Rewards Program**  
Adults and children can earn up to \$250 a year just for healthy behaviors. Spend your reward dollars at Walmart® or use them to help pay your rent, utilities, dental co-pay and more!\*
- **Start Smart for Your Baby®**  
Pregnant and new moms get extra care and support. Earn \$100 in My Health Pays™ reward dollars just for telling us you're pregnant in your first trimester!\*
- **Healthy Kids Club Program**  
Educational program with fun activities for members 12 and under.
- **ConnectionsPLUS®** Cell phones for those who need them.
- **Enhanced Transportation**  
We will cover transportation to Alcoholics Anonymous and Narcotics Anonymous appointments.\*

\* Some restrictions and limitations may apply. Earn up to \$250 in cash and non-cash goods and services each year.



*We care about keeping you, your family, and your community healthy. We're a local, not-for-profit health plan with over 25 years of experience providing health coverage to Medicaid members.*

*Extra benefits at no cost to you include:*

- **Healthy Rewards Gift Card**  
Earn cash rewards to buy personal care and over-the-counter items just by completing healthy actions.\*
- **Get Fit and Save Money**  
Get up to \$100 back on WW® (formerly Weight Watchers®) fees, \$200 back on health club memberships or get reimbursed for half the cost of a fitness tracker of your choice (up to \$100).\*
- **Family Safety**  
Car safety seats/booster seats for infants and kids (up to \$65 value). Bike helmets for members up to age 17 (\$5 value).\*
- **Support for New Moms**  
Diapers (\$20 value) for new moms, plus a \$40 Healthy Reward for attending a postpartum visit.\*
- **Dental Kits**  
Request a dental kit (\$2 value) once a year.\*

\* Some restrictions and limitations may apply. Earn up to \$250 in cash and non-cash goods and services each year.

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Other extra benefits at no cost to you include:

- **Enhanced vision**  
Members get a \$100 credit for contact lenses.\*

Through our provider network, local team and Next Generation Model of Care, we emphasize preventive care, health maintenance, and community outreach programs focused on basic needs such as food, housing, safety, and well-being.

- **Rapid Response and Outreach Team**  
Get help finding a doctor or scheduling transportation to appointments.
- **Care Managers**  
Help you understand medical and behavioral health conditions, learn about your medicines, and find support in your community.
- **Community Health Navigators**  
Help you find community resources.
- **Community Outreach**  
Programs and services in your community!

To learn more, please call **1-833-704-1177** (TTY 1-855-534-6730) or visit **www.amerihealthcaritasnh.com**.



nh healthy families™

- **Ready for My Recovery Program**  
Care Management education and rewards for achieving milestones in your recovery from substance use disorder.\* For members 12 and older.
- **Cigarettes, Smokeless Tobacco or Vaping Cessation Program**  
Get help to quit using tobacco products or vaping. For members 12 and older.
- **Mental Health Champion Reward**  
Earn up to \$50 for participating in Mental Health education, prevention, recovery, and community advocacy.\* For members 12 - 20.
- **MemberConnections®**  
At-home outreach to help you with your medical and social service needs.
- **Community Gateway Services**  
Special events and services held throughout the state - mobile healthy food pantry, vision screenings and glasses, foster care transition supports, in-school supports and more.
- **Self-care Kits**  
Dental kit, face cloth, soap, shampoo, shave accessories and more all in a handy carrying case.

To learn more, please call **1-866-769-3085** (TDD/TTY: 1-855-742-0123) or visit **www.nhhealthyfamilies.com**.



As a member you also receive:

- **Care Where You Need Us**  
We know you are always on the go, and our mobile app and virtual ID card help make it easy for you to get information about your health plan.
- **Access to Care**  
Our members have access to a statewide network of hospitals, doctors, specialists, behavioral health providers and pharmacies across New Hampshire.
- **Personalized Help**  
Care Managers can help teach you how to manage your complex medical conditions, like chronic pain, asthma, diabetes, heart problems or obesity.
- **Sunny Start**  
A program supporting expecting parents throughout pregnancy.

To learn more, please call **1-877-957-1300** (TDD/TTY: 711) or visit **www.wellsense.org**.